

# MHSA Advisory Committee (MAC)

**Wednesday, March 27, 2024**

**Hybrid Meeting  
3:00pm – 5:00pm**

SAN LUIS OBISPO COUNTY  
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

- **Welcome, Introductions, and Goals for meeting**
  - Karina Silva Garcia, SLOBHD
- **Department Updates**
  - Star Graber, SLOBHD
- **Fiscal Update**
  - Jalpa Shinglot, SLOBHD
- **MHSA Reform**
  - Christina Rajlal, SLOBHD
- **Old Business**
  - MHSSA
  - LPT short-term/one-time
  - Introduction of Dr. Christina Rajlal
- **New Business for 2023-24**
  - Contract Updates
  - Program Updates:
    - Wellness Centers
    - HOT Library
- **CSS –Program Updates**
  - Karina Silva Garcia, SLOBHD
- **PEI/INN Updates**
  - Landon King, SLOBHD
- **WET Program Updates**
  - Annie Jankovitz, SLOBHD
- **Updates**
  - a. **In-Person Hybrid MAC Meeting May 29<sup>th</sup>**
- **Next Meetings:**
  - May 29; July 31; Sept. 25
- **Conclusion**



# ***MHSA Advisory Committee***

- **MHSA Advisory Committee Introductions**



## The Mental Health Services Act in San Luis Obispo County:

- Proposition 63, passed in 2004
- Millionaire's Tax

### The MHSA Provides:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and advisory committee engagement



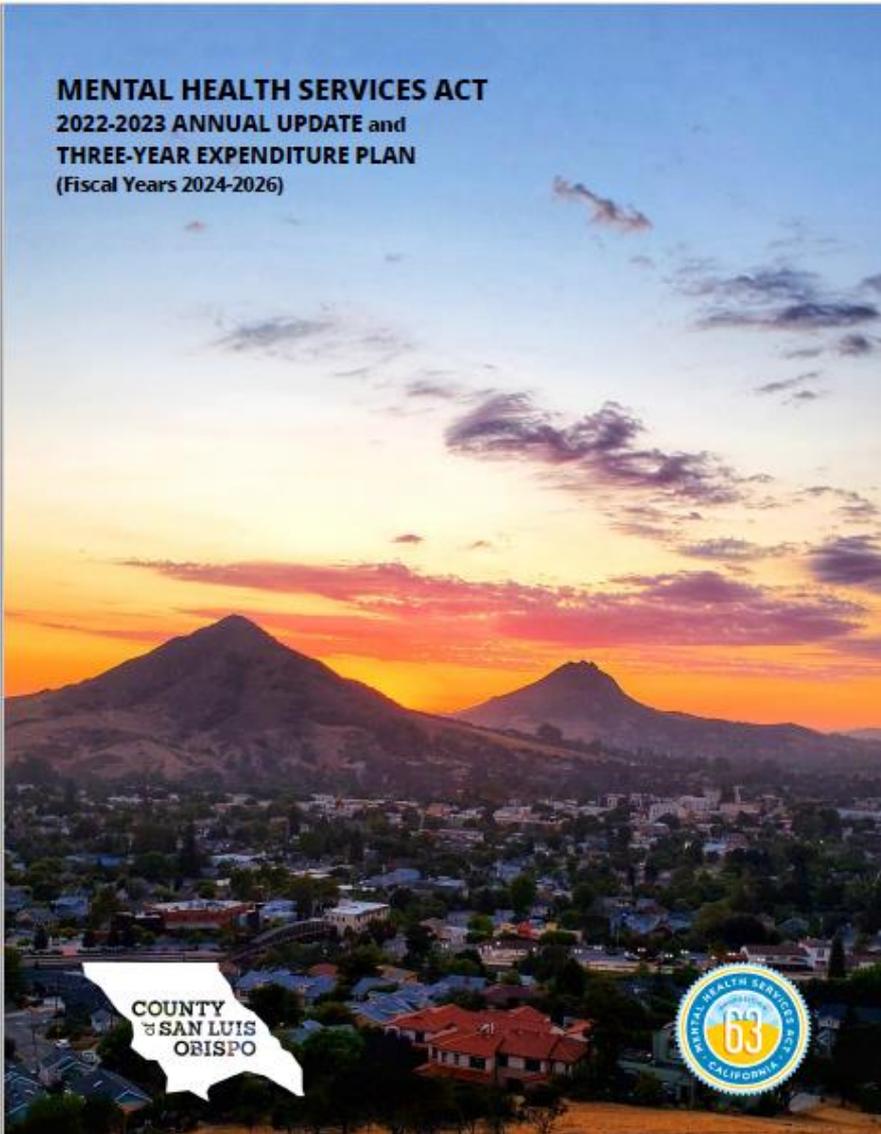
# ***MHSA planning benefits from community advisor's input***

