

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium
Martin L. Meltz, PhD

Elected Officials

CA Assemblyman Katcho Achadjian, 35th District
CA Senator Bill Monning, 17th District

Non-Profit Agencies

211 Hotline
AIDS Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program (RSVP)
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
SLO Hep C Project
SLO Regional Rideshare
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Bates Care Management
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Costal Adult School

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
Social Services/Adult Services

Chair:	Laura DeLoye	(805) 225-6101	mariposamusictherapy@gmail.com
Immediate Past Chair:	Marie Brinkmeyer	(805) 544-8740	rsvpslo@srvolunteer.org
First Vice Chair:	Sara Sanders	(805) 781-1385	ssanders@rideshare.org
Second Vice Chair:	Barry Johnson	(805) 540-6540	bjohnson@t-mha.org

AGENDA

01/08/2016

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS:

(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT: (5 minutes or less)

GUEST SPEAKER:

- **Shannon McOuat, Suicide Prevention Council**
- **Tony Huffaker, Suicide Prevention Council**

MEMBER COMMENT:

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS:

- **Mental Health facility support letter**
- **ASPC Annual Report**

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- **IHSS**
- **POLST**
- **Transportation**

MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

NEXT MEETING:

02/05/2016

Adult Services Policy Council

01/8/2016

9:00 a.m.-11:00 a.m.

ATTENDEES:

Laura DeLoye, Arts of Living/Mariposa Music Therapy
Sara Sanders, SLO Regional Rideshare
Andrew Jackson, Amdal In-Home Care
Meredith Bates, Bates Care
Sara Bartlett, Central Coast Home Health and Hospice
Kathleen Bellefontaine, Commission on Aging of SLO County
Yudilia Tomsen, Independent Living Resource Center
Jason Portugal, Ride-On Transportation/ United Cerebral Palsy
Elias Nimeh, Senior Nutrition Program of SLO County
Kathleen Karle, SLO County Public Health
Susan Ross, SLO County Public Health
Emma Caballero, SLO County DSS Adult Services
Barry Johnson, Transitions Mental Health Association
Mike Bossenberry, Transitions Mental Health Association/SLO Hotline
Dee Rittenhouse, Tri-Counties Regional Center
Shonntae Cross, JODI House
Jamie Dietze, Wilshire Community Services
Fred Munroe, Ridership Development

INTRODUCTIONS AND ANNOUNCEMENTS:

Chairwoman Laura DeLoye- welcomed group- announced Arts for living event “Swing for Joy”, Saturday January 9th 2:00-4:30 at D’Anbino’s tasting room in Paso Robles. See Flyer for more details. Joyce Ellen Lippman was not able to attend the meeting but asked Laura to announce that the Senior Information Guides are at the printer and to send her an email to get your orders in. A list was passed around to send a group email with the number of guides needed per ASPC member.

Mike Bossenberry- Transitions mental health is looking for volunteers, flyer to be provided with more details soon.

Barry Johnson- Journey of Hope- save the date January 13th from 6-8pm featuring keynote speaker Kevin Briggs. See flyer for more details.

Kathleen Bellefontaine- Announced that at the January 15 SLO County Commission meeting the topic will be Emergency and disaster preparedness - “How local agencies work together” with guest speaker Ron Alsop. The meetings will be from 10-Noon at the Veteran’s Memorial Hall in SLO.

Emma Caballero - Effective Jan 1, 2016 IHSS providers received a .40 cent raise. Providers now earn \$11.45 per hour. They will also be receiving an additional .40 cent raise July 1, 2016 increasing their hourly rate of pay to \$11.85.

Emma Caballero - The FLSA Provider Trainings and Provider Drop-in Workshops have been scheduled. Information mailed out to ALL IHSS providers. See flyers for more details.

Sara Bartlett- Central Coast home health and Hospice is looking for a full time Social Worker.

Sara Sanders- announced her last day; she will be working for the County Planning Dept.

