

**MHSA Advisory
Committee
(MAC)**
**Tuesday, June 26,
2018**
**Veterans Hall, San Luis
Obispo**
4:00pm – 5:30pm

SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



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Welcome, Introductions, and Goals for meeting

- Frank Warren, SLOBHD (Division Manager and County MHSA Coordinator)

1) CSS Work Plan Review & Updates

- 1) CSU/MHET Updates

2) PEI Work Plan Review & Updates

- Nestor Veloz-Passalacqua, SLOBHD (ASO II)

3) INN Work Plan Review & Updates

- New round: Planning for 19-20

4) Fiscal Update

- Briana Hansen, SLOBHD (Accountant III)

5) Old Business

6) New Business for 2018-19

7) Next Meetings: 8/28; 10/30; 12/18

8) Conclusion

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The MHSA provides San Luis Obispo County:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



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MHSA Advisory Committee

- ▶ MHSA Advisory Committee Introductions
- ▶ Staff Introductions



- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.
- We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.
- We will use consensus-based decision making.



Community Services and Supports (CSS)

1. Child & Youth Full Service Partnership(SLOBHD & FCN)
2. Transitional Age Youth FSP (SLOBHD & FCN)
3. Adult FSP (TMHA & SLOBHD)
4. Older Adult FSP (Wilshire CS & SLOBHD)
5. Client & Family Wellness (TMHA, CAPSLO & SLOBHD)
6. Latino Outreach Program (SLOBHD)
7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)
 1. CSU/MHET Presentation
8. Schools and Family Empowerment (SLOBHD & CAPSLO)
9. Forensic Mental Health Services (TMHA & SLOBHD)



Crisis Stabilization Unit (CSU)

- Unit opened on 4/1!



PREVENTION & EARLY INTERVENTION (PEI)

STAKEHOLDER MEETING

JUNE 26, 2018



PREVENTION & EARLY INTERVENTION (PEI)

WORK PLAN I

Prevention Program

- 1.1 Positive Development
- 1.2 Family Education, Training, and Support
- 1.3 Middle School Comprehensive Program
- 1.4 In-Home Parent Educator
- 1.5 Cuesta College Successful Launch



PREVENTION & EARLY INTERVENTION (PEI)

WORK PLAN II

Early Intervention Program

- 2.1 Community Based Therapeutic Services
- 2.2 Integrated Community Wellness
- 2.3 Young Adult Counseling

WORK PLAN III

Outreach for Increasing Recognition of Early Signs of Mental Illness

- 3.1 Perinatal Mood Anxiety Disorder (PMAD)



PREVENTION & EARLY INTERVENTION (PEI)

WORK PLAN IV

Access and Linkage to Treatment Program

- 4.1 Older Adults Mental Health Initiative

WORK PLAN V

Stigma and Discrimination Reduction Program

- 5.1 Social Marketing Strategy – Community Outreach & Engagement
- 5.2 College Wellness Program



PREVENTION & EARLY INTERVENTION (PEI)

WORK PLAN VI

Improve Timely Access to Services for Underserved Populations Program

- 6.1 Veterans Outreach Program

WORK PLAN VII

Suicide Prevention Program

- 7.1 Suicide Prevention Coordination/Coordinator



PREVENTION & EARLY INTERVENTION (PEI)

LGBTQ NEEDS ASSESSMENT – Contract FY17-18

- 1. Assess mental health, wellness, and related experiences in a sample of LGBTQ Identified people living the County.**
 1. Phase I: develop and provide a quantitative mental health and service utilization assessment.
 2. Phase II: proctor qualitative focus groups to be conducted with specific sub-populations (LGBTQ youth, adults/older adults, transgender and gender non-binary individuals, and participants with mental illness experience)
- 2. Results and report to be provided by the end of this calendar year**



1. COLEGA
2. Late Life Empowerment & Affirmation Project
3. Transition Assistance & Relapse Prevention
4. Not for Ourselves Alone: Trauma Informed County



INNOVATION

New Proposals:

- **3-by-3: Developmental Screening Partnership between Parents and Pediatric Practices**
 - Tests three methodologies to administer ASQ:SE for children 0-3 that includes a health educator, parent self-administration, and child-care provider to understand which produces better results in early diagnoses and intervention.
 - Outcomes: which methodology increases: parent/caregiver knowledge of SE development, decreases stigma related to mental health, appropriate behavioral health referrals.