- Consumers, family members, and providers
- Review programs and make recommendations
- Input for improvements outlined in Annual Update
- Plan reviewed (30 days) & public hearing at Behavioral Health Board



# MHSA Components

- **Community Services and Supports (CSS)**
  - **(incl. Housing)**
- **Capital Facilities and Technology (CFT)**
- **Prevention and Early Intervention (PEI)**
  - **PEI Statewide**
- **Workforce Education & Training (WET)**
- **Innovation (INN)**



- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.
- We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.
- We will use consensus-based decision making.

**\*THIS CONCLUDES THE MHSA STAKEHOLDER TRAINING!\***



# Department Update



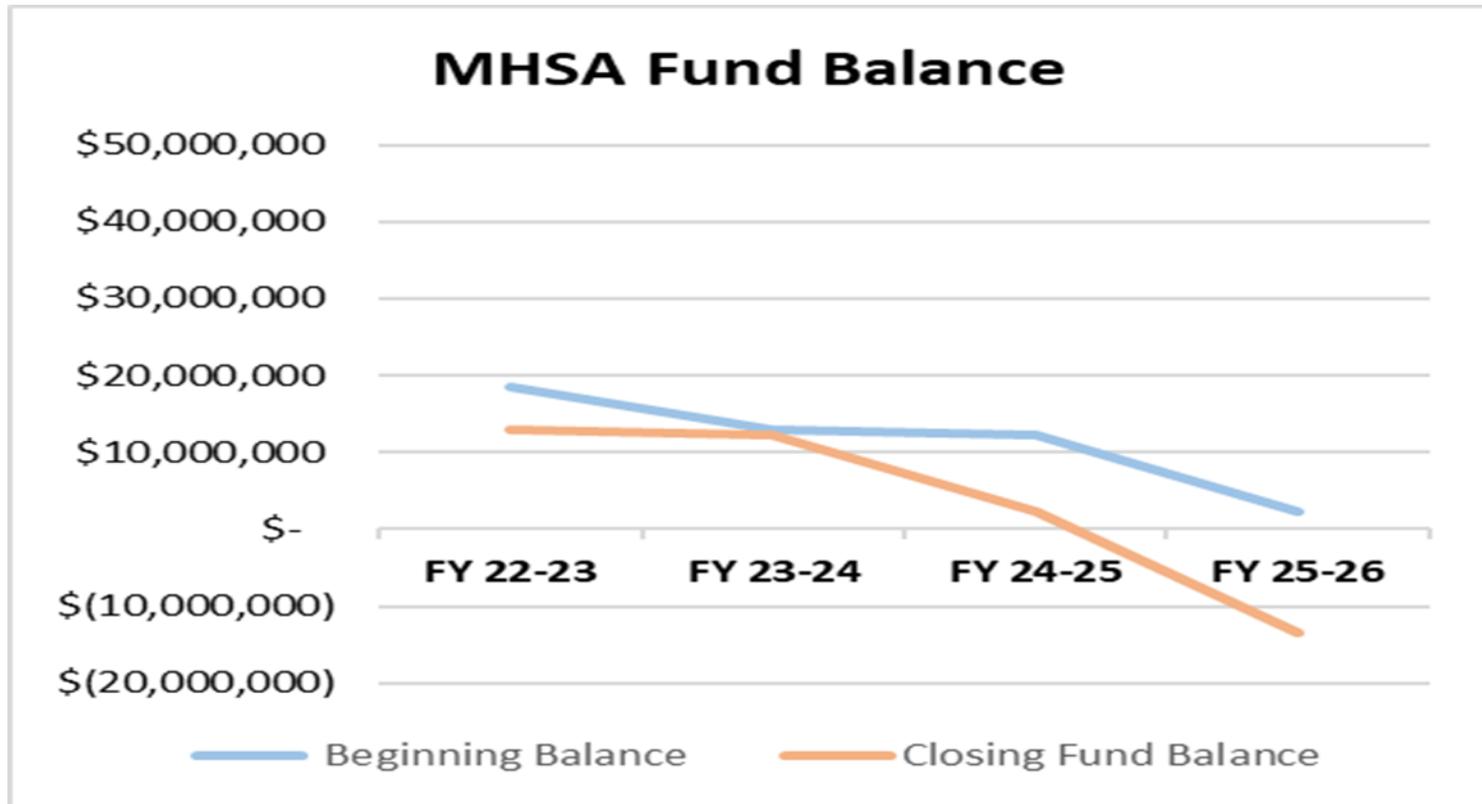
# MHSA Fiscal Update

## MHSA Fund Summary FY 2022/23 – FY 2025-26

	<u>FY 22-23</u>	<u>FY 23-24</u>	<u>FY 24-25</u>	<u>FY 25-26</u>
<b>Beginning Balance</b>	<b>\$ 18,396,769</b>	<b>\$ 12,965,550</b>	<b>\$ 12,255,618</b>	<b>\$ 2,236,020</b>
<b>Revenue</b>				
MHSA State Allocation	\$ 12,908,230	\$ 24,406,427	\$ 16,384,973	\$ 13,314,119
Other Revenue	\$ 6,528,036	\$ 7,363,399	\$ 7,004,108	\$ 5,650,545
<b>Total Revenue</b>	<b>\$ 19,436,266</b>	<b>\$ 31,769,826</b>	<b>\$ 23,389,081</b>	<b>\$ 18,964,664</b>
<b>Total Expense</b>	<b>\$(24,867,485)</b>	<b>\$(32,479,758)</b>	<b>\$(33,408,679)</b>	<b>\$(34,688,690)</b>
<b>Closing Fund Balance</b>	<b>\$ 12,965,550</b>	<b>\$ 12,255,618</b>	<b>\$ 2,236,020</b>	<b>\$(13,488,006)</b>



# MHSA Fiscal Update



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# *MHSA Fiscal Update*

## **County of San Luis Obispo**

- Info Notice 23-061 MHSA Allocation & Methodology
- FY 2023-24 Allocation = 0.644190%, Reduction from FY 2022-23

## **Anticipate large fluctuations in funding**

- Large annual adjustment in FY23/24 due to capital gains spike in 2021
- More typical annual adjustment in FY24/25 and FY25/26 due to lower capital gains realizations.

## **Fund Balance at 03/21/2024 (excluding actual PR) = \$ 19,618,292**

- Prudent Reserve Fund Balance = \$2,774,412



# Feedback Exercise

Join at

**slido.com**

**#mac032724**



# Impacts of Proposition 1 on SLO Behavioral Health and MHSA

MAC Meeting  
Atascadero Library  
March 27, 2024



## MHSA Annual Update to the Three-Year Plan (2023-2026): Fiscal Report

	<u>FY 22-23</u>	<u>FY 23-24</u>	<u>FY 24-25</u>	<u>FY 25-26</u>