Jason Portugal- Open house January 27th from 5-7pm at the UCP/Ride-On office. January 28th the MSAA Stakeholders’ meeting will be held in the RTA conference room in SLO. 187K MSAA

grant will be explained; only five counties in the US were provided this grant. This involves all transportation agencies in our county; transportation providers, technology solutions, Rider and other agencies. See meeting agenda provided for more details.

PUBLIC COMMENT:

Laura DeLoye - California Senior Legislature - You can donate to the California Senior Legislature Fund when preparing your State Income Tax, Use code 427.

Guest Speakers:

Shannon McOuat, Suicide Prevention Council of San Luis Obispo County
Mike Bossenberry, Suicide Prevention Council of San Luis Obispo County

Suicide prevention is needed more and more in our county. Community members and representatives among other have been meeting since March 2014 to discuss Suicide prevention efforts in SLO County; American foundation for suicide prevention; Cal Poly counseling; Central Coast Psychological Association; Community Health Center; Cuesta College; Hospice of SLO County; Dancing with ED; Veterans Administration; Wilshire Community Services; SLO Hotline; Transitions-Mental Health Association; Vet Center of SLO County and Wilshire Hospice.

The goals for SPC are to advocate for a stronger support system for those struggling with suicide and its impact; to correct misconceptions regarding mental illness and suicide through community collaboration; to work together to create lasting change and support for those struggling with suicide and its impact; to create a community that supports and embraces those who struggle with suicide and to create an environment of HOPE.

- Know the signs; more regions are coming together, SLO, Santa Barbara, Kern and Monterey county meet quarterly.
- Last Suicide prevention forum happened on Thursday, October 8, 2015 in San Luis Obispo- The free forum featured local stories of hope and survival, a local resource and mental services fair. The Forum featured a QPR Training: Question, Persuade and Refer- 3 simple steps that anyone can learn to help save a life from suicide. Through QPR attendees learned to recognize the warning signs of suicide; know how to offer hope; and know how to get help and save a life. About 100 people attended the morning session and 50 attended the evening session.
- Not all calls are suicide, a large amount of calls are people with depression and/or anxiety who are provided with a support system and resources.
- In September there were 900 calls, in October there was 800 calls
- Most suicides occur with guns, 15-24 calls are high risk. There is a notice that there are less and less suicides in this generation.
- To be added to the SPC email distribution please contact Mike Bossenberry at MBossenberry@mha.org.

Member Comment:

Fred Munroe- Thanked Ride-on for free vouchers for individuals who get to be transported to the warming center and to DANA house.

Barry Johnson - Call SLO Hotline 1-800-783-0607 for warming station information/locations.

Emma Caballero- There is a Hospital bed available; please contact Emma if you are interested.

Corrections / Additions to the Synopsis:

Approved with corrections

Action Items:

Fred Munroe - Updated members on Planning Commission meeting for the Psychiatric Facility. December 10th meeting continued to January 14th, over 60 people signed up and only 45-50 people spoke at meeting. The first item on the meeting in January will allow people who signed up to speak and were not able to will be allowed to do so on January 14th. Fred encouraged ASPC members to write letters to the Planning Commission like the one the Commission on Aging sent to the Planning Commission. Members received a copy of that letter in December.

Laura DeLoye- ASPC annual report, an email was sent out on January 7th. Draft copies were provided at today's meeting. The annual draft report has been approved by the executive committee; you have until Tuesday January 12th to suggest changes to the draft approved as a group. Fred Munroe made the motion and Barry Johnson Second the motion: If any drastic changes need to be made then the draft needs to be brought up as a group.

Committee Updates as needed:

IHSS- Shared during Announcements

POLST- None

Transportation- Sara Sanders- Coordinated human services plan is moving forward; received over 200 comments. Document will be available February 2nd, approval in March.

Jason Portugal- encourages all to attend open house on Wednesday January 27th at UCP and the RTA meeting on the 28th. For more information contact Jason.