## County of San Luis Obispo Behavioral Health Department Mental Health Services Act

Mental Health Advisory Committee (MAC) Stakeholder Group Meeting:

This document is proof of stakeholder involvement in decision making priorities and practices for the County of San Luis Obispo Mental Health Services Act programs.

The MAC Stakeholder Group asserts that they have fully understood and made a decision regarding the changes for the following program/service:

SLOBHD PEI Middle School Comprehensive Program									
Current Program/Service	New Changes/Updates to Program/Services								
PEI Middle School	Add 4.0 FTE Behavioral Health Specialist I or II for FY's 2024-25 & 2025-26.								
Comprehensive Program	Add 1.0 FTE Behavioral Health Clinician III for FY's 2024-25 & 2025-26.								
	Add 1.0 FTE Health Information Tech I for FY's 2024-25 & 2025-26.								
	Add 1.0 FTE Family Advocate for FY's 2024-25 & 2025-26.								
Current Total Amount:	New Total Amount:								
\$884,048.00	\$1,902,107.70								
	Increase of \$1,018,059.70 to sustain grant funded positions and CPI increase for FY 24-25								

## Justification:

- The Mental Health Student Services Act of 2019 (MHSSA) dispensed grant funding to hire personnel or peer support to
  enhance existing county partnerships with school-based programs and to expand access to mental health services for
  children and youth including campus-based mental health services.
- SLO County utilized MHSSA funding to expand services into 6 middle schools that MHSA had not funding until 2020.
   The 4-year MHSSA grant sunsets on June 30th, 2024.
- SLOBHD is seeking approval for MHSA funds to continue services in these 6 middle schools for FY's 2024-25 and 2025-2026.
- The Middle School Comprehensive Program uses an evidence-based, multi-tiered approach of universal, selective, and
  indicated prevention and early intervention. Students participating in the program receive services when early signs of
  risk appear such as changes in behavior, self-reports of emotional needs, poor attendance, academic failure, or
  disciplinary referrals.
- The Behavioral Health Specialists work with the school counselors to address the immediate and possibly long-term
  needs of the participating youth, which includes referrals to higher levels of care. They provide individual, group, and
  crisis counseling services to students during school hours and assist with a variety of concerns ranging from academic,
  personal, and social issues.
- The Behavioral Health Clinician provides assessments, treatment, and/or referral if most appropriate.
- The Family Advocates provide direct contact with families to assist in coordinating referral and intervention services to at-risk families by accessing system navigation and essential resources such as healthcare, clothing, and food.

## **Outcomes:**

- In 2022-2023, 421 students received services or engaged with youth development in the schools funded by MHSSA in SLO County.
- In 2022-23, 151 families received services from Family Advocates funded by MHSSA in SLO County.

On <u>Wednesday</u>, <u>January 31st</u>, <u>2024</u>: Add 4.0 FTE for Behavioral Health Specialists, 1.0 FTE BH Clinician III, 1.0 FTE Health Information Tech I, and 1.0 FTE Family Advocate to sustain services funded by MHSSA grant expiring on June 30<sup>th</sup>, 2024.

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[ ] SLOBHD Staff does not recommend approval by the MAC Stakeholder Group as specified a	ecified above.
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