



PREVENTION & EARLY INTERVENTION PARTNER AND ADVISORY SUBCOMMITTEE

AGENDA

- **Welcome, Introductions, Goals for Meeting**
 - **Landon King: MHSA PEI Coordinator, SLOBHD**
- **MHSA & PEI**
 - **Education & Regulations**
- **PEI Resource Corner**
 - **Youth Leadership Institute: Online Toolkit**
 - **NIMH: Statistics/Topics Translated**
 - **CHKS Survey Data: LGBT Youth**
- **PEI Future: Managing Expectations**
- **New Business**
 - **Presentation: CFS Family Education, Training, & Support (FETS)**
- **Next Meeting/Conclusion**



The Mental Health Services Act in San Luis Obispo County:

- Proposition 63, passed in 2004
- Millionaire's Tax

The MHSA Provides:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



MHSA Prevention & Early Intervention (PEI)

- Programs designed to prevent mental illnesses from becoming severe and disabling, while improving timely access to services for high-risk and underserved communities.



MHSA planning benefits from community stakeholder input

- Consumers, family members, and providers.
- Review programs and make recommendations.
- Input for short- and long-term PEI workplan strategies.
- Support current and potential expansion of PEI programs.



PEI REGULATIONS

- Up to 19% of total MHSA state allocation
 - **SLO County's MHSA allocation = 19%**
- At least 50% of county's PEI expenditures need to focus on children and youth
 - **SLO County's expenditures for youth = 56%**
- Data Collection/Analysis
- Annual Reporting



Prevention & Early Intervention (PEI)

WORK PLAN	PROGRAMS			
PREVENTION	Positive Development	Family Education, Training & Support	Middle School Comprehensive Program	In-Home Parent Educator
EARLY INTERVENTION	Community-Based Therapeutic Services		Integrated Community Wellness Navigators	
OUTREACH FOR INCREASING RECOGNITION OF EARLY SIGNS OF MENTAL ILLNESS	Older Adult Mental Health Initiative			
ACCESS & LINKAGE TO TREATMENT	Veterans Outreach Program			
STIGMA & DISCRIMINATION REDUCTION	Social Marketing Strategy		College Wellness Program	
SUICIDE PREVENTION	Suicide Prevention Coordinator (SLO BHD) Suicide Prevention Coordinator (TMHA)			



PEI SUBCOMPONENT INITIATIVES

- **Prevention:** Serves populations at high risk of a mental illness (youth, veterans, older adults, etc.)
- **Early Intervention:** Serves individuals with early onset of a mental illness.
- **Outreach for Increasing Recognition of Early Signs:** Outside engagement in settings that provide opportunities to identify early signs of mental illness.
- **Access & Linkage to Treatment:** Services that lead to referral to treatment generation.
- **Improve Timely Access to Services for Underserved Populations:** Services generate referrals from communities with poor access. improve interval time between referral and participation, and support follow-through.
- **Stigma & Discrimination Reduction:** Training, public education, outreach events, social marketing, etc.



California Health Kids Survey Data: LGBTQ+ Youth In Schools



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CHKS Data on LGBTQ+ Youth – CA and SLO Compared

Past 30 Day Substance	Transgender			LGB		
	CA 2021	SLO 2021	Difference	CA 2021	SLO 2021	Difference
Cigarettes	12.7%	21.7%	9.0%	3.7%	7.8%	4.1%
Marijuana	19.1%	36.7%	17.6%	14.1%	21.4%	7.3%
Prescription Painkillers	14.2%	19.1%	4.9%	4.0%	5.3%	1.3%
Tobacco	11.2%	18.5%	7.3%	2.1%	3.4%	1.3%
Alcohol (Five or More Drinks)	15.0%	22.0%	7.0%	7.5%	12.3%	4.8%

Safety, Attendance, & Harassment	Transgender			LGB		
	CA 2021	SLO 2021	Difference	CA 2021	SLO 2021	Difference
Did you ever feel sad or hopeless almost everyday for two weeks or more that you stopped doing some usual activities? (Past 12 months)	72.1%	73.9%	1.8%	69.8%	70.2%	0.4%
Did you ever seriously consider attempting suicide? (Past 12 months)	53.8%	60.2%	6.4%	42.2%	48.9%	6.7%
Missed school because you felt very, sad, hopeless, anxious, stressed, angry? (Past 30 days)	13.6%	29.7%	16.1%	22.3%	22.3%	0.0%
Been afraid of being beaten up?	42.2%	47.1%	4.9%	25.3%	25.8%	0.5%
Been made fun of because of your looks or way you talked?	52.8%	61.2%	8.4%	44.7%	46.7%	2.0%



CHKS Data on LGBTQ+ Youth – CA and SLO Compared

Protective Factors responding “disagree” or “strongly disagree”	Transgender			LGB		
	CA 2021	SLO 2021	Difference	CA 2021	SLO 2021	Difference
I am happy to be at this school.	36.0%	42.9%	6.9%	22.9%	26.6%	3.7%
I do interesting activities at my school.	29.5%	26.7%	-2.8%	22.7%	23.0%	0.3%
I do things that make a difference at school.	46.7%	42.7%	-4.0%	41.4%	43.1%	1.7%
I feel close to people in this school.	37.0%	40.2%	3.2%	22.4%	23.0%	0.6%

Caring relationship responding “not at all true” to: At my school there is a teacher or some other adult	Transgender			LGB		
	CA 2021	SLO 2021	Difference	CA 2021	SLO 2021	Difference
...who always wants me to do my best.	14.9%	18.3%	3.4%	7.3%	7.6%	0.3%
...who believes that I will be a success.	22.3%	23.4%	1.1%	13.6%	11.8%	-1.8%
...who listens when I have something to say.	22.4%	21.3%	-1.1%	14.3%	12.1%	-2.2%



Youth Leadership Institute Interactive Toolkit

Youth Leadership Institute



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SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

NIH Statistics & Topics



[NIMH » Statistics \(nih.gov\)](https://www.nimh.nih.gov)



PEI Future Funding

- Prepare for 2-3 year limited term funding for any new requests or programs.
 - Consider leveraged funds long-term.
- Explore alternate revenue streams.
 - Medi-Cal
- Expect competition
- One-time spend opportunities



Center for Family Strengthening: Parent Connection's Family Education, Training, & Supports Program



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SurveyMonkey

- PEI Subcomponent Poll
- Center for Family Strengthening
 - Show of support
 - Comments



NEXT MEETING

- Wednesday, August 30th
- 3:00-4:00pm



THANK YOU!

PLEASE CONTACT ME WITH ANY QUESTIONS OR COMMENTS.

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