## Boards, Commissions and Community

Representatives/Volunteers
Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

#### **Elected Officials**

CA Senator John Laird, 17<sup>th</sup> District U.S. Congressman Salud Carbajal, 24<sup>th</sup> District

#### Non-Profit Agencies

Access Support Network Alzheimer's Association Area Agency on Aging CenCal Health Central Coast Hospice

Coast Caregiver Resource Center

Community Action Partnership of SLO (CAPSLO)

Community Health Centers (CHC)

Dignity Health-French Hospital Medical Center Gala Pride and Diversity Center Senior Advocacy

Hospice of SLO County

Independent Living Resource Center

Lifesteps Foundation

Los Osos Cares

LTC Ombudsman Services of SLO County

North County Connection

PathPoint

Peoples' Self Help Housing

Ride-On Transportation

San Luis Obispo Legal Assistance Foundation

Senior Nutrition Program

Senior Volunteer Services (RSVP/3CV/PLS)

SLO Hep C Project

SLO Hotline

San Luis Obispo Legal Assistance Foundation

SLO Village

Transitions-Mental Health Association

Tri-Counties Regional Center

**United Cerebral Palsy** 

United Way of SLO County

Wilshire Community Services

#### **Private Organizations**

Amdal In-Home Care
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

#### Public Agencies

San Luis Coastal Adult School San Luis Obispo Council of Governments

#### San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services District Attorney / Victim Witness Assistance Public Health Probation Department Sheriff Department Social Services/Adult Services

## ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Karen Jones

Immediate Past Chair: Laura DeLoye First Vice Chair: Paulina Flores Jimenez Second Vice Chair: April Lewallen karenjones@ombudsmanslo.org ladeloye@alz.org pfloresjimenez@co.slo.ca.us april.lewallen@pathpoint.org

### **AGENDA**

Friday, January 5<sup>th</sup>, 2024 9:00 a.m. - 11:00 a.m.

## **INTRODUCTIONS (15 Minutes or less)**

Name and position within respective organization.

**PUBLIC COMMENT / ANNOUNCEMENTS: (5 Minutes or less)** 

**MEMBER COMMENT/SPOTLIGHT: (15 Minutes or less)** 

- Michelle Zulim-Clarke SLO Public Health
   Topic: Fall Prevention
- GUEST SPEAKERS: (45 Minutes)
- Karen Jones LTC Ombudsman
  - o Topic: Legislative Process

## **CORRECTIONS / ADDITIONS TO THE SYNOPSIS**

**ACTION ITEMS: (10 Mins)** 

Approve Synopsis

### **COMMITTEE UPDATES AS NEEDED (10 minutes or less)**

- MPA Advisory Committee
- Healthy Brain Initiative

#### **MEETING LOCATION:**

Empleo Conference Room #1
3563 Empleo St, San Luis Obispo
Intersection of Empleo & Granada Streets

**NEXT MEETING:** 

February 2<sup>nd</sup>, 2024

## **MEETING MINUTES**

# COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside. Karen Jones Meeting Called By: Karen Jones Leader: Facilitator: Karen Jones Time: From: 9:00 AM To: 11:00 AM Danielle Raiss / Sam Graves January 5th, 2024 Recorder: Date: Location: 3563 Empleo St, San Luis Obispo, CA 93401 Conference Room #1 Members Present: Jean Raymond – SLO Health Counts / Dignity Paul Garth – VASH VA Clint Wierick - Office of Senator Laird April Lewallen – PathPoint Laura DeLoye – Alzheimer's Association Laura DeHaven – Wilshire Hospice Hannah Mills-Fragione – Tri-Counties Regional Center Lindsay Franklin – Tri-Counties Regional Center Karen Joens – LTW Kim Chartrand – Hospice SLO Tonya DeRose - THMA Juliane McAdam – Meals that Connect Jerry Mihaic - ILRC Paige Anderson - SLOCOG Danielle Raiss - DSS Robert Diaz – DSS Paulina Flores – PH Dept Francie Levin – PH Dept Bernie Rubio - SW PH Linda Beck – Local MPA Advisory Comm.

