GROCERIES: SOUTH COUNTY

CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION
Arroyo Grande	Harvest Bag	Soto Park, 1275 Ash St	481-4652	8:00 – 9:00 am **Every Wednesday**	No advance order required.
Arroyo Grande	Salvation Army	1550 W. Branch	481-0278	10:00 am – 1:30 pm Monday - Thursday	emergency food; call 481-4652 re: requirements; ***(www.slofoodbank.org)***
Arroyo Grande	St. Patrick's Catholic Church	501 Fair Oaks	489-2680	4:00 – 5:00 pm Tuesday, Wednesday, Thursday	emergency food, call 481-4652 re: requirements; ***(www.slofoodbank.org)***
Arroyo Grande	5-Cities Christian Women	192 9th Street #B	473-3368	2:00 – 4:00 pm Mon-Fri Closed on public holidays	call 481-4652 re: requirements; ***(www.slofoodbank.org)***
Nipomo	Senior Nutrition Program of SLO	200 E. Dana Street	929-1066	9:00 – 10:00 am 2nd & 4th Thursday	Application on file/apply on site. Based on income & family size
Nipomo	Emergency Food Assistance Program	St. Joseph's Church 298 S. Thompson Ave	929-2154	9:00-10:00 am **2nd Tues ONLY**	Nipomo Area ONLY
Nipomo	Harvest Bag	Senior Center 200 E. Dana Street	929-1615	8:00 – 8:30 am **Every Wednesday**	No restrictions.
Nipomo	Nipomo Food Basket	197 West Tefft Street	929-1380	10:00 am – 1:00pm Monday-Tuesday & Thursday-Friday	Proof of Nipomo residence & Photo ID required. 6 boxes per year max. Vegetables & bread unlimited.
Oceano	Commodities Program USDA Food Distribution	Senior Center 1580 Railroad	481-4652	9:00 – 10:00 am 1st & 4th Thursday	Proof of residence
Oceano	Senior Brown Bag	Senior Center 1580 Railroad	481-4652	9:00 – 10:00 am 2nd Thursday	Proof of residence

MEALS: SOUTH COUNTY

CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION
Grover Beach	South County People's Kitchen	Shouts of Grace Church 675 W. Grand Avenue	489-0982	11:30-1:00 pm Mon-Sat 12:30-2:00 pm Sunday	No restrictions.
Nipomo	Senior Nutrition Program	Senior Citizen's Club 200 E. Dana	929-1066	12:00 Noon Monday – Friday	**Seniors only.** Hot meals served or delivered. Donation accepted
Nipomo	St. Joseph's Church	298 S. Thompson	929-2154	4:00-5:00 pm 2nd & 4th Thursday.	Nipomo ONLY
Oceano	Senior Nutrition Program	Central Coast Senior Center 1580 Railroad	481-4652	11:30 am Monday – Friday	**Seniors only**. Hot meals served or delivered. Donation accepted

If service is not listed, refer to telephone white pages, under correct listing of State, County or City offices & subject, or Yellow pages under "Social & Human Services".

GROCERIES: CENTRAL					
CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION
SLO	Brown Bag (Age 60 & older)	Senior Center 1445 Santa Rosa Learning Center 421 Dana	238-4664	9:00 am 2nd & 4th Tuesday 9:30 am 4th Tuesday	Application on file/apply on site. Based on income & family size
SLO	Commodities Program USDA Food Distribution	Mercy Church 710 Aerovista Pl. Mission View Health Ctr 1425 Woodside Dr Salvation Army 815 Islay Senior Center 1445 Santa Rosa Street	238-4664	5:00 – 6:00 pm 2nd Tuesday of month 3:00 – 5:00 pm 2nd & 4th Monday 9:00 – 10:00 am 1st Monday 8:30 – 9:15 am 2nd & 4th Tuesdays	All low-income families. Application on file/apply on site. Based on income & family size
SLO	God's Storehouse	Grace Church, 1350 Osos St.	543-2358	11:00-1:30 **Saturday ONLY**	Depending on availability: bread, vegetables, some diary. Short interview required. Donations accepted.
SLO	Grass Roots II	11545 Los Osos Valley Rd., Ste. A-1	544-2333	10:00 - 12:00 noon Tuesday-Thursday	Emergency food, clothing, counseling, housing & legal referrals.
SLO	Harvest Bag	Zion Lutheran Church 1010 Foothill	543-8327	**Wednesdays ONLY**	Must call by 4:00 pm to add name to list
SLO	Salvation Army	815 Islay St	544-2401	9:30 am– 1:00 pm Mon - Thursday	Food bag 1x per month. ID and SLO or Avila Beach residence required