INNOVATION

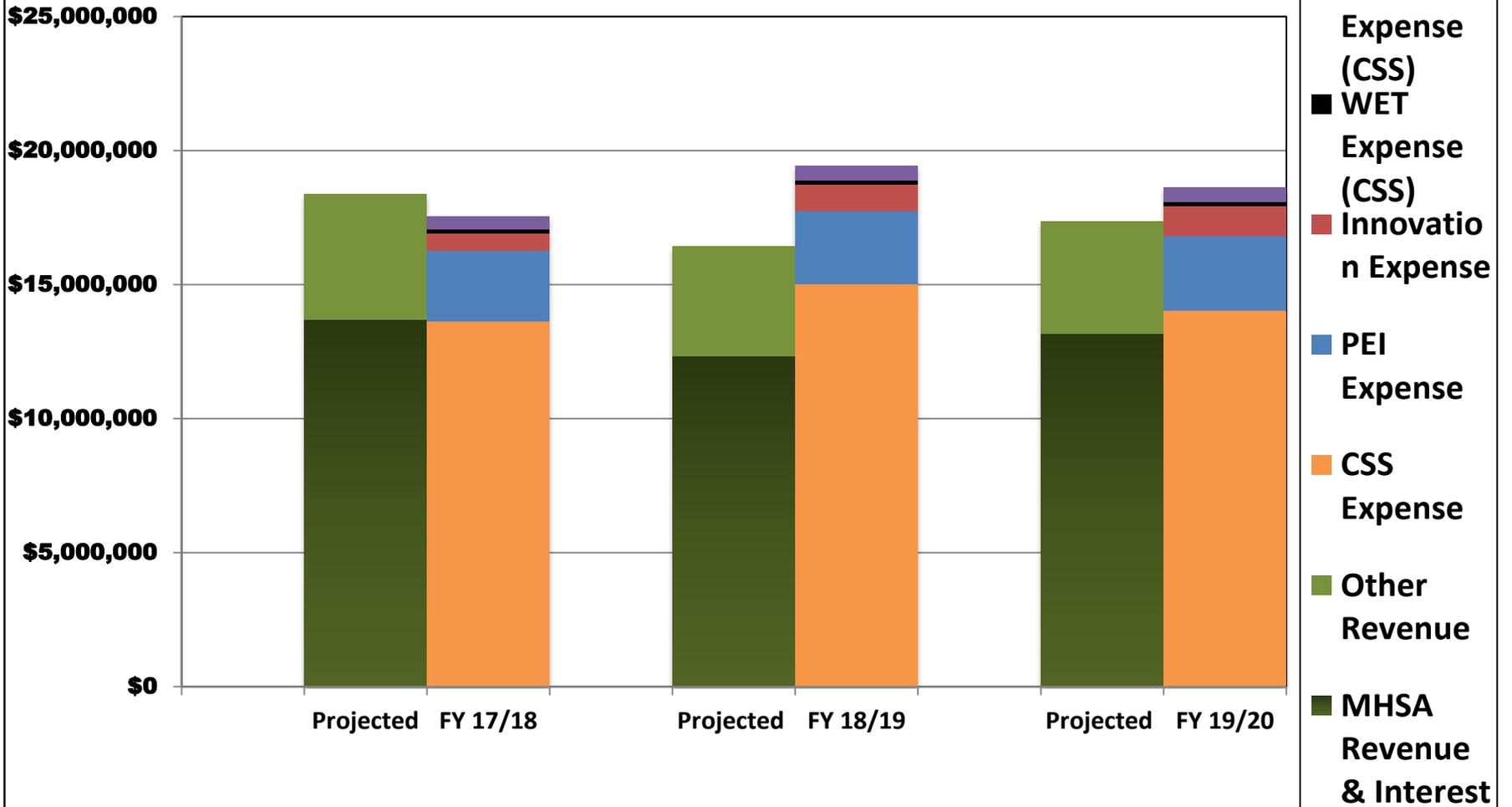
New Proposals:

- **SLOACCEPTance: Affirming Cultural Competence Education & Provider Training**
 - Tests a pilot/never before used in the MHS curriculum “Train the Gap” to mental health therapists/clinicians to address culturally and linguistically competent mental health services for the LGBTQ+ community.
 - Outcomes: the new curriculum is the best tool for training therapists to work with LGBTQ+ clients, and would creating a team of professionals under this curriculum be able to address LGBTQ+ therapy in our community?



