

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.
Our vision is safe and supported adults & seniors with access to a full continuum of
resources & independence wherever they reside.

Members

Boards, Commissions and Community Groups

Adult Abuse Prevention Council
Commission on Aging
County Board of Supervisors
Drug and Alcohol Advisory Board
Health Commission
Mental Health Advisory Board
SLO Supportive Housing Consortium

Non-Profit Agencies

AIDS Support Network & SLO Hep C Project
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO County
Community Health Centers / Services of the
Central Coast
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Transitional Food & Shelter
Transitions/Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of San Luis Obispo County
Wilshire Community Services / Caring Callers /
Creative Mediation / Senior
Peer Counseling / Good Neighbor

Private Organizations

Bates Care Management
Bella Vista Transitional Care
French Hospital - Dignity West
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Senior Living Consultants
Sierra Vista — Tenet Healthcare

Public Agencies

San Luis Coastal Adult School
San Luis Obispo County
Board of Supervisors
San Luis Obispo County Departments
District Attorney / Victim Witness Assistance
Health Agency: Public Health / Public
Guardian / Medical Services / Behavioral
Health / Health Promotion
Probation Department
Sheriff
Department of Social Services / Adult Services
Veteran's Services

www.slocounty.ca.gov/ASPC P.O.
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CA 93403-8119

Chair: Kathleen Karle, kkarle@co.slo.ca.us, (805) 781-4929
Immediate Past Chair: Janet Amanzio, jamanzio@co.slo.ca.us, (805) 781-4732
First Vice Chair: Marie Brinkmeyer, (805) 544-8740, rsvpslo@srvolunteer.org
Second Vice Chair: Tiffany Alcantara, (805) 773-3744 talcantara@homeinstead.com

AGENDA
05/03/2013
9.00 – 11.00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS

(New developments for the population, agency or program changes
that affect other agencies or programs)

PUBLIC COMMENT (5 minutes or less)

DISCUSSION / INFORMATION ITEMS:

- Jeff Hamm: Health Agency Activities, County Budget, Affordable Care Act

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS:

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- IHSS Update
- Good Neighbor
- POLST Follow up
- Continuum of Care

MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

NEXT MEETING:

06/07/2013

Adult Services Policy Council (ASPC) Meeting

May 3, 2013

Chaired by Kathleen Karle

Attendees:

Edie Kahn, AIDS Support Network/SLO Hep C Project
Taylor Rockwood, Bella Vista
Theresa Merkle-Scott, CenCal Health
Kathleen Bellefontaine, Commission on Aging
Grace McIntosh, CAPSLO
Kena Burke, Community Health Centers
Diane Jay, County Medical Services Program
Emma Caballero, Department of Social Services
Cindy Marie Absey, District Attorney/Victim Witness Assistance
Jean Raymond, French Hospital, Health Commission
Laura DeLoye, Mariposa Music Therapy
Kathleen Karle, Public Health
Jean Raymond, Health Commission
Tiffany Alcantara, Home Instead Senior Care
Jerry Mihaic, Independent Living Resource Center
Kelly Hannula, Independent Living Resource Center
Michelle Mason, Lifesteps Foundation
Rick Gulino, Peoples' Self Help
Marie Brinkmeyer, RSVP Senior Volunteer Services
Mark Shaffer, Ride-On Transportation, United Cerebral Palsy
Angie King, Senior Legal Services Project
Stephanie Barclay, Senior Legal Services Project
Henry Herrera, Transitions-Mental Health Association
Rachel Cementina, United Way of San Luis Obispo
Kevin Drabinski, Field Representative for Assemblyman Katcho Achadjian
Martin Meltz
Kara Barbieri, Hospice of SLO County
Angela Nelson, SLO Regional Rideshare
Larry Bacus, Community Health Centers
Mary Schultz, Family Home Care
Charmaine Petersen, Senior Living Consultants
Fred Munroe, Ridership Development
Maxim Healthcare Services
Corey Barthe, Maxim Healthcare Services
Mark Teague, Maxim Healthcare Services

Introductions and Announcements

Kathleen Karle announces the names of the acting ASPC Executive Committee, Marie Brinkmeyer, Tiffany Alcantara, Kat Lauterback, and herself. The Committee is looking to fill the 2nd Chair person position. The ASPC is a diverse group and hopes many to consider this position. The 2nd Chair person would help with the agenda and assist with the annual report. On June 7, 2013 to elect a 2nd Vice Chair will be an action agenda.

Announces Ride Share is on the agenda for the month of June. If council has any suggestions for future speakers, please let us know.

Announces the 2013 RESOLUTION PROCLAIMING MAY 2013 AS "OLDER AMERICANS MONTH" is scheduled to go before the Board of Supervisors next Tues, May 7th. Marie and Tiffany will be attending. If you can, please join them.