MEALS: CENTRAL					
SLO	CAPSLO Maxine Lewis Memorial Shelter	750 Orcutt Way	781-3993	Daily (contact shelter for details)	No drugs/alcohol, good behavior required.
SLO	Prado Day Center	43 Prado Rd	786-0617	8:30 am-4:00 pm; pm meals	Bus token back to town available.
SLO	Senior Nutrition Program	Anderson Hotel 955 Monterey Ave	543-0469	11:30 – 12:00 Noon Monday-Friday	**Seniors only**. Hot meals served or delivered. Donation accepted

GROCERIES: COASTAL

CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION
Cambria	Anonymous Neighbors	Jocelyn Center	927-5673	7:00 - 8:30 am 1st Thursday of month	Call first. Cambria ID and interview required
Cambria	Salvation Army	Phone contact only	927-4044		Emergency food for transients in Cambria/San Simeon
Cambria	Commodities Program USDA Food Distribution	Santa Rosa Rel. Ed 1174 Mani St.	238-4664	7:00 – 7:15 am 1st Thursday of month	
Cambria	Vineyard Christian Fellowship	2425 Village Lane	927-5550	12:00 - 2:00 pm 2nd & 4th Thursday	Emergency Food
Cayucos	Commodities Program USDA Food Distribution	Community Church 60 3rd Street	238-4664	10:30 – 11:00 am 3rd Wednesday	Application on file/apply on site. Based on income & family size
Los Osos	King's Cupboard	1480 Santa Ysabel	238-4664	9:00 – 11:00 am Tuesdays	Bag of groceries $2 donation accepted
Los Osos	Los Osos Christian Fellowship Pantry	1335 7th St	528-2140	4:00-5:30 Fridays	Application on file/apply on site. Based on income & family size
Los Osos	Harvest Bag	South Bay Community Center 2160 Palisades Ave	238-4664	1st, 2nd & 4th Wednesday 9:45 – 10:15 am	Proof of residency
Los Osos	Ocean Pacific Church	1805 11th St	242-1672	1:00-2:30 Last Sunday of the month	One box of food per person / family per month
Morro Bay	Brown Bag	VFW 209 Surf Street	238-4664	10:00 1st Friday	**Seniors only:** Application on file/apply on site. **Morro Bay seniors only**. Based on income
Morro Bay	Commodities Program USDA Food Distribution	VFW 209 Surf Street	238-4664	9:00 - 11:00 am 3rd Friday	Los Osos and Morro Bay. Bring proof of residency. Application on file/apply on site. Based on income & family size

GROCERIES: COASTAL					
CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION
Morro Bay	Shoreline Calvary Church	1130 Napa Ave Bldg A	772-8525	9:00-4:00 Monday-Friday	Emergency Food
Morro Bay	Harvest Bag	VFW Hall, 209 Surf St	238-4664	9:45 – 10:15 am Mon, Tue, Thur & Sat	Proof of residence
Morro Bay	Salvation Army	540 Quintana (near Von's)	772-7062	10:00-1:30 pm Tuesday-Friday	Serving Morro Bay, Cayucos, Los Osos, & Baywood Park. Emergency 3-day food supply.
MEALS: COASTAL					
Cambria	Senior Nutrition Program	St. Paul's Episcopal Church 2700 Eton Rd	927-1268	12:00 Noon Monday-Friday	**Seniors only**. Hot meals served or delivered. Donation accepted
Los Osos	Senior Nutrition Program	South Bay Community Center 2180 Palisades Ave	528-6923	11:45 am Monday-Friday	**Seniors only**. Hot meals served or delivered. Donation accepted
Morro Bay	Senior Nutrition Program	Senior Citizens Center 1001 Kennedy Way	772-4422	11:45 am Monday-Friday	**Seniors only**. Hot meals served or delivered. Donation accepted

GROCERIES: NORTH COUNTY

CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION
Atascadero	Senior Brown Bag	Grange Hall 5035 Palma	238-4664	9:30 – 10:30 am 2nd & 4th Wednesday	Application on file/apply on site. Based on income & family size
Atascadero	Commodities Program USDA Food Distribution	Grange Hall 5035 Palma	238-4664	10:30 am to noon 1st Wednesday	Application on file/apply on site. Based on income & family size
Atascadero	Harvest Bag	Grange Hall 5035 Palma	489-4223		$3.00/bag, order & pay in advance, no restrictions
Atascadero	Loaves & Fishes	5411 El Camino Real	461-1504	1:00-3:00 pm Monday - Friday	Atascadero, Creston, Santa Margarita, & Templeton. ID & interview required.
California Valley	Commodities Program USDA Food Distribution & Senior Brown Bag	Community Center 13080 Soda Lake Rd	238-4664	11:00 - Noon 1st Friday of month	Application on file/apply on site. Based on income & family size
Paso Robles	Commodities Program USDA Food Distribution	Heritage Ranch 3945 Heritage Rd 2nd Baptist Church 1937 Riverside Loaves & Fishes 2650 Spring Street Grace Baptist Church 535 Creston Rd Oak Park Recreation 3050 Park St Villa Paseo Apartments 2818 Ramada Dr	238-4664	1:00 – 5:00 pm 1st Tuesday of month 8:30 – 10:30 am 1st Thursday of month 5:30 – 7:30 pm 3rd Thursday of month 9:00 – 10:00 am 2nd & 4th Thursdays 8:00 – 9:00 am 2nd & 4th Wednesdays 2:00 – 3:00 pm 3rd Tuesday of month	Application on file/apply on site. Based on income & family size
Paso Robles	Brown Bag (Age 60 & over)	Oak Park Rec. Center 3050 Park Street Grace Baptist Church 535 Creston Road	238-4664	9:00 am 2nd & 4th Wednesdays 9:00 am 2nd & 4th Thursdays	Application on file/apply on site. Based on income & family size
Paso Robles	Harvest Bag	No. Co. Revival Center 715 24th St (upstairs)	226-8181	6:00 pm **Wednesday ONLY**	$3.00/bag, order & pay in advance, no restrictions.

