

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.

Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Members

Boards, Commissions and Community Groups

Adult Abuse Prevention Council
Commission on Aging
County Board of Supervisors
Drug and Alcohol Advisory Board
Health Commission
Mental Health Advisory Board
SLO Supportive Housing Consortium

Non-Profit Agencies

211 SLO Hotline
AIDS Support Network & SLO Hep C Project
Alzheimer's Association
Area Agency on Aging
CenCal Health
Coast Caregiver Resource Center
Community Action Partnership of SLO County
Community Health Centers / Services of the Central Coast
Hospice of San Luis Obispo County
Independent Living Resource Center
Linkages Care Management
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Transitions/Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of San Luis Obispo County
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling

Private Organizations

Bates Care Management
Client Care Consultants
Family Home Care
Morris & Garritano Insurance
Sierra Vista Medical Center
Trio

Public Agencies

San Luis Coastal Adult School
San Luis Obispo County Departments of:
District Attorney / Victim Witness Assistance
Health Agency: Public Health / Public Guardian / Medical Services
Probation Department
Sheriff
Department of Social Services / Adult Services
Veteran's Services

www.slocounty.ca.gov/ASPC

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Chair: Karen Jones (805) 785-0132, ltcomb17@kcbx.net

Coordinator: Julia Miller (805) 781-1704 jmiller@co.slo.ca.us

AGENDA May 7, 2010 9:00 am – 11:00 am

INTRODUCTIONS AND ANNOUNCEMENTS (New developments for the population, agency or program changes that affect other agencies or programs)	20 min.
CORRECTIONS / ADDITIONS TO THE SYNOPSIS	1 min.
PUBLIC COMMENT (5 minutes or less)	10 min.
DISCUSSION / INFORMATION ITEMS: <ul style="list-style-type: none">• Transportation – Morgan Marshall and Mark Shaffer• AB2555 – Karen Jones• ACTION Survey – Julia Miller, DSS• Annual Report• May is Older American's Month - Board Proclamation• California State Budget and Local Impacts – Open Discussion	60 min.
ACTION ITEMS: <ul style="list-style-type: none">• Election of Officers for 2010-2011	20 min.
COMMITTEE UPDATES AS NEEDED: (10 minutes or less) <ul style="list-style-type: none">• IHSS Update• Good Neighbors/Volunteer Army• POLST Follow up – Jean Raymond, French Hospital• Translation Services	30 min.

MEETING LOCATION:

Department of Social Services
2975 McMillan Road, San Luis Obispo
Suite 164 (Big Conference Room)
NEXT MEETING: June 4, 2010

ASPC Meeting May 7, 2010
Chaired by Karen Jones

Attendees:

Sara Bartlett, Alzheimer's Association
Meredith Bates, Bates Care Management
Suzanne McFarlane, Caring Callers
Krista Morley, CenCal Health
Mary Zarycka, Commission on Aging
Julia Miller, Social Services
Kathleen Karle, Public Health
Jessica Devereaux, Linkages
Karen Jones, Ombudsman's Office
Lisa Niesen, Public Guardian
Marsha Bollinger, Public Health
Marie Brinkmeyer, RSVP

Mark Shaffer, Ride-On/United Cerebral Palsy
Elias Nimeh, Senior Nutrition
Michelle Cole, Sheriff's Department
Barry Johnson, Transitions-Mental Health
Pam Craybaugh, Tri-Counties Regional
Kara Edwal, United Way of SLO
Cherie Aispuro, Aide to Supervisor Gibson
Joe Hoeflich, Tri-Counties Regional
Sandra Pendell, Social Services
Jean Raymond, French Hospital
Morgen Marshall, Rideshare
Dennis Bachelor, CAPSLO

Introductions and Announcements

Karen Jones reminded members of elder abuse seminar at Paso Robles Culinary Institute on May 21, 2010.

