	GROCERIES: SOUTH COUNTY							
CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION			
Arroyo Grande	Harvest Bag	Soto Park, 1275 Ash St	481-4652	7:30 – 9:00 am Every Wednesday	No advance order required.			
Arroyo Grande	Salvation Army	1550 W. Branch	481-0278	10:00 am - 1:30 pm Mon - Wed Fri 12:00 - 3:00 pm	Emergency food; call 481-4652 re: requirements; (www.slofoodbank.org)			
Arroyo Grande	St. Patrick's Catholic Church	501 Fair Oaks	489-2680	4:00 – 5:00 pm Tuesday, Wednesday, Thursday	Emergency food, call 481-4652 re: requirements; (www.slofoodbank.org)			
Arroyo Grande	5-Cities Christian Women	192 9 th Street #B	473-3368	2:00 – 4:00 pm Mon-Fri Closed on public holidays	call 481-4652 re: requirements; (www.slofoodbank.org)			
Nipomo	Senior Nutrition Program of SLO	200 E. Dana Street	929-1066	9:00 – 10:00 am 2 nd & 4 th Thursday	Application on file/apply on site. Based on income & family size			
Nipomo	Emergency Food Assistance Program	St. Joseph's Church 298 S. Thompson Ave	929-2154	9:45 – 10:30 am 2nd Tues ONLY	Nipomo Area ONLY			
Nipomo	Harvest Bag	Senior Center 200 E. Dana Street	929-1615	8:00 – 8:30 am Every Wednesday	No restrictions.			
Nipomo		Nipomo Elementary School 190 E. Price St	431-0601	4:00 – 6:00 pm 4th Tuesday only	www.slofoodbank.org			
Nipomo	Nipomo Food Basket	197 West Tefft Street	929-1380	10:00 am – 1:00pm Monday-Tuesday & Thursday-Friday	Proof of Nipomo residence & Photo ID required. 6 boxes per year max. Vegetables & bread unlimited.			
Oceano	Commodities Program USDA Food Distribution	Senior Center 1580 Railroad	481-4652	9:00 – 10:00 am 1 st & 4 th Thursday	Proof of residence			
Oceano	Senior Brown Bag	Senior Center 1580 Railroad	481-4652	9:00 – 10:00 am 2 nd Thursday	Proof of residence			

MEALS: SOUTH COUNTY							
CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION		
Grover Beach	South County People's Kitchen	Shouts of Grace Church 675 W. Grand Avenue	489-0982	11:30-1:00 pm Mon-Sat 12:30-2:00 pm Sunday	No restrictions.		
Nipomo	Senior Nutrition Program	Senior Citizen's Club 200 E. Dana	929-1066	12:00 Noon Monday – Friday	Seniors only. Hot meals served or delivered. Donation accepted		
Nipomo	St. Joseph's Church	298 S. Thompson	929-2154	4:00-5:00 pm 2 nd & 4 th Thursday.	Nipomo ONLY		
Oceano	Senior Nutrition Program	Central Coast Senior Cntr 1580 Railroad	481-4652	11:30 am Monday – Friday	Seniors only. Hot meals served or delivered. Donation accepted		

