

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.

Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

## Members

### **Boards, Commissions and Community Groups**

Adult Abuse Prevention Council  
Commission on Aging  
County Board of Supervisors  
Drug and Alcohol Advisory Board  
Health Commission  
Mental Health Advisory Board  
SLO Supportive Housing Consortium

### **Non-Profit Agencies**

AIDS Support Network & SLO Hep C Project  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Coast Caregiver Resource Center  
Community Action Partnership of SLO County  
Community Health Centers / Services of the Central Coast  
Hospice of San Luis Obispo County  
Independent Living Resource Center  
Linkages Care Management  
LTC Ombudsman Services of SLO County  
North County Connection  
Peoples' Self Help Housing  
Retired Senior Volunteer Program  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
Transitions/Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of San Luis Obispo County  
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling

### **Private Organizations**

Bates Care Management  
Client Care Consultants  
Family Home Care  
Morris & Garritano Insurance  
Sierra Vista Medical Center  
Trio

### **Public Agencies**

San Luis Coastal Adult School  
San Luis Obispo County Departments of:  
District Attorney / Victim Witness Assistance  
Health Agency: Public Health / Public Guardian / Medical Services/ Behavioral Health  
Probation Department  
Sheriff  
Department of Social Services / Adult Services  
Veteran's Services

[www.slocounty.ca.gov/ASPC](http://www.slocounty.ca.gov/ASPC)

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Immediate Past Chair: Janet Amanzio, [jamanzio@co.slo.ca.us](mailto:jamanzio@co.slo.ca.us), (805) 781-4732  
Chair Kathleen Karle, [kkarle@co.slo.ca.us](mailto:kkarle@co.slo.ca.us), (805) 781-4929  
First Vice Chair: Marie Brinkmeyer, (805) 544-8740, [rsvpslo@srvolunteer.org](mailto:rsvpslo@srvolunteer.org)  
Second Vice Chair: Tiffany Alcantara, (805)773-3744 [talcantara@homeinstead.com](mailto:talcantara@homeinstead.com)

## **AGENDA**

**January 4, 2013**

**9.00 – 11.00 a.m.**

### **INTRODUCTIONS and ANNOUNCEMENTS**

(New developments for the population, agency or program changes that affect other agencies or programs)

### **PUBLIC COMMENT (5 minutes or less)**

### **DISCUSSION / INFORMATION ITEMS:**

- Dual Eligibles/Managed Care – Kat Lauterback, DSS

### **CORRECTIONS / ADDITIONS TO THE SYNOPSIS**

### **ACTION ITEMS:**

### **COMMITTEE UPDATES AS NEEDED: (10 minutes or less)**

- IHSS Update
- Good Neighbor
- POLST Follow up

### **MEETING LOCATION:**

Department of Social Services  
2975 McMillan Road, San Luis Obispo  
Suite 164 (Big Conference Room)

### **NEXT MEETING:**

**2/1/2013**

**ASPC Meeting January 4, 2013**  
**Chaired by Janet Amanzio**

**Attendees:**

Nancy Sutton, Alzheimer's Association  
joyce ellen lippman, Area Agency on Aging  
Janet Amanzio, Behavioral Health  
Teresa Merkle, CenCal Health  
Kathleen Bellefontaine, Commission on Aging  
Gail Tutino, CHCC  
Diane Jay, CMSP  
Kat Lauterback, Department of Social Services  
Sandra Pendell, Department of Social Services  
Jean Raymond, French Hospital and Health Commission  
Tiffany Alcantara, Home Instead Senior Care  
Rich Smucker, Mariposa Music Therapy  
Laura DeLoye, Mariposa Music Therapy  
Kathleen Karle, Public Health  
Jerry Mihaic, Independent Living Resource Center

