



COUNTY OF SAN LUIS OBISPO
BEHAVIORAL HEALTH DEPARTMENT
(800) 838 - 1381
www.slobehavioralhealth.org

Telehealth and the San Luis Obispo Community

We understand the importance of maintaining comfort, safety and connection with every client, and the use of telehealth allows us to do just that. Our clinicians are flexible and are able to make accommodations on an individual basis such as talking over the phone or working towards setting up ongoing video sessions.

How Patients Can Engage Telehealth

Telehealth is a way to receive healthcare services digitally. Telehealth lets you videoconference with treatment providers through computers, tablets, or smartphones and virtually connect to County of SLO Behavioral Health providers or other health locations without leaving your home.

Is My Personal Information Safe?

All health care organizations already ensure your health information is safe and protected. The same thing goes for telehealth - there is no exception. If you are worried about your protected health information, ask your treatment provider how they are keeping your information safe.



COUNTY OF SAN LUIS OBISPO
BEHAVIORAL HEALTH DEPARTMENT
(800) 838 - 1381
www.slobehavioralhealth.org

What Equipment Do I Need?

San Luis Obispo County Behavioral Health is currently using Zoom for Healthcare.

We recommend having the following equipment to access your virtual appointment

- Smartphone, Tablet, or Computer with Webcam and Microphone
- A safe, quiet, and private space to conduct your session

Getting Started

- **Your treatment provider will be in contact with you over email with a web link so you may join your sessions virtually through a computer, tablet, or phone.**
- **Our Front Desk Staff will contact you and provide assistance in preparing your device prior to your meeting with your treatment provider.**
- **If you need any assistance preparing your device let us know - we are here to help.**
- **Your comfort is our priority. We look forward to serving you.**