	GROCERIES: CENTRAL						
CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION		
SLO	Brown Bag (Age 60 & older)	Senior Center 1445 Santa Rosa Learning Center 421 Dana	238-4664	9:00 am 2 nd & 4 th Tuesday 9:30 am 4th Tuesday	Application on file/apply on site. Based on income & family size		
SLO	Commodities Program USDA Food Distribution	Mercy Church 710 Aerovista Pl. Mercy Dream Ctr 261 Cuesta Dr Mission View Health Ctr 1425 Woodside Dr Salvation Army 815 Islay Senior Center 1445 Santa Rosa Street	238-4664	5:00 – 6:30 pm 2 nd Tuesday of month 11:30 to noon 1 st & 3 rd Saturday 2:30 – 4:30 pm 2 nd & 4 th Monday 9:00 – 10:00 am 1st Tuesday 8:30 – 10:00 am 3 rd Tuesday	All low-income families. Application on file/apply on site. Based on income & family size		
SLO	God's Storehouse	Grace Church, 1350 Osos St.	543-2358	11:00-1:30 Saturday ONLY	Depending on availability: bread, vegetables, some diary. Short interview required. Donations accepted.		
SLO	Grass Roots II	11545 Los Osos Valley Rd., Ste. A-1	544-2333	10:00 - 12:00 noon Tuesday-Thursday	Emergency food, clothing, counseling, housing & legal referrals.		
SLO	Harvest Bag	Zion Lutheran Church 1010 Foothill	543-8327	9:30 – 10:30 am Wednesdays ONLY	Must call by 4:00 pm to add name to list		
SLO	Salvation Army	815 Islay St	544-2401	9:30 am– 1:00 pm Mon - Thursday	Food bag 1x per month. ID and SLO or Avila Beach residence required		

MEALS: CENTRAL						
SLO	CAPSLO Maxine Lewis Memorial Shelter	750 Orcutt Way	781-3993	Daily (contact shelter for details)	No drugs/alcohol, good behavior required.	
SLO	Prado Day Center	43 Prado Rd	786-0617	8:30 am-4:00 pm; pm meals	Bus token back to town available.	
SLO	Senior Nutrition Program	Anderson Hotel 955 Monterey Ave	543-0469	11:30 - 12:00 Noon Monday-Friday	Seniors only . Hot meals served or delivered. Donation accepted	

	GROCERIES: COASTAL						
CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION		
Cambria	Anonymous Neighbors	Jocelyn Center	927-5673	7:00 - 8:30 am 1 st Thursday of month	Call first. Cambria ID and interview required		
Cambria	Commodities Program USDA Food Distribution	Santa Rosa Church 1174 Main St.	238-4664	6:00 – 7:30 am 1 st Thursday of month			
Cambria	Salvation Army	Phone contact only	927-4044		Emergency food for transients in Cambria/San Simeon		
Cambria	Vineyard Christian Fellowship	2425 Village Lane	927-5550	12:00 - 2:00 pm 2 nd & 4 th Thursday	Emergency Food		
Cayucos	Commodities Program USDA Food Distribution	Community Church 60 3 rd Street	238-4664	10:30 – 11:00 am 3 rd Wednesday	Application on file/apply on site. Based on income & family size		
Cayucos	Harvest Bag	Community Church 60 3 rd Street	238-4664	10:15 – 11:00 am 1 st ,2 nd & 4 th Wednesday	Proof of residency		
Los Osos	Commodities Program USDA Food Distribution	People Helping People 2160 Palisades Ave		10:00 – 11:00 am 3 rd Wednesday			
Los Osos	Harvest Bag	South Bay Community Center 2160 Palisades Ave	238-4664	10:00 – 11:00 am 1 st , 2 nd & 4 th Wednesday	Proof of residency		
Los Osos	King's Cupboard	1480 Santa Ysabel	238-4664	9:00 - 11:00 am Tuesdays	Bag of groceries \$2 donation accepted		
Los Osos	Los Osos Christian Fellowship Pantry	1335 7 th St	528-2140	4:00-5:30 Fridays	Application on file/apply on site. Based on income & family size		
Los Osos	Ocean Pacific Church	1805 11 th St	242-1672	1:00-2:30 Last Sunday of the month	One box of food per person / family per month		
Morro Bay	Brown Bag	VFW 209 Surf Street	238-4664	10:00 1 st Friday	Seniors only: Application on file/apply on site. Morro Bay seniors only. Based on income		
Morro Bay	Commodities Program USDA Food Distribution	VFW 209 Surf Street	238-4664	9:30 - 10:30 am 3 rd Friday	Los Osos and Morro Bay. Bring proof of residency. Application on file/apply on site. Based on income & family size		
Morro Bay	Harvest Bag	VFW Hall, 209 Surf St	238-4664	9:30 - 10:30 am Mon, Tue, & Thur	Proof of residence		

