

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

## Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council  
Behavioral Health Board  
Commission on Aging  
County Board of Supervisors  
Health Commission  
SLO Supportive Housing Consortium  
Martin L. Meltz, PhD

## Elected Officials

CA Assemblyman Katcho Achadjian, 35<sup>th</sup> District  
CA Senator Bill Monning, 17th District

## Non-Profit Agencies

211 Hotline  
AIDS Support Network  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Community Action Partnership of SLO (CAPSLO)  
Community Health Centers (CHC)  
Dignity Health-French Hospital Medical Center  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
LTC Ombudsman Services of SLO County  
North County Connection  
Peoples' Self Help Housing  
Retired Senior Volunteer Program (RSVP)  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
SLO Hep C Project  
Transitions-Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of SLO County  
Wilshire Community Services

## Private Organizations

Bates Care Management  
Bella Vista Transitional Care  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Maxim Healthcare Services  
Ridership Development Consultants  
Senior Living Consultants

## Public Agencies

San Luis Costal Adult School

## San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services  
District Attorney / Victim Witness Assistance  
Public Health  
Probation Department  
Sheriff Department  
SLO Regional Rideshare  
Social Services/Adult Services

**Chair:** Laura DeLoye (805) 225-6101 [mariposamusictherapy@gmail.com](mailto:mariposamusictherapy@gmail.com)  
**Immediate Past Chair:** Marie Brinkmeyer (805) 544-8740 [rsvpslo@srvolunteer.org](mailto:rsvpslo@srvolunteer.org)  
**First Vice Chair:** Barry Johnson (805) 540-6540 [bjohnson@t-mha.org](mailto:bjohnson@t-mha.org)  
**Second Vice Chair:** Vacant

## AGENDA

03/04/2016

9:00 a.m. - 11:00 a.m.

### INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

(New developments for the population, agency or program changes that affect other agencies or programs)

### PUBLIC COMMENT: (5 Minutes or less)

### GUEST SPEAKER: (45 Minutes) (15 Minutes Q&A)

- **Mark Shaffer, Ride-On Transportation & Todd Allen - RouteMatch Software (15 Mins)**
- **Kathleen Karle, Dept of Public Health (30 Mins)**

### MEMBER COMMENT: (5 Minutes)

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

### ACTION ITEMS: (5 Mins)

- **Election of ASPC Officers-FY 16-17**
- **'Letter of support to BOS re: Templeton Mental Health Facility'**

### COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- **IHSS**
- **POLST**
- **Transportation**

### MEETING LOCATION:

**CAPSLO**

**1030 Southwood Drive, San Luis Obispo**

### NEXT MEETING:

**04/01/2016**

## Adult Services Policy Council (ASPC)

03/04/2016

9:00AM- 11:00AM

### ATTENDEES:

Krista Vega, Cencal Health	Barry Johnson, Transitions Mental Health Association
joyce ellen lippman, Central Coast Commission for Senior Citizens	Shonntae Cross, JODI's House
Jay Wells, SLO County Sheriff's Department	Laura DeLoye, Mariposa Music Therapy/Arts for Living
Karen Jones, LTC Ombudsman Services of SLO County	Mark Shaffer, Ride-On Transportation
Todd Allen, RouteMatch Software	Suzanne Garcia, SLO County Social Services-SLO
Sara Bartlett, Central Coast Home Health and Hospice	Laurie Wylie, Bates Care Management
Kathleen Karle, Department of Public Health	Sean Martin, SLO County Probation Department
Fred Munroe, Ridership Development	Sonya Laputz, Alzheimer's Association
Veronica Porter, United Cerebral Palsy of SLO	Gina Perrault, Home Instead Senior Care
Marie Brinkmeyer, RSVP-Senior Volunteer Service	Fiona Phillips, People's Self Help Housing
Andrew Jackson, Amdal In-Home Care	Judy Vick, Behavioral Health/Mental Health Services
Kathleen Bellefontaine, Commission on Aging of SLO Co	Mara Whitten, CAPSLO/Adult Day Center
Jean Raymond, French Hospital/Health Commission	Priscilla Mikesell, CARES (Cambria Adult Resources Education and Support)/Cambria Connection
Jocelyn Brennan, Legislative Assistant for SLO County BOS, Lynn Compton D4	

