



*San Luis Obispo County  
Behavioral Health  
Department*

**MHSA**

**Advisory Committee  
(MAC)**

**2014 – 2015**

**April 23, 2015**

SAN LUIS OBISPO COUNTY  
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE



# AGENDA

- 1. Welcome, Introductions, and Goals for meeting**
  - WET Priority Scale
- 2. Update Stakeholders on changes in MHSA funding levels and structure**
- 3. Update Stakeholders on progress of MHSA components**
- 4. New Business for next year 2015-16**
  - Approval of work plan changes
- 5. Community Input and Discussion**



## PURPOSE

# *Mental Health Services Act*

- ▶ The passage of the MHSA provided San Luis Obispo County increased funding, personnel and other resources to support mental health programs for underserved children, transitional age youth (TAY), adults, older adults and families.
- ▶ The MHSA addresses a broad continuum of prevention, early intervention and service needs and the necessary infrastructure, technology and training elements that supports the County's public mental health system.

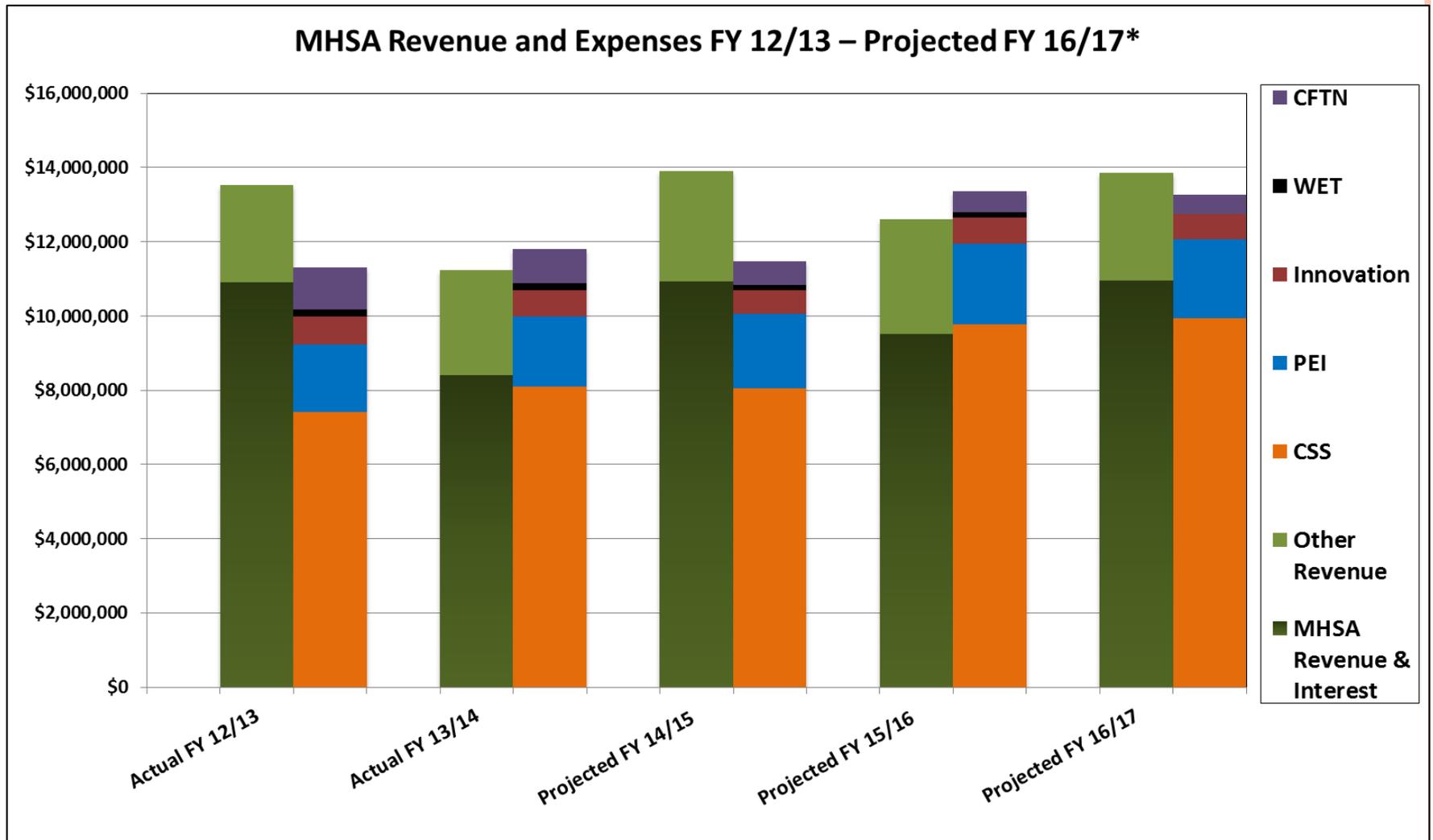


# GOALS AND EXPECTATIONS

- This is a public meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most recent Annual Update and current plan.
- We will use consensus-based decision making.



# MHSA FINANCIAL UPDATE



\*Projections based on information from Mike Geiss, a consultant for the California Behavioral Health Directors Association

## MHSA FINANCIAL UPDATE (CONT.)

- MHSA Internal Audit in May
- Pending: The Department of Health Care Services (DHCS) is considering changes to the FY 15/16 MHSA distribution to counties
- Prudent reserve balances to-date:  
\$2,813,066
  - CSS: \$2,745,458
  - PEI: \$67,608
    - Approve pulling PEI prudent reserve funds out during FY 15/16 to pay for the County's annual contribution to CalMHSA (\$67,308)



## MHSA FINANCIAL UPDATE (CONT.)

- Overall revenue forecast for future years remains positive. Expansions or additions of services in CSS may be considered for future planning.
