

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.

Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Members

Boards, Commissions and Community Groups

Adult Abuse Prevention Council
Commission on Aging
County Board of Supervisors
Drug and Alcohol Advisory Board
Health Commission
Mental Health Advisory Board
SLO Supportive Housing Consortium

Non-Profit Agencies

211 SLO Hotline
AIDS Support Network & SLO Hep C Project
Alzheimer's Association
Area Agency on Aging
CenCal Health
Coast Caregiver Resource Center
Community Action Partnership of SLO County
Community Health Centers / Services of the Central Coast
Hospice of San Luis Obispo County
Independent Living Resource Center
Linkages Care Management
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Transitions/Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of San Luis Obispo County
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling

Private Organizations

Bates Care Management
Client Care Consultants
Family Home Care
Morris & Garritano Insurance
Sierra Vista Medical Center
Trio

Public Agencies

San Luis Coastal Adult School
San Luis Obispo County Departments of:
District Attorney / Victim Witness Assistance
Health Agency: Public Health / Public Guardian / Medical Services/ Behavioral Health
Probation Department
Sheriff
Department of Social Services / Adult Services
Veteran's Services

www.slocounty.ca.gov/ASPC

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Co-Chair: Gail Tutino (805) 714-3289, gtutino@chccc.org
Co-Chair: Mark Shaffer (805) 541-8751, shafmt@aol.com
Co-Vice Chair: Suzanne McFarlane, (805)710-4845, mcfarlanesuz@gmail.com
Co-Vice Chair: Marie Brinkmeyer, (805) 544-8740, rsvpslo@svolunteer.org

AGENDA

June 3, 2011

9.00 a.m. to 11.00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS

(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT (5 minutes or less)

DISCUSSION / INFORMATION ITEMS:

2011 Enumeration Project –
SLO County Planning Dep't, Morgan Torell
Homeless Services Oversight Council, Tricia Gomez

Prison Project –
Alzheimer's Association, Sara Bartlett

July Meeting date

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS:

Election of Officers for 2010-2011

Letter Encouraging Voter Input on Tax Issues

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- **IHSS Update**
- **Good Neighbor**
- **POLST Follow up**

MEETING LOCATION:

Department of Social Services
2975 McMillan Road, San Luis Obispo
Suite 164 (Big Conference Room)

NEXT MEETING: July 1st, 2011

ASPC Meeting
June 3, 2011
Chaired by Mark Shaffer

Attendees:

Sara Bartlett, Alzheimer's Association
joyce ellen lippman, Area Agency on Aging
Meredith Bates, Bates Care Management
Janet Amanzio, Behavioral/Mental Health
Suzanne McFarlane, Event Consultant
Krista Morley, CenCal Health
K. Bellefontaine, Commission on Aging
Gail Tutino, Community Health Centers
Julia Miller, Dept of Social Services
Sandra Pendell, Dept of Social Services
Cindy Marie Absey, Victim Witness
Jason Reed, Drug & Alcohol Advisory Board
Jean Raymond, French Hospital
Kathleen Karle, Health Agency/ Health
Promotion Division
Karen Jones, LTC Ombudsman Services
Susan Warren, North County Connection
Rick Gulino, People's Self-Help Housing
Marie Brinkmeyer, RSVP
Pam Crabaugh, Tri-Counties Regional
Center

Mark Shaffer, Ride-On
Transportation/United Cerebral Palsy
Kara Edwall, United Way of San Luis Obispo
Traci Mello, Wilshire Community Services
Cherie Aispuro, Aide to Sup. Gibson
Greg Halfman, Adult School
B. Petersen, Senior Living Consultants
Martin Meltz, Volunteer
Mike Bossenberry, SLO Hotline/TMHA
K. Drabinski, For Assemblyman Achadjian
Alex Tacket, For Assemblyman Achadjian
Bill Watt, Consultant
Dana Hansen, DSS
Susan Devine, Aide to Supervisor Hill
Kat Lauterback, DSS
Larry Bacus, CHC
Morgan Torell, County Planning
Tricia Gomez, HSOC
Virginia Sawyer, Senior Legal Services

Introductions and Announcements

Mark Shaffer, Ride-On Transportation, announced that enhanced services are available in South County now and more transportation times may become available in North Coast.