Sandra Pendell provided information on the Senior Car Fit program as requested by Joyce Ellen Lipman, Area Agency on Aging. Sandra also advised group that Ron Dudley, County of Santa Cruz, will be presenting information on that county's Homeless Person's Health Project at the Department of Social Services on 5/26/2010.

Pam Craybaugh reported that the Mental Health Services south county clinic will be moving at the end of the month.

Elias Nimeh announced that on 5/17 there will be a grand opening of a new meal site at the UCC church in San Luis Obispo. Reservations are required.

Barry Johnson provided information regarding various activities including an art show in San Luis Obispo, a June 5 wine and food event, and outreach efforts at the local farmers' market by slothestigma.org.

On behalf of Raye Fleming, Julia Miller provided information on the June 6 Afternoon of Epicurean Delights fundraiser for CAPSLO Health Services.

Suzanne McFarlane announced that a retirement soiree for Carol Schmidt will be held on 5/27. She also provided information on the Central Coast Wine Classic which will raise funds for various agencies including CAPSLO Adult Daycare.

Sara Bartlett reported that the Annual Caregivers Retreat has been sold out.

Public Comment:

None.

Corrections/Additions to the Synopsis

None. The April 2010 synopsis was approved as written.

Discussion/Information Items

- Transportation - Morgan Marshall and Mark Shaffer
Morgan reported on a Mobility Management Grant they received from Cal Trans. They want to reach out to social service agencies and provide information to clients served by those agencies about transportation services that are available to them, and which system would be the best suited for their needs. There are 5 fixed route systems in the County:

SLO Transit
SCAT – South County Area Transit
Paso Express
RTA – Highway 1 and 101
North County Shuttle – Templeton

There are 7 different Dial-A-Ride systems:

Morro Bay
Atascadero
Paso Robles
South Bay (Los Osos)
Shandon
Nipomo
Templeton

There are also senior shuttles, and Run About buses, so there are a lot of transportation options for people. Morgan would like to provide trainings and brochures for staff and clients as systems can be confusing. Currently, once per month they go to Senior Centers, get a group of seniors and take them on the bus (often to lunch), and teach them how to use the system. Google transit is also a great resource. You can enter your starting location, destination, and it will print how to get there, the cost, and through street view it can even show you a picture of the bus stop itself.

In July, 511 should be launched. By calling 511, all of your transportation options can be explained through one phone call.

Mark explained that if Rideshare can't help a client, they are sent to RideOn, which is door-to-door service. His staff has been trained to help people so that if they can't provide what the client needs, they know where to refer them for help. Mark also mentioned that the Senior Shuttle has been funded at the same level as this fiscal year, despite the economy, which is great news.

- AB2555 – Karen Jones
AB2555 is funding for ombudsmen programs. Two years ago, the governor blue-penciled funding for ombudsmen programs. Last year, state programs received a total of \$1.2 million – funding used to be over \$3 million. Many programs in the state have closed due to lack of funding. San Luis Obispo has been fortunate because of their reserves. They only receive \$60,000 to run the program, which would be impossible without other sources of support. If AB2555 does not pass, other programs in the state will also close. Karen asked people to send letters to state representatives, and distributed a sample letter.

Julia Miller reminded people that APS receives over 100 referrals per month. If the governor's cuts got into effect, more people will need nursing care and everything is interrelated. Local nursing homes are running at 95-100% capacity, so if people need

care they might have to be sent out of county – and they could end up in counties without ombudsmen programs.

- ACTION Survey – Julia Miller
Julia and Dennis Bachelor of CAP-SLO have been working on the face-to-face survey. Historically, agencies that have clients who are unlikely to be surveyed by telephone, or on Super Saturday, have taken forms and had their clients complete them. This year, they are particularly interested in getting responses from frail elderly and people who are Spanish-speaking. Julia reminded the group that the results of the ACTION survey are valuable when writing grants etc. Julia distributed instructions and masters. If people have questions, they can contact Julia or Dennis. Dennis mentioned that they have had more time to do this in the past – usually two months to complete. This year, everything is due at the end of May.

