

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium
Martin L. Meltz, PhD

Elected Officials

CA Assemblyman Katcho Achadjian, 35th District
CA Senator Bill Monning, 17th District

Non-Profit Agencies

211 Hotline
AIDS Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Senior Volunteer Services (RSVP/CCCV/PLS)
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
SLO Hep C Project
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Bates Care Management
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
SLO Regional Rideshare
Social Services/Adult Services

Chair: Laura DeLoye (805) 225-6101 mariposamusictherapy@gmail.com
Immediate Past Chair: Marie Brinkmeyer (805) 544-8740 rsvpslo@srvolunteer.org
First Vice Chair: Barry Johnson (805) 540-6540 bjohnson@t-mha.org
Second Vice Chair: Vacant

AGENDA

04/01/2016

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT: (5 Minutes or less)

GUEST SPEAKER: (45 Minutes) (15 Minutes Q&A)

- **Shonntae Cross, Jodi House (10 mins)**
- **Grace McIntosh, CAPSLO Needs Assessment (25 mins)**
- **Biz Steinburg, ACTION for Healthy Communities survey (10 mins)**

MEMBER COMMENT: (5 Minutes)

- **Older Americans Month Proclamation – BOS, May 10th**

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS: (5 Mins)

- **Present slate of officers for FY 16/17**

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- **IHSS**
- **POLST**
- **Transportation**

MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

NEXT MEETING:

05/06/2016

Adult Services Policy Council

4/1/2016

9:00 a.m.-11:00 a.m.

ATTENDEES:

Jason Portugal, UCP of SLO/Ride-On
Meredith Bates, Bates Care Management
Theresa Scott, CenCal Health
Becky Watson, Alzheimer's Association
Sara Bartlett, Central Coast Home Health & Hospice
Laura DeLoye, Arts for Living/Mariposa Music Therapy
joyce ellen lippman, Central Coast Commission for Seniors
Mara Whitten, CAPSLO Adult Day Program
Andrew Jackson, Amdal In-Home Care
Suzanne Garcia, SLO Co. Social Services
Paul Smith, Extended Family Care Associates
Jamie Dietze, Wilshire Community Services

ATTENDEES:

Marie Brinkmeyer, RSVP-Sen. Volunteer Services
Shonntae Cross, ILRC/Jodi House
Kathleen Bellefontaine, Commission on Aging of SLO County
Grace McIntosh, CAPSLO
Jean Raymond, French Hospital/Health Comm.
Tony Huffaker, Hospice of SLO County
Jay Wells, SLO Co. Sheriff's Department
Diane McPartlan, SLO Co. Victim Witness Program
Biz Steinberg, CAPSLO
Michelle Shoreman, Public Health Department
Rick Gulino, People's Self-Help Housing

INTRODUCTIONS AND ANNOUNCEMENTS:

Laura DeLoye of Arts for Living/Mariposa Music Therapy shared that there will be a concert of the SLO County Trumpet Alliance 4/17/16 at 3 p.m. at St. Timothy's Church in Morro Bay. It's a benefit concert for UCP.

Laura also announced that Kris Kington-Barker with Central Coast Voices radio show on KCBX recently interviewed several people regarding housing in SLO county (including Homebuilder's Association). The show can be accessed in the KCBX archives.

Sara Bartlett of Central Coast Home Health & Hospice shared that there will be two free Parkinson's disease workshops. One is 4/1/16 from 2:30-3:30 p.m. at the SLO Library Community Room and the other is 4/8/16 from 3-4 p.m. at the Founders Pavilion at Twin Cities Community Hospital. The topic is on Exercise for people with Parkinson's disease and Essentials for Wellness

Jamie Dietze with Wilshire Community Services announced several trainings: Elements of Mediation Training 4/7-4/8/16 from 8:30a.m.-4:30p.m.; Senior Peer Counseling training 4/7-5/19/16; Good Neighbor/Volunteer Training Orientation 4/28/16 from 12-2p.m. in Paso Robles.