Grace McIntosh announces the 26th annual Afternoon of Epicurean Delights (AED) on Sunday, June 2. This event will be held from 11:30 to 3:30 at the Chapman House by the Sea in Shell Beach.

Angie King introduced Stephanie Barclay. Announced Stephanie has officially started with the Senior Legal Services Project

Edie Kahn announces the "Take out BBQ" fundraiser May 22nd to benefit the AIDS Support Network. You can pick up meals from 3pm to 7pm at First Baptist Church in San Luis Obispo.

Jerry Mihaic announces the Latino Outreach council (LOC) having their quarterly evening meeting on June 26th at 6:00 pm. It will take place at the San Luis Obispo City Library and the topic of discussion is "Health Care Reform". He extended an invitation to the group. He shared how successful the last quarterly meeting was when the topic of discussion was "Immigration Reform".

Meredith Bates announces the Water Aerobics program at Cuesta College. Scheduled to close in June, however "Grand Opening" is this summer. If not enough sign ups, program to be discontinued. Please sign up. It's good for non-impact exercises, muscle strengthening, cardiovascular, and socialization.

Kena Burke announces the "soft roll out" of the Optometry dept in Nipomo

Larry Bacus stated the importance of efficiency with the Obama Care in 2014. Several patients are not insured. CHC and CenCal working very closely in San Luis Obispo County as well as Santa Barbara County.

Diane Jay announces CMSP is going away and residual issues needing attention.

Mark Shaffer announces the Annual Abilities Fair on May 31st between 10am to 3pm at the Vets Hall. If interested, please contact Jason @ (805) 541-8747. Share with your co-workers. Great opportunity to network

Rick Gulino announces Peoples' Self Help Housing breaking ground on a thirty - four unit property in Arroyo Grande. Section 8 will be accepted.

Announces a new Dental Clinic in Arroyo Grande to possibly open in July 2013

Kara Barbieri announces The California Festival of Beers May 24-May 25th at the Madonna Inn. It's an annual fundraiser for Hospice of SIO. They will have over sixty breweries, dining, and entertainment.

Marie Brinkmeyer announces a few seats are still available for the Huntington Library trip on May 18, 2013. The cost is \$119.00, includes trip and lunch. For additional information, please call (805) 544-8740.

Emma Caballero announces the upcoming 8% reduction to IHSS clients effective July 2013. This is better than the 20% reduction originally proposed. This is good news for everyone.

Angela Nelson announces the Mobility Management Summit in July 2013

Kathleen Bellefontaine announces if you have presentations that are beneficial to seniors and would like to be added to the SLO Commission on Aging Speakers Bureau list to please contact her. The SB Flyer is being updated and will be distributed at a future meeting.

Cindy Marie Absey offered warning of scams targeting the elderly. Enticed with a pet or send money. A popular one is the so-called "grandparent scam," suspects call elderly victims and claim to be a relative, telling the victim they have been arrested or been in an accident in another country, and need money. Suspects then ask for the money to wire via Western Union, or Money Gram. Several elderly people have lost thousands of dollars in this type of scam

Fred Munroe announces "Central Coast Voices" on public radio station, KCBX. It's a call-in show and covers a multitude of community issues. Fred is one of the hosts. E-mail any issue to voiceskcbx.org

Martin Meltz (Marty) announces the ALERT Paso Cares needs volunteers.

Announces SLO Detox meets monthly. Shared their idea of sobering stations throughout the county and reported County being interested.

Announces Hopes Village of San Luis Obispo's aspiration is to find property mini houses, to perm house that cannot get into the system.

Public Comment

None

Disussion / Information Items:

None

Corrections/Additions to the Synopsis

Corrections in wording and spelling of name were identified. Grace McIntosh made a motion to approve the synopsis as corrected; Diane Jay seconded the motion. The motion was passed unanimously.

Action Items:

None

Committee Updates:

IHSS Update – None.

Good Neighbors – Mark Shaffer reported there continues to be a great need for volunteer drivers throughout the County.

POLST Update – Jean Raymond reported The Central Coast Coalition for Compassionate Care (CCCCC) continues to plan future POLST programs in the community. The last regional planning meeting took place 3/13/13. There are plans for an updated POLST form in 2014. Jean Raymond reported on a recent Webinar presented by the National POLST Paradigm Task Force “How to Establish Goals of Care in Medical Decision-Making”. Dr. David Barile discussed how to establish goals of care in POLST with appropriate patients. He presented the use of the New Jersey Practitioner Orders for Life-Sustaining Treatment, which has all the elements of California’s POLST, but focuses on the Goals of Care. There was a discussion on how the POLST is currently being used in California and how the POLST may change over time and is dependent on on-going conversations with health care providers. There was a reminder that the latest POLST educational materials and state program dates can be accessed at www.caPOLST.org.

**The next meeting is June 7, 2013
9:00-11:00 a.m.
CAPSLO
1030 Southwood Drive, San Luis Obispo**