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# **GOVERNOR'S "TRANSFORMATION OF BEHAVIORAL HEALTH SERVICES" Scheduled as "Proposition 1" on the March 2024 CA Ballot**

## **1. Reforming the Mental Health Services Act to the *Behavioral Health Services Act* (SB326)**

- "...expand services to include treatment for those with substance use disorders...provides more resources for housing and workforce...new and increased accountability for outcomes "

## **2. Focusing on outcomes, accountability, and equity**

- "a new County Integrated Plan for Behavioral Health Services and Outcomes, including all local behavioral health funding and services."

## **3. Housing and behavioral health treatment in unlocked, community-based settings (AB531)**

- A \$4.68 billion general obligation bond to build 10,000 new clinic beds and homes statewide;
- Housing for veterans with behavioral health challenges.



# ***Behavioral Health Services Act (SB326)***

Replaces Components with Three New “Buckets” for Assigning BHSA Allocations:

## **1. Housing 30%**

- 50% for Housing Supports/Services
  - Current bill aims this 50% on rental subsidies, shelter, etc., but not services.
- No more than 25% for Capital, including BH facilities to serve homeless

## **2. Full-Service Partnerships 35%**

## **3. BH Community Services and Supports 35%**

- 51% must be spent on ***early intervention***

Proposal would allow counties to move up to 14% between components.



## ***Impacts on San Luis Obispo County MHPA using draft FY 24-25 State Revenue Projection:***

### **MHPA allocation: \$16,384,973**

- 3% (\$491,549) will be taken by the State for workforce development programs.
- 2% (\$327,700) will be taken for population-based prevention programs.

MHPA State Aid Disbursement after 5%: **\$15,565, 724**

### **1. Housing 30% = \$4,669,717**

- Housing/Shelter @50% (\$2,334,859), and Building/Infrastructure @25% (\$1,167,429)

### **2. Full-Service Partnerships 35% = \$5,448,004**

- Current Projected Budget: \$7,956,104 *(-2,508,100)*

### **3. BH Community Services and Supports 35% = \$ 5,448,004**

- Current Budget Plan for Non-FSP (GSD, PEI, WET, CFTN): \$18,773,234 *(-13,325,230)*
- Would exclude 49% of programs and services not defined as “early intervention.”
- Includes new requirement for expanded accounting and reporting across all BH.





