

MHSA Advisory Committee (MAC)

Wednesday, March 29, 2023

**Zoom Meeting
3:30pm – 5:00pm**

SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



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- **Welcome, Introductions, and Goals for meeting**
 - Frank Warren, SLOBHD
- **Department Updates**
 - Anne Robin, SLOBHD
- **Fiscal Update**
 - Jalpa Shinglot, SLOBHD
- **Old Business**
 - CalMHSA approved funds
 - TMHA-Suicide Prevention Coordinator
 - Community Schools-PM Position
- **New Business for 2022-23**
 - Staff
- **CSS –Program Updates**
 - Karina Silva Garcia, SLOBHD
- **PEI/INN Updates**
 - Landon King, SLOBHD
- **WET Program Updates**
 - Brita Connelly, SLOBHD
- **Updates**
- **Next Meetings:**
 - May 31; July 26; September 27
- **Conclusion**



MHSA Advisory Committee

- **MHSA Advisory Committee Introductions**



The Mental Health Services Act in San Luis Obispo County:

- Proposition 63, passed in 2004
- Millionaire's Tax

The MHSA Provides:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



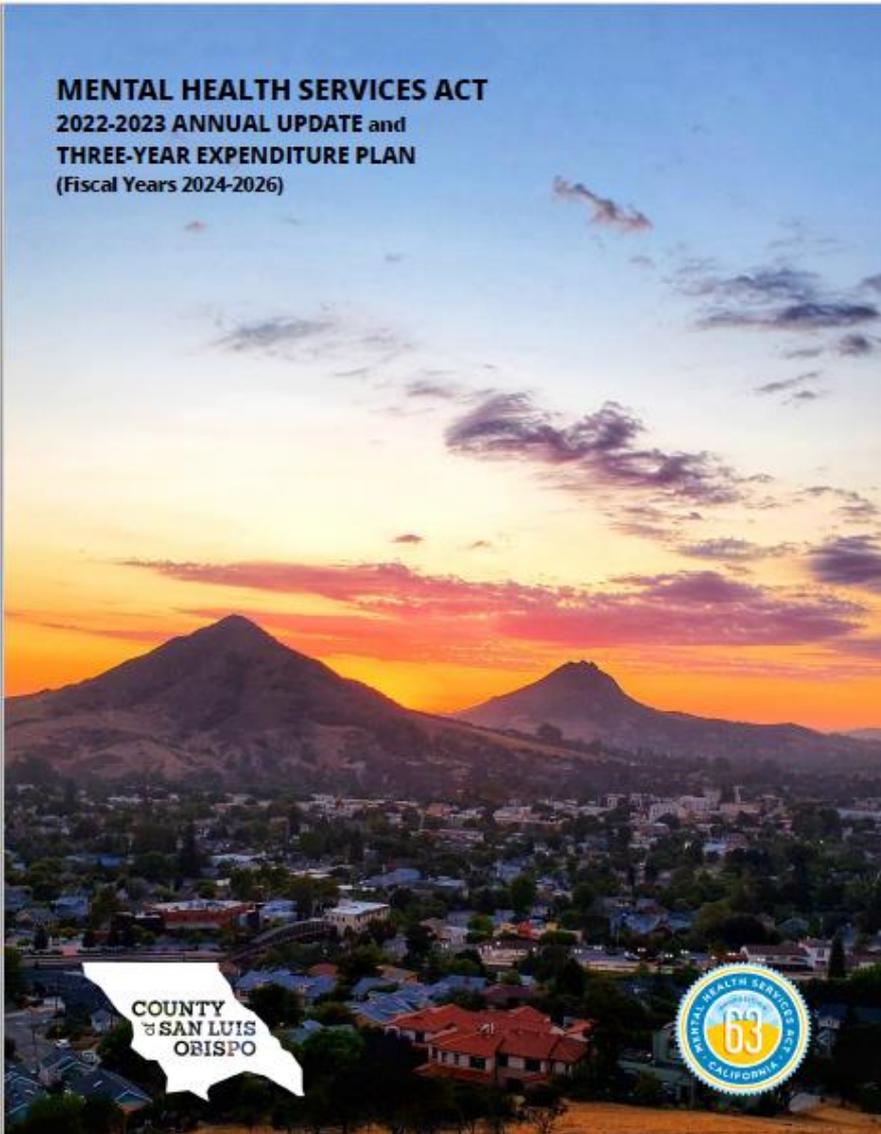
MHSA planning benefits from community stakeholder input

- Consumers, family members, and providers
- Review programs and make recommendations
- Input for improvements outlined in Annual Update
- Plan reviewed (30 days) & public hearing at Behavioral Health Board



MHSA Components

- **Community Services and Supports (CSS)**
 - **(incl. Housing)**
- **Capital Facilities and Technology (CFT)**
- **Prevention and Early Intervention (PEI)**
 - **PEI Statewide**
- **Workforce Education & Training (WET)**
- **Innovation (INN)**



- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.
- We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.
- We will use consensus-based decision making.

