

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.
Our vision is safe and supported adults & seniors with access to a full continuum
of resources & independence wherever they reside.

Members

Boards, Commissions and Community Groups

Adult Abuse Prevention Council
Commission on Aging
County Board of Supervisors
Drug and Alcohol Advisory Board
Health Commission
Mental Health Advisory Board
SLO Supportive Housing Consortium

Non-Profit Agencies

AIDS Support Network & SLO Hep C Project
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO County
Community Health Centers / Services of the
Central Coast
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Transitional Food & Shelter
Transitions/Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of San Luis Obispo County
Wilshire Community Services / Caring Callers /
Creative Mediation / Senior
Peer Counseling / Good Neighbor

Private Organizations

Bates Care Management
Bella Vista Transitional Care
French Hospital - Dignity West
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Senior Living Consultants
Sierra Vista – Tenet Healthcare

Public Agencies

San Luis Coastal Adult School
San Luis Obispo County
Board of Supervisors
San Luis Obispo County Departments
District Attorney / Victim Witness Assistance
Health Agency: Public Health / Public
Guardian / Medical Services / Behavioral
Health / Health Promotion
Probation Department
Sheriff
Department of Social Services / Adult Services
Veteran's Services

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Chair:	Laura DeLoye	(805) 225-6101	mariposamusictherapy@gmail.com
Immediate Past Chair:	Marie Brinkmeyer	(805) 544-8740	rsvpslo@srvolunteer.org
First Vice Chair:	Sonnie Brown	(805) 544-2266	sonniebrown@hospiceslo.org
Second Vice Chair:	Kathleen Bellefontaine	(805) 235-5779	kbellefont@charter.net

AGENDA

08/01/2014

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS:

(New developments for the population, agency or program changes
that affect other agencies or programs)

PUBLIC COMMENT: (5 minutes or less)

GUEST SPEAKER:

- **Officer Laura Browning - Silver Alerts & Age Well, Drive Smart**

MEMBER COMMENT:

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS:

- **First Vice Chair Election**
- **Gaps Workgroup**
- **ASPC Annual Report**

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- **IHSS**
- **POLST**
- **Transportation**

MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

NEXT MEETING:

09/05/2014

Adult Services Policy Council

08/01/14

9:00 am – 11:00 am

ATTENDEES:

Marie Brinkmeyer, RSVP – Senior Volunteer Services
Laura DeLoye, Mariposa Music Therapy/Arts for Living
Sonya Laputz, Alzheimer's Association
Fred Munroe, Ridership Development
Mark Schaffer, Ride-On Trans./United Cerebral Palsy
Kathleen Bellefontaine, Commission on Aging
joyce ellen lippman, Area Agency on Aging
Jerry Mihaic, Independent Living Resource Center
Rick Gulino, People's Self-Help Housing
Laura Browning, California Highway Patrol
Liz Ruth, Aide to Supervisor Caren Ray, District 4

ATTENDEES:

David Kilburn, AIDS Support Network/SLO Hep C Proj
Teresa Merkle-Scott, CenCal Health
Grace McIntosh, CAPSLO
Jean Raymond, French Hospital/Health Commission
Kelly Hannula, Independent Living Resource Center
Sara Sanders, SLO Regional Rideshare
Stephanie Barclay, Senior Legal Services Project
Kristina Uvalle, Central Coast Autism Spectrum Center
Anna Garibay, Dept of Social Services
Margie Alita, Dept of Social Services (Synopsis)

INTRODUCTIONS AND ANNOUNCEMENTS:

Chairwoman Laura DeLoye announced the resignation of Sonnie Brown from Hospice of SLO. Ms. Brown also resigned from ASPC.

Mark Schaffer announced UCP's upcoming 2014 events: "September" Fitness with a Cause runs from Sept. 3 to Oct. 1. This is a month-long event in which you and three friends form a team to track your daily activities. Activities can include swimming, biking, etc. The "Walk & Roll – Festival of Mobility" will be held Oct. 18, 2014. It is a parade style walk; a large vendor fair will also showcase local services and organizations.

