

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

WHAT CAN THE COMMISSION DO FOR YOU?

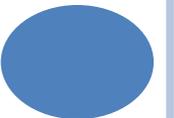
First introduced to Community 2014. Latest revision 2017.

SLO COUNTY COMMISSION ON AGING

- The Commission was established by the Board of Supervisors on May 15

1984

- **PURPOSE:** To assure quality, adequacy and coordination of available services for the senior population



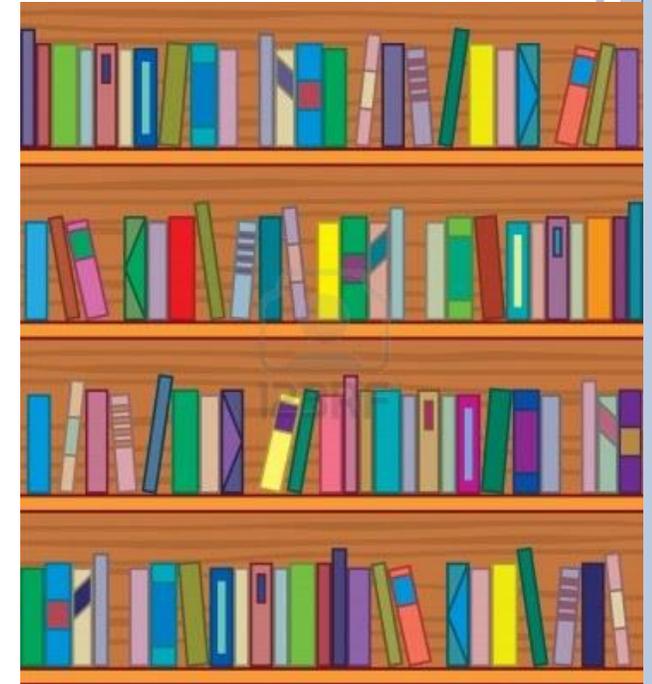
Remember the 80's.....?



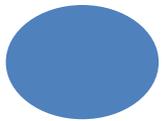
TECHNOLOGY



HAIR STYLES

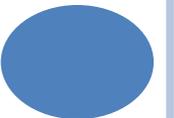


BOOKS !

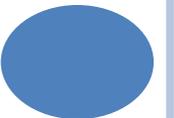


Do you remember what the problems of an aging population were in the 80's and 90's?

- ▶ *Affordable Housing and Home Repair*
 - ▶ *Transportation*
 - ▶ *Isolation and Depression*
 - ▶ *Nutrition*
 - ▶ *Affordable Caregiving*



These are the same concerns that
we have, today, in our County!



Time out for some facts!



