



Medical Reserve Corps Newsletter

Friday, May 29th, 2020 | Issue #: 9

IN THIS ISSUE

Thank You

Important Reminder *NEW*

CPACS Updates

COVID-19 Testing Sites

Volunteer Spotlight

Staff Spotlight

MRC Response Stats

MRC Shout-Outs!

Training of the Week

FAQs

Joke of the Week

Contact Us



Thank You for Your Service

Cal Poly appreciates how our volunteers have stepped up in the community, and they lit up buildings around campus in honor of all front-line workers and the Medical Reserve Corps Volunteers.

****Important Reminder****

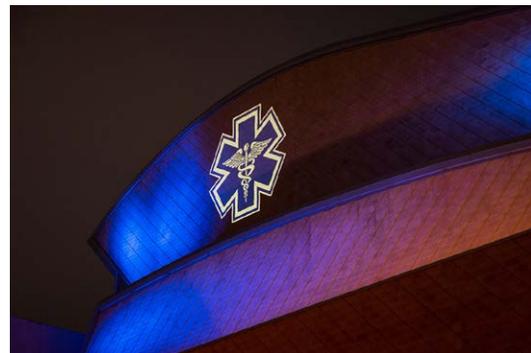
Please only use your CPACS badge while serving as a County volunteer.

All volunteers who serve have signed and must adhere, to the [Medical Reserve Corps Code of Conduct](#) which states:

"Identification and badges issued by the SLOMRC are designed for use during authorized SLOMRC functions. Display of these items during non-sanctioned or unauthorized activities could lead to the confiscation of these items by the County of San Luis Obispo Public Health Department."

Please take the time to read through the [MRC Manual](#) and ensure you are always in compliance.

While serving you represent the County and we expect a high level of professionalism from all our volunteers.



CPACS Updates

This week we held another training for our medical professionals and held a day of N95 Fit Test appointments. We look forward to utilizing many of our recently trained volunteers at local COVID-19 Test Sites.



COVID-19 Test Sites Continue

Above, Cindy C., an MRC Volunteer, swabs your very own MRC Coordinator Maya Craig-Lauer at the Honor Farm Swabbing Test Site.

The County of San Luis Obispo continued a partnership with US Health Fairs this week to swab at the Honor Farm in San Luis Obispo. This test site was primarily to test County employees.

Next week, the County is operating appointment-only COVID-19 Pop-Up Test Sites in Cambria and Los Osos for any community members who wish to be tested. Our MRC volunteers will be primarily staffing these as well.

If you yourself would like to get tested, please sign up for one of the open clinics next week at [EmergencySLO.org/testing](https://www.emergency.slo.org/testing)

Make COVID19 Test Appointment

Volunteer Spotlight: Matt Quinley



Matt, seen here in full PPE, is one of volunteer EMT's and served at the California Men's Colony Clinic on 5/22. He recently completed the EMT program at Cuesta College and said he got involved with the Medical Reserve Corps because he saw a need and wanted to help. In his free time, Matt is an avid surfer and is looking forward to another summer serving as an Ocean Lifeguard. He finds crime shows interesting and his current favorite TV show is *Breaking Bad*. Matt wants to tell all our volunteers to "just keep hanging in there" as we all navigate this new world.

Staff Spotlight: Kate Power



Kate has been an HR Analyst for the Health Agency for the past three years. She works on talent management, legal compliance, and best practices. Her hobbies include running, HIIT training, and cooking. Her favorite book is Brene Brown's *Dare to Lead* which is about being a courageous leader, embracing vulnerability, and "showing up with your whole heart." Since childhood, she wanted to be a dancer and loves the movie *Dirty Dancing*. A quote from Audrey Hepburn inspires her: "I believe in being strong when everything seems to be going wrong. I believe that happy girls are the prettiest girls. I believe that tomorrow is another day, and I believe in miracles"

Message to our volunteers:

"'Thank you' would not come even close to reflecting the overwhelming sense of pride and joy I have in knowing how all of you stepped up to aid the County's efforts to serve the community in this difficult and unknown time." - Kate Power

MRC Volunteer COVID-19 Response Stats:

**VOLUNTEERS DEPLOYED
THIS MONTH TO TEST
SITES**

101

**VOLUNTEER HOURS
SERVED THIS MONTH AT
TEST SITES**

420

**TOTAL VOLUNTEER HOURS SERVED IN
TRAINING & DEPLOYMENTS
DURING COVID-19**

2,305

MRC Shout-Outs!

