

**COUNTY OF SAN LUIS OBISPO  
HEALTH COMMISSION**

Minutes of Meeting - DRAFT

Monday, September 9, 2019 (County Board of Supervisors Chambers)

Members Present: Mary Jean Sage, Jean Raymond, Amy Kleinman, Robert Campbell, Catherine Shipp, Elisa Moylan, and Candace Winstead

Members Absent: Susan Warren, Jinah Byram, Ginger Cochran and Tamar Sekayan,

Staff: Penny Borenstein, M.D., Theresa Miranda and Michael Coughlin

Guests: Hannah Lowry, Zoe Murphy, and Maizie Ross from Paso Robles High and Inger Appanaitis, Program Manager, Tobacco Control Program

Agenda Item	Discussion	Action	Who/When
<b>1. Call to Order</b>	Mary Jean Sage (Chairperson) called the meeting to order at 6:00 p.m. <i>Quorum Established</i>	<i>Call to Order</i>	<i>Chair Sage</i>
<b>2. Public Comment:</b>	Chairperson Sage opened the floor to public comment without response.		
<b>3. Presentation:</b>  <b><i>2019 SkillsUSA Competition, National Silver Medalist in Career Pathways-Health Services</i></b>	<p>Chairperson Sage introduced the presenters, noting that SkillsUSA is a partnership of students, teachers and industry working together to ensure America has a skilled workforce.</p> <p>Hannah Lowry, Zoe Murphy, and Maizie Ross, National Silver Medalist for the 2019 SkillsUSA Competition, presented a Power Point outlining their journey though the 2019 SkillsUSA Competition and the development of the Brains Before Gains program. The presenters noted that the Brains Before Gains program raises awareness about head injuries with high school athletes. These presentations provide information on concussions, Second Impact Syndrome, and Chronic Traumatic Encephalopathy.</p> <p>The Paso Robles High School team (Hannah Lowry, Zoe Murphy, and Maizie Ross) and their Brains Before Gains program were first awarded gold medals in the SkillsUSA regional competition, they were later awarded gold medals in the SkillsUSA State-wide competition, culminating in their team being awarded silver medals in the SkillsUSA national competition.</p>		

	<p>The presenters requested the Health Commission’s assistance in making youth head safety a priority among the local athletic community.</p> <p>Chairperson Sage stated that the Health Commission will work with staff to endorse the program.</p> <p>For more information about the Brains for Gains program please visit <a href="http://www.brainsB4gains.com">www.brainsB4gains.com</a>.</p>		
<p><b>4. Presentation:</b></p> <p><b><i>“Policy Solutions to Address Youth Vaping: What’s Happening at the Federal, State and Local Levels”</i></b></p>	<p>Robert Campbell (Commissioner) introduced the presenter noting that, although the presentation was scheduled for this date earlier in the year, it turns out to be incredibly timely due to the recent reports of health issues related to vaping.</p> <p>Inger Appanaitis, Program Manager, Tobacco Control Program for the County of San Luis Obispo Public Health Department provided a PowerPoint presentation outlining how Federal, State and local authorities are working to combat youth vaping.</p> <p>The presenter stated that, in 2018, the Surgeon General declared a vaping ‘epidemic’ due to a 78% increase in vaping among high school students (20.8% in 2018 versus 11.7% in 2017). This increase has been directly linked to the availability of flavored e-cigarettes with 97% of youth e-cigarette users having used a flavored product in the past month.</p> <p>The presenter then provided a timetable of the government response to the youth vaping ‘epidemic’. In 2009 Congress passed the Family Smoking Prevention and Tobacco Control Act; in 2016 the United States Food and Drug Administration (FDA) asserted the agency’s authority to regulate e-cigarettes; and in 2019 the FDA finalized its guidance for premarket review of nicotine delivery devices. At the State level, AB-1639 (Tobacco Products) was introduced in 2016 and is currently active; AB-131 (Electronic Smoking Devices; Advertising) was introduced in 2018 and is currently not active; and SB-38 (Flavored Tobacco Products) was introduced in 2018 and was withdrawn in 2019. The presenter noted that local authorities have had greater success with forty-one cities and counties in California having passed local flavor bans since 2010. Additionally, San Francisco has enacted a e-cigarette</p>		