- FY 2015-16 Proposed Budget \$13.3M (MHSA \$10.3M/ Other Revenue \$3M):
  - CSS – \$9.79M
  - PEI – \$2.14M
  - INN – \$710K
  - WET – \$147K
  - CFTN (EHR Support) – \$555K
- New mobile crisis provider: total cost increased by \$435K (total contract now \$890,885). Service is funded with MHSA, Medi-Cal, and private insurance



# WET PROGRAM UPDATES:



## Peer Advisory & Advocacy Team

Transitions-Mental Health Association



## LOOKING BACK

**2007** – TMHA recognized the need for an active consumer advisory panel. Initial goals included providing a consumer voice for system decision making, supporting members who were working as mental health providers, and serving the community through mental health education and volunteerism.

**2008** – PAAT officially formed and began receiving WET funding to hire a coordinator and help pay for activities and stipends.

**Community Forums** – Since 2010, PAAT has hosted two forums a year, including the Opening Minds Art Show and the annual Journey of Hope, which has featured keynote speakers Kevin Hines, Jessie Close and Calen Pick, Jay Asher, Keris Myrick, and Carol Graham.

**Accomplishments** – In 2012 PAAT was awarded the Paul Wolff Accessibility Advocacy Award. Later that same year, PAAT helps form the Area Peer Advisory Council and develops the Rhythm of Recovery Awards which acknowledges members who exemplify leadership in recovery in their community.

**Trainings** – PAAT frequently sends members to a number of trainings throughout the state, including Together Against Stigma, CASRA, and Tools for Change.

**Strategic Planning** – PAAT presented its first strategic plan to the TMHA Board in 2008 and has continued to meet annually to update their plans and goals.



## PAAT TODAY

Structure: 15 Leadership Members, open General Membership  
Meet twice monthly (2<sup>nd</sup> & 4<sup>th</sup> Tuesdays from 4-5:30) in SLO

In 2013, PAAT members developed a significantly new strategic plan based on each Leadership Member taking on at least one “specialty” within the field of mental health advocacy.