Diane McPartlan with Victim Witness shared that April is Crime Victim Rights month and there will be a Proclamation done on 4/5/16. She also shared there will be a SLO Police Department fundraiser on 4/9/16 and Victim Witness will be at the Thursday night SLO Farmer's Market throughout April

Michelle Shoreman with Public Health handed out brochures regarding the Medi-Cal expansion for children that begins 5/1/16

Kathleen Bellefontaine, Chairperson of SLO County Commission on Aging, shared that there are monthly meetings of the Hearing Loss Association with captioning at the Villages and that the Commission on Aging has hearing loss tips cards

Jean Raymond from French Hospital and Tony Huffaker from Hospice of SLO announced Partners in Caring: The Courage to Listen, a workshop for faith and health care workers that is also open to the public on 4/15/16 from 9a.m.-12:00 p.m. at French Hospital Medical Center Copeland Health Education Pavilion 3rd Floor Auditorium. This meeting of faith providers and health care workers is to talk about end-of-life decisions, the importance of POLST, etc.

Tony Huffaker of Hospice of SLO also announced the Eroica Vintage Bike Rally fundraiser 4/8/16 - 4/10/16 in Paso Robles and the California Festival of Beers fundraiser 5/27/16 - 5/28/16 at the Madonna Meadows.

joyce ellen lippman of Central Coast Commission for Senior Citizens reminded everyone of the call for nominations for Older Americans Month awards, which are due April 15th

Meredith Bates of Bates Care Management shared that the Elder Abuse Prevention Seminar on Intimate Partner Violence and the Older Adult will be 5/20/16 at the Culinary Institute in Paso Robles from 8:30a.m.-4:00p.m. and will send the electronic registration form to Laura for distribution. She also announced Bates Care Management has opened a branch office in Atascadero

Jason Portugal from UCP/Ride-On announced the Night Without Limits 2016 – A Colorful Carnavale fundraiser 4/16/16 from 6-10 p.m. in SLO. They are anticipating it will sell out so get tickets soon. Jason also reminded everyone that the MSAA grant survey is still available on Ride-On's website and they are looking for more input.

Theresa Scott with CenCal Health shared there will be a Healthcare Forum on 5/12 at Vets Hall from 9-11a.m.

Mara Whitten with CAPSLO Adult Day Program announced the Fancy Hat Tea Party on 4/17/16 from 1-3p.m. at Vina Robles Winery in Paso Robles

Andrew Jackson with Amdal In-Home Care stated their gurney transport starts later this month

Marie Brinkmeyer of Senior Volunteer Services announced their raffle fundraiser for 101 bottles of wine which will be drawn on 4/15/16. \$25 a ticket or 5 for \$100

Rick Gulino with People's Self Help Housing shared they are closing escrow on a Paso Robles 60 unit USDA subsidized property with a groundbreaking ceremony with a light lunch 5/3/16 at 11:30. RSVP.

Mary Shultz with Family Home Care announced they are looking for more caregivers

PUBLIC COMMENT:

The Board of Supervisors passed the Templeton Mental Health Facility project. Theresa Scott from CenCal suggested Ann Robin from County Mental Health to come speak on this

Guest Speakers:

Biz Steinberg, CAPSLO

Vital Signs Survey for Healthy Communities

The ongoing goal of the report is to keep people aware of quality of life issues for frail or disabled residents of the county. Multiple groups involved. Topics include things like Health and Human Services, Behavioral Health, water, air quality, graduation rates etc. Many of us have used the documentation from this secondary data for needs assessments. Trends seen include housing, quality healthcare and jobs.

The new project will be done at end of December (completed report). Project consists of a 15 minute phone survey done randomly. Want to be able to have face-face interactions with elderly, homeless and English Language Learners to determine needs. Goal is to gather 200 surveys. We're asking ASPC members to help by giving this survey to their clients. There will be training in late April or early May to orient your staff point person on how to do the interview. Report goes to the Board of Supervisors, Commission on Aging, etc. Visit

Actionslo.org to view 2013 report. Example of information compiled from report: special folios like Vital Signs on Homelessness

Grace McIntosh, CAPSLO **CAPSLO Needs Assessment**

Part of Community Action Planning process at CAPSLO. Focus is on elderly seniors and those with disabilities. Top needs identified in 2015: IHSS, especially with cognitive impairment increasing which limits housing options, geriatric medical and dental services that have long wait lists, geriatric psychiatric services-more facilities needed and allow LCSW to provide services, more caregiver respite and ADCs, transportation-affordable and accessible, financial management especially for those at-risk, for emergencies etc. , and housing. Crisis points of need: IHSS, mental health services, low pay for workers, geriatric psychiatric, mental, dental

Has anything improved in last year?