	GROCERIES: COASTAL						
CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION		
Morro Bay	Salvation Army	540 Quintana (near Von's)	772-7062	10:00-1:30 pm Tuesday-Friday	Serving Morro Bay, Cayucos, Los Osos, & Baywood Park. Emergency 3-day food supply.		
Morro Bay	Shoreline Calvary Church	1130 Napa Ave Bldg A	772-8525	9:00-4:00 Monday-Friday	Emergency Food		
		MEALS: C	OAST	AL			
Cambria	Senior Nutrition Program	St. Paul's Episcopal Church 2700 Eton Rd	927-1268	12:00 Noon Monday-Friday	Seniors only. Hot meals served or delivered. Donation accepted		
Los Osos	Senior Nutrition Program	South Bay Community Center 2180 Palisades Ave	528-6923	11:45 am Monday-Friday	Seniors only. Hot meals served or delivered. Donation accepted		
Morro Bay	Senior Nutrition Program	Senior Citizens Center 1001 Kennedy Way	772-4422	11:45 am Monday-Friday	Seniors only. Hot meals served or delivered. Donation accepted		

	GROCERIES: NORTH COUNTY							
CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION			
Atascadero	Commodities Program USDA Food Distribution	Grange Hall 5035 Palma	238-4664	10:30 am to noon 1 st & 4 th Wednesday	Application on file/apply on site. Based on income & family size			
Atascadero	Loaves & Fishes	5411 El Camino Real	461-1504	1:00-3:00 pm Monday - Friday	Atascadero, Creston, Santa Margarita, & Templeton. ID & interview required.			
Atascadero	Senior Brown Bag	Grange Hall 5035 Palma	238-4664	9:30 – 10:30 am 2 nd Wednesday	Application on file/apply on site. Based on income & family size			
California Valley	Commodities Program USDA Food Distribution & Senior Brown Bag	Community Center 13080 Soda Lake Rd	238-4664	11:00 - Noon 1 st Friday of month	Application on file/apply on site. Based on income & family size			
Creston	Commodities Program USDA Food Distribution	Community Church 6265 James St	238-4664	3:00 – 4:00 pm 4 th Thursday	Application on file/apply on site. Based on income & family size			
Paso Robles	Brown Bag (Age 60 & over)	Oak Park Rec. Center 3050 Park Street Grace Baptist Church 535 Creston Road	238-4664	9:00 am 2 nd & 4 th Wednesdays 9:00 am 2 nd & 4 th Thursdays	Application on file/apply on site. Based on income & family size			
Paso Robles	Commodities Program USDA Food Distribution	Heritage Ranch 2150 Heritage Loop Rd 2 nd Baptist Church 1937 Riverside Loaves & Fishes 2650 Spring Street Grace Baptist Church 535 Creston Rd Oak Park Recreation 3050 Park St Villa Paseo Apartments 2818 Ramada Dr	238-4664	3:00 – 4:00 pm 1st Tuesday of month 9:00 – 10:00 am 1st Thursday of month 5:30 – 7:00 pm 3rd Thursday of month 9:00 – 10:00 am 3rd Thursday of month 1:30 – 3:00 pm 4th Friday of month 2:00 – 4:00 pm 1st Tuesday of month	Application on file/apply on site. Based on income & family size			
Paso Robles	Crossroads North County	1332 Vendels Circle	462-2220	2:00 pm Every Friday	Food for Oak Park area residents			

