

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.

Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

## Members

### **Boards, Commissions and Community Groups**

Adult Abuse Prevention Council  
Commission on Aging  
County Board of Supervisors  
Drug and Alcohol Advisory Board  
Health Commission  
Mental Health Advisory Board  
SLO Supportive Housing Consortium

### **Non-Profit Agencies**

211 SLO Hotline  
AIDS Support Network & SLO Hep C Project  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Coast Caregiver Resource Center  
Community Action Partnership of SLO County  
Community Health Centers / Services of the Central Coast  
Hospice of San Luis Obispo County  
Independent Living Resource Center  
Linkages Care Management  
LTC Ombudsman Services of SLO County  
North County Connection  
Peoples' Self Help Housing  
Retired Senior Volunteer Program  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
Transitions/Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of San Luis Obispo County  
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling

### **Private Organizations**

Bates Care Management  
Client Care Consultants  
Family Home Care  
Morris & Garritano Insurance  
Sierra Vista Medical Center  
Trio

### **Public Agencies**

San Luis Costal Adult School  
San Luis Obispo County Departments of:  
District Attorney / Victim Witness Assistance  
Health Agency: Public Health / Public Guardian / Medical Services/ Behavioral Health  
Probation Department  
Sheriff  
Department of Social Services / Adult Services  
Veteran's Services

[www.slocounty.ca.gov/ASPC](http://www.slocounty.ca.gov/ASPC)

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San Luis Obispo  
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Co-Chair: Janet Amanzio, [jamanzio@co.slo.ca.us](mailto:jamanzio@co.slo.ca.us), (805) 781-4732  
Co-Chair Kathleen Karle, [kkarle@co.slo.ca.us](mailto:kkarle@co.slo.ca.us), (805) 781-4929  
Vice Chair: Marie Brinkmeyer, (805) 544-8740, [rsvpslo@srvolunteer.org](mailto:rsvpslo@srvolunteer.org)

## **AGENDA**

**12/2/2011**

**9.00 – 11.00 a.m.**

### **INTRODUCTIONS and ANNOUNCEMENTS**

(New developments for the population, agency or program changes that affect other agencies or programs)

**5 min.**

### **PUBLIC COMMENT (5 minutes or less)**

**10 min.**

### **DISCUSSION / INFORMATION ITEMS:**

**60 min.**

- **Hospice of San Luis Obispo County**
  - **Kris Kington-Barker**
- **Requests for Information from Board of Supervisors**
  - **Healthcare Losses**
  - **Continuum of Care**

### **CORRECTIONS / ADDITIONS TO THE SYNOPSIS**

**1 min.**

### **ACTION ITEMS:**

**20 min.**

### **COMMITTEE UPDATES AS NEEDED: (10 minutes or less)**

**30 min.**

- **IHSS Update**
- **Good Neighbor**
- **POLST Follow up**

### **MEETING LOCATION:**

Department of Social Services  
2975 McMillan Road, San Luis Obispo  
Suite 164 (Big Conference Room)

### **NEXT MEETING:**

**1/6/2012**

**ASPC Meeting December 2, 2011**  
**Chaired by Janet Amanzio**

**Attendees:**

Edie Kahn, ASN/SLO HepC  
Sara Bartlett, Alzheimer's Association  
Meredith Bates,  
    Bates Care Management  
Janet Amanzio,  
    Behavioral Health/Mental Health  
Theresa Merkle, CenCal Health  
Kathleen Bellefontaine,  
    Commission on Aging  
Sandra Pendell, DSS Adult Services  
Cindy Marie Absey, DA/Victim Witness  
Jean Raymond,  
    French Hospital & Health Commission  
Jerry Mihaic,  
    Independent Living Resource Center  
Kelly Hannula,  
    Independent Living Resource Center  
Michelle Mason, Lifesteps Foundation  
Karen Jones,  
    LTC Ombudsman Services  
Sue Warren, North County Connection  
Marie Brinkmeyer, RSVP  
Mark Shaffer, Ride-On and UCP

Elias Nimeh, Senior Nutrition Program  
Kara Edwall, United Way of SLO  
Traci Mello,  
    Wilshire Community Services  
Jessica Devereaux,  
    Wilshire Community Services  
Hans Poschman,  
    Field Rep - Senator Blakeslee  
Kevin Drabinski,  
    Field Rep - Assemblyman Achadjian  
Martin Meltz,  
    Community Representative  
Michelle Mason, LifeSteps Foundation  
Rich Smucker, Mariposa Music Therapy  
Laura DeLoye, Mariposa Music Therapy  
Lisa Vinson,  
    Sierra Vista Medical Center  
Kena Burke, CHC  
Kris Kington-Barker, Hospice SLO  
Diane Jay,  
    County Medical Services Program  
Kathryn Aceto, LifeSteps Foundation  
Michelle Cole, Sheriff's Office

**Introductions and Announcements**

Edie Kahn provided information regarding a fundraiser taking place the day of the meeting. Mark Shaffer provided a flyer about the Abilities Fair which will be held in April 2012. He also presented a flyer to recruit volunteer drivers for the Good Neighbor Program. Michelle Mason introduced Life Steps Continuum of Care liaison Kathryn Aceto. Ms. Mason also announced that the Wisdom Center had been given an extension until end of February 2012. A new Community Based Adult Services program will be established thereafter and it's hoped that services will continue. Sara Bartlett presented the Alzheimer's Association Tribune insert and noted that they have many copies to share. Hans Poschman announced that the anticipated 20% trigger cuts to IHSS had been delayed by a Temporary Restraining Order.

