

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.
Our vision is safe and supported adults & seniors with access to a full continuum of
resources & independence wherever they reside.

Members

Boards, Commissions and Community Groups

Adult Abuse Prevention Council
Commission on Aging
County Board of Supervisors
Drug and Alcohol Advisory Board
Health Commission
Mental Health Advisory Board
SLO Supportive Housing Consortium

Non-Profit Agencies

AIDS Support Network & SLO Hep C Project
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO County
Community Health Centers / Services of the
Central Coast
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Transitional Food & Shelter
Transitions/Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of San Luis Obispo County
Wilshire Community Services / Caring Callers /
Creative Mediation / Senior
Peer Counseling / Good Neighbor

Private Organizations

Bates Care Management
Bella Vista Transitional Care
French Hospital - Dignity West
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Senior Living Consultants
Sierra Vista — Tenet Healthcare

Public Agencies

San Luis Coastal Adult School
San Luis Obispo County
Board of Supervisors
San Luis Obispo County Departments
District Attorney / Victim Witness Assistance
Health Agency: Public Health / Public
Guardian / Medical Services / Behavioral
Health / Health Promotion
Probation Department
Sheriff
Department of Social Services / Adult Services
Veteran's Services

www.slocounty.ca.gov/ASPC P.O.
Box 8119, San Luis Obispo
CA 93403-8119

Chair: Kathleen Karle, kkarle@co.slo.ca.us, (805) 781-4929
Immediate Past Chair: Janet Amanzio, jamanzio@co.slo.ca.us, (805) 781-4732
First Vice Chair: Marie Brinkmeyer, (805) 544-8740, rsvpslo@svolunteer.org
Second Vice Chair: Tiffany Alcantara, (805)773-3744 talcantara@homeinstead.com

AGENDA

01/03/2014

9.00 a.m. - 11.00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS

(New developments for the population, agency or program changes
that affect other agencies or programs)

PUBLIC COMMENT (5 minutes or less)

DISCUSSION / INFORMATION ITEMS:

- joyce ellen lippman - Medicare Open Enrollment & Area Agency on Aging updates

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

- Nov 1, 2013 draft synopsis not approved at the Dec 6, 2013 meeting.
To review and approve today, Jan 3, 2014

ACTION ITEMS:

- Approval of synopsis – Nov 2013 & Dec 2013

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- IHSS Update
- Good Neighbor
- POLST Follow up

MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

NEXT MEETING:

02/07/2014

Adult Service Policy Council

01/03/2014

9:00 am – 11:00 am

Attendees:

David Kilburn, AIDS Support Network	Sonya Laputz, Alzheimer's Association
joyce ellen lippman, Area Agency on Aging	Meredith Bates, Bates Care
Jason Reed, Behavioral Health Board	Theresa Merkle-Scott, CenCal Health
Stephanie Nemke, Bella Vista Transitional Care	Gail Tutino, CHC
Kathleen Bellefontaine, Commission on Aging	Kat Lauterback, Social Svcs, Adult Svcs
Emma Caballero, Social Svcs, Adult Svcs	Rick Gulino, Peoples' Self-Help Housing
Jerry Mihaic, Independent Living	Marie Brinkmeyer, RSVP
Fred Munroe, Ridership Development	Laura DeLoye, Mariposa Music Therapy
Stephanie Barclay, Senior Legal Services	Tiffany Alcantara, Home Instead Sr Care
Alicia Wolff, Home Instead Sr Care	Barry Johnson, Transitions/MH Assoc.
Pearl Munak, Transitional Food & Shelter	
Debra Vallely- District Attorney/Victim Witness Assistance	

Introductions and Announcements

Marie Brinkmeyer, (RSVP) Senior Volunteer Services - Welcome

Alicia Wolff, Home Instead Senior Care

Laura Deloye, Arts for Living – 2014 Winter Schedule: Music Club every other Thursday in San Luis Obispo and every other Tuesday in Atascadero. Glee Club, Wednesday's in San Luis Obispo. There is a Fee for all Clubs. (Scholarships available). To reserve, Call Laura: (805) 225-6101 or Email: Ldeloye@ucp-slo.org. Brochure handed out.

Sonnie Brown, Hospice of SLO Co. -Volunteer Trainings for Hospice of SLO Co. is being offered. **San Luis Obispo-Friday's:** Jan 24, 31, Feb 7, 14, 21, 28 **Cambria- Tuesday's:** Mar 25, Apr 1, 8, 15, 22, 29) **Templeton-Tuesday's:** Jul 21, 28, Aug 4, 11, 18, 25. Hospice SLO is currently looking for In-Home Volunteers. Training sessions are free to attend; the only cost is the Training Manual, \$30.00. To sign up, contact Sonnie Brown or Julie Wilson at Hospice SLO. (805) 544-2266. Flyer handed out.