Gail Tutino, CHC, reports that notice of federal funding for CHC was received yesterday. A larger health center is being build in South County.

Meredith Bates, Bates Care Management, reported a client was very happy with Senior Nutrition Services.

Marie Brinkmeyer, RSVP, reports a 20% cut in a federal grant retroactive to April 1, 2011. RSVP had to lay off a staff member.

Kevin Drabinski, representative for Assemblyman Achadjian, reported that hundreds of bill passed earlier in the week and noted that the meeting was the deadline to vote on certain tax extensions.

Julia Miller, DSS, reported she is retiring on 6/30/2011. She introduced Kat Lauterback, who will be the new program manager for the Department of Social Services Adult Services programs.

Kat Lauterback, DSS, introduced herself and gave information about her background.

Dana Hansen, DSS, introduced himself. He is the new Department of Social Services IHSS Supervisor in the Atascadero office.

Cherie Aispuro, aide to Supervisor Gibson, reported that Supervisor Adam Hill, will be representing the Board of Supervisors for future ASPC meetings. She introduced Susan Devine, Mr. Hill's aide. Ms. Aispuro explained that there is a conflict in Supervisor Gibson's ongoing schedule that prevents him from participating in ASPC; however, she will continue to attend on occasion and keep him apprised.

Joyce Ellen Lippman reported that a meeting will be held today at noon to work on the new Senior Information Guide for 2011-2012.

Kathleen Bellefontaine reported that Dr. Chuck Carlson passed away and had been a great contributor to creating senior friendly plans.

Sara Bartlett, Alzheimer's Association, gave an update on the agency's activities. A new program is being implemented to help educate families on working with their loved one's physicians. There will also be a professional level version of the Savvy Caregiver training in the future. Two Alzheimer's Association walks will be held in October, one in Atascadero and one at Laguna Lake in San Luis Obispo.

Pam Crabaugh, Tri-Counties Regional Center, announced that she would be representing the SLO County Mental Health Board at ASPC meetings. Joyce Heddleson will serve as Ms Crabaugh's back-up as needed.

Martin Meltz made comments regarding cell phone radiation warnings.

Mike Bossenberry, Transitions – Mental Health Association, announced that the T-MHA fundraiser scheduled for 6/4/11 has been postponed due to weather conditions.

Karen Jones, Long Term Care Ombudsmen's Office, announced that the SB345 bill has been put on 2-year bill cycle; if passed it would take LTCO out of state control. She further reported that LTCO's annual abuse seminar in May went well. Finally, she reported that the LTCO in Santa Barbara Santa Barbara County is looking for their own director; the SLO County LTCO office has been providing services temporarily over the past few months.

Jason Reed, Drug and Alcohol Advisory Board, reported that the Board is looking for new members. Applications are available on-line. He reported that he is also deputy director of Women's Shelter and provided information regarding upcoming events benefiting the shelter. Additional information can be found at womenshelterslo.org.

Sue Warren, North County Connection, provided copies of the Health Commission's June agenda. There will be a discussion of substance abuse at the meeting.

Suzanne McFarlane, Non-Profit Event Consultant, made an announcement about a fundraiser being held for a dog park being built in South County and says seniors are excited to have a park when they can safely exercise their dogs.

Public Comment:

None.

Discussion/Information Items

2011 Enumeration Project.

Tricia Gomez, HSOC, and Morgan Torell, Planning Department, provided information about the 2011 Enumeration. The Enumeration is a point in time count that is done on a bi-yearly basis throughout the United States. Homeless people were counted at various locations throughout San Luis Obispo County. In addition a total of 279 surveys were collected. Surveys were completed from every seventh adult to learn more about their experiences. Handouts summarizing the SLO County Enumeration were reviewed. There were a total of 3774 homeless people counted, including children who were counted by their school districts. Of the homeless counted in SLO County, 1927 were adults. The remainder were children, some of whom lived in “doubled up” conditions. There was a very high percentage of children in North County due to a variety of factors, including a lower than expected count of adults. North County did have the greatest number of homeless children in the county. The Enumeration group continues to try to improve their data collection methods.