San Luis Obispo County **SENIOR POPULATION in 2015**

per California Department of Aging

68,092	Seniors (60 +)
12,850	Living alone
4,915	Low income

19,777	75 +
2,700	(13%) Low income

REAL COST MEASURE

WHAT IT REALLY COSTS TO LIVE IN SLO COUNTY

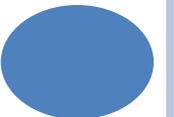
Single Elder

\$25,675

Elder Couple

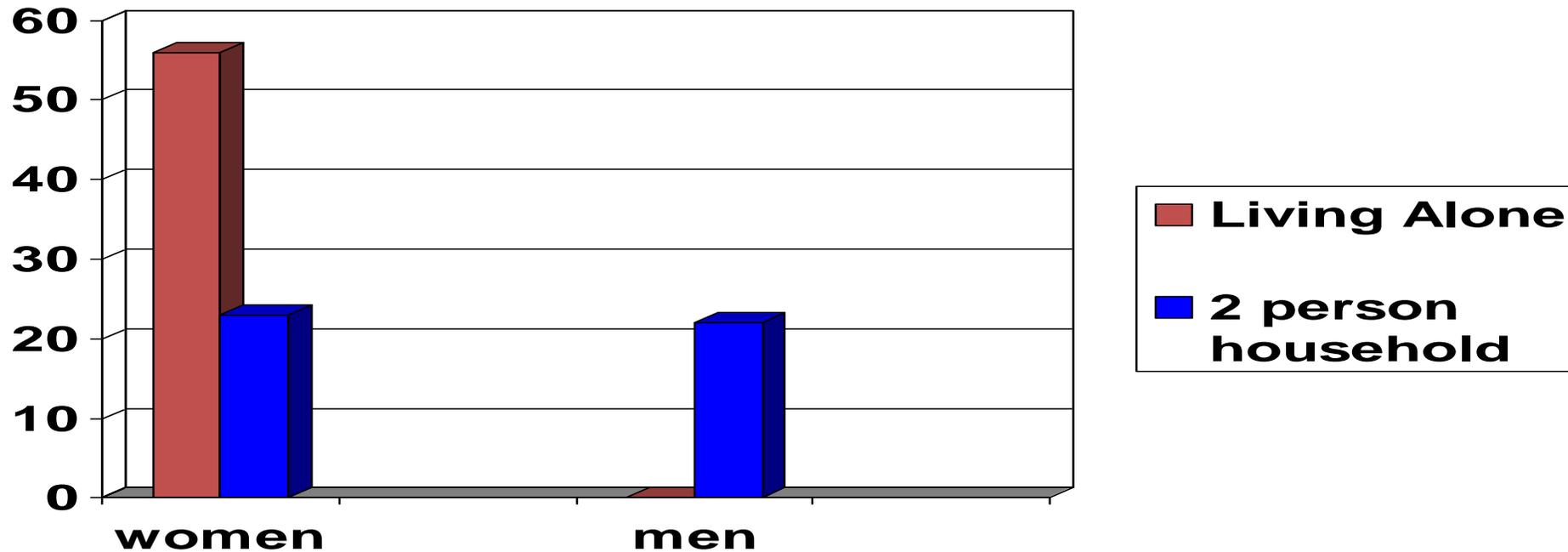
\$36,278

- *Definition:* The Real Cost Measure builds a bare-bones budget that reflects constrained yet reasonable choices for essential expenses: housing, food, transportation, health care, taxes and childcare.



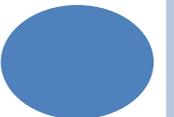
San Luis Obispo County

Percent of Adults Aged 65+ Who Are Economically Insecure



Based on income needed, *over one half of elder women* living alone in SLO County cannot make ends meet

U.S. Census Bureau, 2006 ACS Data

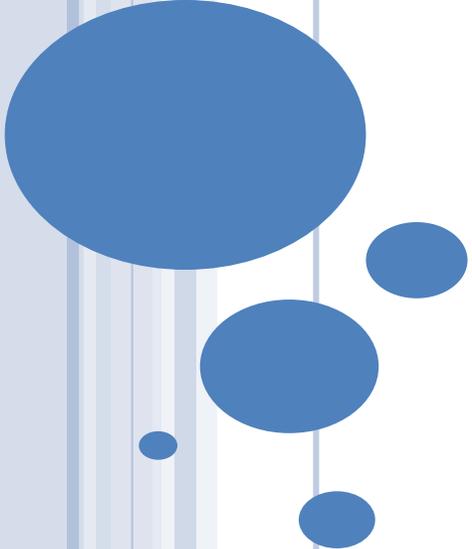


COSTS OF LONG TERM CARE 2015

data from Cal Pers Long-Term Care

TYPE OF CARE	CA AVERAGE	BAKERSFIELD	LOS ANGELES
NURSING Home Private Room	\$338/day	\$278	\$376
NURSING Home Semi-Private	\$263/day	\$235	\$263
ASSISTED Living Studio	\$3,879/mo	\$3,446	\$3,980
ASSISTED Living 1 bedrm	\$4,576/mo	\$3,790	\$4,721
ASSISTED Living 2 bedrm	\$4,433/mo	\$3,160	\$4,818
HOME HEALTH AIDE	\$25/hour	\$21	\$22





Here's how the Commission tries to fulfill its mission...

