

**MHSA Advisory Committee (MAC)
Wednesday, March 31, 2021
Zoom Meeting
3:30pm – 5:00pm**

SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

- **Welcome, Introductions, and Goals for meeting**

- Frank Warren, SLOBHD

- **Department Updates**

- Anne Robin, SLOBHD
- Frank Warren, SLOBHD

- **CSS –Program Updates**

- Kristin Ventresca, SLOBHD

- **PEI/INN Coordinator**

- Timothy Siler, SLOBHD
- First 5 3x3 Presentation

- **WET Program Updates**

- Frank Warren, SLOBHD
- PAAT Presentation

- **Fiscal Update**

- Jalpa Shinglot, SLOBHD

- **Old Business**

- Trust Fund for Assessment Coordinators Co-Occurring-AB2265

- **New Business for 2020-21**

- Discontinue PMAD
- Diversity, Equity, Inclusion Coordinator (PR)

- **Updates**

- CHFFA Youth Grant
- VTC Grant
- 2% COLA Calculation
- Joni McCoy

- **Next Meetings:**

- May 26, 2021
- July 28, 2021

- **Conclusion**



MHSA Advisory Committee

- **MHSA Advisory
Committee
Introductions**



The MHSA provides San Luis Obispo County:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.
- We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.
- We will use consensus-based decision making.



Department Update



Community Services and Supports (CSS)

- 1. Child & Youth Full Service Partnership (FCN & SLOBHD)**
- 2. Transitional Age Youth FSP (FCN & SLOBHD)**
- 3. Adult FSP (TMHA & SLOBHD)**
- 4. Older Adult FSP (Wilshire CS & SLOBHD)**
- 5. Client & Family Wellness (TMHA, CAPSLO & SLOBHD)**
- 6. Latino Outreach Program (SLOBHD)**
- 7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)**
- 8. Schools and Family Empowerment (SLOBHD & CAPSLO)**
- 9. Forensic Mental Health Services (TMHA & SLOBHD)**



Prevention & Early Intervention (PEI)

WORK PLAN	PROGRAMS			
PREVENTION	Positive Development	Family Education, Training & Support	Middle School Comprehensive Program	In-Home Parent Educator
EARLY INTERVENTION	Community-Based Therapeutic Services		Integrated Community Wellness Navigators	
OUTREACH FOR INCREASING RECOGNITION OF EARLY SIGNS OF MENTAL ILLNESS	Perinatal Mood Anxiety Disorder			
ACCESS & LINKAGE TO TREATMENT	Older Adult Mental Health Initiative			
STIGMA & DISCRIMINATION REDUCTION	Social Marketing Strategy		College Wellness Program	
IMPROVE TIMELY ACCESS TO SERVICES TO UNDERSERVED POPULATIONS	Veterans Outreach Program			
SUICIDE PREVENTION	Suicide Prevention Coordination			



Innovation (INN)

UPDATE:

- **FY 21-25 Innovation Project Plan Draft 30-day public review until April 21st**

CURRENT:

- **FY 18-22**
 - **SLO ACCEPTance: Cal Poly**
 - **3-by-3: First 5**
- **FY 19-23**
 - **Holistic Adolescent Health : CAPSLO**
 - **B-HARP: Holifield Psychological Services**





3 BY 3 DEVELOPMENTAL SCREENING PARTNERSHIP COVID-19 PANDEMIC IMPACT ON SERVICES

March 2021

Sarah Montes Reinhart

3 BY 3 PROJECT GOALS:



To identify preferred developmental screening methods for pediatricians and parents/primary caregivers.



To increase parent/primary caregiver knowledge of developmental milestones and age-appropriate social emotional development.



To integrate mental health into early primary care conversations.



To increase appropriate referrals for developmental and behavioral health needs of children and families.

