

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.

Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside

## Members

### Boards, Commissions and Community Groups

Adult Abuse Prevention Council  
Commission on Aging  
County Board of Supervisors  
Drug and Alcohol Advisory Board  
Health Commission  
Mental Health Advisory Board  
SLO Supportive Housing Consortium

### Non-Profit Agencies

AIDS Support Network & SLO Hep C Project  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Coast Caregiver Resource Center  
Community Action Partnership of SLO County  
Community Health Centers / Services of the Central Coast  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
LTC Ombudsman Services of SLO County  
North County Connection  
Peoples' Self Help Housing  
Retired Senior Volunteer Program  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
Transitional Food & Shelter  
Transitions/Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of San Luis Obispo County  
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling / Good Neighbor

### Private Organizations

Bates Care Management  
Bella Vista Transitional Care  
French Hospital - Dignity West  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Senior Living Consultants  
Sierra Vista — Tenet Healthcare

### Public Agencies

San Luis Coastal Adult School  
San Luis Obispo County Board of Supervisors  
San Luis Obispo County Departments  
District Attorney / Victim Witness Assistance  
Health Agency: Public Health / Public Guardian / Medical Services / Behavioral Health / Health Promotion  
Probation Department  
Sheriff  
Department of Social Services / Adult Services  
Veteran's Services

www.slocounty.ca.gov/ASPC P.O.  
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CA 93403-8119

Chair: Marie Brinkmeyer (805) 544-8740  
Immediate Past Chair: Kathleen Karle (805) 781-4929  
First Vice Chair: Tiffany Alcantara (805) 773-3744  
Second Vice Chair: Laura DeLoye (805) 225-6101

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## AGENDA

02/07/2014

9.00 a.m. - 11.00 a.m.

### INTRODUCTIONS and ANNOUNCEMENTS

(New developments for the population, agency or program changes that affect other agencies or programs)

### PUBLIC COMMENT (5 minutes or less)

### DISCUSSION / INFORMATION ITEMS:

- Tony Navarro, San Luis Obispo Co. Dept of Planning and Building

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS

### ACTION ITEMS:

### COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- IHSS Update
- Good Neighbor
- POLST Follow up

### MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

### NEXT MEETING:

03/07/2014

## Adult Services Policy Council

02/07/2014

9:00 am – 11:00 am

### ATTENDEES:

Karen Jones, LTC Ombudsman Services of SLO  
David Kilburn, AIDS Support Network  
Sonya Laputz, Alzheimer's Association  
joyce ellen lippman, Area Agency on Aging  
Krista Vega, CenCal Health  
Kathleen Bellefontaine, Commission on Aging  
Gail Tutino, Community Health Centers  
Kat Lauterback, Dept. of Social Services  
Kelly Hannula, Independent Living Resource Center  
Laura DeLoye, Mariposa Music Therapy/Arts for Living  
Marie Brinkmeyer, RSVP – Senior Volunteer Services

Elias Nihem, Senior Nutrition Program  
Barry Johnson, Transitions – Mental Health Assoc.  
Caren Ray – Board of Supervisors, District 4  
Jessica Deveraux, Wilshire Community Services  
Fred Munroe, Ridership Development  
Tony Navarro, SLO Co. Planning Dept.  
Martin Meltz, Community Volunteer  
Pam McCoral, Davies and Glenn  
Margie Alita, Dept. of Social Services (Synopsis)  
Kathleen Karle, SLO Public Health  
Rachel Cementina, United Way of SLO

### INTRODUCTIONS AND ANNOUNCEMENTS:

Marie Brinkmeyer, (RSVP) Senior Volunteer Services welcomed the group.

Kathleen Karle (Public Health) provided a handout with information regarding an upcoming workshop entitled "A Matter of Balance." This is a free, eight session workshop that will present information regarding falls and emphasizes practical strategies to manage falls. The workshops begin February 25, 2014, from 10 am to 12 pm at Sierra Vista Regional Medical Center, 1010 Murray Street, San Luis Obispo. To register, contact Sachi Oshima at [soshima@co.slo.ca.us](mailto:soshima@co.slo.ca.us) or 781-1157.

David Kilburn - Announced the 24th Annual AIDS Update Symposium scheduled for March 20, 2014, at the Embassy Suites in San Luis Obispo. Presentations will include talks on HIV and Aging, Hepatitis C Care, and updates. Register online at <http://goo.gl/th034R>. Contact the AIDS Support Network at 781-3660 with questions.

joyce lipmann (Area Agency on Aging) provided a Save the Date for the Annual Training Conference to Safeguard Elders and Dependent Adults Against Abuse to be held May 29, 2014, at Santa Barbara City College, 721 Cliff Dr., Santa Barbara. More information and registration materials will be available in April 2014. Contact the Area Agency on Aging at 925-9554 or [seniors@KCBX.net](mailto:seniors@KCBX.net).

Krista Vega (CenCal Health) stated her agency is busy with the ACA and the expansion of the Medi-Cal program.

Rachel Cementina (United Way) provided a flyer announcing free tax preparation for those individuals who earn \$58,000 or less. More information at [www.myfreetaxes.org](http://www.myfreetaxes.org) or by calling 922-0329, extension 103.

