

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.

Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

## Members

### Boards, Commissions and Community Groups

Adult Abuse Prevention Council  
Commission on Aging  
County Board of Supervisors  
Drug and Alcohol Advisory Board  
Health Commission  
Mental Health Advisory Board  
SLO Supportive Housing Consortium

### Non-Profit Agencies

211 SLO Hotline  
AIDS Support Network & SLO Hep C Project  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Coast Caregiver Resource Center  
Community Action Partnership of SLO County  
Community Health Centers / Services of the Central Coast  
Hospice of San Luis Obispo County  
Independent Living Resource Center  
Linkages Care Management  
LTC Ombudsman Services of SLO County  
North County Connection  
Peoples' Self Help Housing  
Retired Senior Volunteer Program  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
Transitions/Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of San Luis Obispo County  
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling

### Private Organizations

Bates Care Management  
Client Care Consultants  
Family Home Care  
Morris & Garritano Insurance  
Sierra Vista Medical Center  
Trio

### Public Agencies

San Luis Costal Adult School  
San Luis Obispo County Departments of:  
District Attorney / Victim Witness Assistance  
Health Agency: Public Health / Public Guardian / Medical Services  
Probation Department  
Sheriff  
Department of Social Services / Adult Services  
Veteran's Services

[www.slocounty.ca.gov/ASPC](http://www.slocounty.ca.gov/ASPC)

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Co-Chair: Mark Shaffer (805) 541-8751, [shafmt@aol.com](mailto:shafmt@aol.com)  
Co-Vice Chair: Suzanne McFarlane, (805) 547-7025, [finewine1977@aol.com](mailto:finewine1977@aol.com)  
Co-Vice Chair: Marie Brinkmeyer, (805) 544-8740, [rsvpslo@srvolunteer.org](mailto:rsvpslo@srvolunteer.org)

## AGENDA

September 3, 2010

9:00 am – 11:00 am

### INTRODUCTIONS and ANNOUNCEMENTS

5 min.

(New developments for the population, agency or program changes that affect other agencies or programs)

### DISCUSSION / INFORMATION ITEMS:

60 min.

- **CenCal - Bob Freeman, Deputy CEO**
- **CHC – Steve Smith and Denise Stewart, CHC**

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS

1 min.

### PUBLIC COMMENT (5 minutes or less)

10 min.

### ACTION ITEMS:

20 min.

- **Storage of agenda and synopses on ASPC website**
- **Additional changes to Annual Report**

### COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

30 min.

- **IHSS Update**
- **Good Neighbors/Volunteer Army**
- **POLST Follow up – Jean Raymond, French Hospital**
- **Translation Services**

### MEETING LOCATION:

Department of Social Services  
2975 McMillan Road, San Luis Obispo  
Suite 164 (Big Conference Room)

**NEXT MEETING: October 1, 2010**

# ADULT SERVICES POLICY COUNCIL

## Meeting Synopsis September 3, 2010

### Attendees:

Sara Bartlett, Alzheimer's Association  
joyce ellen lippman, Area Agency on Aging  
Meredith Bates, Bates Care Management  
Janet Amanzio,  
Behavioral Health/Mental Health  
Kathleen Bellefontaine,  
Commission on Aging  
Gail Tutino, CHC (ASPC Co-Chair)  
Julia Miller, DSS  
Marie Brinkmeyer, RSVP  
Michelle Cole, Sheriff's Department  
Mike Bossenberry, T-MHA/SLO Hotline  
Hans Poschman,  
Rep for Assemblyman Blakeslee  
Sandra Pendell, DSS  
Jean Raymond,  
French Hospital/Health Commission  
Raye Fleming, CAPSLO  
Susan Warren, No. County Connection  
Jeanane Taylor, Ride-On Transportation  
Elias Nemeh, Senior Nutrition Program