The entire report is available at sloplanning.org. Approximately 66% of survey participants were completed by men. It was noted that 2% of homeless were teens not enrolled in school. Veterans comprised 16% of counted homeless; a higher percentage of veterans than in the county over all (13%). Approximately 65% of the people surveyed had lived in SLO County at least 5 years and 57% reported that this was their first time of being homeless. The majority of the homeless appear to be using available services, e.g., shelters, food kitchens, etc. Approximately 17% of those who completed surveys are employed while 29% reported that they are looking for work and using job-training services available at one-stop centers or other locations. Mental illness was reported in 31% of the surveys and substance abuse was reported in 22% of the surveys. It was noted that 43% use the ERs for healthcare services, presumably because they have no health insurance and are not eligible for Medi-Cal or Medicare. Not surprisingly, survey participants indicated that their primary need was for housing and employment.

Ms. Gomez noted that the Action for Healthy Community Services Report is another source for information about the SLO County homeless population and is posted on the United Way website. Julia Miller points out that the Action for Health Community report is lacking in data on homebound seniors as IHSS social workers were not able to do in-home interviews for the survey this year.

Morgan Torell provided information about the Homeless Management Information System (HMIS). HMIS is a database which is being used nationally to collect information about homelessness. HUD wants agencies to use HMIS to collect data so that trends can be accurately identified. SLO County has been using HMIS for two years. Morgan provided information about upcoming HUD grants that address homelessness. She noted that information gathered via HMIS is expected to be very helpful in obtaining available grants as it provides a much richer description of current conditions and resources for homeless.

CAPSLO and T-MHA are currently gathering HMIS data and have provided information about the SLO County homeless population. People's Self Help Housing and the Women's Shelter of San Luis Obispo County are also providing HMIS information for clients served in a stimulus grant. HMIS data will soon be gathered from various emergency shelter programs throughout the county and other agencies providing services to the homeless population. The information gathered will allow performance to be measured as required by HUD for funding

In response to the question from group, Tricia Gomez reported that 6.2% of homeless counted in the Enumeration Project were seniors, with highest percentage of seniors located in South County and the least in San Luis Obispo. The group explained this may be due to higher housing costs in SLO. She noted that the 2009 Enumeration report is available on the web for comparison. Questions were answered in regards to how performance affects HUD grants.

Martin Meltz brought up the plight of single women who are widowed and thus experience a loss of income and are at greater risk of homelessness. Funding to one group, e.g., veterans, can result in reduction of funding to another group. General discussion was held regarding the prevention of homelessness. Tricia Gomez encouraged the group to provide any pertinent information their agencies might have.

Prison Project, Alzheimer's Association

Sara Bartlett reported on a presentation she did at the Alzheimer's International Conference in Canada regarding our local Alzheimer's Association's working on local Prison Project. Ms. Bartlett provided background information on how the Prison Project developed. She explained that there is a unit at California Men's Colony (CMC) that is populated by disabled inmates. A Hospice program had previously been set up for inmates to care for fellow inmates. The Prison Project was set up to train prisoners to provide care for inmates with various forms of dementia. CMC is one of two prisons in California designed as health facility, thus it accepts inmates requiring medical care. CMC has a section housing 36 inmates who have dementia. These inmates need a high level of assistance with daily care. It was determined that well inmates at the prison could be trained to help care for those with dementia. Six caregiver inmates were screened for the highly desirable assignment. Those accepted to be caregivers were required to have at least 6 years of perfect behavior in the prison. The caregiver inmates work very long hours and are minimally paid for their services. The Alzheimer's Association provided a series of training for the caregiver inmates specifically for the prison environment. The training was also attended by CMC supervisors in the unit. The inmate caregivers were found to be very enthusiastic and, as symptoms became better known, conditions improved for the patients with dementia. Completion of the training was a source of great pride for the inmate caregivers.

