

**COUNTY OF SAN LUIS OBISPO
HEALTH COMMISSION**

Minutes of Meeting

Monday, June 11, 2018 (County Board of Supervisors Chambers)

Members Present: Mary Jean Sage (Chair), Jinah Byram, Jean Raymond, Susan Warren, Candace Winstead

Members Absent: Robert Campbell, Claire Grantham, Kris Kington-Barker, Tamar Sekayan

Staff Present: Dr. Penny Borenstein, Jean White

Speakers: Wendy Wendt, Executive Director, First 5 San Luis Obispo County

Agenda Item	Discussion	Action	Who/When
1. Call to Order	Meeting called to order at 6:00 PM by Chair Sage.	<i>Call to Order</i>	<i>Chair Sage</i>
2. Recognition of Commissioners Clous and Grantham	Chair Sage recognized and thanked Commissioners Clous and Grantham for their service on the Health Commission. Neither were available to attend tonight. A Certificate of Appreciation signed by the Board of Supervisors will be mailed.		
3. Approval of May 14, 2018 Minutes	A correction was made to the May 14, 2018 minutes to correct Commissioner Sage's update to read Tobacco Control Coalition in place of Oral Health Coalition. Minutes approved as corrected.	<i>May 14, 2018 minutes approved as corrected</i>	<i>Sage / All</i>
4. Public Comment	Chair Sage opened the floor to public comment with no response.		
5. Presentation: <i>First 5 at 20 Years: An Overview</i>	<p>Wendy Wendt, Executive Director, First 5 SLO, presented a Power Point overview "First 5 at 20 Years," sharing information about who they are as an organization and what they work on locally and across the State of California. The work of First 5 is to focus on the lives and needs of the youngest children in the community. First 5 was founded in 1998 as "Proposition 10" instituting a 50 cent per pack tobacco tax on all tobacco products, with that revenue being designated for First 5 programs. In 1999, each of the 58 counties in California formed a First 5 commission as an agency to make decisions based on local priorities on how to spend those funds to serve the needs of local children and their families.</p> <p>First 5 locally and across CA works to maximize their influence by focusing on priorities, granting out money into the community, and acting as connectors, catalyzers and advocates at the local and state level. First 5's strategic plan has four focus areas: Perinatal Readiness, Child Health & Development, Early Learning, and Family Strengthening. Ms. Wendt provided examples of the programs and work they do in each of their priority areas. They are currently in the planning stages of "Help Me Grow," a framework that brings agencies, families & providers together to ensure that children aged 0-5 are reaching their optimal development.</p> <p>A Hands on Hero is showcased each month in the SLO Journal. Hands on Heroes is a campaign that is married together with the Children Bill of Rights in SLO County. Each month a hero is recognized in the Journal who has embodied the spirit of one of the 12 rights for children. Information and an archive is available on the First 5 website: First5SLO.org.</p> <p>Ms. Wendt distributed a packet of information to commissioners that included brochures, flyers, & handouts on the programs supported by First 5.</p>	<i>A copy of the Power Point presentation is filed with the official record of the meeting.</i>	

	<p>Commissioner Winstead asked about federal funding. <i>(Ms. Wendt explained that they receive some MediCal administrative activities reimbursement funds through MAA billing, a federal program administered through the Public Health Dept, but is it very minimal. The vast majority of their funding is through the tobacco tax. With the tobacco tax declining each year, other counties in CA First 5's are becoming more actively involved in generating additional sources of revenue.)</i></p> <p>Commissioner Winstead asked how they determine who they are missing through their programs. <i>(Ms. Wendt explained the difficulties in knowing who you are missing. Priorities are set through their strategic plan and staff spend a lot of time out in the community. Commissioners have a broad reach. There is always a lot of discussion around what will be funded.)</i></p> <p>Commissioner Warren talked about the connection between the homeless and the need for child development at a young age. She also talked about the need and importance of educating those wanting to help the homeless for a higher understanding of the deficits of these adults. She would like to see the development of programs that can help. <i>(Ms. Wendt recently met with the CEO of the homeless shelter who told her there are dozens of children aged 0-5 who live in the shelter each year. First 5 helps support an early literacy program called "Raising Readers," a program for children and their families to develop a greater appreciation for books, and they discussed how this could be an addition to their family evening programming.)</i></p> <p>Commissioner Byram agreed about the need to help child development at a young age. She asked how the Health Commission could help. <i>(Ms. Wendt would like to come back to the commission more often and also suggested the commission have a representative attend the First 5 Commission meetings to stay abreast of the work they are doing.)</i></p> <p>Commissioner Raymond quoted Margaret Mead <i>"if we spend as much money on preschool as we do on college, our society would be in a much better place."</i> She also commented on the Mental Health connection as a place to look for funding. <i>(Ms. Wendt noted that they included in their proposal to receive MHSa innovation funding, the value of recurring developmental screening for young children 0-3 to try to catch any areas of behavioral health or mental health challenges early on and get families the help they need early on.)</i></p> <p>Commissioner Sage suggested that preschools are a place to start, noting there are not nearly enough preschools. She also talked about the tie between preschool and the family friendly workplace. <i>(Ms. Wendt referred to two talks, one given by Jessica Shortall, showcasing where the US falls when it comes to family leave; and the other by Dr. Nadine Burke Harris, pediatrician in the Bay area, with a talk on the topic of ACEs.)</i></p>		
<p>6. Health Agency/Public Health Report</p>	<p>Dr. Penny Borenstein, Health Officer/Public Health Director, reported:</p> <ul style="list-style-type: none"> • Help Me Grow: Public Health is working closely with First 5 (who is the lead) on Help Me Grow, a universal developmental screening and referral for our county's youngest children. • Cannabis: The focus of the County has been on implementing cannabis policy, regulations, public safety and land use. There is acknowledgement on the Board that there are health implications to the use of cannabis. Last week, the Health Agency had their first meeting internally to look the components of cannabis related to EH/HAZMAT, BH/Substance Use, Mental Health, Home Visiting program, WIC program, Tobacco Control program. 		