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Introductions	
Public Comment	LAURA DELOYE – REMINDER THAT HOSPICE OF SLO HAS A SUPPORT GROUP FOR ANTICIPATORY GRIEF AND DEMENTIA, ESPECIALLY SUITABLE FOR CAREGIVERS. NELL BENNET ALSO HAS A CAREGIVER RESOURCE CENTER CLASS WHICH OCCURS ONCE A MONTH. AT THE OAKS IN NIPOMO A SUPPORT GROUP WILL ALSO BE THERE ONCE A MONTH. ALZHEIMER'S ASSOCIATION WILL BE OFFERING A SERIES OF BRAIN HEALTH TALKS AT LOS OSOS LIBRARY FEBRUARY THROUGH APRIL. HEALTH FAIR HAPPENING AT MORRO BAY COMMUNITY CENTER IN JANUARY.  MARK SCHAFFER – RIDEON IS GETTING A NEW SCHEDULING SOFTWARE ON FEBRUARY 1ST AND START OFFERING MORE SAME-DAY RIDES. MARCH 1ST RIDEON WILL UNVEIL AN APP. RIDEON HAS BEEN HIRING
	A LOT OF DRIVERS LATELY, REMINDER THAT VANS ARE AVAILABLE FOR DAY USAGE. ALSO PROVIDING VEHICLE MAINTENANCE.
Member Spotlight	DAVID GOSS – SLO COUNTY EMERGENCY MEDICAL SERVICES AGENCY
	AGENCY HAS DIRECT SUPERVISION OVER ALL EMS FUNCTIONS IN SLO
	ONE OF THE THINGS THAT THE AGENCY HAS BEEN ABLE TO DO WITH DATA IS EXAMINE TRENDS IN ELDERLY FALLS AND POSSIBILITIES FOR IMPROVEMENTS
	Data examined for the range from January 1 <sup>ST</sup> 2019 to October 1 <sup>ST</sup> 2023 – Criteria for ground-level falls is for folks age 55 and over
	There was a total 11,880 falls in this data range
	OF THE FALLS RECORDED 10,474 REQUIRED TRANSPORT TO HOSPITAL
	SPIKES IN FALLS OCCUR IN AGES 75-84, OFTEN DUE TO INCREASING MOBILITY ISSUES, BLOOD THINNER MEDICATIONS, AND DENIAL
	EMS RESPONSE TO GROUND LEVEL FALLS WAS MORE REPORTED IN FIVE CITIES, SLO/AVILA, AND PASO ROBLES/TEMPLETON
	65% OF FALLS WERE RESPONDED TO AT PRIVATE RESIDENCE/APARTMENT, FOLLOWED BY 15% OF NURSING FACILITIES/ASSISTED LIVING
	EMS TRIAGES PATIENTS BASED ON STEP CRITERIA: TRAUMA ALERTS AND TRAUMA CONSULTATIONS
	<ul> <li>STEP 1 TRAUMA ALERT IS A PHYSIOLOGIC ACTIVATION — LOOKING AT VITAL SIGNS SUCH AS DISORIENTATION AND HYPOTENSION</li> </ul>
	O STEP 2 TRAUMA ALERT IS ANATOMIC – LOOKING FOR OBVIOUS PHYSICAL INJURIES
	O STEP 3 CONSULT IS MECHANISM OF INJURY – FALLS, AUTO COLLISIONS ETC
	<ul> <li>STEP 4 CONSULT IS SPECIAL PATIENT SYSTEM CONSIDERATION: EMS PROVIDER JUDGEMENT, AGE OVER 65, ANTICOAGULANTS, PREGNANCIES GREATER THAN 20 WEEKS OR BURNS WITH TRAUMATIC MECHANISM</li> </ul>
	OF THE 11,880 RECORDED INCIDENTS THERE WERE 275 INCIDENTS, 1,477 CONSULTS, 8,831 NOTIFICATIONS, AND 1,297 NON-TRANSPORTS
	EMS responses to Ground Level falls by Special circumstances: 86% of patients were non cognitive impaired, and 87% did not have substance abuse contributing factors
	Public Health has utilized this data as part of the data for the healthy brain initiative
Guest Speakers	ALL ABOUT CA SYSTEMS ADVOCACY & THE LEGISLATIVE PROCESS – KAREN JONES
	LEGISLATIVE ADVOCACY SUCCESSES:
	o AB 1629 AND AB40 – MANDATED REPORTING