Ms. Bartlett provided general comments regarding her experience of presenting the Prison Project at the international convention. She noted that the Alzheimer's Association is a worldwide organization and stated it was inspiring to see so many countries represented. The information at the conference sometimes seemed rather simple when compared to the resources and knowledge available in the U.S. Other countries seemed more focused on family involvement in provision of care while the U.S. is focused more on facilities and agencies. She also noted a higher level of involvement by early stage Alzheimer's patients in developing programs in other countries. Different terminology is preferred in other geographical areas, e.g., care partner vs. caregiver.

People with Alzheimer's at the conference objected to the term "caregiver." Person-centered care is developing in other countries as well as consideration for the needs of minorities. The local Alzheimer's Association office has five bilingual staff. Ms. Bartlett stated that a journalist from the New York Times had made contact with the local office and will be doing a story about the project at the prison.

July Meeting Date. Discussion was held regarding changing meeting date from July 1 to July 8 given that the regularly scheduled meeting would fall on the 4th of July holiday weekend. The group decided to hold the meeting on July 8.

Corrections/Additions to the Synopsis

Jean Raymond moved to accept the May synopsis as written, seconded by Suzanne MacFarlane. The motion was unanimously approved.

Action Items:

Election of Officers for 2010-2011.

Mark Shaffer and Gail Tutino reviewed the duties of the co-chairs and vice chairs of ASPC Executive Committee. Customarily the vice chair moves up to the chair position, but the current co-chairs, Suzanne McFarlane and Marie Brinkmeyer, are unable to do so this year. Volunteers were recruited and nominations accepted from floor for co-chairs. Janet Amanzio and Kathleen Karle stated they would be willing to serve as co-chairs. A motion was made by Joyce Ellen Lipmann, and seconded, to elect Janet Amanzio and Kathleen Karle as co-chairs; the motion was unanimously approved. Ms. McFarlane and Ms. Brinkmeyer indicated they would be willing to continue as vice co-chairs. Julia Miller moved that they be elected as co-chairs; seconded by Jean Raymond; the motion was unanimously approved.

Letter Encouraging Voter Input on Tax Issues

Kathleen Karle reported that she had worked with Kathleen Bellefontaine in drafting letters for Senator Blakeslee and Assemblyman Achadjian. Kathleen Karle notes that there has been an increase in individuals who want a vote on the issue, but that does not mean that they want to see a tax increase. Motion to approve as amended made by Marie Brinkmeyer seconded by Greg Halfman; unanimously approved. Kevin Drabinski provided comments indicating the letter would be accepted and would have a positive impact. Mark Shaffer encourages the members to write their own letters as well.

Committee Updates:

IHSS Update – Julia Miller states IHSS is still waiting for solid information on the budget

Good Neighbors - Three trainings will be coming up in next few months. They really need people in North County, so they are doing two trainings in Paso Robles. There will be a new director of the Paso Robles Senior Center as the current director has been promoted.

POLST Update – The Central Coast Coalition for Compassionate Care (CCCCC) continues to plan future POLST programs in the community. Karen Jones reported that one of the Skilled Nursing Facilities in Santa Barbara was not completing the POLST forms correctly. Action has been taken to correct the concern. There was discussion about the importance of on-going communication between the Physician and the person wanting to make sure their wishes are respected at the end of life. The next meeting is

planned for June 15th from 3:30 to 5 PM, hosted by Hospice of San Obispo County - all are welcome. Save the Date for the POLST Community Education Program – September 20th at Stephen's Church in Ramsden Hall. If you are interested in the latest POLST educational materials, they can be accessed at www.caPOLST.org.

The next meeting is July 8, 2011

9:00-11:00 a.m.

**Department of Social Services
2975 McMillan Rd, San Luis Obispo**