### **Introductions and Announcements:**

Chairwoman Laura DeLoye welcomed members and noted adjustments to the agenda. An amended agenda was set out yesterday, but seventy-two hours was needed for it to be acceptable. Therefore, no action can be taking on the "Letter of Support to BOS re: "Templeton Mental Health Facility".

Ms. DeLoye noted that nominations are taking place for the Paul Wolff Accessibility Advocacy Awards and nominations are due by March 31, 2016. If information is needed regarding the nominations, the committee members can check in with Ms. DeLoye.

Ms. DeLoye introduced guest speaks, Mark Shaffer and Todd Allen who will be speaking on behalf of the Travel Management Coordination Center and a grant that was received.

Sonya Laputz shared that the Alzheimer's Association will be holding a class on June 9, 2016 in which CEU's will be offered. The class will be held at SLO County of Education.

joyce ellen lippman shared that May is Older Americans Month and spoke about annual nomination awards. A flyer was distributed regarding these nominations. A Celebration Tea will be held May 23, 2016 at the Sierra Vista Auditorium.

Laurie Wylie shared that a new office for Bates Care Management will be opening during the first part of April.

Mark Shaffer shared that a door-to-door services continues to be offered through Ride-On Monday through Friday. The organization has seen a spike in the use of the senior shuttle throughout the county due to this service.

United Cerebral Palsy of SLO is holding a fundraiser on April 16, 2016 called "Night Without Limits, A Colorful Carnival" in order to support those with developmental disabilities in the community. Tickets can be purchased online and the event will be held at SLO Vet's Hall.

Krista Vega shared that there are now over 55,000 members in CenCal Health. Thirty-two percent of these are in SLO County, while 68% is in Santa Barbara County. A more detailed report will be distributed in June. CenCal is also expecting approximately 4,000 undocumented children to be enrolled in the upcoming months.

Karen Jones shared that the SLO County Adult Abuse Prevention Council will be holding an Elder Abuse Prevention Seminar on May 20, 2016 at the Paso Robles Culinary Institute. The registration brochure will be on the website and ready by next week. Tickets are \$40 and will include a full lunch. The seminar will discuss the continuing trends of domestic violence in the home and issues that are arising in elderly facilities.

Marie Brinkmeyer shared two fundraisers will be taking place. Tickets for "101 Bottles of Wine" are on sale and the drawing will be held on April 15<sup>th</sup>. Ms. Brinkmeyer will bring tickets next month. The second fundraiser is the Elkhorn Slough Day Trip that will take place on April 14, 2016 and will be \$102 per person.

Kathleen Bellefontaine noted that the SLO Commission on Aging will be giving a presentation on March 18, 2016 regarding services that can be provided for transitions on hospital to home. The presentation will include hospitals such as Sierra Vista, French Hospital, and Twin Cities Community Hospital.

Andrew Jackson shared that the organization, Amdal Transportation Services, is continuing to provide non-emergency medical service transfer and wheelchair transport needs. The organization will receive the ability for gurney transportation in two weeks.

Mara Whitten shared that a Fancy Hat Tea Party will take place on April 17, 2016 at Vina Robles Winery. The tickets are \$40 and will include tea, wine, and a fashion show to benefit CAPSLO.

### **Public Comments:**

Jocelyn Brennan shared that an Adult Day Center will be opening in Nipomo and should be operating by 2017. They are currently going through the planning process. The model will be catered towards those who suffer from dementia and will be a daycare-type model.