Sonya Laputz announced a fundraising effort scheduled for Sept. 3, 2014, at the Olive Garden in San Luis Obispo. From 4 pm to 10 pm the restaurant will donate 10% of every meal and beverage to the Alzheimer's Association. She also stated the annual Walk to End Alzheimer's is scheduled for Oct. 18, 2014. Contact Sonya at 547-3830 or slaputz@alz.org or Rayleen Moran at 784-9400 or rmoran@alz.org for more information. Teams are being organized now.

David Kilburn announced Tapas and Tasters scheduled for Sept. 28, 2014. Topsy Gypsies will perform. The 23rd Annual Walk for Life is scheduled for Nov. 1, 2014.

Fred Munroe, co-host of Central Coast Voices on KCBX Radio, encouraged all to tune in on Thursday, August 7, 2014, at 1 pm when the topic of immunizations will be discussed. He stated SLO County has one of the highest incidences in California of parents who choose not to immunize their children. There are many consequences to this trend due to the risks it poses to the entire population.

PUBLIC COMMENT:

Laura DeLoye stated the "Public Comment" portion is to allow non-members and visitors to ask questions and to make brief announcements regarding ASPC. Sara Sanders of SLO Regional Rideshare encouraged all to take the pre-survey for the Mobility Management Workshop. Participating in the survey enters your name in a drawing to win a \$20 gift card.

GUEST SPEAKER:

Members welcomed Laura Browning, Public Information Officer for the California Highway Patrol (CHP) San Luis Obispo office. The CHP is coordinator for the Silver Alerts, Age Well & Drive Smart, and On the Golden Road programs. These programs allow older individuals to evaluate and address their driving skills and deficiencies as well as allow family members to be better informed. Officer Browning stated the Silver Alert program is similar to the Amber Alert program. A Silver Alert will be broadcast when an individual 65 or older is missing and exhibits some form of high-risk behavior (Alzheimer's, Parkinson's, dementia, are in a situation where s/he is unlikely to care for self, etc.). Currently these are broadcast in English only. To maximize its

effectiveness, viable information is essential. This includes having a current photograph of the missing individual and vehicle information (car make/model, year, vehicle license number). When an older individual is contacted by law enforcement, s/he is likely to not be forthcoming about his/her current situation due to disorientation and perhaps the fear of losing driving privileges. To help determine an older individual's orientation, law enforcement will ask simple questions (similar to those administered during a field sobriety test) such as: Who is the President, what year is it, what day is it? She provided a link, <http://www.chp.ca.gov> (click on Community, in the Public Informational Videos section click Older Californian Driver and Their Families) to get more information.

As the population ages, federal, state, and county agencies are trying to better prepare and determine what can be done to help older drivers. The CHP has a senior volunteer program (On the Golden Road) to help seniors evaluate and make realistic decisions on their ability to drive safely. In this way the individual will determine the best choice for him/her. The Silver Alert program is set to expire on January 1, 2016, and Officer Browning encouraged all to contact their legislators so that funding for this valuable program continues. Members stated there are many resources available to those who cannot drive or choose not to drive anymore, including public transportation, senior shuttles, taxis, etc. Officer Browning provided the phone number for Rich Lee of the SLO CHP office (593-3300) if more information is needed and to schedule presentations.

Officer Browning concluded by reminding members that a new program, Start Smart, begins August 13, 2014, at 6 pm. This monthly program targets those with a provisional driver's license. It will be presented in Spanish at the CHP office and again in English in September. She encouraged all to help get the word out. Members thanked Officer Browning for her time.

MEMBER COMMENTS:

Chairperson Laura DeLoye reminded the group that the "**Member Comments**" portion is an open forum to speak about concerns and issues and make collaborations.