	<p>ban and Beverly Hills has enacted a tobacco ban. There currently are no e-cigarette or flavor bans within San Luis Obispo County.</p> <p>Chairperson Sage stated that, on behalf of the Health Commission, she will begin contacting the local municipalities in San Luis Obispo County about this issue.</p>		
<p><b>5. Health Agency / Public Health Report</b></p>	<p>Penny Borenstein, MD, Health Officer/Director for the County of San Luis Obispo Public Health Department provided the Health Commission with the report (summary below).</p> <ul style="list-style-type: none"> <li>• Currently there are 450 cases of vaping associated pulmonary injury in the United States with 50 cases in California and 5 deaths associated (<i>N.G. – These numbers have since increased to &gt;1,000, &gt;100, and 22 respectively</i>).</li> <li>• The Public Health Department received approximately a 20% increase in funding from the Title X Grant (federal block grant for family planning). A portion of this additional funding was a bonus related to the high quality of the documentation and follow through on the Public Health Department’s Sexually Transmitted Disease (STD) cases.</li> <li>• There have been findings of per- and polyfluoroalkyl substances (PFAS) in some local water wells. There should be further information about this in the future.</li> <li>• On October 16, 2019, there will be a Healthcare Workforce Event entitled “Meeting the Demand for Health: San Luis Obispo Health Workforce Forum” This event is presented by HEAL SLO in collaboration with CenCal Health, Central Coast Medical Association, Center for Family Strengthening, Community Health Centers, County of SLO Public Health Department, Dignity Health, Movement for Life, and Transitions-Mental Health Association, in an effort to meet goals identified in SLO County's Community Health Improvement Plan.</li> <li>• Public Health Staffing Changes: Pamela Dudley, Public Health Nursing Director, will be retiring. The County is currently recruiting for the position. Elizabeth Merson has accepted the Health Promotion Division Manager position.</li> </ul>		
<p><b>6. Health Commissioner Updates</b></p>	<p><b>Commissioner Kleinman:</b> Noted that she attended the HEAL SLO Healthy Communities Meeting on September 5, 2019. Items discussed included the</p>		

	<p>October 16, 2019 Healthcare Workforce Event and Health in Transportation Corridor Planning.</p> <p><b>Commissioner Campbell:</b> Stated that he has been working on Oceano Dunes Pollution Abatement. On August 1, 2019 the State Parks Department presented the first draft of the 2019 Annual Report and Work Plan for preliminary evaluation by the Air Pollution Control Officer and the Scientific Advisory Group. Based upon this evaluation, on September 13, 2019, the State Parks Department will present a revised report and work plan. On October 1, 2019 there will be a workshop to allow for public comment (<i>N.B. – This workshop has since been postponed</i>).</p> <p><b>Commissioner Shipp:</b> Noted that she attended the Suicide Prevention Council meeting in August. Items discussed included that September is National Suicide Awareness Month, A free awareness event will be held at the Park Theater in Paso Robles on October 2, 2019. Also, there will be a “Walk to Prevent Suicide” event held on October 12, 2019. Additionally, the Suicide Prevention Council is distributing an informational brochure county-wide.</p> <p><b>Commissioner Sage:</b> Stated that on September 28, 2019 there will be a human trafficking event at the MindBody Plaza in San Luis Obispo.</p> <p><b>Commissioner Winstead:</b> Noted that she attended the International Overdose Awareness Event on August 29, 2019.</p>		
<p><b>7. Committee Reports</b></p>	<p><b>a. Budget</b> – No Report Given</p> <p><b>b. Legislative</b> – Amy Kleinman, Legislative Committee Chairperson, noted that in March 2019, the FDA introduced new flavored e-cigarette restrictions and opened up a 30-day comment period that ended in July 2019. Additionally, at the State level, there is a Senate Health Committee Bill that would impose less favorable benefit on limitations for mental health and or substance abuse disorders.</p> <p><b>c. Community Education</b> – Candace Winstead, Community Education Committee Chairperson noted that the committee is looking at possible ways of increasing the visibility of the Health Commission through increase marketing of meeting topics.</p>		

	<b>d. Nominating</b> – No Report Given		
<b>8. Action Item</b>	Approval of meeting minutes from August 12, 2019  The Health Commission approves the August 12, 2019 meeting minutes. Motion: Elisa Moylan 2nd: Catherine Shipp Result: Approved – Unanimous	<i>August 12, 2019 Minutes Approved</i>	<i>Unanimous</i>
<b>9. Prospective Future Items</b>	Chairperson Sage announced a topic schedule change to the October and November Health Commission meetings. The topic for the October Meeting will now be “Vaccinations for All Ages” and the topic for the November Meeting will now be “Affordable Housing”		
<b>10. Adjournment</b>	Meeting was adjourned at 7:27 p.m.	<i>Adjournment</i>	<i>Chair Sage</i>
<b>Next Meeting</b>	October 21, 2019, at 6:00 p.m. County Government Center, Board of Supervisors Chambers, 1055 Monterey Street, San Luis Obispo, CA		

I, Michael J. Coughlin, Clerk of the County of San Luis Obispo Health Commission, do hereby certify that the forgoing is a fair statement of the proceedings of the meeting held on Monday, September 9, 2019 by the County of San Luis Obispo Health Commission.

Michael J. Coughlin, Administrative Services Officer  
Dated: September 30, 2019