### **Guest Speakers:**

#### **Kathleen Karle- Department of Public Health:**

A grant was recently received for car seat training and bike safety. The statistics are poor within the state for bicycle injuries and pedestrian safety. A recent "crosswalk sting" was conducted in Arroyo Grande, Pismo Beach, and Grover Beach. It was found that 40% of drivers were compliant with crosswalk laws in Pismo Beach with 50% compliance in Arroyo Grande and Grover Beach. Ms. Karle explained that people think they are safe but there needs to be continued teachings and outreach. The Department will do a walking audit in Morro Bay and will present to Public Works on their findings. A walking audit was conducted in Cayucos and the community was able to make minor changes, including putting in a new flashing light at the elementary school and having CHP officers be present for drop off and pick up times at the schools. Ms. Karle did not have access to her presentation, but will present the topic at a later date.

#### **Mark Shaffer-Ride-On Transportation**

#### **Todd Allen- RouteMatch Software**

Mr. Shaffer presented the proposal of an idea that Ride-On, along with the Travel Management Coordination Center, is looking to implement. The idea of this project is to offer the ability of members in the community to call one number that will offer members comparable information for public transportation. The idea is to eventually implement technology that will give a user all options in regards to which modes of transportation are the cheapest, fastest, greenest, etc. Several programs are already available in cities such as Los Angeles (goLA) and Denver (goDenver). A user will be able to enter where they are currently at and where they would like to go.

Mr. Shaffer announced that they have been given a grant for this idea. Several transportation centers around the community met yesterday to set up agreements and come to an understanding in regards to what it would like to implement the program. The team looked at how to develop technology to share rides and developed a technology committee that will research the complexities of fares, collecting data, and which systems are available that may be “piggybacked” on. Mr. Shaffer explained that a user would have a profile that they would be able to log into when using the program and the various services would be available based on a person’s specific profile. For example, if a veteran were using the program, the Veteran Express would pop up as an option.

Mr. Shaffer shared that the team is in the process of developing the project. They are currently in Phase I, which is researching what can be done to implement the program, how to train staff to know all of the services, and developing a call forwarding system in order to transfer users to what mode of transportation they are looking for. Phase II would consist of creating an online tool that anyone could access. Phase III would ultimately involve implementing the technology that would be available via computers or phones. Federal funds are available for this project to be implemented and additional funding is available that would need to be applied for, but Mr. Shaffer feels as though SLO County is in a good position to apply for the grant. The grant that has been given is for the duration of 1.5 years and was kicked off in late January. The team would like to have a plan by the end of April and is currently focusing on getting public input. Mr. Shaffer shared that they would like to build the program to meet the needs of the riders and the needs of social service agencies. Each committee is looking at suggestions and challenges, as well as different scenarios in order to gather information. They would like to have a plan in place by October 2016 and will bring the plan back to this committee to see what else can be done. Mr. Shaffer encouraged the committee to encourage others to fill out a survey that is available on the Ride-On website. The team is willing to bring the idea to groups, advisory committees, etc. in order to gather input from the community. A meeting will be occurring this Monday from 2:00-3:00PM at Ride-On in order to talk about what users may need, what is working right now, and how to move forward.

Mr. Shaffer announced Todd Allen from RouteMatch Software. Mr. Allen congratulated the committee on winning this grant, as this grant was only awarded to five organizations nationally. Mr. Allen explained that the overall goal is to enhance personal mobility and they would like to focus on developing a plan that ties technology in with this goal. They are currently looking at how to work with other agencies in SLO County in order to implement this goal. Mr. Allen explained that there are many stakeholders and local partners in the community that the team will be working with.

Mr. Allen began a PowerPoint Presentation. The PowerPoint covered the concepts of the project that is “When I need a ride, how do I get a ride?” They would like to produce a “one call” concept for customers and will be partnering with community services and agencies in the area to implement this idea. From a grant perspective, the team is working to develop a plan, design the concept of operations, and hope to finalize and wrap up the plan by June 2017. Feedback will be help in the organic part of the project in order to see what will meet the needs of the community. The program will allow the user to filter different requirements and do comparative shopping. Committees will look at the possibility of training different organizations such as Ride-On and RTA and developing a tool that everyone can use. The technology committee will look at all the entities and how to “get everyone on the same technology”. The user would be able to funnel what they specifically need and this would then drop them into an agency. This will allow for public transportation to be more service-oriented and in one place.

