

WELCOME!

# MHSA Advisory Committee (MAC)

**Monday, April 25, 2016**

**Veterans Hall, San Luis Obispo**

**4:00pm – 5:30pm**

SAN LUIS OBISPO COUNTY  
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE



# Agenda

- 1) **Welcome, Introductions, and Goals for meeting**
  - Frank Warren, SLOBHD (Division Manager and County MHSA Coordinator)
    - a) **Stakeholder Process Review**
- 2) **CSS (and other components) Work Plan Review & Updates**
  - INN Updates – Juan Munoz-Morris
- 3) **Fiscal Update**
  - Raven Lopez, SLOBHD (Accountant III)
- 4) **Co-Occurring Services for Youth**
  - Proposal
  - Josh Peters, SLOBHD (Program Supervisor)
- 5) **Service Enhancement for Martha's Place**
  - Proposal
  - Cortney Wagner, SLOBHD (Program Supervisor)
- 6) **New Business for 2016-17**
  - a) **Review, Discussion, and Approval of Plan Additions**
  - b) **Review, Discussion, and Approval of Plan Changes**
- 7) **Decision on Next Meetings**
- 8) **Conclusion**

SAN LUIS OBISPO COUNTY  
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

# The MHSA provides San Luis Obispo County:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



SAN LUIS OBISPO COUNTY  
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

## Goals/Objectives

- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHPA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHPA oversight group (including original and new members) as to the implementation of the most current work plan.
- We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.
- We will use consensus-based decision making.

SAN LUIS OBISPO COUNTY  
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

# *MHSA Advisory Committee*

- ▶ MHSA Advisory Committee Introductions
- ▶ Staff Introductions
- ▶ Demographic Survey (if you were not here in February, or March, please complete and hand to Emma De La Rosa before leaving)

SAN LUIS OBISPO COUNTY  
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

1. Child & Youth Full Service Partnership (SLOBHD & FCN)
2. Transitional Age Youth FSP (SLOBHD & FCN)
3. Adult FSP (TMHA & SLOBHD)
  - Reassignment of Homeless FSP Therapist and Medication Manager; request to move to TMHA
  - Addition of AOT to TMHA's FSP plan
4. Older Adult FSP (Wilshire CS & SLOBHD)
5. Client & Family Wellness (TMHA & SLOBHD)
6. Latino Outreach Program (SLOBHD & Silvia Ortiz, PhD)
7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)
  - Move CRT functions to Sierra, add Administrative support
8. Schools and Family Empowerment (SLOBHD & CAPSLO)
9. Forensic Mental Health Services (TMHA & SLOBHD)
  - New Veterans Outreach Therapist



1. COLEGA
  2. Late Life Empowerment & Affirmation Project
  3. Transition Assistance & Relapse Prevention
  4. Not for Ourselves Alone: Trauma Informed County
- Status Report - Juan

BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

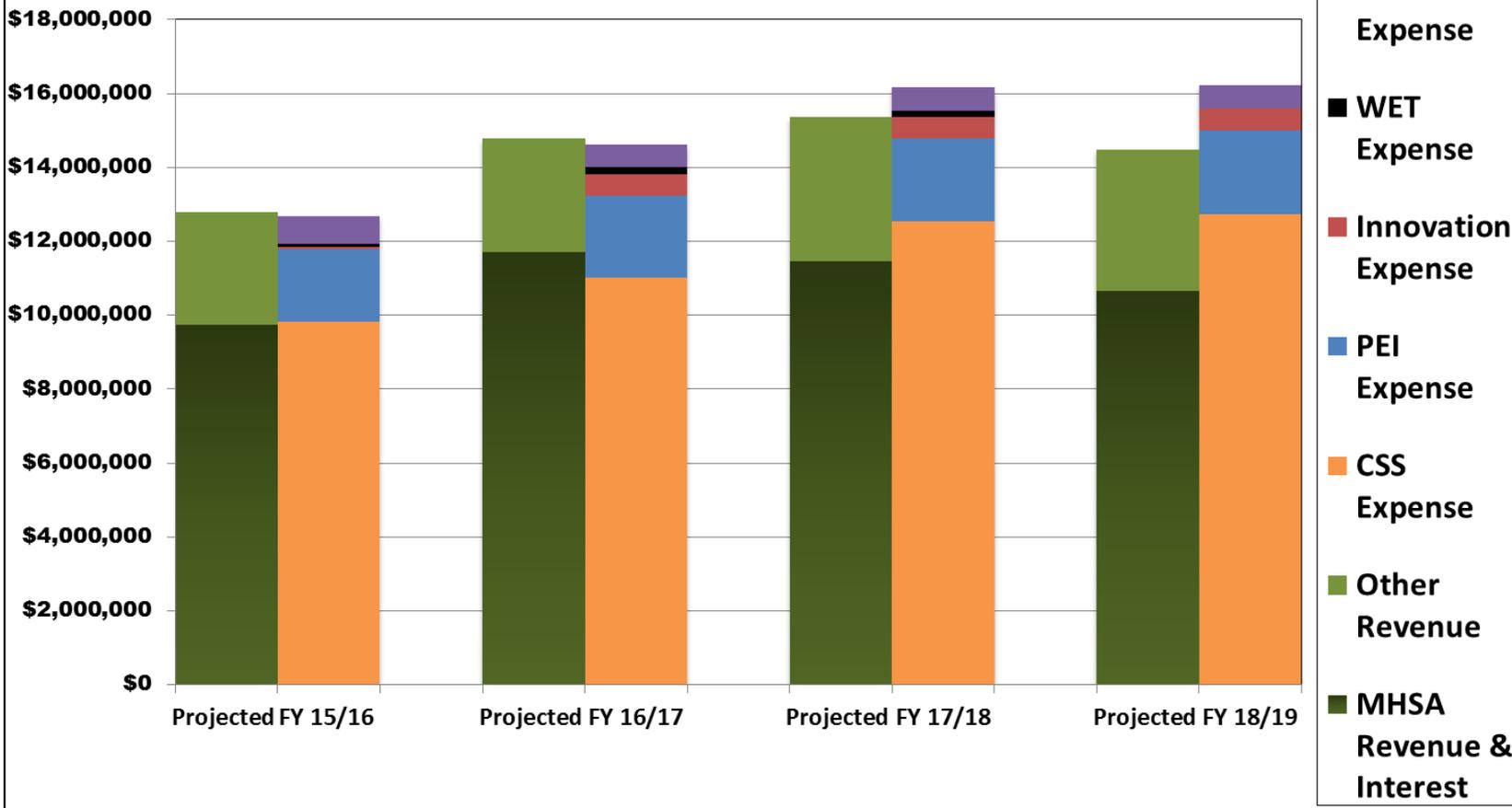
1. Mental Health Awareness and Stigma Reduction (TMHA & SLOBHD)
  2. School-based Wellness (CAPSLO, SLOBHD, & The LINK))
  3. Family Education and Support (Center for Family Strengthening (CFS))
  4. Early Care and Support for Underserved Populations (Cuesta College & Wilshire CS)
  5. Integrated Community Wellness(Community Counseling Center, TMHA & SLOBHD)
- Planning group looking at small expansions in FY16-17
    - Potential of \$150k in new expenses

SAN LUIS OBISPO COUNTY  
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

## MHSA Revenue and Expenses FY 15/16 – Projected FY 18/19



- FY 2016-17 Recommended Budget is \$14.3M (MHSA \$11.3M/Other Revenue \$3M) and includes AOT and Innovation budget augmentation requests:
  - CSS – \$10.7M
  - PEI – \$2.2M
  - INN – \$591K
  - WET – \$185K
  - CFTN (Electronic Health Record Support) - \$614K
- Board approved the Crisis Stabilization Unit, as well as contributing \$207K in General Fund for operating expenses beginning in FY 2017-18

- MHSAs Revenue forecast is positive for the next few years; however, the proposed No Place Like Home initiative could potentially reduce future year's available revenue by 7%
- Potential revenue available for new or expanded programs beginning in FY 16/17:
  - CSS: Potential to add \$300K in expenses (less AOT cost)
  - PEI: Potential to add \$150K in expenses
- Governor's May Budget Revise update by next meeting