Rick London, United Way  
Edie Kahn, ASN/SLO HepC  
Suzanne McFarlane  
Senior Advocate, Consultant  
Krista Morley, CenCal  
Jason Reed, Drug and Alcohol  
Joyce Heddleson, Mental Health Board  
Rick Gulino, People's Self Help Housing  
Marsha Bollinger, Public Health  
Barry Johnson, Transitions Mental Health  
Traci Mello, Wilshire Community Svcs  
Greg Halfman, Adult School  
Amy Gilman,  
Assistant to Supervisor Patterson  
Paula Curran, CHC  
Denise Stewart, CHC  
Steve Smith, CHC  
Bob Lotwala, CHC  
Bob Freeman, CenCal Health

### INTRODUCTIONS and ANNOUNCEMENTS

ASPC Co-Chair Gail Tutino advised the membership that e-mail announcements were forthcoming in regards to the 9/10/10 Farmworker Healthcare event in Santa Maria and local Pertussis vaccination clinics..

Greg Halfman, Adult School, provided copies of new class schedules for Fall 2010.

joyce ellen lippman provided information regarding suicide prevention forums that will be held in Atascadero on 9/30 and in San Luis Obispo on 10/5/10.

Susan Warren announced that the North County Connections calendar of events could be obtained via e-mail; contact Sue at 462-8600 to get on the e-mail list. She also reported that NCC's Annual "Recovery Happens" event would be held on 9/25/10 in Atascadero.

Amy Gilman reported that she was attending on behalf of Cherie Aispuro who had other obligations that prevented her from attending.

Joyce Heddleson reported that the Mental Health Board would be starting new programs.

Jason Reed reported that the Drug & Alcoholic board is currently discussing the question of the legalization of marijuana for medical purposes. The board welcomes public input.

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Barry Johnson announced that Transitions Mental Health Association would be holding an open house at their new office at 784 High Street, San Luis Obispo on 10/5 from 3:00 to 6:00 p.m.

Sara Bartlett reminded the group that the annual Memory Walk fundraiser is coming up on October 30 at Laguna Lake from 10:00 to 1:00. She also noted that September 21 is World Alzheimer's Day and special events are planned. Details can be found in the Alzheimer's Association newsletter. The annual Tribune insert on Alzheimer's issues will be coming out again in November with the theme "Navigating the Sea of Change." Articles are welcome and needed.

Traci Mello reported that Wilshire Community Services is now the service provider for Good Neighbor program. There will be a launch on September 30 from 4:00 to 6:00 at the San Luis Obispo Veterans' Hall.

Hans Poschman provided an update on the current budget process and on Senator Blakeslee's activities since being elected. Contact information and addresses remain the same for now.

Elias Nimeh reported that Senior Nutrition is again distributing Senior Farmer Market coupon booklets. There are only 18 left, worth \$20 each. To be eligible for the free coupon booklets, recipients must be over the age of 60, a San Luis Obispo County resident and within a certain income level.

Rick Gulino announced that People's Self Help Housing will be celebrating their 40<sup>th</sup> Anniversary with a celebration on 10/23 at the Edwards Barn in Nipomo.

Martin Meltz, Ph.D., introduced himself. Dr. Meltz is a retired scientist interested in homeless issues.

Jeanane Taylor of Ride-On passed out the agency's current literature regarding their services.

Marie Brinkmeyer reported that a recent RSVP fundraiser was successful.

Edie Kahn, AIDS Support Network / SLO HepC reported that SLO/HepC project will be the beneficiary of a performance by Paula Poundstone which will be held on October 7 at Spanos Theatre.

Marsha Bollinger announced that Emergency Medical Services is part of the Public Health agency effective 9/1/10. Emergency Medical Services oversees and monitors ambulance and paramedical staff in the county.

Sandra Pendell, DSS Adult Services, provided a brief update on the progress of the Expedited SSI benefits group. She and Jenny Hart, DSS General Assistance, recently attended a two-day training on the Santa Cruz model of SSI/Benefits Advocacy. Sandra will provide a more comprehensive report of the group's activities and plans at the November ASPC meeting.