**Public Comment:**

None.

**Discussion/Information Items**

**Hospice of San Luis Obispo County, Kris Kington-Barker.**

Hospice SLO supports the community, the family, and the individual in coping with loss. They provide free counseling, community education and volunteer in-home and facility support to those grieving a death or dealing with potential end of life issues. All services are provided free. Hospice SLO does not provide any medical services.

They work collaboratively with other local organizations including home health agencies, and medically certified hospices. Hospice SLO honors the medical decisions of the client and their families. Ms. Kington-Barker clarified that SLO Hospice provides services to those who wish to continue life sustaining treatment in partnership with health care agencies. Their focus is to assist the individual in enjoying a high quality of life.

They offer a program of bereavement care to the survivors of clients who were served, and to any others in the community who are dealing with grief issues and request assistance and provide community education regarding death, dying, grief and end of life.

An explanation of the differences between SLO Hospice and medically certified hospice was provided.

Medically certified hospices are licensed by Medicare and must follow stringent guidelines. They are able to bill for services. Care is directed by a Hospice Medical Director. The focus of a medically certified hospice is to provide medical aid and emotional comfort at end of life. They employ nurses, physical therapists, social workers, aides, and music support therapists who provide in-home services along with volunteers. The majority of services are provided by paid staff.

In contrast, a volunteer hospice such as Hospice SLO does not provide any medical or nursing care and does not require a license. Clients are not charged for services and no insurer is billed. The focus is on providing family support, emotional comfort & companionship for client and respite care for the caregiver. Hospice trained volunteers provide all in-home services including music therapy, Reiki, and massage. Also offered are practical support, companionship and respite services. A variety of support groups are available as well as community education programs.

#### **Requests for information from Board of Supervisors, Janet Amanzio.**

Janet Amanzio reported that during the presentation of the annual report to the San Luis Obispo County Board of Supervisors, ASPC was asked to provide the Board with information about the impact of budget cuts on local healthcare services. She asked that the group gather information throughout the year. Martin Meltz suggested that reports be made every three months and that data be formally gathered. The Board of Supervisors also expressed interest in the current status of ASPC's Continuum of Care project. ASPC's Continuum of Care was last updated in 2008. Ms. Amanzio asked that a subcommittee be gathered to freshen the existing Continuum of Care document. The document will be forwarded to the membership with a request for members to serve on the subcommittee.

The question was raised as to the difference between the LifeStep's Continuum of Care and the ASPC Continuum of Care. LifeStep's Continuum of Care would provide software to its members where information about services could be found and referrals could be made. A question was raised in regards to whether or not LifeStep's Continuum of Care would be for non-profit agencies only; that will be clarified. Krista Morley suggests that hospitals should be included in LifeStep's planning process. HIPAA issues are of concern to the group. It was suggested that LifeStep present more information about their Continuum of Care at some future time.

**Corrections/Additions to the Synopsis**

A phone number needing correction was identified. The November synopsis was approved as corrected.

**Action Items:** None

**Committee Updates:**

**IHSS Update** – Sandra Pendell provided additional information regarding the Temporary Restraining Order that would restrict the State from implementing processes surrounding the anticipated across the board 20% cut in IHSS services. She noted that disability advocacy groups had distributed an 8-page form to IHSS recipients and providers, and recommended that the recipient’s physician complete the form. The 8-page form is not a State required form and there is no need to have it completed. The one-page Medical Certification form (SOC 873) is required. Individual with questions about specific cases were instructed to contact Ms. Pendell.

**Good Neighbors** – Traci reported that 14 volunteers trained in November. There will be a training in Paso Robles in December; so far 5 individuals have registered for that training. She noted the Paso Robles Senior Center and the Good Neighbor Program are working together to identify driving volunteers. In addition, Ride-Share is working with the Good Neighbor Program to provide transportation services to Los Osos.

**POLST Update** – Presentation was given in St. Patrick’s church in November. Next planning meeting will be at LTCO on 1/18/2012 3.30 to 5.00.

**General Comments** – Marty Meltz reported that the pilot program for allowing homeless individuals who have case management to be allowed to park overnight in church parking lots. Neighborhood meetings have held on the pilot program. He asks that agency’s with parking lots consider joining at a later date. Locking portable toilets with sinks will be available at the church sites with one key provided for each vehicle. The program is based on the Santa Barbara County and the goal is to be able to provide this service without funding requirements. The Santa Barbara program has paid staff that monitor safety issues at each site. Public safety issues and agencies are being involved in planning for the pilot program.

Jerry Mihaic offered to deliver donations from members to Transitional Food and Shelter.

**The next meeting is January 6, 2011  
9:00-11:00 a.m.  
Department of Social Services  
2975 McMillan Rd  
San Luis Obispo**