# Co-Occurring Services for Youth

- Current CSS Plan includes a COD-specific Mental Health Therapist and Drug & Alcohol Specialist for adult services
- Current adult program consumers benefit from having services in one location
- In the past year, 22 youth in Substance Use Treatment also had an open MH case.
  - These youth and their families struggled in multiple areas of their lives and as a result had multiple appointments with different providers weekly.
  - This has caused youth and their families to feel overwhelmed by the schedule they were asked to keep and they did not benefit as fully from the services provided.
- “Many families do not have the resources/willingness needed to consistently get their teen to multiple different treatment providers”

# Co-Occurring Services for Youth

- Currently when a youth is a client at Drug and Alcohol and Mental Health they receive some services that are different
- What DAS offers that MH does not
  - Substance abuse focused group sessions
  - Random drug testing
  - Parent groups
- What MH offers that DAS does not
  - Individual therapy
  - Medication services
- A Therapist specializing in Youth Co-Occurring will be able to provide or facilitate interventions across the two systems
- This Therapist would also be able to offer critical information to both systems in a more timely manner
- 1.0 FTE MH Therapist would be integrated into both agencies and maintain a caseload of 20 youth

## Service Enhancement – Martha's Place

- Long gaps between referral and contact
- Delays caused by difficult paperwork
- Lack of follow through leaves some families without Medi-Cal
- Difficulty navigating the children's system of care
- Some families decline services
- MP has no way of knowing if families have followed up with referred services

## Service Enhancement – Martha's Place

- Using successful MHSA model in O/P clinics
- 1.0 FTE Navigator/Advocate
- Home visits and phone calls for warm welcome, resource binders, follow up calls
- 170 referrals engaged annually
- Help families understand MP services and answer questions about services
- Assist with paperwork, resource access, Medi-Cal, transportation, etc.

# Proposed Plan Additions

- Expansion of Homeless Outreach Team
  - TMHA to absorb Medication Manager and Therapist positions. Cost \$249K (minimal change by transfer from County)
  - Increase Outreach Worker staff by .50 FTE (requested amount - \$38,200)
  - Increase Outreach Worker capacity from 150 annual contacts to 200 total contacts.
  - Provide funding to develop Homeless Outreach FSP Housing (requested amount - \$31,500)
    - Funds would be used to operate a 4 bed housing program in San Luis Obispo city for clients on the team; providing more permanent supportive housing for our clients.
- Addition of Service Enhancement project at Martha's Place
  - Contract for 1.0 FTE Family Advocate (or like position), materials, and some space alterations, to serve 170. Cost: \$70K
- Addition of Co-Occurring Youth Treatment within Client & Family Wellness Supports Work Plan
  - Add 1.0 FTE MH Therapist and curricula costs to serve 20. Cost: \$112,000
- Total annual increase to CSS budget: \$252K

# Proposed Plan Changes

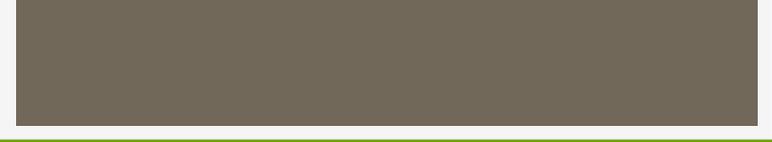
- Increase contractor funding to reflect 2.2% COLA
  - Applies to contracts that are fully expended
  - COLAs to be considered in annual budget process based on Consumer Price Index for Los Angeles
  - Impact to FY 2016-17 budget for increases:
    - CSS: Increase of \$47K
    - PEI: Increase of \$16K

- ***Monday, June 20, 2016***
  - ***4:00pm – 5:30pm***
  - ***TBA***
  - ***Would you like to keep meeting in summer?***
  - ***We will meet in Fall***

***Prevention & Early Intervention  
Stakeholders Meeting***

***May 9, 2016 4:00 – 5:30pm***

***P&O, 277 South St., Suite T, SLO***



# *Thank You*

***Frank Warren***

***Prevention & Outreach Division Manager  
SLO County Behavioral Health Dept.***

***[fwarren@co.slo.ca.us](mailto:fwarren@co.slo.ca.us)***

***(805)788-2055***