Sandra Pendell asked about the possibility of counting the same clients twice with multiple agencies. Duplication may occur. But everyone should ask the client if they have completed the survey before they start it.

- Annual Report – Tabled until the next meeting.
- May is Older Americans Month
The Board proclamation will be done on May 25. Members were encouraged to attend the meeting.
- California State Budget and Local Impacts
Pam Crabaugh from TriCounties Regional Center stated that last year they took a 3% cut across the board. This year, they have heard there will be an additional 1.25% cut, but nothing is sure yet and it may be worse.

Marsha Bollinger noted that the state will likely try to take money from the counties.

Cheri Aispuro mentioned that Tuesday, the Board sent a letter to the state and are outraged over the plan for the special election. This will cost our County \$1 million which would be very difficult to absorb. Other counties have joined us in protest.

Mark Shaffer noted that when you make cuts, they are in place for a whole budget year. If things pick up, then programs will not get the extra revenue, even if it is there.

AAA is warning agencies that they will not receive any funding during April-June, until the budget is signed. Agencies were told to get all invoices in by the end of March.

Linkages is preparing to close their care management program by June 30th. They are referring their 55-60 clients to other agencies. They will continue respite care next year under Lifesteps. Karen Jones asked about the ERS system bracelets that are provided to residents in the care management program. Linkages is working closely with families, the Alzheimer's Association and Coast Caregiver Resource Center to find alternatives for clients.

As the May budget revise should be out this month, this item was tabled until the next meeting for further discussion.

Action Items:

- Election of Officers
Mark Shaffer and Gail Tutino have agreed to co-chair the meeting next year. As both were vice chairs this year, we will need to elect 2 new vice chairs. The vice chair position is relatively easy. People wait after the meeting and discuss the agenda for the following meeting. At the end of the year, one of the vice chairs moves into the chair position. Suzanne McFarlane volunteered to fill one of the positions. Elias Nemeah moved, and Marie Brinkmeyer seconded the motion to elect Suzanne as vice-chair. The motion was unanimous. Next month, the group will discuss filling the other position.

Committee Updates:

IHSS Update – Julia Miller said nothing is new. She is hopeful that this is good news. They are still enrolling providers – they are up to about 30%. Next week, both Julia and Sandra Pendell are going to CWDA in Sacramento. Each will attend a different meeting – either APS or IHSS. The State and counties are starting to look at APS measures of uniformity across the state, and effectiveness of programs.

Sandra mentioned a pilot project that was being done in San Diego County to fingerprint and photograph IHSS recipients. This was a requirement of the legislation to combat fraud. One of the issues is that it is often difficult to fingerprint older adults

Good Neighbors/Volunteer Army – Marie Brinkmeyer reported that the group was recommended to receive a \$5,000 CBO grant from the County, but they were not funded by the City of SLO. They still haven't heard about their grant from Cal Trans. Calls from people interested in services are still coming.

POLST Update – Jean Raymond said that a blurb about POLST (Physician's Orders for Life Sustaining Treatment) will go in the May newsletter for the SLO Medical Association and to a newsletter to every doctor in the state. Training will also be offered to all doctors in the state. Jeff Hill also went to a train the trainer session on POLST and has offered to work with Jean on trainings locally. Karen mentioned that she is working with SNFs to get all patients with current advance directives. She described a case she worked on with a difficult outcome recently. The time to make decisions on end of life care is not when the medical emergency presents itself. People should also be educated that they can change their minds – signing an advance directive form does not mean that you can't make changes if your circumstances change.

Translations – Karen said that she has not done much with this yet. She asked agencies to collect names of people in their organizations who speak different languages and who would be willing to translate. Names will not be distributed to the public but will be made available to agencies that need help.

**The next meeting is June 4, 2010
9:00-11:00 a.m.
Department of Social Services
2975 McMillan Rd
San Luis Obispo**