- 1) Inpatient psych unit in Templeton in process
- 2) Day Center in Nipomo? Assisted Living Center being built there?
- 3) CHC has recently hired a few LCSWs to provide behavioral health services
- 4) Transportation: Stephanie from SLO Cog-possible sales tax to fund transportation needs. Ride-On expanded to Monday-Friday and exploring option of Senior Shuttle on the weekends or in evening. Partnerships developing-Hearst Cancer Research Center partners with Ride-On for rides for treatment; CenCal provides transportation for medical necessity

In the last year, some services have gotten worse. For example, 5% reduction in homemaker program, lack of affordable assisted living for those dealing with Alzheimer's/dementia leading to increasing number of seniors with dementia in shelters or on street; lack of IHSS care providers; transportation funding cuts

Are there differences in gaps and/or services depending upon the area in the county that these individuals reside in?

--Medi-Cal can't fund supportive housing (RCFE)-would have to fund a supportive program that could in-turn fund housing. Assisted living facility waiver (state Medi-Cal) piloted in other counties has had mixed reviews and may not work in our county due to low vacancy rates and high rates they can receive at RCFEs
--Senior Centers-some are more utilized than others. Would multi-generational centers be better?

2016-top gaps in services:

--Lack of support at federal level for senior services with Silver Tsunami on its way. More collaboration needed.
--More income disparity between wealthy and the poor with need to think more creatively about solutions
--Housing, caregiving

Shonntae Cross, Jodi House **Jodi House Brain Injury Support Center**

--The Jodi House is the only non-profit in SLO County with the primary focus of supporting those with brain injury and is one of seven sites funded by the CA Department of Rehabilitation. Goal of Jodi House is to support survivors of brain injury after the medical side is complete with case management, information and referral, connection with classes and services in the community, assistance with finding housing, etc. Jodi House in Santa Barbara is a day center for people with brain injury. Hope is to have that in SLO County.

--Two types of brain injury:

TBI: from blunt force trauma, open/closed wound, falling, concussion, car accidents (2.4 million/year)
Acquired brain injury-stroke, aneurysm, encephalitis (795,000/year)

--In 2014 Jodi House provided 11,493 hours of service to 115 active members, 200 hours of I&R services. 68% are TBI, 22% are CVA, Aneurysm=6% with SB-94%; SLO-5%; Ventura-1% (of cases); age range is 19-91

--Membership is on a sliding fee scale, no one is turned away due to inability to pay. 75% of program participants have annual incomes below \$20,000. Most of them pay \$20 one-time fee. Serve homeless individuals with brain injury, collaborate with Cottage Hospital and Central Coast Caregivers Resource Center

--Susan Cass-Program Director: 563-2882 x. 3; susan@jodihouse.org; info@jodihouse.org

--Shonntae Cross: 7425 El Camino, Ste. R, Atascadero; 462-1162 x 416; shonntae@jodihouse.org; (provides case management in their home-90% live with their families)

Member Comment:

Older Americans Month Proclamation to Board of Supervisors May 10th-joyce ellen's draft: Marie Brinkmeyer moved to accept the draft as presented and Jean Raymond seconded. All were in favor.

Corrections / Additions to the Synopsis:

Fiona Phillips is listed twice in attendees

Laura Wiley should be Laurie Wylie

Theresa Scott moved to approve the synopsis as noted and Shonntae Cross seconded. All were in favor of approving the minutes with this change.

Action Items:

Presentation of slate of officers for FY 16/17:

Barry Johnson: Chair

Laura DeLoye: Immediate Past Chair

Meredith Bates: First Vice Chair

Andrew Jackson: Second Vice Chair

Kathleen Bellefontaine moved to accept these nominations for officers and Jay Wells seconded. The slate of officers was unanimously approved.

Committee Updates as needed:

IHSS-no updates

POLST- Partners in Caring: The Courage to Listen. See announcements.

Transportation-Amanda Ross has been hired to Sara Sanders old position with SLO Cog

Jason Portugal: Second series of groups for MSAA grant-user group- in April will dictate what the product should be-will send out the date of the meeting/conference call.

Next ASPC meeting May 6, 2016