Sonnie Brown, Hospice of SLO Co - Sonnie will not be attending February 7th ASPC meeting. She will be the ASPC Guest Speaker for March 7, 2014.

Kat Lauterback, Dept of Social Services, Adult Services – It's great to be back. The new computer system has kept us busy.

Public Comment

None

Discussion/Information Items

Guest Speaker: joyce ellen lippman, Area Agency on Aging

Medicare - Open Enrollment for part D just ended. No significant difference this year. Good news, more people utilizing the Area Agency on Agency website. We usually have 400-450 paper forms yearly. This year 100-180 were completed via our website. Many people are still baffled with Medicare. Not because it's difficult but it requires them to make their own choices among many options.

HICAP - Informational seminars are offered by HICAP, "New to Medicare", "Medicare Plan & Changes", "Understanding Medicare", and "Medicare Plans & Changes". They help understand the components of Medicare (Part A, B, D, Advantage Plans, Supplemental Plans, deadlines and more). They also cover the changes introduced by the Affordable Care Act. Seminars are offered throughout the county.

Area Agency on Aging - Volunteer counselors are available from Carpentaria to Paso Robles. Medicare Open Enrollment just finished, 75% do not change their insurance. They just do not like change. January 1st through January 14th is the annual disenrollment period. This is the time you can make changes only if you have a Medicare private health plan. Medicare private health plans are also known as Medicare Advantage plans. You can add or drop drug coverage when you are switching to Original Medicare. You cannot make any changes if you have Original Medicare.

HR 1179 bill: Improving Access to Medicare Coverage Act of 2013 Sec. 2. Counting a period of receipt of outpatient observation services in a hospital toward the 3-day inpatient hospital requirement for coverage of skilled nursing facility services under Medicare. Congresswoman Lois Capps is co-sponsoring bill, to allow any time spent in hospital towards the 3 days. This is a good bill.

Federal budget - Back to the appropriation process. This is the time to email our congresswoman Lois Capps. Any advocacy efforts will be very grateful

Discussion

Kathleen Bellefontaine - People do not want to sign up for Medi-Cal because they have to sign a form acknowledging MC will go after their assets.

Kat Lauterback, The state form has always been around. It is used to inform people about the Recovery Branch. Medi-Cal can recover assets and usually does this only when a person dies in Long Term Care.

Corrections / Additions To The Synopsis

November 2013 - No Corrections.

Tiffany Alcantara made a motion to approve the synopsis as is. Kat Lauterback seconded the motion. The motion was passed unanimously.

December 2013 – The following corrections were requested: Tiffany Alcantara, wording correction / Marie Brinkmeyer, Agency name correction / Debra Vallely, name correction / Laura Deloye, wording correction /Gail Tutino, name correction.

Kathleen Bellefontaine made a motion to approve synopsis as corrected. Tiffany Alcantara seconded the motion. The motion was passed unanimously.

Action Items:

Approval of Synopsis – November 2013 and December 2013

Committee updates As Needed:

IHSS Update– Case Management Information and Payrolling System (CMIPS II) has been implemented in San Luis Obispo County. Our “Go Live” date was Nov 4, 2013. CMIPS II has kept us very busy. I’m calling November and December the honeymoon period. This system is far from a perfect system. There is a huge learning curve for staff and workloads are very high. IHSS will be experiencing delays and backlogs for the next few months. A lot of changes with the new system, Kat and Emma need to be available to support staff. We would like to have someone dedicated to the ASPC monthly synopsis. Effective February 7, 2014 Margie Alita, or an available Administrative Assistant will help with the monthly ASPC Synopsis.

Plastic Name Plates – Demonstrated a reusable name plate, one we can use over and over. Everyone would write their own name and title on it. Propose that the ASPC utilize, instead of the old paper ones. It would require everyone to write their own name and title on them.

Tiffany -Asked if we needed to vote

Marie - Stated no vote needed

Kathleen – Can we continue using old ones?

Marie – For those of you who currently have “paper” name plates, you will be responsible for your own. Please take them with you and bring to monthly meetings. The reusable ones can be utilized for ASPC visitors and if you forget or misplace it. If a reusable name plate is used, please print your name and organization.

Good Neighbor – Doing well, always have more requests than people. Continual trainings available.

POLST – Waiting for the new report form.