Health Educator

30-minute meeting prior to appointment

Parent/Guardian

Self administration of screening tool prior to appointment

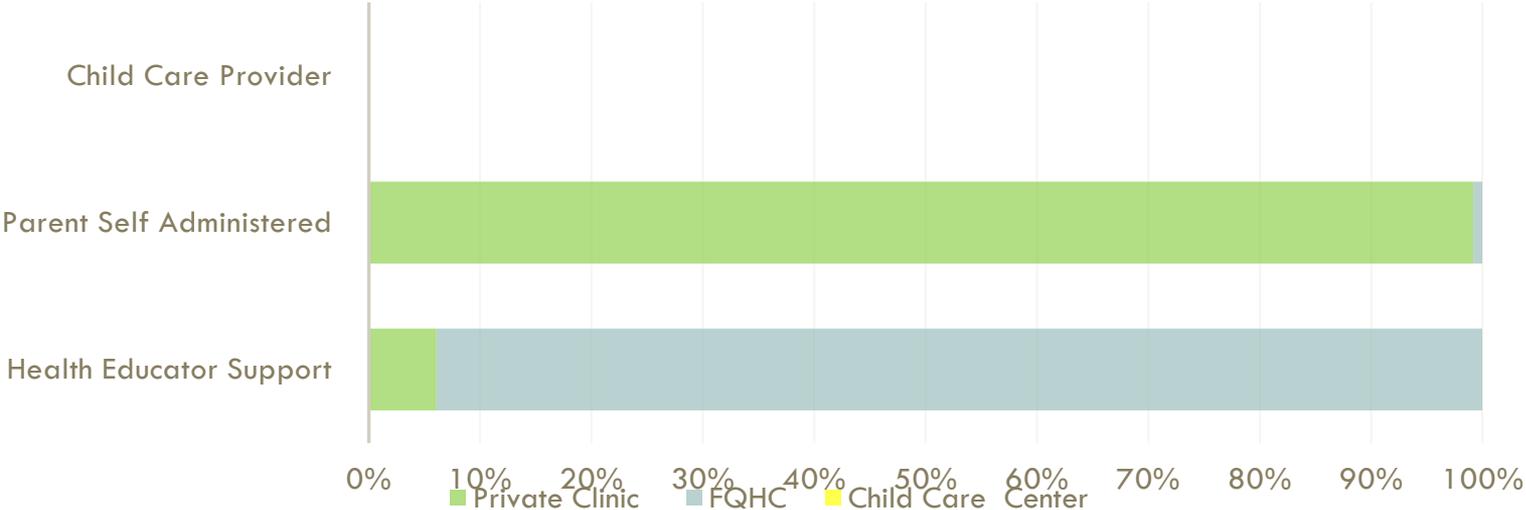
Childcare Provider

Childcare provider completes screening and sends results to pediatrician.

