

**Behavioral Health Board Minutes**  
**San Luis Obispo County**  
**August 21, 2019**  
**3:30p.m.**  
**2180 Johnson Ave, 2nd Floor, Library Conference Room**  
**San Luis Obispo, CA 93401**

**MEMBERS PRESENT:**

David Riester  
Marshall Hamilton  
Elizabeth (Liz) Smith  
Pamela Zweifel  
Joseph Kurtzman  
Clint Weirick  
Joyce Heddleson  
Eulalia Apolinar  
TeaEster Higgins  
Theresa Scott  
Bill McQuilkin  
Jim Salio

**MEMBERS ABSENT:**

Stephanie Landgraf (for Sheriff Parkinson)  
Barbara Levenson  
Mary Bianchi  
Rose Fowler Plummer  
Nicole Nix for Supervisor Adam Hill  
Marcella Paric

**HEALTH AGENCY STAFF PRESENT:**

Anne Robin  
Laura Zarate

**GUESTS:**

Jenny Sanchez

1. **Clint Weirick called meeting to order @ 3:00 pm.**
2. **Introductions and Announcements:**  
Round-table introductions.
3. **Public Comments- None**
4. **Approval of Minutes:** Minutes from June 19, 2019 approved with one correction.  
M/S/C: Hamilton/Zweifel Abstain: None.
5. **Ongoing Business:**
  - **By-Law Committee Members:**  
By-Laws -Have been approved by Board of Supervisors and updated in BHB Member binders.
  - **AD-HOC Committee for Spanish Language Services:**
    - Pam Zweifel: Much credit to Mary Bianchi for researching.
    - Hoping to have Final Draft of proposal by November.
    - Eulalia Apolinar: Suggestion to remove Tri-Counties

- Anne Robin: Remove those whom we do not contract with: CAPSLO. Add: Family Care Network. Present a letter to Behavioral Health Board prior to visitation.

**Motion:** Joyce Heddleson moves to approve as presented and with modifications. Eulalia Apolinar seconds. No Abstentions.

- **Membership Committee Report: Update Two New Applications:**

- Melissa Cummings will arrange to interview soon
- Grace Arthur, a Cal-Poly student, returns next month and will arrange for interview then

- **Committee Liaison Reports: MAC Update- David Riester**

There will be a MHSa Advisory Committee (MAC) Town Hall Meeting on August 28, 2019 in Los Osos 5pm-6:30pm. Purpose will be to inform Beach Cities on MHSa programs and plans. The meeting will take place at the Los Osos Schoolhouse, Los Osos Community Park 2180 Palisades Ave. Los Osos, CA.

The meeting will be facilitated by Behavioral Health's Prevention and Outreach Division Manager, and MHSa Coordinator, Frank Warren and will include presentations on school-based mental health early intervention programs as well as community-based veterans and homelessness outreach.

6. **New Business: CALBHB/C Membership:**

The California Association of Local Behavioral Health Boards and Commissions (CALBHB/C) is the State-wide organization of Behavioral Health Boards. This organization provides State-supported resources. They offer BHB 101 training twice per year and pay for one person for hotel and training. Their monthly membership dues are \$1,000 which, if this Board believes it is of good value, we would make the request to Admin to pay dues.

**Motion:** David Riester moves to take steps necessary to become members of CALBHB/C. Joyce Heddleson seconds. No Abstentions.

7. **Behavioral Health Administrator's Report:**

- Alysia Hendry is leading and re-organizing our Suicide Prevention Counsel. September is Suicide Prevention Awareness Month. Here is a link to learn about risk-factors and warning signs: <https://afsp.org/about-suicide/risk-factors-and-warning-signs/>
- We invite you to join the Prevention and Outreach Team in San Luis Obispo's 6th annual Out of Darkness Walk on October 12, 2019 in the Mission Plaza.
- For those of you who need CEU's, the Law and Ethics bi-annual training is Thursday, October 31, 2019 presented by Linda Garrett. This will be at Family Care Network, 1255 Kendall Rd., San Luis Obispo.

8. **Presentation: Mental Health Diversion Court- Teresa Pemberton:**

<M:\BHB\BHB Presentations\MHDC Handbook - T. Pemberton.docx>

<M:\BHB\BHB Presentations\MHDC Court Process Flowchart - NO Prima Facie.docx>

9. **Adjourn the BHB Meeting at 3:56pm.**