Feedback is going to help in organic part of the project to see what will meet the needs of the community, what does this mean for your partners, clients, agencies, etc. Ideally, the program would have a live person that would be able to connect users to agencies. All documents can be found on the Ride-On website and the team is hoping to collect 200-250 responses from the community in order to gain data.

#### **Member Comment:**

Fred Monroe shared that he recently had a meeting with Central Coast Commission for Senior Citizens regarding Medicare. He learned how the federal government works with Medicare and extended a thank you to the volunteers of the organization for the information that was provided. Joyce Ellen Lippman shared that she is always looking for new clients and that working with her organization can help people to save significant amounts of money. Priscilla Mikesell

from CARES further noted that her organization will be holding presentations for anyone that is new to Medi-Cal and encouraged people to look into HiCAP as a resource.

Laura DeLoye shared that people on the committee were able to speak with representatives from Yale University regarding ASPC, as the representatives were doing a study looking at the intersection of health and social services for aging communities. The representatives chose SLO County based on selections such as low rate admission rates in hospitals, low Medi-Care costs, etc. Ms. DeLoye shared that the representatives were impressed with the idea of ASPC meetings and gave kudos to the committee for continuing to meet as a group.

Barry Johnson acknowledged Ms. DeLoye's work in delivering the annual report to the Board of Supervisors. The "Letter of Support to the Board of Supervisors" will be on the March 15, 2016 agenda. The committee will write a letter to the planning commission regarding the Templeton Mental Health Facility.

### **Corrections/Additions to the Synopsis:**

Following changes need to be made on past minutes:

- In Current County Updates, "Behavioral Health Facility-Templeton facility approves anonymously by the planning commission" should read "Templeton facility approves unanimously...".
- In Current County Updates, "Diesel Water...." should read "De-Sal Water".
- Attendees: Joyce Ellen Lippman was in attendance.
- In Introductions and Announcements, "Jason Portugal-E-Strike Cal Poly looking for a home", should read "Jason Portugal- E-Tryke Cal Ply looking for a home".

All committee members announced they are in favor of minutes.

### **Action Items:**

Election of ASPC Officers: Ms. DeLoye announced that herself and Marie Brinkmeyer will be stepping down. Barry Johnson will be Chair and Andrew Jackson will be Second Vice Chair. The First Vice Chair position is open. Committee spoke about tasks and responsibilities for chair positions. The committee will be contacting people in the upcoming month; however, the committee will not need people in place until the end of June. No meeting will be held in July.

### **Committee Updates:**

**IHSS:** Suzanne Garcia provided an update, stating that providers will now be receiving federal overtime pay which began on February 1, 2016. Providers will now be given \$17.18 per hour for overtime pay if working over forty hours, while continuing to earn their base salary of \$11.45. Some providers are also able to receive travel pay for up to seven hours per week, which does not impact client hours. This travel time can be for any mode of transportation. Further, a provider's wait time while waiting for a client may potentially be available and approved as medical accompaniment. There are restrictions on overtime hours and it varies given the different situations. There still continues to be a need for caregivers in this county. Caregivers/care providers will go through orientation, a background check, will be placed in a caregiver registration and then placed in a matching process that will match them with clients. The provider will also need to be fingerprinted, which can increase the time of enrollment. Ms. Garcia stated that she may be contacted for further information. The IHSS eligibility process takes approximately 45 days or longer, if the client needs to be found eligible for Medi-Cal first, as Medi-Cal pays for IHSS services.

**POLST:** Ms. Jean Raymond shared that there has not been a meeting, but "something is in the works for Spring" that will focus on spiritual care providers. Ms. Raymond will have more details in the upcoming months.

The next ASPC meeting will be held on April 1, 2016. The guest speaker will be Shontae Cross from JODI's house.