

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

## Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council  
Behavioral Health Board  
Commission on Aging  
County Board of Supervisors  
Health Commission  
SLO Supportive Housing Consortium  
Martin L. Meltz, PhD

## Elected Officials

CA Assemblyman Katcho Achadjian, 35<sup>th</sup> District  
CA Senator Bill Monning, 17th District

## Non-Profit Agencies

211 Hotline  
AIDS Support Network  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Community Action Partnership of SLO (CAPSLO)  
Community Health Centers (CHC)  
Dignity Health-French Hospital Medical Center  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
LTC Ombudsman Services of SLO County  
North County Connection  
Peoples' Self Help Housing  
Retired Senior Volunteer Program (RSVP)  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
SLO Hep C Project  
SLO Regional Rideshare  
Transitions-Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of SLO County  
Wilshire Community Services

## Private Organizations

Bates Care Management  
Bella Vista Transitional Care  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Maxim Healthcare Services  
Ridership Development Consultants  
Senior Living Consultants

## Public Agencies

San Luis Costal Adult School

## San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services  
District Attorney / Victim Witness Assistance  
Public Health  
Probation Department  
Sheriff Department  
Social Services/Adult Services

<b>Chair:</b>	<b>Laura DeLoye</b>	<b>(805) 225-6101</b>	<a href="mailto:mariposamusictherapy@gmail.com">mariposamusictherapy@gmail.com</a>
<b>Immediate Past Chair:</b>	<b>Marie Brinkmeyer</b>	<b>(805) 544-8740</b>	<a href="mailto:rsvpslo@srvolunteer.org">rsvpslo@srvolunteer.org</a>
<b>First Vice Chair:</b>	<b>Sara Sanders</b>	<b>(805) 781-1385</b>	<a href="mailto:ssanders@rideshare.org">ssanders@rideshare.org</a>
<b>Second Vice Chair:</b>	<b>Barry Johnson</b>	<b>(805) 540-6540</b>	<a href="mailto:bjohnson@t-mha.org">bjohnson@t-mha.org</a>

## AGENDA

11/06/2015

9:00 a.m. - 11:00 a.m.

### INTRODUCTIONS and ANNOUNCEMENTS:

(New developments for the population, agency or program changes that affect other agencies or programs)

### PUBLIC COMMENT: (5 minutes or less)

### GUEST SPEAKER:

- **Judy Vick, SLO Co Adult Mental Health**

### MEMBER COMMENT:

- **Kat Lauterback, DSS Adult Services**

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

### ACTION ITEMS:

### COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- **IHSS**
- **POLST**
- **Transportation**

### MEETING LOCATION:

**CAPSLO**

**1030 Southwood Drive, San Luis Obispo**

### **NEXT MEETING:**

**12/04/2015**

**Adult Services Policy Council**  
**11/06/2015**  
**9:00 a.m.-11:00 a.m.**

**ATTENDEES:**

Sonya Laputz, Alzheimer's Association  
Meredith Bates, Bates Care  
Theresa Scott, CenCal Health  
Brittany Carraway, People's Self-help Housing  
Fred Munroe, Ridership Development  
Marie Brinkmeyer, Senior Volunteer Services  
Elias Nimeh, Senior Nutrition Program  
Susana Castaneda, SLO County Public Health  
Sara Sanders, SLO Regional Rideshare  
Jamie Dietze, Wilshire Community Services  
joyce ellen lippman, Central Coast Commission

**ATTENDEES:**

Laura DeLoye, Mariposa Music Therapy/Arts for Living  
Judy Vick, Behavioral Health/Mental Health Services  
Kathleen Bellefontaine, Commission on Aging  
Jean Raymond, French Hospital/Health Commission  
Jason Portugal, Ride-on/United Cerebral Palsy  
Stephanie Barclay, Senior Legal Services Project  
Sean Martin, SLO County Probation Department  
Kat Lauterback, DSS Adult Services  
Barry Johnson, Transitions-Mental Health

**INTRODUCTIONS AND ANNOUNCEMENTS:**

Chairwoman Laura DeLoye welcomed group- 1<sup>st</sup> solo annual fundraiser for "Arts for living", Nov 7<sup>th</sup>. See flyer

Marie Brinkmeyer- Senior Volunteer Services will be having an annual Holiday Boutique November 14<sup>th</sup>. If you have any donations you can take them to Marie in SLO at 660 Pismo Street.

Rosalyn Strohl- Hospice SLO meets every other Friday for caregivers and volunteers. The DULA program is developing to train caregivers and volunteers.

Sean Cross- JODI House Brain injury support center, established in 1982 is moving to SLO County. They have received funding- See brochure

Elias Nimeh- Meals to 1500 seniors, they have 300 volunteers, 26 employees and 2 food vans that need repairs. Senior nutrition is in the process of starting a new program in hopes to bring new food vans.

Fred Munroe- you can listen to a taped interviews on KCBX website about Alzheimer's and baby-boomer. Highly encourage to listen, very informative.

