



Free Virtual QPR Training

Tuesday, May 25, 2020

12:00 noon - 1:00pm

Please register by clicking

[HERE](#)

**For more information or questions, email
aahendry@co.slo.ca.us or call 805-781-1357**

What is QPR?

QPR stands for Question, Persuade, Refer,
3 simple steps anyone can learn to help save a life from suicide.

QPR teaches participants how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to appropriate help. Join the hundreds of SLO County community members who have already been trained to help our friends, colleagues, family members, and neighbors through a suicide crisis.



COUNTY OF SAN LUIS OBISPO
Health Agency
Behavioral Health Department