THIS CONCLUDES THE MHSA STAKEHOLDER TRAINING!

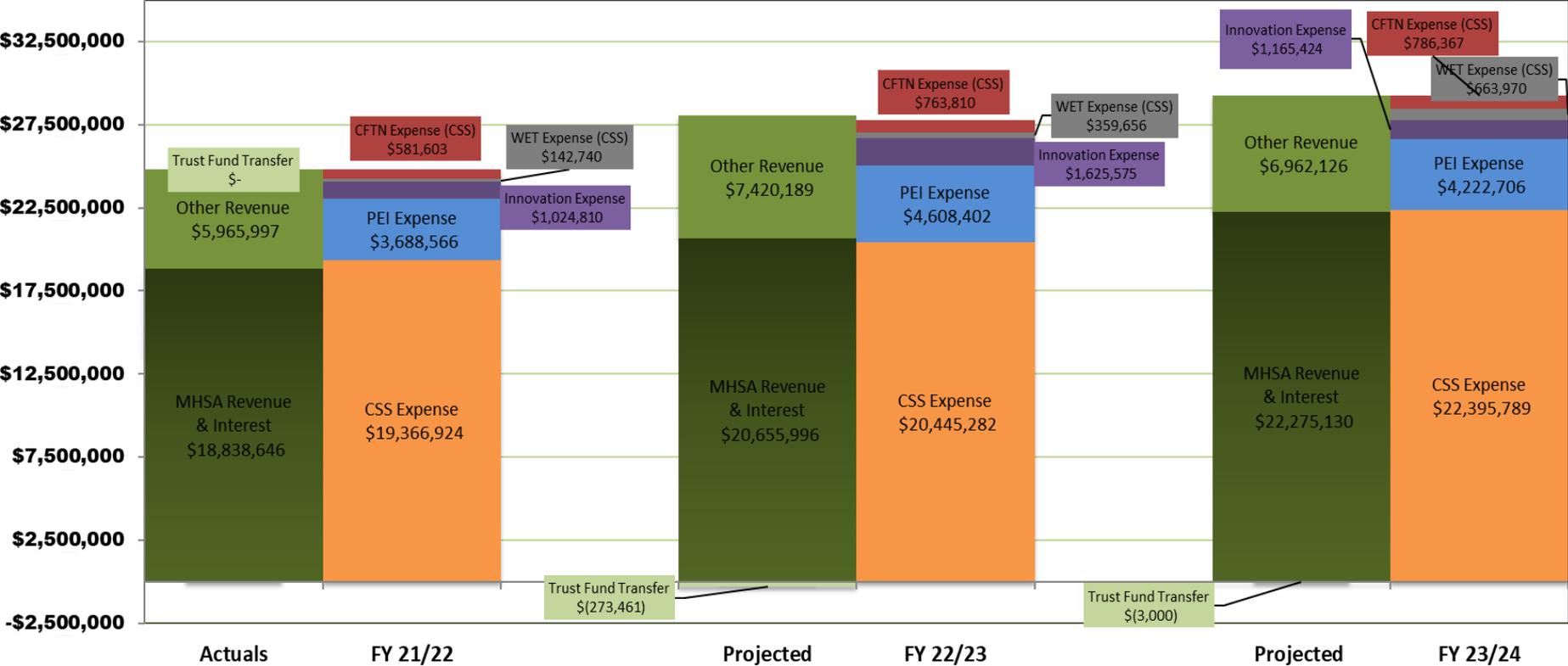


Department Update



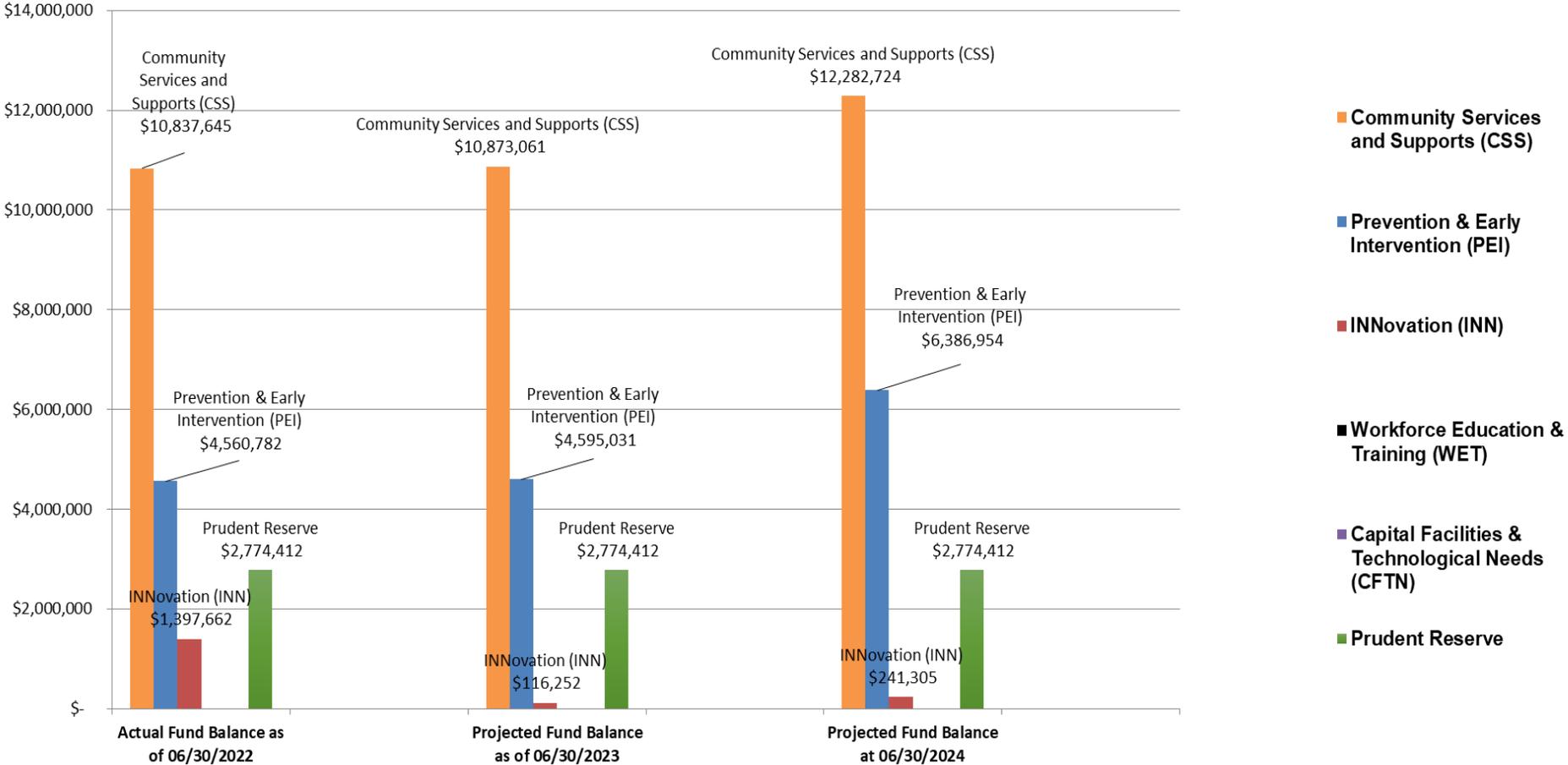
MHSA Fiscal Update

MHSA Revenue and Expenses Projected FY 21/22 – FY 23/24



MHSA Fiscal Update

MHSA FUND Balance Actuals & Projection FY 21/22 – FY 23/24



MHSA Fiscal Update

- FY 2022/23 MHSA Revenue projected to decrease by about 11% due to
 - No Place Like Home \$140M
 - Annual Adjustment for state of \$530.7M

	Fiscal Year			
	Estimated			
	21/22	22/23	23/24	24/25
CSS	\$2,313.2	\$2,025.5	\$2,985.6	\$2,813.3
PEI	\$578.3	\$506.4	\$746.4	\$703.3
Innovation	\$152.2	\$133.3	\$196.4	\$185.1
Total	\$3,043.7	\$2,665.1	\$3,928.4	\$3,701.7

- **County of San Luis Obispo**
 - Info Notice 22-052 MHSA Allocation & Methodology
 - FY 2022/23 Allocation = 0.653934%



MHSA Fiscal Update

- **Fund Balance 03/23/2023 (excluding actual PR) = \$15,868,014**
 - Prudent Reserve Fund Balance = \$2,774,412
- **CSS Update:**
 - Full Service Partnership – must be majority of CSS Funding (51%)
 - FY 22/23 current budget approximately 44%
- **PEI Update:**
 - PEI Stakeholders have begun to meet to discuss potential new revenue.



Old Business

- A. CalMHSA approved funds**
- B. TMHA -Suicide Prevention Coordinator**
- C. Community Schools -Program Manager Position**

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New Business | Workplan Changes – No Additional Cost

a. Reassign Behavioral Health Clinician for Co-Occurring Disorders for Adolescents to Clinical Supervision

- Supports workforce development and retention.
- COD position was successful in system change and no longer needed.

b. Reassign Behavioral Health Clinician for 40 Prado Center (SLO) to Paso Robles Clinic

- Will support Bridge Housing program.
- Other providers now at Prado.