# ADULT SERVICES POLICY COUNCIL

## Discussion/Information Items

**CenCal - Bob Freeman, Deputy CEO:** Mr. Freeman provided background information on CenCal and discussed the impact of budget processes on the organization. Since its establishment in San Luis Obispo County in 2008, CenCal has partnered with CHC. As a result, the number of doctors providing services to Medi-Cal patients has doubled. CenCal has been negatively impacted by budget processes and is working decisively to stop any additional cuts to services in San Luis Obispo County. Mr. Freeman asked that ASPC send a letter of support to the State outlining the value that CenCal brings to the community and the disadvantages to the community should it be lost. Mr. Freeman stated that he had a draft letter that could be used as a guideline should ASPC decide to write a letter of support. Mr. Freeman agreed to submit the draft guideline letter. It was noted that due to Brown Act requirements, Mr. Freeman's presentation and request could only be accepted as an informational item. It was agreed that a potential letter of support would be discussed at the October meeting as an action item. It was noted that individuals and agencies could write their own letters of support. Hans Poschmann asked that he be cc'd on any letters sent on this matter.

**CHC – Paula Curran and Denise Stewart, CHC:** Ms. Curran and Ms. Stewart provided an overview of the history of CHC and services provided by CHC. Services are currently provided at the 23 CHC clinics located throughout San Luis Obispo County. CHC provides medical care to Medi-Cal patients, as well as private pay and full or partially insured individuals. A sliding fee scale is charged to ensure that healthcare is accessible to all. General services include primary care, women's health, chiropractic, dentistry, health education & nutrition, and pharmacy services. On-site specialty services include neurology, orthopedic, podiatry, infectious disease, pain management, rheumatology, and radiology/ultrasound. CHC had well over 300,000 individual patient contacts during Fiscal Year 2009-2010.

## **CORRECTIONS / ADDITIONS TO THE SYNOPSIS:**

The August 2010 synopsis was reviewed. Marie Brinkmeyer moved that the synopsis be approved; Jean Raymond seconded the motion. The group voted unanimously to accept the synopsis as written.

## **PUBLIC COMMENT:**

There was no public comment.

## **ACTION ITEMS:**

**Storage of agenda and synopses on ASPC website:** Sandra Pendell advised the group that Department of Social Services website currently stored all agendas and synopses from 2005 to the current meeting. The automation department had suggested that only one year's worth of agendas and synopses be stored on the webpage. The prior agendas and synopses would still be available; however interested parties would not be able to access them without making a specific request. After discussion, Joyce Heddleson moved that one-year's worth of ASPC's documents be stored on the public website; motion seconded by Suzanne McFarlane. After additional discussion, the initial motion was withdrawn. Suzanne McFarlane moved that the website store one-year's worth of documents along with instructions on how the public could obtain prior years' documents; seconded by Rick London. Motion passed with 29 yea, 1 no, 0 abstentions.

## **ADULT SERVICES POLICY COUNCIL**

**Additional changes to Annual Report:** Sandra Pendell advised that additional changes were needed to the Annual Report after the approval of the Report at the 8/6/2010 meeting. The changes were reviewed and discussed. Marsha Bollinger moved that the Annual Report be approved with the noted corrections; seconded by Raye Fleming. The motion was approved unanimously. Sandra Pendell will take steps to schedule a presentation of the Annual Report to the Board of Supervisors.

**IHSS Update:** Julia Miller reported that there were no updates.

**Good Neighbor:** Traci Mello reported that Wilshire Community Services had assigned Jessica Dell to be the coordinator of the Good Neighbor Program. Wilshire Community Services is already receiving telephone calls from potential volunteers and potential clients.

**POLST:** Jean Raymond advised that continuing educational programs were being completed. A program on POLST would be presented in Arroyo Grande in September. She noted that the San Luis Obispo County Emergency System is now aware of POLST.

**Translation Services:** There were no updates on this topic.

**Legislative Update:** Hans Poschman reported that legislative funding for the Ombudsmen program had not passed and was no longer in discussion.