Karen Jones, Long Term Care Ombudsman  
Sue Warren, North County Connection  
Marie Brinkmeyer, RSVP  
Mark Shaffer, Ride-On Transportation/United Cerebral Palsy  
Elias Nimeh, Senior Nutrition Program  
Barry Johnson, Transitions-Mental Health Association  
Alisa Welsch, Tri-Counties Regional Center  
Jessica Devereaux, Wilshire Community Services  
Kevin Drabinski, Field Representative for Assemblyman Achadjian  
Kara Barbieri, Hospice SLO  
Sara Bartlett, Central Coast Hospice  
June Wilmer, North County Connection  
Martin Meltz

**Introductions and Announcements**

Kathleen Karle announced that this is Janet Amanzio's last meeting. Ms. Amanzio is retiring and has made significant contributions to our county's residents during her 42 year career. The group expressed their thanks for her service.

Barry Johnson announced that the 4th annual Journey of Hope forum will be held on February 6 in Pismo Beach. Vendors will be in attendance as well as guest speaker, Jay Asher, who authored "*Thirteen Reasons Why*". Mr. Johnson also announced that ASIST:Applied Suicide Intervention Skills training will be held on February 28 and March 1. Participants will learn how to effectively handle suicide intervention. There is a \$75 charge for the two-day training and lunch.

joyce ellen lippman, Area Agency on Aging announced that public hearings will be held in January to plan for activities over the next year to support the creation of senior-friendly communities. The "Listening Sessions" will be held in Paso Robles and Santa Maria. She also announced that a survey of approximately 1000 seniors will be done to identify the most important needs in our community. She encouraged members to distribute the short survey to their clients. A report will be published of the results and can be used by all.

Gail Tutino, Community Health Centers, reported that a new clinic will be opening in Nipomo in February. An open house will be held sometime in March.

Mark Shaffer announced that public hearings on unmet transportation needs will be held in January. Additional information about the hearings will be e-mailed out to the group. Input will be gathered at the hearings regarding seniors' transportation needs. He also noted that Wilshire is seeking more drivers for the Good Neighbor program.

Janet Amanzio reports that recruitment is currently going on for her position at Behavioral Health.

Sandra Pendell, DSS, reported that this is the last meeting to be held on McMillan. Next month's meeting and all future will be held at 3653 Empleo, San Luis Obispo. The new location is in the business park directly behind the Department of Social Services and next door to People's Self-Help Housing. The nearest major intersection is South Higuera and Granada.

Kat Lauterback, DSS, reported that there are two vacant IHSS social worker positions in south county and applications in that region are taking longer than usual.

Kevin Drabinski reported that Assemblyman Katcho Achadjian has been sworn in and has been appointed as Chairman of the Assembly Committee on Local Government

**Public Comment:**

None.

**Discussion/Information Items**

**Dual Eligibles/Managed Care – Kat Lauterback, DSS.** A lawsuit was recently filed that may impact how the Dual Eligible project rolls out. Most everyone who is eligible for Dual Eligible program will be required to participate. Some specific categories of people will be exempt from managed care. A PowerPoint presentation was made based on current information. Approximately 6,000 people in San Luis Obispo County will be involved. The Managed Care program is tied into the Affordable Care Act. California is one of the pilot states where the program will be demonstrated. CMS has concerns about the aggressiveness of California's plan in regards to its timeframe and ability to provide accessible care and measure quality of care. There is a concern that people might lose access to providers and details about aid paid pending and fair hearing rights have not yet been addressed. CenCal is currently the managed care agency for Medi-Cal in San Luis Obispo County; however it does not manage the IHSS program. There are 8 pilot counties who will be involved in the Dual Eligibles demonstration. All are very large counties and make up for 70% of Dual Eligibles in the entire state. All of the 8 counties already have managed care for Medi-Cal health benefits and are working with the state on preparing the pilot program. Initially the plan was for the pilot program would begin in March 2013, but will likely be pushed back to the fall. Notices are already being sent out to the people in the pilot counties who would be affected. There is a "poison pill" that would stop program should the federal government not approve; if the director of DHCS determines the quality of care, efficiency or cost effectiveness is compromised the program can be stopped or delayed.