Each week, we will shout-out a few of our volunteers who have served recently.

Volunteers Trained in Swabbing this Week

Timothy H. - Paramedic

Karen H. - RN

David M. - RN

Juliana K. - EMT

Cynthia C. - RN

Dr. Brian R. - MD

Dr. Susan R. - MD

Daniel D. - EMT

Neal H. - EMT
Kris G. - RN

2+ Shifts at COVID-19 Clinics

Peggy B. - RN
Kathy Lee H. - MA
Richard J. - Admin
Vanessa B. - RN
Esthela PM - Admin
Neda A. - Radiology

Thank you all! Please know these are only a few of the many volunteers who have served this week.

Training of the Week

IS-700.B: An Introduction to the National Incident Management System

Enter Keyword(s) or Course Code

Course Date
6/25/2018

Course Overview
This course provides an overview of the National Incident Management System (NIMS). The National Incident Management System defines the comprehensive approach guiding the whole community - all levels of government, nongovernmental organizations (NGO), and the private sector - to work together seamlessly to prevent, protect against, mitigate, respond to, and recover from the effects of incidents. The course provides learners with a basic understanding of NIMS concepts, principles, and components.

Course Objectives:
At the end of this course, students will be able to:

- Describe and identify the key concepts, principles, scope, and applicability underlying NIMS.
- Describe activities and methods for managing resources.

TAKE THIS COURSE
[Interactive Web Based Course](#)

CLASSROOM MATERIALS
The classroom version of IS-700.b is under revision and will be released as soon as possible.

TAKE FINAL EXAM
Please note that the IS Program now requires a FEMA SID to be used instead of your SSN. If you do not have a SID, [register for one](#).

Take Final Exam Online

IS-700: National Incident Management System

This training is normally a requirement for all MRC Volunteers. We waived this requirement due to COVID-19, but will soon be asking all our continuing volunteers to take this online course.

To take the course, please make a FEMA SID number, read

through the online course, and take the final exam. This course certificate must be emailed to slomrc@gmail.com upon completion.

[Make a FEMA SID Number HERE](#)

[Access FEMA IS-700 HERE](#)

Other Required Trainings

[IS-100 Training](#) [PODS SNS 100](#)

Frequently Asked Questions

Q: How can I contact you?

A: You can reach us at hr_alternate_care_site@co.slo.ca.us. If you'd rather call, you can reach volunteer coordination at (805) 781-4707.

Q: My Medical License is expired, do I need to renew it?

A: If you wish to serve in a medical capacity, YES. You must have an active license, which our team double-checks before deploying you. We will only send medical volunteer opportunities to you if your medical license is clear and current.

Q: What Medical Careers are approved to be Swabbers at the Test Sites?

A: Only these careers are approved to serve as Swabbers *if* currently licensed: MD, PA, NP, PHN, RN, EMT, Paramedic, Firefighter, & Pharmacist.

Q: Where can I sign up to be tested for COVID-19?

A: You can sign up to get tested for COVID-19 at EmergencySLO.org/testing. You must make an appointment for some clinics, and bring your Insurance and Identification with you.

Joke of the Week

"Why do cows have hooves instead of feet?"

Because they 'lac toes'

Contact Us

If you have a joke for the next newsletter, want to nominate someone for a volunteer spotlight, or have any questions or concerns, send us an email below or call us at (805)781-4707!



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