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	SB 345 – UPDATING STATE OMBUDSMAN REQUIREMENTS
	OMBUDSMAN FUNDING INCREASES
	<ul> <li>AB 2511 – SNF EMERGENCY SERVICES REQUIREMENTS</li> </ul>
	<ul> <li>FEDERAL BINDING ARBITRATION REQUIREMENTS FOR SNFS</li> </ul>
	o Federal SNF rules
	o Federal Ombudsman Rules
	LOBBYING VS. SYSTEMIC ADVOCACY
	<ul> <li>ADVOCACY</li> </ul>
	<ul> <li>Telling a legislator how a policy affects constituents</li> </ul>
	<ul> <li>USING SOCIAL MEDIA TO GET THE WORD OUT ABOUT A CAUSE/ISSUE</li> </ul>
	<ul> <li>MEETING WITH A GOVERNMENT OFFICIAL TO EXPLAIN HOW A PARTICULAR PROBLEM/ISSUE IS AFFECTING A PARTICULAR GROUP OR ORGANIZATION, THE ENVIRONMENT, ETC.</li> </ul>
	o LOBBYING
	<ul> <li>ASKING A LEGISLATOR TO VOTE FOR OR AGAINST, OR TO AMEND OR INTRODUCE, PARTICULAR LEGISLATION</li> </ul>
	<ul> <li>EMAILING MEMBERS OF YOUR GROUP ASKING THEM TO CONTACT THEIR LEGISLATOR IN SUPPORT OF OR OPPOSITION TO LEGISLATION OR PENDING REGULATIONS</li> </ul>
	<ul> <li>GENERATING AN ONLINE PETITION ASKING MEMBERS OF YOUR ORGANIZATION (DIRECT LOBBYING) OR MEMBERS OF THE PUBLIC (GRASSROOTS LOBBYING) TO CONTACT THEIR LEGISLATOR(S) TO SUPPORT OR OPPOSE PARTICULAR LEGISLATION</li> </ul>
	IRS - LOBBYING AND NON-PROFIT STATUS
	<ul> <li>In general, no organization may qualify for section 501(c)(3) status if a substantial part of its activities is attempting to influence legislation (commonly known as lobbying). A 501(c)(3) organization may engage in some lobbying, but too much lobbying activity risks loss of tax-exempt status.</li> </ul>
	<ul> <li>LEGISLATION INCLUDES ACTION BY CONGRESS, ANY STATE LEGISLATURE, ANY LOCAL COUNCIL, OR SIMILAR GOVERNING BODY, WITH RESPECT TO ACTS, BILLS, RESOLUTIONS, OR SIMILAR ITEMS (SUCH AS LEGISLATIVE CONFIRMATION OF APPOINTIVE OFFICE), OR BY THE PUBLIC IN REFERENDUM, BALLOT INITIATIVE, CONSTITUTIONAL AMENDMENT, OR SIMILAR PROCEDURE. IT DOES NOT INCLUDE ACTIONS BY EXECUTIVE, JUDICIAL, OR ADMINISTRATIVE BODIES.</li> </ul>
	AN ORGANIZATION WILL BE REGARDED AS ATTEMPTING TO INFLUENCE LEGISLATION IF IT CONTACTS, OR URGES THE PUBLIC TO CONTACT, MEMBERS OR EMPLOYEES OF A LEGISLATIVE BODY FOR THE PURPOSE OF PROPOSING, SUPPORTING, OR OPPOSING LEGISLATION, OR IF THE ORGANIZATION ADVOCATES THE ADOPTION OR REJECTION OF LEGISLATION.
	ORGANIZATIONS MAY, HOWEVER, INVOLVE THEMSELVES IN ISSUES OF PUBLIC POLICY WITHOUT THE ACTIVITY BEING CONSIDERED AS LOBBYING. FOR EXAMPLE, ORGANIZATIONS MAY CONDUCT EDUCATIONAL MEETINGS, PREPARE AND DISTRIBUTE EDUCATIONAL MATERIALS, OR OTHERWISE CONSIDER PUBLIC POLICY ISSUES IN AN EDUCATIONAL MANNER WITHOUT JEOPARDIZING THEIR TAX-EXEMPT STATUS.
	Am I a Lobbyist in California?
	<ul> <li>STATE DEFINITION OF LOBBYING</li> </ul>
