

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium
Martin L. Meltz, PhD

Elected Officials

CA Assemblyman Katcho Achadjian, 35th District
CA Senator Bill Monning, 17th District

Non-Profit Agencies

211 Hotline
AIDS Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Senior Volunteer Services (RSVP/CCCV/PLS)
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
SLO Hep C Project
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Bates Care Management
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Costal Adult School

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
SLO Regional Rideshare
Social Services/Adult Services

Chair: Barry Johnson (805) 540-6540 bjohnson@t-mha.org
Immediate Past Chair: Laura DeLoye (805) 225-6101 mariposamusicttherapy@gmail.com
First Vice Chair: Vacant
Second Vice Chair: Andrew Jackson (805) 464-0108 ajackson@amdalinhome.com

AGENDA

09/02/2016

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)
(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT: (5 Minutes or less)

GUEST SPEAKER: (60 Minutes)

- **Kat Lauterback, Dept of Social Services**

MEMBER COMMENT: (5 Minutes)

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS: (5 Mins)

- **ASPC First Vice Chair Vote**

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- **IHSS**
- **POLST**
- **Transportation**

MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

NEXT MEETING:

10/07/2016

Adult Services Policy Council

09/02/2016

9:00 AM-11:00 AM

Attendees:

Executive Chair: Barry Johnson, Transitional
Mental Health Association
Second Chair: Andrew Jackson, Amdal In-
Home Care
Martina Tovar, DSS
Carmen Lopez, DSS
Becca Rayner, DSS
Kat Lauterback, DSS
Suzanne Garcia, DSS
Roxi Selck, DSS
Leann Booker, DSS
Ashley Salvador, Jodi House
Caroline Stevenson, Victim Witness
Karen Jones, LTC Ombudsman
Jay Wells, SLO Co. Sheriff's Department
Fred Munroe, Ridership Development

Dee Rittenhouse, Tri-Counties Regional Ctr
Becky Watson, Alzheimer's Association
Brittany Carraway, Peoples' Self Help
Housing
Laurie Wylie, Elder Care Residential Services
Theresa Scott, CenCal Health
Laura DeLoye, Arts of Living/Mariposa
Music Therapy
Tony Huffaker, Hospice of SLO County
Michelle Blanc, Twin Cities Hospital
Sarah Trauger, SLOCOG
Marie Brinkmeyer, Senior Volunteer Svcs
Gina Perrault, Home Instead
Jason Portugal, Ride On
Elias Nimeh, Senior Nutrition
Susan Ross, SLO County Public Health

Introductions and Announcements:

- Chair, Barry Johnson opened up the meeting at 9:06 AM
- Sarah Trauger, SLOCOG, announced that she had pamphlets available with her today for individuals to take with them as needed. If anyone is interested in having her do a presentation for their company or committee, she is more than excited to do so.
- Jason Portugal, Ride On, announced that he is feeling optimistic. He recently received the numbers for senior shuttle rides and it has doubled from 5,000 to 10,000. He had a meeting with MSAA group regarding a collaboration that is going to take place and they are moving forward in a positive way.
- Karen Jones, Ombudsman Services, brought to the attention of the room that we should have an action item to try and get social worker's more involved and maybe we can make this happen by getting a sub-committee together and a possible grant.
- Becky Watson, Alzheimer's Assoc, announced that in Oct there will be a walk for Alzheimer's. Tues, Sept 13th will be the walk kick off from 4:30 PM-6:30 PM with wine and tacos at the Garden Plaza.
- Theresa Scott, CenCal Health, announced that the Fiestas Padre event will be September 15th at the Mission and they are looking for sponsors if anyone is interested.
- Michelle Blanc, voiced that she is interested in being on the sub-committee for what Karen Jones announced about getting the social worker's more involved.
- Laura DeLoye, Arts of Living/Mariposa Music Therapy, shared an event called Savory Soiree happening on November 12th from 6:00 PM-9:00 PM at the Toyota of San Luis Obispo.
- Tony Huffaker, Hospice of SLO County, announced about the caregiver support group #2 happening every other Friday, which started July 1st, 2016 from 2:30 PM to 4:00 PM located at 1304 Pacific Street, San Luis Obispo.

- Barry Johnson, Transitional Mental Health Association, shared a couple events coming up. One being the NAMI walk which will be held October 1st, 2016 at the Meadow park. Another being The Suicide Prevention Forum featuring The Trevor project which will be held October 12th from 4:00 PM-6:00 PM at the San Luis Obispo United Methodist Church. If any agencies would like to have resource table at this event, please contact him. Lastly an opportunity to go attend the council hearing for Arc regarding the renovation of buildings which will put in 32 units of housing for people with mental health issues by Bishop Street Students on September 19th located at 990 Palm Street.