If the plan does go through, County IHSS Social Workers will continue to perform assessments. The managed care plan will be under the auspices of CenCal, along with all other long term support services. Care coordination teams will be established to

improve care and health outcomes. The County will continue to administer IHSS on a local level, with the exception of collective bargaining and the Public Authority will conduct provider enrollments and background checks, and will maintain a provider registry.

Currently San Luis Obispo County IHSS providers are paid \$10.00; providers are currently paid more or less in other counties.

The State website has up-to-date information, including how managed care will impact specific populations. The website address is:

<http://www.dhcs.ca.gov/Pages/DualsDemonstration.aspx>

General discussion was held following the presentation regarding various aspects of the program and how it will impact San Luis Obispo County beneficiaries and medical providers.

#### **Corrections/Additions to the Synopsis**

The URL for Sustain was corrected as were comments about the Mariposa Music Therapy presentation. The synopsis was approved as corrected.

#### **Action Items:**

None.

#### **Committee Updates:**

**IHSS Update** – The IHSS update was covered during the announcements and in the presentation on Dual Eligibles/Managed Care.

**Good Neighbors** – Jessica Devereaux reported that Wilshire is actively recruiting drivers. There were no trainings for volunteers in December due to yearend holidays; at least one volunteer training will be held in January. She explained that trainings can be held throughout the county as needed.

**POLST Update** – Jean Raymond gave an update.

#### **Roundtable Discussion –**

Marty Meltz expressed concern regarding mental health service availability to seniors and disabled people in SLO County. Jean Raymond reported that a group of educators from UCLA will be doing a presentation at French Hospital on motivational interviewing for people with mental health issues. Mr. Meltz stated he felt that private sector medical professional should be encouraged to participate as mental health providers. He stated that people are being sent out of the area for mental health services because they cannot get care in SLO County; the option to seek services elsewhere is not available to low-income people. How do we get more doctors in SLO County? Kathleen Karle reported that a committee was formed and looked specifically at that issue 3 or 4 years ago, but did not come up with a solution after 6 months. She suggested that Mr. Meltz contact Candy Markwith at Sierra Vista Hospital or Mike Manchek at the Economic Vitality Commission, as they were both involved in the committee. Mr. Meltz expressed an opinion that ASPC needs to address this topic. Jean Raymond suggested that implementation of the Affordable Care Act may change situation. She also stated that educating healthcare providers about the need to discuss mental health issues is a

positive step. Theresa Merkle from CenCal stated that under the Affordable Care Act, medical providers will be reimbursed at a higher rate. Karen Jones stated that she felt general practitioners are not appropriate for dealing with mental health issues; she feels mental health issues are more appropriately addressed by mental health professionals. She noted that people in long term care facilities do not have access to county mental health services. It was noted that reimbursement rates to providers in SLO County are low and that has impacted the availability of services to people with low incomes.

Kathleen Bellefontaine asked about status of 211's budget. It was suggested that she contact the United Way for information. It was noted that Rick London of the United Way will be making a presentation at ASPC next month, as will Senator Bill Monning.

Nancy Sutton reported that the new DSM5 is affecting how Alzheimer's is diagnosed. She is interested in partnering with other agencies to determine other impacts of the new DSM5. Jean Raymond will forward her contact information for doctors at French Hospital.

In regards to mental health services, Gail Tutino noted that studies have shown that telemedicine counseling can be just as helpful as in-person counseling. She sees this as being a possible solution to the lack of mental health professionals in San Luis Obispo County. Janet Amanzio stated that County Mental Health had looked into telemedicine counseling option and there are logistical challenges. Karen Jones stated that she does not feel telemedicine counseling would be effective when trying to address behavioral issues in a facility setting. The entire environment and population of the facility has an impact on the patient's behavior and should be assessed.

**The next meeting is February 1, 2013  
9:00-11:00 a.m.  
3653 Empleo Drive  
San Luis Obispo**