	<ul> <li>Section 82039 of California Government Code defines a lobbyist as:</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	(1) ANY INDIVIDUAL WHO RECEIVES TWO THOUSAND DOLLARS (\$2,000) OR MORE IN ECONOMIC CONSIDERATION IN A CALENDAR MONTH, OTHER THAN REIMBURSEMENT FOR REASONABLE TRAVEL EXPENSES, OR WHOSE PRINCIPAL DUTIES AS AN EMPLOYEE ARE, TO COMMUNICATE DIRECTLY OR THROUGH HIS OR HER AGENTS WITH ANY ELECTIVE STATE OFFICIAL, AGENCY OFFICIAL, OR LEGISLATIVE OFFICIAL FOR THE PURPOSE OF INFLUENCING LEGISLATIVE OR ADMINISTRATIVE ACTION.
	o (2) A PLACEMENT AGENT, AS DEFINED IN SECTION 82047.3.
	<ul> <li>(B) AN INDIVIDUAL IS NOT A LOBBYIST BY REASON OF ACTIVITIES DESCRIBED IN SECTION 86300.</li> </ul>
	O (C) FOR THE PURPOSES OF SUBDIVISION (A), A PROCEEDING BEFORE THE PUBLIC UTILITIES COMMISSION CONSTITUTES "ADMINISTRATIVE ACTION" IF IT MEETS ANY OF THE DEFINITIONS SET FORTH IN SUBDIVISION (B) OR (C) OF SECTION 82002. HOWEVER, A COMMUNICATION MADE FOR THE PURPOSE OF INFLUENCING THIS TYPE OF PUBLIC UTILITIES COMMISSION PROCEEDING IS NOT WITHIN SUBDIVISION (A) IF THE COMMUNICATION IS MADE AT A PUBLIC HEARING, PUBLIC WORKSHOP, OR OTHER PUBLIC FORUM THAT IS PART OF THE PROCEEDING, OR IF THE COMMUNICATION IS INCLUDED IN THE OFFICIAL RECORD OF THE PROCEEDING. [2]
	<ul> <li>ALL NONPROFITS HAVE A VITAL ROLE TO PLAY IN OUR DEMOCRACY. FOR 501(C)(3) PUBLIC CHARITIES, THAT ROLE INCLUDES LOBBYING. NONPROFITS HAVE EVERY RIGHT TO ADVOCATE ON BEHALF OF POLICIES THEY BELIEVE IN, BUT WHEN THIS ADVOCACY DEALS WITH SPECIFIC LEGISLATION, LIMITS COME INTO PLAY THAT YOU NEED TO KNOW ABOUT.</li> </ul>
	A CHARITABLE NONPROFIT ORGANIZATION CANNOT TELL PEOPLE – DIRECTLY OR INDIRECTLY – FOR WHOM THEY SHOULD OR SHOULD NOT VOTE.
	BEST PRACTICE FOR COUNTY EMPLOYEES:
	BE FAMILIAR WITH THE DOCUMENT, "POLITICAL ACTIVITIES OF COUNTY EMPLOYEES"
	TALK WITH SUPERVISORS
	Talk with County Employee Union (if applicable)
	EXCERPT FROM: "POLITICAL ACTIVITIES OF COUNTY EMPLOYEES"
	<ul> <li>COUNTY OFFICERS AND EMPLOYEES NOT CONNECTED WITH FEDERALLY FUNDED ACTIVITIES MAY:</li> </ul>
	<ul> <li>EXPRESS THEIR OPINIONS ON POLITICAL SUBJECTS AND CANDIDATES.</li> </ul>
	<ul> <li>BECOME A CANDIDATE FOR NOMINATION OR ELECTION IN ANY PARTISAN OR NON-PARTISAN CAMPAIGN - NATIONAL, STATE OR LOCAL.</li> </ul>
	<ul> <li>ENGAGE IN PARTISAN OR NON-PARTISAN POLITICAL ACTIVITIES AS AN INDIVIDUAL OR AS A MEMBER OF A GROUP.</li> </ul>
	<ul> <li>CONTRIBUTE TO POLITICAL CAMPAIGN FUNDS IF THE CONTRIBUTION IS NOT MADE TO OR THROUGH ANOTHER COUNTY OFFICER OR EMPLOYEE, EXCEPT AS DESCRIBED IN PARAGRAPH A.2. ABOVE.</li> </ul>
	<ul> <li>JOIN POLITICAL ORGANIZATIONS AND VOTE ON ANY QUESTIONS PRESENTED.</li> </ul>
	<ul> <li>ORGANIZE AND MANAGE POLITICAL CLUBS, SERVE AS OFFICER, DELEGATE OR ALTERNATE, OR AS A MEMBER OF ANY COMMITTEE.</li> </ul>
	<ul> <li>PARTICIPATE ACTIVELY IN POLITICAL CONVENTIONS.</li> </ul>