(9:06 AM-9:20 AM)

Public Comment:

None

Guest Speaker:

Kat Lauterback, DSS – “How Can We Apply and Get On Programs?”

- DSS- A Range of Programs
 - Participant Services Programs:
 - Medi-Cal
 - CalFresh
 - General Assistance
 - CAPI
 - CalWORKs
- Medi-Cal
 - Medi-Cal can help with health care costs for Seniors and disabled adults:
 - May apply for Medi-Cal at any time.
 - Can have health insurance
 - Help with Medicare Costs
 - Part A \$ 411.00 per month
 - Part B \$104.90 per month
- CalFresh (Food Assistance)
 - CalFresh is a nutritional assistance program, not a welfare program.
 - CalFresh helps our local economy. For every \$ 1 of CalFresh money spent, returns \$ 1.79 to your local economy!
 - \$ 16 a month is the lowest benefit amount. A small amount adds up! \$16 a month = \$ 192 per year.
 - You can own a home, have cars and be eligible for CalFresh.
- Cash Assistance for Adult Households
 - General Assistance (GA)
 - CAPI (Cash Assistance Program for Immigrants)
- CalWORKs (Cash assistance & services for needy families)
 - CalWORKs may be able to help
 - Families with minor children when a parent is disabled.
 - Seniors who are raising or responsible for a minor child
- Application Processing Times Vary
 - CalFresh 30 days (3 days for Expedited CalFresh)
 - General Assistance 30 days
 - Medi-Cal 30 to 45 days

- CalWORKs 30 days
- There are many ways to apply
 - Apply online via My Benefits CalWIN (MBCW)
 - Apply through a local shelter, partner agency, community group or place of worship that has agreed to take applications
 - Mail in an application (Available on line at www.cdss.ca.gov)
 - Apply when calling Covered California (Voice Attestation)
 - Visit or call a local DSS office
- Ways that your organization help DSS reach out to seniors & disabled adults
 - Share info about programs with the people your serve and with other groups.
 - Refer people to DSS to apply
 - Initiate the process by taking applications
- My Benefits CalWIN
 - Website www.mybenefitscalwin.org
 - MBCW Mobile App
 - A fast & easy way to apply for assistance programs.
 - Ongoing access to secure & private benefit information
 - Community Based Organizations can have an account in order to assist individuals to apply for benefits!
 - Training is available!
- Interested in Taking Applications?
 - Email or Call:
Kat Lauterback
klauterback@co.slo.ca.us
805-781-1895

(9:20 AM-9:49 AM)

Member Comment:

- Theresa Scott, adopt mental health outreach programs. There aren't enough psychiatrists taking medical
- Elias Nimeh, senior nutrition is looking for a part time employee for the north county. It will be about 20 hours a week. The schedule is very flexible. Ideal candidate would be a housewife with kids in school during the day. They will be doing intakes at Seniors homes. Call 805-501-3312 if interested.

(9:49 AM-9:52 AM)

Corrections/Additions to The Synopsis:

- Jason Portugal, "Peter" to "Pete"
- Theresa Scott, "Funding is Deteriorating" is duplicated
- Jason Portugal, in the section of should read, "who wants to be involved"
- Sarah Trauger, "Sara" to "Sarah"
- Marie Brinkmeyer, Father Dollinger should be "Father Dellinger"

Motion to accept the minutes by Sarah Trauger / Seconded by Marie Brinkmeyer

(9:52 AM-9:57 AM)

Action Items:

- Vote to have Andrew Jackson in First Vice Chair, all were in favor.
- Now a vacancy in Second Vice Chair, which will be chair in 2019.
 - Sarah Trauger nominated herself for this position

(9:52 AM-10:01 AM)

Committee Updates as Needed:

- Barry Johnson raised the question of at what point do we add/change committee updates?
 - Fred shared that at one point there was something very important going on with these committees and it was needed to have a continuous update
 - It was agreed upon to remove IHSS, there is not an important need for it. It has not had any updates
 - Karen Jones brought the attention to the room to change “Polst” to “End of Life Decision making” She would like to see this committee have a bigger voice in the community. Expressed the need for more people to have a health care directive. We would need to look into who would be on that committee.
- IHSS Update: NONE
- POLST Updates: NONE
- Transportation Updates:
- Sarah Trauger, announced that she does still have pamphlets and books available if needed, please take one.
- Fred, reminded everyone that there is an under known tool and number for all transportation information which is “5-1-1”. Once you call that number you will get Sarah Trauger or one of her co-workers and they will assist you at no charge. Also you may visit slo511.org for information via the internet.

(10:01 AM-10:14 AM)

Ideas for Speakers:

- Center for Strengthening
- Bishop Street Studios
- ILRC Dani Anderson
- Ombudsman Program

Meeting Adjourned by Barry Johnson at 10:17 AM