Jerry Mihaic's group uses the Exploration Station in Grover Beach to provide consumers with inexpensive computer equipment. As it is going through a transition and is currently closed, he inquired about other resources to get free or low cost computers. Members suggested he check on craigslist.org and/or contact Cal Poly.

Kathleen Bellefontaine stated there appears to be a disconnect between residents and managers in some senior housing projects when complaints are made and/or issues arise. She wondered if this is due to biases, real or perceived, against the disabled and seniors. She questioned whether it is possible that some boards are comprised of members who can potentially have conflicts of interest by serving on these boards.

Rick Gulino stated most boards are made up of unpaid volunteers and those who want to see more affordable housing so there wouldn't be a conflict of interest.

Fred Munroe stated that the HASLO has a resident advisory body that meets as an independent entity. The board of Housing Authority does not pick who serves on the advisory body. He stated most nonprofit boards are made up of community members.

Kelly Hannula suggested if there is a problem related to getting motorized equipment for ramp access her agency can act as a go-between to try to work out issues and problems can be resolved quickly.

Rick Gulino stated HASLO will be opening the Section 8 Waiting List on August 2, 2014. Applicants will only be allowed to apply online and will have three weeks to do so. Selections will be made by a lottery and only 500 applicants will be selected. Applicants who do not have internet access can visit public libraries to apply. If an applicant needs a paper application, they should contact HASLO directly.

CORRECTIONS/ADDITIONS TO THE SYNOPSIS:

Marie Brinkmeyer made a motion to approve the synopsis as is; Kathleen Bellefontaine seconded the motion and it was passed unanimously.

ACTION ITEMS:

- **Election of 1st Vice Chair** – A motion was made by the group to move Kathleen Bellefontaine to this seat. Ms. Bellefontaine accepted the appointment and the motion passed unanimously. A motion was made to table the Election of 2nd Vice Chair to the Sept. 5, 2014, meeting.
- **Gaps Workgroup** – The group has not met since Sonnie Brown's resignation. Kat Lauterback will schedule a meeting.
- **ASPC Annual Report** – Marie Brinkmeyer provided a draft of the report and requested additional information and comments/feedback from members. Help in identifying future goals is also needed. Comments included adding Rideshare and Ridership Development Consultants to the ASPC Council Members list. Ms. Brinkmeyer asked that comments be emailed to her in a week's time so that a final draft can be reviewed and the report can be submitted. A question was raised regarding the procedural process of officially submitting the report. Liz Ruth will check on the policy and report back at the Sept. 5, 2014, ASPC meeting. In addition to the Annual Report, Ms. DeLoye stated the Care/Case Management Continuum of Service Grid has been updated and she requested members review and send edits to her. The purpose of the grid is to provide a basic inventory of case management and care management services to inform policy development related to unmet needs. Ms. DeLoye will email the document to members.

COMMITTEE UPDATES:

IHSS – No update

POLST – On Aug. 15, 2014, a new version of the POLST form will be available to download and goes into effect on October 1, 2014. It is a good document to specify end-of-life decisions. Jean Raymond asked for input from as many groups as possible. A discussion regarding POLST was broadcast on April 3, 2014, on KCBX Radio. The podcast can be found in their archives.

Transportation – Mark Schaffer stated they are looking into senior communities that are not currently being served with public transit to help establish a weekly time to transport individuals to the local shopping area. Fred Munroe stated the RTA board will reevaluate the fare rates for Runabout due to the fact that they have been undercharging for a long time. A rate study will begin in the fall. Overall it is still a reasonably inexpensive way to travel but changes are anticipated. Mr. Schaffer stated Ride-On is still working on a network to connect multiple transportation providers so that rides can be coordinated more efficiently. He also stated Ride-On will be acquiring seven buses in October and is looking to hire drivers.

A final reminder was made about the Second Annual Mobility Management Workshop scheduled for October 23, 2014, from 11:30 a.m. to 1:30 p.m. and includes lunch.

Meeting adjourned at 10:56 a.m.