## ***What's Next?***

- MHSA to BHSA transition planning
- MHSA changes that didn't require a vote
  - Updating Legislative language
  - Updating authority of the MHSOAC and role in planning council
  - DHCS changes in authority for documentation standards
  - Addition of SUD reporting
- Lessons learned in the last year
- Other impacts:
  - County fiscal landscape
  - RFP



# Public Comment regarding Proposition 1

<https://forms.office.com/g/u02gV504p4>

- u as in uniform
- 02
- g as in golf
- V as in Validation
- 504
- p as in pencil
- 4

MHSA Reform Public Comment  
(MAC 03/27/2024)



# Public Comment regarding Proposition 1



**BEHAVIORAL HEALTH DEPARTMENT**

[www.slobehavioralhealth.org](http://www.slobehavioralhealth.org)

# Old Business

**Decisions approved as of last meeting. Presentations from:**

- a) MHSSA Sunset/sustainability
- b) LPT short-term/one-time position
- c) Christina's presentation

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# *New Business*

- a) **Contract Updates**
- b) **Program Updates:**
  - a) **Atascadero Wellness**
  - b) **HOT Library**

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# ***Community Services and Supports (CSS)***

- 1. Child & Youth Full Service Partnership (FCN & SLOBHD)**
- 2. Transitional Age Youth FSP (FCN & SLOBHD)**
- 3. Adult FSP (TMHA & SLOBHD)**
- 4. Older Adult FSP (Wilshire CS & SLOBHD)**
- 5. Client & Family Wellness (TMHA, CAPSLO & SLOBHD)**
- 6. Latino Outreach Program (SLOBHD)**
- 7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)**
- 8. Schools and Family Empowerment (SLOBHD & CAPSLO)**
- 9. Forensic Mental Health Services (TMHA & SLOBHD)**



# Prevention & Early Intervention (PEI)

WORK PLAN	PROGRAMS			
PREVENTION	Positive Development	Family Education, Training & Support	Middle School Comprehensive Program	In-Home Parent Educator
EARLY INTERVENTION	Community-Based Therapeutic Services		Integrated Community Wellness Navigators	
OUTREACH FOR INCREASING RECOGNITION OF EARLY SIGNS OF MENTAL ILLNESS	Older Adult Mental Health Initiative			
ACCESS & LINKAGE TO TREATMENT	Veterans Outreach Program			
STIGMA & DISCRIMINATION REDUCTION	Social Marketing Strategy		College Wellness Program	
SUICIDE PREVENTION	Suicide Prevention Coordination			



# ***Innovation (INN)***

- **Current Projects (Round 5)**
  - **SoundHeal: Heal**
  - **Behavioral Health Education and Engagement Team (BHEET): TMHA**
- **Ramp-up Stage (Round 6)**
  - **Embracing Mental and Behavioral Health for Residential Adult Care & Education (EMBRACE)**



# ***Workforce Education Training (WET)***

- Suicide Prevention & Intervention 4/17 (FULL)
  - Registration sent out on 3/4. More opportunities will be offered next fiscal year. Limited to 100 participants, spots fill up quickly.
- Trauma Informed Care: Addressing Substance Abuse and Trauma-with a youth focus 4/17
  - Flyer and registration sent 3/7
- Advanced Seeking Safety Training 4/24
  - Registration sent out staff trained in *Intro to Seeking Safety* on 3/12
- Upcoming training plan: DBT skills training proposal (likely a 2 day training not intensive but used to build on DBT skills).



## MHSA Reform Prioritization Survey

<https://forms.office.com/g/J26AWqHs7B>

- J as in Jazz
- 26
- A as in Apple
- W as in Whimsical
- q as in question
- H as in Hamilton
- s as in survey
- 7
- B as in Brilliant

## MHSA Reform Prioritization Survey



# Updates

## a. In-Person Hybrid MAC Meeting May 29<sup>th</sup>

- *UC Cooperative Auditorium 2156 Sierra Way, San Luis Obispo, CA. 93401.  
Or join by Zoom.*



# ***Upcoming Meetings***

- **Wednesday, May 29; July 31; Sept. 25**
- **All meetings scheduled for 3:00 - 5:00p.m.**

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# ***Thank you ALL.***

County of SLO Behavioral Health Dept.  
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