IMPLEMENTATION METHODS

PANDEMIC IMPACT ON PROGRAM IMPLEMENTATION

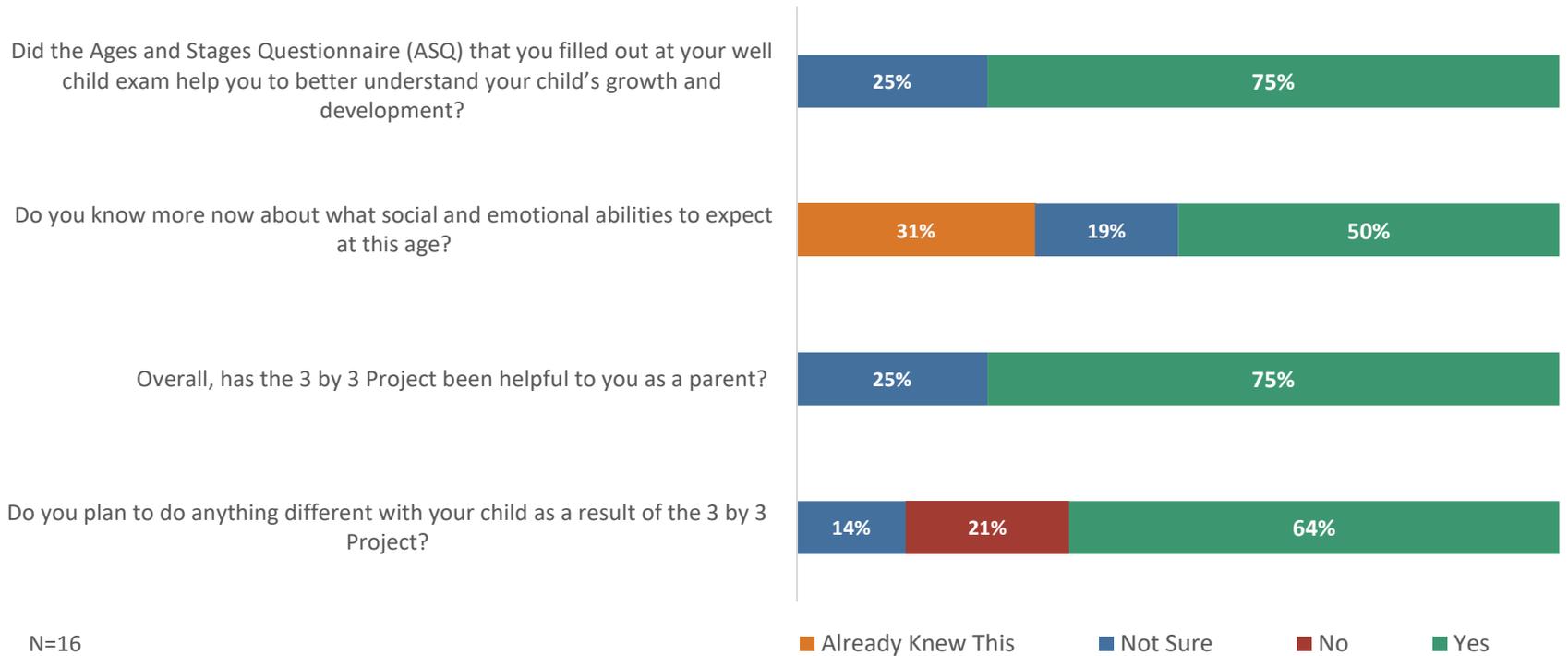
Implementation Methods



3 BY 3 PROGRAM OUTCOMES

Site Name	#Children	#Screenings	Children Identified for Referral
Bravo Pediatrics	479	753	74 (15%)
CHC (2 Clinics)	442	499	87 (20%)
Total	921	1,252	161 (18%)

The majority of parents thought the project helped them to better understand their child's growth and development



N=16

PARENTS SURVEY RESPONSES

I've never thought about fine motor skills before. It made me think more about his behavior.

It showed me areas my son could use more practice.

I never thought about problem solving as a skill to practice before.

It showed me that my child is on track with her milestones.



THANK YOU! |

WET Update

PAAT Presentation



Consumer Feedback on Behavioral Health Services in San Luis Obispo

Peer Advisory and Advocacy Team (PAAT)

in collaboration with

California Association of Mental Health Peer-Run Organization (CAMHPRO)

About Us



The Peer Advisory and Advocacy Team (PAAT) is comprised of passionate, inspired individuals that work to advocate those served by mental health system, educate our community about mental illness, and promote wellness and recovery.

- Central tenet of PAAT is *to amplify the voices of peers to better mental health services in our county.*



The LEAD Program is a statewide three-year project funded by the Mental Health Services Oversight and Accountability Commission (MHSOAC) for Client/Consumer Stakeholder Education, Advocacy, and Outreach activities.

- Goal: generate awareness of needs of consumers/clients & ensure they have an active role in developing and implementing local- and state-wide mental health policies and programs.



LEAD is a program of the California Association of Mental Health Peer-Run Organizations (CAMHPRO) and is funded through the Mental Health Services Oversight and Accountability Commission (MHSOAC).



Listening Sessions

Aim: actualize the efforts of PAAT and LEAD; bolster interagency collaboration

- work in concert with one another to **engage** consumers in identifying priorities for advocacy in our county

3 Listening Sessions

1. February 8, 2021 – Adults
2. February 22, 2021 – Youth
 - first in the state to target Transitional Aged Youth (TAY)
3. March 5, 2021 – Overflow
 - Older Adults, Adults, and TAY
 - Representatives and consumers focused on substance use

Intersectionality Framework

Intersectionality: *the overlap of various social identities (race, gender identity, class, sexuality, age, etc.) contributes to the type of systemic oppression and discrimination experienced as an individual or group.*

**the complex, cumulative way in which the effects of multiple forms of discrimination (racism, sexism, ageism, classism, etc.) intersect, especially in experiences of marginalized individuals or groups.*

All of these objectives/outcomes must be looked at through an *intersectionality lens*:

- How are populations & individuals who are marginalized in society, and in SLO County, facing *more* barriers in accessing & receiving services?
- What are the needs of Black, Indigenous, People of Color, LGBTQ+ community, Latinx population, folks experiencing homelessness, etc.?
- What are we doing as a county to address and attend to needs of marginalized individuals, families, populations?
- What aren't we doing?