- ▶ **ADVOCACY**
- ▶ **PARTNERSHIPS**
- ▶ **EDUCATION**
- ▶ **DEDICATION**
- ▶ **PROVIDING A PLATFORM**

▶ ADVOCACY ◀

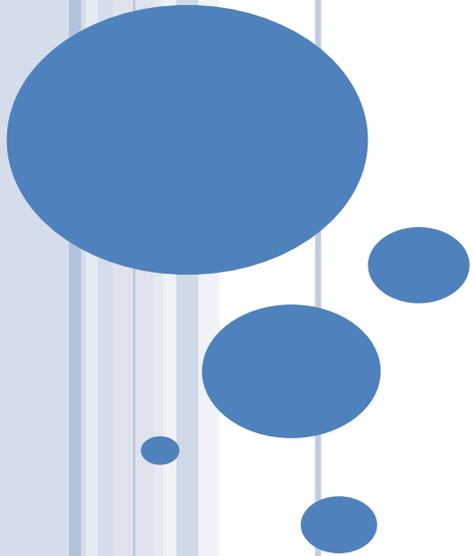


2017

- **COA recommends and advocates to the Board of Supervisors on behalf of the County's senior population.**



ADVOCATING FOR WHAT?



**WHEN YOU ARE NO
LONGER ABLE TO
MAINTAIN YOUR HOME
OR YOU NEED TO WIDEN
A DOORWAY FOR A
WHEELCHAIR....**

WHAT THEN?



WHEN DRIVING IS NO LONGER AN OPTION WHAT THEN?



Rides with the Grandchildren

COA represents Seniors



at Stakeholder meetings

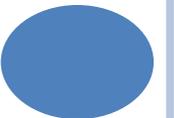


**at City & County Planning
meetings**

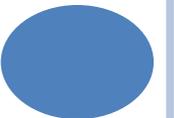


► DEDICATION ◀

**Our Commission members believe that
SAN LUIS OBISPO can be a senior friendly community.
A community that provides the opportunities that allow
our frail elders
to remain safely in their homes
with dignity, independence, and quality of life
for as long as possible.**

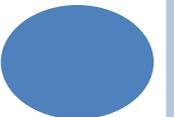


Thanks to the “DEDICATION” of our Commissioners
SLOCOA
PROVIDES A PLATFORM
for seniors to voice concerns county
wide



**With Monthly Meetings at
The Veteran's Lounge**

10am, Third Friday of the month (except Dec)



PUBLIC WELCOME



HEARING FRIENDLY



WHEELCHAIR ACCESS

and...WE ARE READY TO LISTEN

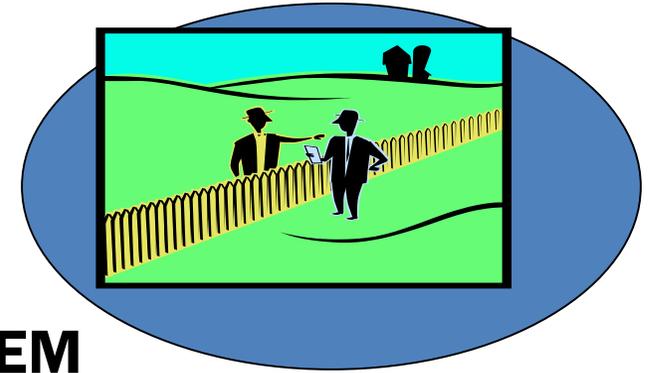


to your Senior concerns





**COMPLAINING TO NEIGHBORS
IS A GOOD START.....**

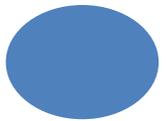


BUT THEN BRING THE PROBLEM

to the

**SAN LUIS OBISPO
COUNTY**

COMMISSION ON AGING ☺



**AND UTILIZE THE OPPORTUNITY TO REACH
THE PEOPLE
WHO MAKE THE DECISIONS...**

**THAT'S WHAT THE COMMISSION ON AGING
CAN DO FOR YOU !**

