

Behavioral Health Board Minutes
San Luis Obispo County
January 17, 2018
2:00p.m.
2180 Johnson Ave, 2nd Floor, Library Conference Room
San Luis Obispo, CA 93401

MEMBERS PRESENT:

Martin Bragg- Chair
Marshall Hamilton
Joyce Heddleson
Clint Weirick
Marcella Paric
Debbie Arnold
Jim Salio
Liz Smith
Eulalia Apolinar

MEMBERS ABSENT:

Molly Eisen-Kearns
Pam Crabaugh (for Eulalia Apolinar)
Craig Clark (for Ian Parkinson)
Elizabeth (Liz) Smith
Jennifer Caffee (for Debbie Arnold)
Robert Reyes (for Jim Salio)
Loretta Butterfield (for Liz Smith)
Karl Hansen
Theresa Scott
David Riester

GUESTS:

Ellen Sturtz
Jon Nibbio
Mary Bianchi

BEHAVIORAL HEALTH STAFF PRESENT:

Anne Robin
Sara Epps

1. Martin Bragg called meeting to order @ 2:00 pm.

2. Introductions and Announcements:

Round-table introductions

3. Citizen Comments:

1. LGBTQ Mental and Physical all day Training will occur on February 24, 2018 at the Copeland Health Education Pavilion, although currently is at full capacity, next training will occur in six months.
2. Trans 101/ACLU "Know your Rights" Training with a tentative date of March 13, 2018. Currently a tremendous interest.
3. January 21, 2018, Town Hall Presentation and Discussion ON YOUTH--the Developing Brain
* Understand Today's Marijuana * Empower Yourself, Your Children * Prevent/Treat Negative Outcomes at Laguna Middle School
4. MHSA/Funding OSHPD - LGBTQ/Disparity Project Northern California. Town Hall needed in SLO County.

4. Approval of Minutes: Minutes from November 15, 2017 with two changes.

5. Ongoing Business:

A. Review Planning Counsel Data Notebook.

- Pg. 15: Future Needs of Older Adults, penetration rates, small percent in SLO County as primary care is Medi-Care and less with Medi-Medi.
- Pg. 16: Alzheimer's/Organic Brain Syndrome: May have had psychological issues although treatment is not effective for older patients, treatment no longer effective. Residential issues also problematic.
- Pg. 19: Groups, Spanish is threshold language. Transportation also problematic
- Pg. 23 Available Senior/Detox
- Pg. 31 Crisis intervention could be improved

B. Study Session, Strategic Planning For The Next Two Years.

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- a) Function of Board: W&I Code 5604 – determine Board Functions, Orientation for new members, Referral Notebook need to be updated/revise, responsibilities of Board Members to clients/patient – PRA to possibly present at Board Meeting.
- b) Gaps/Analysis Data, QI Data, Invite two or three private sector mental health care providers to speak/provide insight (CAMFT).
- c) MHSA – review process in plan/on SLO County website
- d) Annual Report – Submission by September for BOS to take into consideration for the next FY. In addition to possible small presentation at the BOS w/key things such EQRO, QI data and promote BHB Volunteer Requests on quarterly basis.

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- a) PQI – see page 1a.
- b) State to County – by laws need updating
- c) State to County- by laws need updating
- d) Maddie book needs updating. Darci Hafley and Laura Zarate to follow up. Would like to speed up process for BHB Volunteer applications. Recruiting non-professional (Behavioral Health field) members.

3) Please email Anne Robin Final Drafts of Study Session

4) Add to next agenda: Ask membership committee suggestions for new volunteers.

6. Adjourn at 5:00pm