Positive Feedback & Experiences

- **Vocational Services**
 - Supported Employment Program (SEP)
 - Growing Grounds
 - Healing and therapeutic environment
- **Stigma Eradication and Community Awareness**
 - Education
 - Opportunities for Involvement
- **Collaboration between Agencies**
 - Multidisciplinary system of services → ensures continuity of care and supports continuum of care for consumers and families
- **Peer Services**
 - Sense of community, support, especially in time of COVID
 - Assuage feelings of isolation, loneliness, helplessness associated with social distancing & COVID uncertainty
- **Telehealth Services**
 - Quick response and implementation of new services at onset of COVID-19 → demonstrated flexibility and willingness to maintain integrity of services for all
 - Cognizant of accessibility
- **Focus on Suicide Prevention**
 - Great work being done to raise awareness, provide support, offer services
 - Expanding program to have coordinator; further developed structure of team to honor singular focus
 - Events, initiatives, etc.

Priorities for Advocacy

- **Housing**
 - More access to housing: subsidized (with Section 8 vouchers/project-based vouchers), unsubsidized
 - Housing options for individuals that are accessible for non-county clients (i.e. does not have prerequisite of being involved in County services)
- **Substance Use and Abuse: Treatment, Services, Care**
 - Harm Reduction Initiatives → continued focus on co-occurring diagnoses & services
 - Detox, Treatment, Drying Out centers
 - Eliminate barriers to access recovery-based services for those that are currently struggling with substance abuse (voluntary vs. mandated admission)
 - Currently, services require sobriety in order to enter into and maintain services... redesign treatment model to save lives → actualize initiative to implement services through a trauma-informed lens