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New Business | *Administrative Services Officers*

c. Convert Behavioral Health Clinician to Administrative Services Officer for Youth Services

- Supports growing needs for grant management, data, CalAIM, workforce development/training.
- BHC position was assigned to Community Schools and is vacant and no longer needed.

d. Fund/Add Administrative Services Officer to Adult Services (3-yr term)

- Supports growing needs for grant management, data, CalAIM workforce development/training.
- Adult and Youth divisions do not currently have ASOs and im capacity.
- Funded with released Reserve (June 2026)

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New Business | *Quality Support: CalAIM Expansion*

e. Fund/Add Behavioral Health Specialist for Managed Care (3-yr term)

- **New CalAIM regulations require county mental health plans to implement statewide, standardized screening tools.**
- **A BH Specialist is needed in Central Access to use new screening tools and are essential to our ability to implement this new CalAIM requirement. Central Access BH Specialists are critical to our capacity to provide quality customer service and access to care.**
- **Funded with released Reserve (June 2026)**

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New Business | *Continue Youth Specialist for Crisis*

f. Fund/Add Behavioral Health Specialty for Mobile Crisis Team (Once Grant Funding Ends)

- County needs to bring a Limited Term Licensed Psych Tech/LVN position assigned to CHFFA Youth Mobile Crisis Grant to the Board to extend its term since the grant extended another year.

- We are recommending getting approval now to plan for future years in the MHSA budget, once the grant funding ends (which may be June 2026).

- County is limited in bringing personnel actions to the Board, so this is a request to be able to meet April staffing deadline.



g. Fund Consultant to Conduct County Behavioral Health Strategic Plan

- **Board of Supervisors has made Behavioral Health a Board Priority and have asked the Department to conduct a strategic planning process.**

- **The strategic planning will take place between now and December, approximately. It will involve County staff, providing partners, and community advisors (like the MAC!).**

- **Funded with released Reserve, up to \$300,000.**



h. Form Fiscal Subcommittee for MHSA Advisory

- **The County will be releasing large amounts of revenue in an effort to reduce our operating reserve. There is also a projection of a large deposit of MHSA funds for FY 23-24 (each with only 3-years to spend).**
- **We are proposing a small fiscal-focused subcommittee to make decisions on one-time, 3-year funding decisions between MAC meetings.**
- **Ongoing workplan changes or funding will still go to the MAC.**



Community Services and Supports (CSS)

- 1. Child & Youth Full Service Partnership (FCN & SLOBHD)**
- 2. Transitional Age Youth FSP (FCN & SLOBHD)**
- 3. Adult FSP (TMHA & SLOBHD)**
- 4. Older Adult FSP (Wilshire CS & SLOBHD)**
- 5. Client & Family Wellness (TMHA, CAPSLO & SLOBHD)**
- 6. Latino Outreach Program (SLOBHD)**
- 7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)**
- 8. Schools and Family Empowerment (SLOBHD & CAPSLO)**
- 9. Forensic Mental Health Services (TMHA & SLOBHD)**



Prevention & Early Intervention (PEI)

WORK PLAN	PROGRAMS			
PREVENTION	Positive Development	Family Education, Training & Support	Middle School Comprehensive Program	In-Home Parent Educator
EARLY INTERVENTION	Community-Based Therapeutic Services		Integrated Community Wellness Navigators	
OUTREACH FOR INCREASING RECOGNITION OF EARLY SIGNS OF MENTAL ILLNESS	Older Adult Mental Health Initiative			
ACCESS & LINKAGE TO TREATMENT	Veterans Outreach Program			
STIGMA & DISCRIMINATION REDUCTION	Social Marketing Strategy		College Wellness Program	
SUICIDE PREVENTION	Suicide Prevention Coordination			



Innovation (INN)

- **Round 3 Final Evaluations**
 - SLOACCEPTance: Cal Poly
 - 3x3: First Five
- **Plans for Rounds 6 & 7**
- **Current Projects:**
 - **FY 19-23 (Round 4)**
 - **Holistic Adolescent Health: CAPSLO**
 - **B-HARP: Holifield Psychological Services**
 - **FY 21-25 (Round 5)**
 - **Soundheal**
 - **Behavioral Health Education and Engagement Team (BHEET): TMHA**
- **Program Highlight: B-HARP**



Workforce Education Training (WET)

a) Trauma Informed Care trainings

a) April 25th and 26th two-part series: Trauma Informed Care for Suicide and Self-Harm

b) Strategic planning phase for the next year



- a. MHSA State Reforms Proposed
- b. Journey of Hope
- c.??



Upcoming Meetings

- **Wednesday, May 31, 2023**
 - **July 26**
 - **September 27**
- **All meetings scheduled for 3:30 - 5:00p.m.**

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Thank you ALL.

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