Current specialties include:

- SLO Behavioral Health Board Liaison
- Cultural Competency Committee Liaisons
- SLO Hotline Quality Improvement Liaisons
- Legislative Advocacy Coordinator
- MHSA Stakeholder Meetings Liaison
- Farmer’s Market Outreach Coordinator
- Suicide Prevention Council Liaisons
- State Peer Certification Liaison
- TMHA Board Liaison
- TMHA New Employee Orientation Presenter
- NAMI Liaison
- Area Peer Advisory Council Liaison
- Outreach & Education Liaison
- Wellness Center Liaison
- PAAT Co-Facilitators
- PAAT Secretary
- PAAT Coordinator
- PAAT Alumni Link
- PAAT Archive Project
- PAAT History Project

*78% of PAAT members now work within the behavioral health system (paid employment, peer presenters, peer educators, support group facilitators, etc.)*



## LOOKING FORWARD

**WET Funding Ends 16-17** – In order to maintain PAAT as it currently is and to grow PAAT in the future, it will be important to secure sustainable funding.

**Political Advocacy Training** – At the urging of its members, PAAT has connected with the San Francisco Mental Health Association and is in the process of bringing a political advocacy training for peers to our area.

**SLO County Board of Supervisors** – PAAT has developed a plan to speak at the public comment time at the SLO County Board of Supervisors meetings on a bi-monthly basis to deliver information about mental health activities, identify successes in the Behavioral Health system, offer input, and develop a connection with local decision makers.

**Area Peer Advisory Council** – PAAT will continue to have a presence in APAC and is looking forward to our next chance to recognize our peers with this year's Rhythm of Recovery Awards.

**Statewide Peer Certification** – PAAT has a vested interest in the development of a statewide peer certification curriculum and will continue to follow its progress and provide input as needed.



# INN PROGRAM UPDATES: SYSTEM EMPOWERMENT RETREAT

**Perspectives: Sharing the Journey to Mental Wellness**

<https://vimeo.com/124860558>



# INNOVATION PLANNING UPDATE

- Cost Analysis and Plan Preparation Stage
  - Latina Domestic Violence
  - Not for Ourselves Alone (Trauma-Informed County)
  - Late Life Empowerment & Affirmation Program
  - FSP Transition and Relapse Team
- Still being explored
  - Behavioral Health Worker with Lived Experience
  - Teen Slate



# CSS UPDATES

- Child and Youth FSP to continue being provided by County and Family Care Network, INC.
- Adult FSP will now be provided by TMHA: Clinical services and Personal Support Specialists
  - County will continue to provide psychiatric care
- Older Adult FSP will now be provided by Wilshire Community Services: Clinical services and Personal Support Specialists
  - County will continue to provide psychiatric care



# PEI UPDATES

- Status Quo for 2015/16
  - Contracts now have two year option to renew
  - RFP to be discussed by stakeholders in 15-16
  - Staff recommends contract \$ increase
- Bike Month/Mental Health Awareness Month Partnership
  - Bike Breakfast May 18<sup>th</sup> 7am-9pm



# NEW BUSINESS: STAFF RECOMMENDATIONS

- The County recommends establishment of a College-Based PEI Specialist
  - Coordinate Stigma, Suicide Prevention and MHFA
  - Provide training for Cal Poly and Cuesta
    - Support WOW, SOAR, and Cuesta orientation
  - Liaison with Active Minds Chapters, PULSE, etc.
  - Support new campus crisis counselor with education and group activities
  - Media relations, social marketing, and policy development



# NEW BUSINESS: STAFF RECOMMENDATIONS

- The County recommends continuing to fund Veterans Outreach after INNovation:
  - Outreach activities, .5FTE and some activity expenses in PEI
  - Treatment services, .5FTE in CSS



# NEW BUSINESS: STAFF RECOMMENDATIONS

- The County recommends continuing to fund Service Enhancement Program after INNnovation:
  - Coordination activities to integrate with Managed Care, 1.0 FTE funded in CSS
  - Peer Navigator, .5FTE funded in CSS



# NEW BUSINESS: STAFF RECOMMENDATIONS

- The County recommends expanding the time and caseload of the MH Therapist assigned to Homeless Outreach Team FSP:
  - Additional .5FTE funded by CSS
  - Additional 10-15 clients meeting FSP criteria served annually



# STAKEHOLDER REVIEW

- Annual Update 2015-2016
  - Posted for 30-Day Review: By May 15
  - [www.slomentalhealth.org](http://www.slomentalhealth.org)
  - Public Hearing June 17
    - Behavioral Health Board Meeting



# *Thank You*

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