Priorities for Advocacy

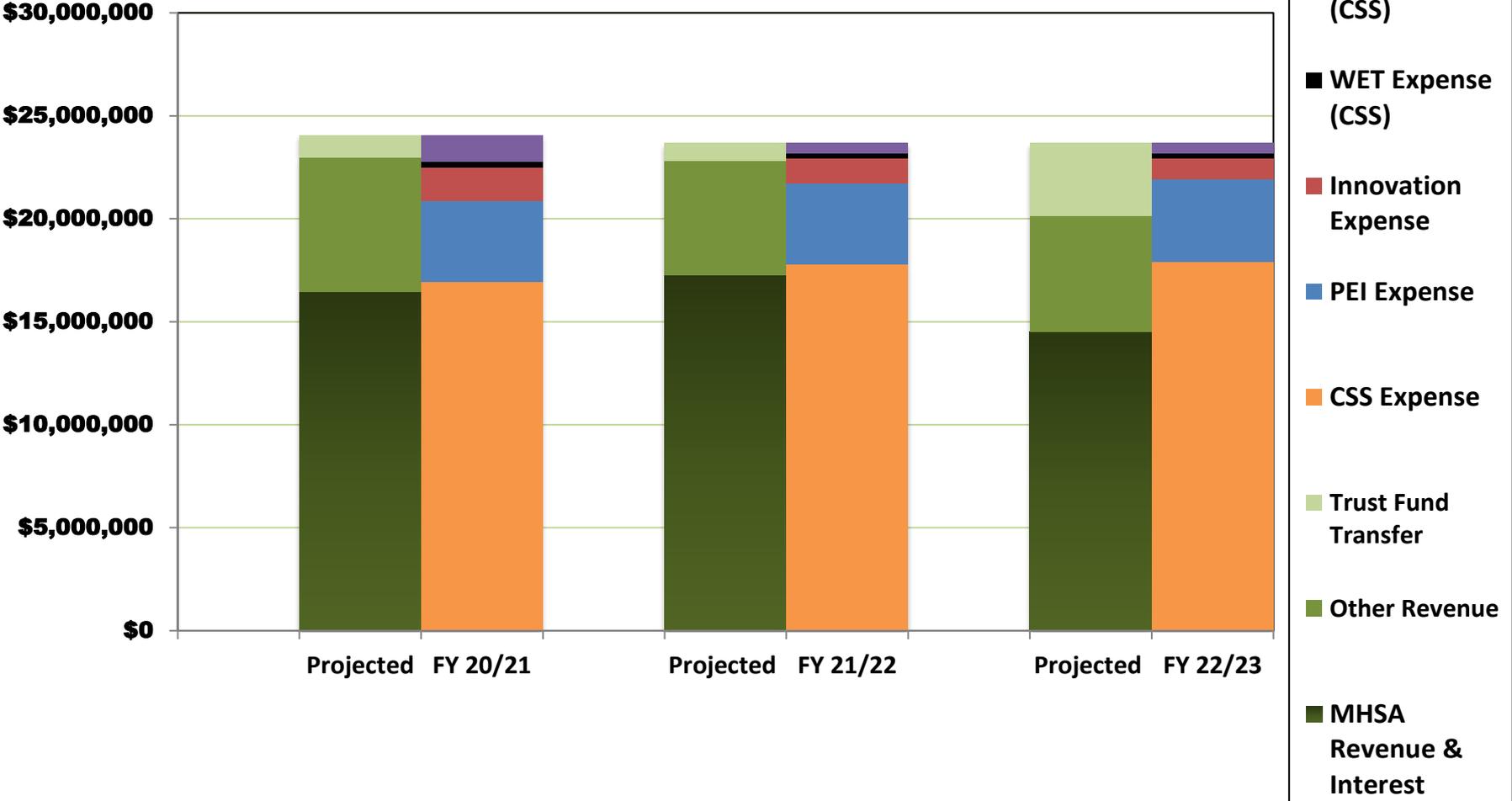
- **Adolescent and Transitional Aged Youth (TAY):** Expansion of services
 - Involvement, Engagement, & Outreach in schools re local resources → education
 - Mental health service availability for those relocating to SLO County (i.e. transitioning into college)
 - Intensive Services (inpatient units, higher-level care, Intensive Outpatient Programs)
 - Localized inpatient services for TAY
 - Lack of availability due to insurance barriers
- **Older Adult, and Family Services**
 - Difficult to navigate Services for co-occurring diagnoses (excluding substance use dx): Neurological issues, chronic illnesses, developmental, physical, medically-related disabilities + mental health concerns
 - Continued discussion re Templeton Mental Health Hospital
 - Support & services for individuals without insurance &/or do not qualify for County Behavioral Health

Continue the Conversation

- Summit (via Zoom)
 - Wednesday, April 28th | 1:00p – 5:00p
 - ***1:25pm**: *in-depth discussion and report-out of finalized outcomes*
 - ***Professional Panel to engage consumers and decision makers in advocacy priorities & efforts*
 - Thursday, April 29th | 1:00p – 5:00p
- PAAT Engagement + Furthering Interagency Collaboration
- Task Forces / Special Committees / Coalitions
 - SLO Public Safety
 - Teen Task Force

MHSA Fiscal Update

MHSA Revenue and Expenses Projected FY 20/21 – FY 22/23



MHSA Fiscal Update

- **Fund Balance 3/29/2021 (excluding PR) = \$20,921,255**
- **Prudent Reserve Fund Balance = \$2,774,412**
- **CSS Update:**
 - Full Service Partnership Majority of CSS Funding (51%)
 - FY 20/21 current budget approximately 45%
- **PEI Update:**
 - No additional funding is available at this time.



Old Business

- **Assessment Coordinators**
- **Trust Fund (\$509,536 total)**

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New Business

- **PEI Program Reductions**
- **Diversity, Equity, Inclusion Coordinator (PR)**

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Updates

- CHFFA Youth Grant
- Veteran Treatment Court Grant
- 2% COLA Calculation
- Joni McCoy

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Upcoming Meetings

- **May 26, 2021**
- **July 28, 2021**

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Thank you ALL.

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