	<ul style="list-style-type: none"> • Budget Hearings: The Health Agency’s budget was approved today. Behavioral Health received some increased capacity for case management for mentally ill individuals and there was some dialogue around where Jail healthcare services are going. • Community Health Assessment: The assessment was completed and sent out for a two-week comment period. This is step one to be followed by the Community Health Improvement Plan, of which they have all of the pieces together. • Environmental Health: Kudos to Pismo Beach as a city who received one of the top 10 scores for the health of the bay in that community. Monitoring of water matters and Environmental Health can work with communities. Dr. Borenstein explained that NowCast, a scientific entity, has a mathematical model where they don’t actually test the water. They have chosen 3 communities in our county that they will report on. Dr. Borenstein wanted to get the word out on the difference between this mathematical model and the testing done by the County. • Health Agency Director: Michael Hill, the new Health Agency Director, began on May 21st. • New Mandatory Reporting: Beginning July 1, 2018, Parkinson’s disease will be a new mandatory reporting requirement. All providers must report new cases directly to the State. 		
<p>7. Health Commissioner Updates</p>	<p>Commissioner Raymond attended the monthly Adult Services Policy Council where Laura Jaimeson (Health Care Access/MISP) updated on medical indigent programs; there was also a presentation on the palliative care program (which she suggested the Health Commission consider as an agenda item). Commissioner Raymond advised that the Senior Information Guide has been updated and is available through the Area Agency on Aging.</p> <p>Commissioner Warren reported that there was a presentation by Laura Weir to the Board of Supervisors on recommendations for housing needs. The Board approved the #1 recommendation to increase the 50 Now Program to 60 Now, which will add an additional 10 opportunities for the most chronically, fragile of the homeless to be housed.</p> <p>Commissioner Sage reported that this Wednesday, the Board of Supervisors will review and decide on the recommendations for the Community Based Preventive Health Grant funding. The Preventive Health Grant committee recommended \$404,000 in Preventive Health Grant money (tied to the Tobacco tax) and approximately 1.5 million for Community Based Organizations.</p> <p>Commissioner Sage reported she attended the Oral Health Coalition last week where they reviewed the first draft of the strategic plan. There was also discussion about the grant the County received for a virtual dental home. CHC is working with the Coalition toward that. Separately, Tolosa received a call from one of the universities and is also working to put together a virtual dental home that will be at one of the schools in Shandon.</p> <p>Commissioner Sage reported that the Healthy Communities Workgroup is continuing to work on a housing forum for Thursday, October 10th “Health and Housing: Building the Connection.” The forum will include a panel and a keynote speaker and will be held at the Vets Hall in the afternoon. Commissioners will receive an invitation.</p>		
<p>8. Committee Reports</p>	<p>Legislative: Chair Sage reported that San Francisco voted to ban flavored tobacco products.</p>		

	<p>Nominating: <i>Motion made and seconded to reappoint Mary Jean Sage, Kris Kington-Barker, Jean Raymond, Susan Warren, and Candace Winstead for new terms expiring July 1, 2022. All in favor.</i></p> <p><i>Motion made and seconded to approve new slate of officers for FY 2018-19: Chair-Mary Jean Sage, Vice-Chair-Kris Kington-Barker, Secretary-Jean Raymond. All in favor.</i></p>	<p><i>Motion made to approve the reappointments of five commissioners.</i></p> <p><i>Motion made to approve FY 2018-19 slate of officers.</i></p>	<p><i>JR/JB/All</i></p> <p><i>MJS/JB/All</i></p>
9. Prospective Future Items	<p>July 9, 2018 – 6:00 PM Retreat/Planning Meeting, Public Health Department, 2191 Johnson Avenue, San Luis Obispo</p>		
10. Adjournment	<p>Meeting adjourned at 7:35 pm.</p>	<i>Adjournment</i>	<i>All</i>