MHSA Fiscal Update

MHSA Revenue and Expenses FY 17/18 – Projected FY 19/20



MHSA Fiscal Update

- FY 2018/19 MHSA Revenue projected to decrease by about 10% due to
 - No Place Like Home \$140M
 - Annual Adjustment for state \$272.5M

MHSA Estimated Component Funding
(Cash Basis-Millions of Dollars)

	Fiscal Year				
	Actual		Estimated		
	15/16	16/17	17/18	18/19	19/20
CSS	\$1,078.3	\$1,388.6	\$1,519.7	\$1,371.1	\$1,472.7
PEI	\$269.6	\$347.1	\$379.9	\$342.8	\$368.2
Innovation ^{a/}	\$70.9	\$91.4	\$100.0	\$90.2	\$96.9
Total	\$1,418.8	\$1,827.0	\$1,999.7	\$1,804.1	\$1,937.8

a/ 5% of the total funding must be utilized for innovative programs (W&I Code Section 5892(a)(6)).

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MHSA Fiscal Update

- FY 2018/19 Adopted Budget is \$17.6M (MHSA \$13.4M/Other Revenue \$4.2M)
 - CSS: \$13.2M
 - PEI: \$2.7M
 - INN: \$993K
 - WET: \$157K
 - CFTN (Electronic Health Record Support): \$537K
- Prudent Reserve Balances:
 - CSS: \$4,336,547
 - Amount proposed to transfer FY 17/18 approx. \$1.2M
 - Amount proposed to transfer FY 18/19 approx. \$1.3M
 - PEI: \$67,608
 - Proposed SB 192 Prudent Reserve guidance



MHSA Fiscal Update

- CSS Update:
 - Beginning in FY 18/19 projected possibility to add \$600K per year in services
 - Full Service Partnership Majority of CSS Funding (51%)
 - Update to Revenue & Expense Report (RER) calculation is total FSP funding divided by total CSS funding
 - FY 18/19 budgeted at 42%
 - Includes 20% Work Plan 5 Wellness & Recovery and Work Plan 6 Enhanced Crisis redirected \$715K
 - Add \$2.3M growth to FSP programs (not sustainable) or redirect CSS funding to FSP programs \$1.1M or a combination of both

MHSA Fiscal Update

- PEI Update:
 - No projected additional funding available at this time
- Innovation Update:
 - Round 3 projects to begin in FY 18/19
 - Round 4 projects to begin in FY 19/20:
 - Can add up to \$500K per year for the project
- Workforce, Education & Training Update:
 - FY 17/18 transfer CSS funds to WET
 - FY 18/19 AB114 funding

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MHSA Fiscal Update

- Reversion

- AB 114 addressed funds deemed to be reverted as of July 1, 2017
- DHCS letter for CSS, PEI, INN funds through FY 2014-15
 - Innovation reverted and reallocated = \$429K
 - WET reverted and reallocated = \$76K
- Spending Plan approved by Behavioral Health Board June 20, 2018
- Reallocated funds to be spent by June 30, 2020



MHSA Fiscal Update

- Fiscal Reporting Tool

Mental Health Services Oversight & Accountability Commission (MHSAOAC)

- Provides RER by County for past fiscal years

<http://mhsoac.ca.gov/fiscal-reporting>



Old Business

- Triage Grant Update
- Support for Community Action Team, update
- LGBTQ Needs Assessment, update
- FSP (incl. AOT FSP) contract changes
- FSP for Child/Youth RFP – Update
- County staffing

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New Business

- **FSP 51% Decisions**
- **Wish List Development**
 - **New proposal format**
- **Infrastructure/staffing review**



Upcoming Meetings

- ***MHSA Advisory (MAC)***
- ***Tuesday, August 28, 2018***
- ***4:00pm – 5:30pm***
- ***South County TBD***

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Thank You

Frank Warren

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Prevention & Outreach Division Manager

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