Sonya Laputz- Alzheimer's walk pledged \$90,000, actually raised \$116, 000. November 20<sup>th</sup> Second annual Luncheon Alzheimer's Women's Initiative, Maria Shriver to speak at event.

joyce ellen lippman- annual enrollment for part D Medicare, ends December 7<sup>th</sup>.

Kat Lauterback- DSS Senior Supportive Services phone guide handed out.

Kristen Erb- Annual fund raiser walk for life at Santa Rosa Park November 7<sup>th</sup>.

Susana Castaneda - MISP is a County program to help qualified low income residents pay for necessary medical care. This program is not a health Insurance; it provides limited short-term coverage for some medical needs. To contact MISP, Call (805) 781-4838. See brochure

Teresa Scott- CenCal Health is launching a new website, new section with news and events. If you have any events coming up let Teresa know to support and give your event exposure on the website.

Kathleen Bellefontaine- Meeting 3<sup>rd</sup> Friday of the month at Vets Hall in SLO, next meeting is on November 20<sup>th</sup> 10:00. Keep informed on what is going on in our community with seniors.

Jean Raymond- Conscious living and dying: What really matters at the End-of-Life, Hospice Physician and Author Dr. Karen Wyatt will be speaking on November 12<sup>th</sup> 6-7:30 at Embassy suites Hotel in SLO. Register at Eventbrite.com or by calling Hospice SLO at 805-544-2266.

Andrew Jackson- There is a change coming up in January 2016 that will affect all companies. Amdal started a non-Emergency transportation for local and statewide clients.

**PUBLIC COMMENT:**

None

**GUEST SPEAKER:**

Judy Vick, SLO County Adult Mental Health

- Improving continuum care- Outpatient treatment, Full service partnerships, adults and older adults, crisis resolution team, hospital response, mental health evaluation team (Entire County), Crisis stabilization unit, psychiatric health facility.
- Outpatient treatment: 3 regional outpatient clinics, north, central and south county. Six new clinician positions added to the multi disciplinary treatment team. Increased Spanish speaking services capacity.
- New 2015- Partnered with Wilshire and transitions mental health association, Successful for adults and older adults and will provide them with resources/services for their needs.
- Crisis Resolution team: added in 2015, enhanced crisis evaluation services for local hospitals. Over 100 face to face mental health evaluations since October 2014. Crisis intervention services and individualized voluntary safety plans reducing the need for hospitalization. Expedited psychiatric hospitalization in and out of county when necessary.
- Crisis stabilization unit proposed 23 hour crisis located on campus, 4 beds for adults per unit. Psychiatric behavioral health has increased permanent staff, made facility safety improvements and increased wellness and recovery focus.
- San Luis Obispo County Behavioral Health Facility (PHF) - In 1960, 38K Psychiatric beds in California; there is now 4K. 30 out of 58 counties in California do not have a psychiatric facility. There are 16 inpatient psychiatric beds for a population of 275K.
- In 2003 the PHF became free standing; nearest facility is 2.5 hours away (Santa Rosa, Ca & South to Los Angeles area). The PHF is the only 5150 designated facility within the county of SLO.
- PHF transfers over 340 patients out of county alternative inpatient facilities per year. The PHF is a standalone Psychiatric health facility; it is not a medical Hospital.
- PHF is licensed to treat 16 community members including youth. PHF is required to report to department health care services if they go over the census at any time. The written plan of correction must show how they will return to census.
- 2013-2014 PHF had 1,246 Admissions
- The typical stay for patients is 72 hours (5150) or 14 day (5250)
- PHF has a waiver to serve 1-2 minor but at times serves up to 4
- Patients have the right to make and receive phone calls

- Individuals with mental illness have the right to be in the community unless they are a danger to themselves, others or gravely disabled.
- Individuals with mental illness have the right to refuse medication in the community and PHF unless there is a court order.
- PHF is licensed to treat medical clearance to determine proper diagnosis, has only basic life saving equipment and cannot treat individuals with eating disorders.
- Security: one on one supervision, minors are kept in a separate wing. Seclusion (2rooms) – for people that will try to hurt themselves, must be checked on every 15 minutes to continually assess to see if patient meets release criteria.

**MEMBER COMMENT:**

Kat Lauterback- Introduced Julie, New supervisor for QA in IHSS DSS. Kat will be leaving the group and moving to Cal Fresh with DSS. Suzanne Garcia will take her place in adult services. Emma Caballero will still be the contact person; call (805) 781-1790 for Adult services.

**CORRECTIONS / ADDITIONS TO SYNOPSIS:**

Corrections to the draft synopsis are presented. The synopsis was approved as a group.

**ACTION ITEMS:**

None

**COMMITTEE UPDATES AS NEEDED:**

**IHSS-** None

**POLST-** January 2016 New law change for PA's & MP's will be able to sign the POLST. New forms will be on the website

**Transportation-** Sara mentioned congress is proposing some funding for transportation that will be presented to the board in February 2016.