GROCERIES: NORTH COUNTY

CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION
Paso Robles	Loaves & Fishes	2650 Spring St	238-4742	2:00-4:00 Monday – Friday 5:30 pm 3rd Thursday	4 day supply. Questions after 3-4 visits.
Paso Robles	Crossroads North County	1332 Vendels Circle	462-2220	2:00 pm Every Friday	Food for Oak Park area residents
Paso Robles	WIC	723 Walnut Dr.	781-5570	By Appointment Only	Interview required. Food for women, infants & children
San Miguel	Senior Brown Bag	601 12th Street	238-4664	8:00 – 8:30 am 3rd Thursday of month	Application on file/apply on site. Based on income & family size
San Miguel	Commodities Program USDA Food Distribution	Community Center Building 256, 13th St Senior Center 601 12th Street	238-4664	11:30 am – 12:30 pm 2nd Thursday of month 8:00 – 8:30 am 1st Thursday of month	Application on file/apply on site. Based on income & family size
San Miguel	Lighthouse Community Church	13th & L Street	467-3329	9:00 am - 5:00 pm Daily	Call first. ID & Interview required. 1 or 2 times a month
San Miguel	San Miguel Old Mission	801 Mission (Parish office)	467-3256	CALL FIRST	Emergency food available on a limited basis.
Santa Margarita	Senior Brown Bag	Senior Center 2201 H Street	238-4664	9:31 - 10:30 am 3rd Wednesday of month	Application on file/apply on site. Based on income & family size
Santa Margarita	Commodities Program USDA Food Distribution	2201 H Street	238-4664	9:30 – 10:30 am 1st Wednesday of month	Application on file/apply on site. Based on income & family size
Shandon	Senior Brown Bag	United Methodist Church 105 S. 2nd St	238-4664	8:30 – 9:30 am 3rd Friday of month	Application on file/apply on site. Based on income & family size
Shandon	Commodities Program USDA Food Distribution	United Methodist Church 105 S. 2nd St	238-4664	8:30 – 9:30 am 1st Wednesday of month	Application on file/apply on site. Based on income & family size
Templeton	Full Life Outreach	600 Vineyard Dr	434-5650	By Appointment Only	No restrictions

MEALS: NORTH COUNTY					
Atascadero	ECHO: 1st Baptist Church	6370 Atascadero Ave	462-3663	4:30 - 6:30 pm	Hot meal. Some restrictions
Atascadero	Senior Nutrition Program	Atascadero Senior Citizens 5905 C. East Mall	466-2317	11:30 am Monday - Friday	**Seniors only**. Hot meals served or delivered. Donation accepted
Paso Robles	Christ's Kitchen 2nd Baptist Church	1937 Riverside Ave (Across from Pioneer Park)	238-2011	11:30-12:30 & 5:00-6:00 Monday - Friday	Lunch & Dinner
Paso Robles	Senior Nutrition Program	Senior Center 270 Scott St	238-4831	11:30 am Monday - Friday	**Seniors only**. Hot meals served or delivered. Donation accepted
Paso Robles	United Methodist Church	1344 Oak St	238-2006	12:00 – 1:00 pm Saturday	Hot meal. No restrictions
San Miguel	Casa San Miguel	1383 Mission St	467-2606	8:00 – 10:30 am Monday - Friday	Breakfast
San Miguel	Senior Nutrition Program	Senior Center 601 12th Street	467-3445	Noon Monday-Friday	**Seniors only**. Hot meals served or delivered. Donation accepted
Santa Margarita	Senior Nutrition Program	Senior Center 2201 H Street	438-5854	Noon Monday-Friday	**Seniors only**. Hot meals served or delivered. Donation accepted
Shandon	Senior Nutrition Program	Senior Center 101 W. Center	238-4664	12:00 Noon Monday-Friday	**Seniors only**. Hot meals served or delivered. Donation accepted

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