	<ul> <li>ATTEND POLITICAL MEETINGS, RALLIES, ETC., AND ORGANIZE, PREPARE AND CONDUCT SUCH GATHERINGS.</li> </ul>
	<ul> <li>INITIATE, SIGN OR CIRCULATE PARTISAN OR NON-PARTISAN NOMINATING PETITIONS, DISTRIBUTE CAMPAIGN LITERATURE, BADGES, ETC.</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul> <li>WEAR CAMPAIGN BADGES OR BUTTONS, DISPLAY BUMPER STICKERS, PICTURES OR POSTERS ON AN AUTOMOBILE OR IN WINDOW OF HOME.</li> </ul>
	<ul> <li>SPEAK PUBLICLY, OR WRITE LETTERS OR ARTICLES FOR OR AGAINST ANY POLITICAL CANDIDATES; ENDORSE OR OPPOSE SUCH CANDIDATE IN A POLITICAL ADVERTISEMENT.</li> </ul>
	<ul> <li>MANAGE THE CAMPAIGN OF A POLITICAL CANDIDATE.</li> </ul>
	To find a bill, Search Leginfo.Legislature.ca.gov
	SUBMITTING COMMENTS ON STATE LEGISLATION
	<ul> <li>TYPE AND SIGN YOUR LETTER – BE SURE TO INCLUDE YOUR POSITION</li> </ul>
	<ul> <li>SUPPORT OR SUPPORT WITH CHANGES</li> </ul>
	OPPOSE OR OPPOSE UNLESS AMENDED
	GO TO THE COMMITTEE WEBSITE
	CLICK "SUBMIT POSITION LETTER"
	REGISTER OR LOG IN
	UPLOAD YOUR LETTER
	<ul> <li>NOTE: BE SURE TO SUBMIT YOUR LETTER AT LEAST 4 DAYS BEFORE THE HEARING TO BE INCLUDED IN THE ANALYSIS.</li> </ul>
	YOU CAN ATTEND HEARINGS IN PERSON AND INCLUDE YOUR SUPPORT OR OPPOSE POSITION, HOWEVER YOU CANNOT PROVIDE YOUR SUPPORT OR OPPOSE POSITION VIRTUALLY
	<ul> <li>IF You Do Not Like the Outcome, There will be more hearings with different committees/houses, so. keep sending your letters.</li> </ul>
	<ul> <li>YOU CAN ALSO REACH OUT TO THE LEGISLATOR/AUTHOR AND TRY TO MAKE CHANGES.</li> </ul>
	<ul> <li>If the bill passes and goes to the Governor for signature, and you are opposed, you can contact the Governor's office to voice your concerns.</li> </ul>
	IF YOU LIKE THE OUTCOME, DO THE SAME AS ABOVE
	FEDERAL LEGISLATION IS SIMILAR TO CALIFORNIA LEGISLATION, BUT SLOWER. WEBSITE FOR FED LEGISLATION: CONGRESS.GOV, GOVTRACK.US, AND SENATE.GOV
	LEGISLATORS NEED TO KNOW HOW BILLS AND LAWS AFFECT YOU, YOUR CLIENTS, YOUR FAMILY, YOUR WORK, AND YOUR HOME.
Corrections/Additions to the Synopsis	SYNOPSIS ACCEPTED WITH NOTED CORRECTIONS. PAULINA FLORES JIMENEZ ABSTAINS.
Action Items	• N/A
Committee Updates as Needed	<ul> <li>LOCAL MPA ADVISORY COMMITTEE</li> <li>COMMITTEE WILL BE MEETING ON JANUARY 18<sup>TH</sup> TO DISCUSS DOCUMENT INFORMATION LIBRARY COMPILATION AND AVAIALABLE DATA RELATING TO OLDER ADULT ISSUES</li> <li>DELAYS ARE BEING EXPERIENCED WITH CONTRACTOR. COUNTY COA CHANGES AND STATE ISSUES CAUSING DELAYS AS WELL. HOPING FOR CONSULTANT STARTING FEBRUARY 1<sup>ST</sup> BUT MORE LIKELY TO BE MARCH/APRIL. APS WILL START PRELIMINARY OUTREACH REGARDLESS.</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	HEALTHY BRAIN INITIATIVE: NO UPDATES

The next meeting is: February 2<sup>nd</sup>, 2024 Time: 9:00 AM

Location: 3433 South Higuera St, San Luis Obispo, CA 93401 Conference Room #101