Caren Ray (SLO County Board of Supervisor for District 4) announced she is replacing Supervisor Hill at this meeting and will attend whenever possible.

Fred Munroe (Ridership Development) announced the New Transportation schedule for SLO Transit has been revised and available on the buses or online.

Marie Brinkmeyer (RSVP-Senior Volunteer Services) stated that most seniors are not online but that perhaps the announcement can be published in the newsletter.

Mark Schaffer (Ride-On Transportation/United Cerebral Palsy) announced an event to be held at the Vet's Hall on March 22, 2014, honoring Sam Blakeslee as UCP's Person of the Year for his support on behalf of individuals with disabilities. Ride-On continues to work on ways to identify and improve areas that aren't served by public transportation.

Sonya Laputz (Alzheimer's Association) provided a schedule of classes and continuing education information. For additional information contact Lasaro Coreas at 892-4259, extension 114, or by email Lcoreas@alz.org.

Barry Johnson (Transition Mental Health) provided a flyer for the 33rd Annual Bowl-A-Thon to Strike Out Stigma. The event is scheduled to run for three weekends in March at four locations. To participate or for more information, call 540-6511 or at events@t-mha.org or www.t-mha.org.

Laura DeLoye, (Arts for Living/Mariposa) provided a Save the Date announcing "Night Without Limits. Roaring 20s Style" scheduled for March 22, 2014. More information is available at www.ucp-slo.org/fundraisers/night-without-limits or at 543-2039.

Martin Meltz (Community Volunteer) announced work continues on Benefits Arch "Community Service Card"

Karen Jones (LTC Ombudsman Services of SLO Co.) stated some hospitals are not forthcoming about a patient's status ("admitted" vs. "in observation") and the potential financial impact this may present. When in a hospital setting, most patients assume benefits will be paid; however, Medi-Care benefits are sometimes lowered if a person is not officially "admitted."

Kat Lauterback (Dept. of Social Services, IHSS Program) stated work continues on the backlog of the CMIPS program.

Pam McCoral (Davies & Glenn Fiduciary Services) will be attending meetings on a more regular basis.

Gail Tutino (Community Health Centers) reminded members that in addition to primary care, CHC also provides specialists in fields such of gastroenterology, rheumatology, pain management, cardiology, and chiropractic services. CHC also provided door-to-door services.

### **PUBLIC COMMENT:**

Martin Meltz (Community Volunteer) commented on Jerry Rioux's article that was published in The Tribune regarding aging men and women and affordable housing and homelessness. There is a great need for low-cost residential care facilities for the aging; without these, seniors are forced to move and their living situation can worsen being away from friends and family.

Kathleen Bellfontaine (Commission on Aging) inquired revising the agenda so that there could be a distinction between "Public Comment" and "Member Comment."

ASPC members discussed and decided that the agenda would be left as is for the time being.

Marie Brinkmeyer added that a "Member Questions" section could be added in the future.

### **DISCUSSION/INFORMATION ITEMS:**

The group welcomed Tony Navarro, Planner III, of the San Luis Obispo County Dept. of Planning and Building. Mr. Navarro stated that in 1994 SLO County was designated as an "Urban County" by the US Dept. of Housing and Urban Development. As such, the county is eligible to receive funds from Community Development Block Grants, the HOME Investment Partnership Act, and the Emergency Solutions Grant Program. HUD guidelines stipulate that funds must have a big impact on the local community and have the most benefit. Mr. Navarro provided a copy of the County's 2010-2015 Consolidated Plan (a five-year plan addressing how allocations are spent) which lists strategies and priorities including: affordable housing, homelessness, economic strategies, public facilities strategies, and public services strategies. (To view the most recent Plan, google "2010 San Luis Obispo Consolidated Plan"). He stated needs far outweigh available funding for SLO County, therefore funds must be used judiciously.

Work is beginning on the County's 2015-2019 Consolidated Plan and community input is necessary to help identify unmet needs, especially those related to seniors. Mr. Navarro urged all to get involved and participate in the planning process. He concluded his presentation by stating he is available to meet with anyone who may have questions about the process.

### **CORRECTIONS/ADDTIONS TO THE SYNOPSIS:**

January 2014 – No corrections

Marie Brinkmeyer made a motion to approve the synopsis as is. The motion was seconded by Kat Lauterback. The motion was passed unanimously.

### **ACTION ITEMS:**

Marie stated that the Good Neighbor update should be removed from the "Committee Updates" portion of the agenda since there hasn't been much to report as of late. Members agreed and it will no longer be part of the standing agenda.

### **COMMITTEE UPDATES:**

IHSS Update – Kat Lauterback reported that the program will be dealing with some changes and issues in the future, including overtime pay for IHSS workers. Over-time pay will raise costs significantly, and may force an IHSS recipient to have more than one worker to deal with overtime rules. She will provide updates as needed.

POLST Follow-up - Ombudsman stated that the group meets every other month and work continues on the educational pieces. Some issues that must be addressed include who can sign the order in the event the person can't. It's a long process and requires participation and increased awareness. Right now, only a medical doctor can sign the authorization. All agreed that more work is needed.

Meeting adjourned at 10:45 am.