	GROCERIES: NORTH COUNTY						
CITY	NAME	ADDRESS	PHONE	DAYS/TIMES	ADDITIONAL INFORMATION		
Paso Robles	Harvest Bag	No. Co. Revival Center 715 24th St (upstairs)	226-8181	6:00 pm Wednesday ONLY	\$3.00/bag, order & pay in advance, no restrictions.		
Paso Robles	Loaves & Fishes	2650 Spring St	238-4742	2:00-4:00 Monday – Friday 5:30 pm 3 rd Thursday	4 day supply. Questions after 3-4 visits.		
Paso Robles	WIC	723 Walnut Dr.	781-5570	By Appointment Only	Interview required. Food for women, infants & children		
San Miguel	Commodities Program USDA Food Distribution	Community Church 301, 13 th St	238-4664	11:00 am to noon 4 th Thursday of month	Application on file/apply on site. Based on income & family size		
San Miguel	Lighthouse Community Church	13 th & L Street	467-3329	9:00 am - 5:00 pm Daily	Call first. ID & Interview required. 1 or 2 times a month		
San Miguel	San Miguel Old Mission	801 Mission (Parish office)	467-3256	CALL FIRST	Emergency food available on a limited basis.		
San Miguel	Senior Brown Bag	601 12 th Street	238-4664	8:00 – 8:30 am 3 rd Thursday of month	Application on file/apply on site. Based on income & family size		
Santa Margarita	Commodities Program USDA Food Distribution	2201 H Street	238-4664	9:30 – 10:30 am 1 st Wednesday of month	Application on file/apply on site. Based on income & family size		
Santa Margarita	Senior Brown Bag	Senior Center 2201 H Street	238-4664	9:00 - 10:00 am 3 rd Thursday of month	Application on file/apply on site. Based on income & family size		
Shandon	Commodities Program USDA Food Distribution	United Methodist Church 105 S. 2 nd St	238-4664	9:00 – 10:00 am 1 st Thursday of month	Application on file/apply on site. Based on income & family size		
Shandon	Senior Brown Bag	United Methodist Church 105 S. 2 nd St	238-4664	8:30 – 9:30 am 3 rd Friday of month	Application on file/apply on site. Based on income & family size		
Templeton	Commodities Program USDA Food Distribution	Vintage Community Church 692 Peterson Ranch Rd	238-4664	3:00 – 6:00 pm 4 th Friday of month	Application on file/apply on site. Based on income & family size		
Templeton	Full Life Outreach	600 Vineyard Dr	434-5650	By Appointment Only	No restrictions		

		MEALS: NOR	TH CC	UNTY	
Atascadero	ECHO: 1 st Baptist Church	6370 Atascadero Ave	462-3663	4:30 - 6:30 pm	Hot meal. Some restrictions
Atascadero	Senior Nutrition Program	Atascadero Senior Citizens 5905 C. East Mall	466-2317	11:30 am Monday - Friday	Seniors only. Hot meals served or delivered. Donation accepted
Paso Robles	Christ's Kitchen 2 nd Baptist Church	1937 Riverside Ave (Across from Pioneer Park)	238-2011	11:30-12:30 & 5:00-6:00 Monday - Friday	Lunch & Dinner
Paso Robles	Senior Nutrition Program	Senior Center 270 Scott St	238-4831	11:30 am Monday - Friday	Seniors only . Hot meals served or delivered. Donation accepted
Paso Robles	United Methodist Church	1344 Oak St	238-2006	12:00 – 1:00 pm Saturday	Hot meal. No restrictions
San Miguel	Casa San Miguel	1383 Mission St	467-2606	8:00 – 10:30 am Monday - Friday	Breakfast
San Miguel	Senior Nutrition Program	Senior Center 601 12 th Street	467-3445	Noon Monday-Friday	Seniors only . Hot meals served or delivered. Donation accepted
Santa Margarita	Senior Nutrition Program	Senior Center 2201 H Street	438-5854	Noon Monday-Friday	Seniors only . Hot meals served or delivered. Donation accepted
Shandon	Senior Nutrition Program	Senior Center 101 W. Center	238-4664	12:00 Noon Monday-Friday	Seniors only. Hot meals served or delivered. Donation accepted