

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.
Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Members

Boards, Commissions and Community Groups

Adult Abuse Prevention Council
Commission on Aging
County Board of Supervisors
Drug and Alcohol Advisory Board
Health Commission
Mental Health Advisory Board
SLO Supportive Housing Consortium

Non-Profit Agencies

AIDS Support Network & SLO Hep C Project
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO County
Community Health Centers / Services of the Central Coast
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Transitional Food & Shelter
Transitions/Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of San Luis Obispo County
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling / Good Neighbor

Private Organizations

Bates Care Management
Bella Vista Transitional Care
French Hospital - Dignity West
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Senior Living Consultants
Sierra Vista — Tenet Healthcare

Public Agencies

San Luis Coastal Adult School
San Luis Obispo County Board of Supervisors
San Luis Obispo County Departments
District Attorney / Victim Witness Assistance
Health Agency: Public Health / Public Guardian / Medical Services / Behavioral Health / Health Promotion
Probation Department
Sheriff
Department of Social Services / Adult Services
Veteran's Services

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Chair: Marie Brinkmeyer (805) 544-8740
Immediate Past Chair: Kathleen Karle (805) 781-4929
First Vice Chair: Tiffany Alcantara (805) 773-3744
Second Vice Chair: Laura DeLoye (805) 225-6101

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AGENDA

03/07/2014

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS:

(New developments for the population, agency or program changes that affect other agencies or programs)

- **Older Americans Month, May 2014**

PUBLIC COMMENT: (5 minutes or less)

GUEST SPEAKER:

- **Sonnie Brown, Hospice of San Luis Obispo**

MEMBER COMMENT:

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS:

- **(None)**

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- **IHSS Update**
- **POLST Follow up**

MEETING LOCATION:

CAPSLO
1030 Southwood Drive, San Luis Obispo

NEXT MEETING:

04/04/2014

Adult Services Policy Council

03/07/2014

9:00 am – 11:00 am

ATTENDEES:

Karen Jones, LTC Ombudsman Services of SLO	Elias Nimeh, Senior Nutrition Program
Mark Shaffer, Ride-On/United Cerebral Palsy	Kelly Sexton, DA/Victim Witness Assistance
Meredith Bates, Bates Care Management	Sonnie Brown, Hospice of SLO County
joyce ellen lippman, Area Agency on Aging	Jessica Deveraux, Wilshire Community Svcs.
Grace McIntosh, CAPSLO	Fred Munroe, Ridership Development
Kathleen Bellefontaine, Commission on Aging	Jerry Mihaic, Independent Living Resource Ctr.
Rachel Cementina, United Way of SLO	Rick Gulino, People's Self-Help Housing
Kat Lauterback, Dept. of Social Services, IHSS	Margie Alita, Dept. of Social Services (Synopsis)
Kelly Hannula, Independent Living Resource Center	
Laura DeLoye, Mariposa Music Therapy/Arts for Living	
Kathleen Karle, SLO Public Health	
Marie Brinkmeyer, RSVP – Senior Volunteer Services	

INTRODUCTIONS AND ANNOUNCEMENTS:

Marie Brinkmeyer, (RSVP) Senior Volunteer Services welcomed the group.

Kelly Sexton, DA/Victim Assistance - reminder that her office is now serving crime victims with disabilities; for additional information on services available or to make a referral, please call 781-5821.

Grace McIntosh, CAPSLO - mentioned that the fundraiser Fancy Hat Tea Party is scheduled for April 13, 2014; it includes wine tastings, a fashion show, and an award for the fanciest hat. This function helps support sustainability of adult programs in the North County.

Laura DeLoye, Mariposa Music Therapy/Arts for Living – announced the 13th Annual Paul Wolff Accessibility Advocacy Award scheduled for May 2, 2014 at the Atascadero Pavilion. Sponsorship tables are available.

Karen Jones, LTC Ombudsman Services of SLO – spoke of the 40+ bills that have been put out which will affect seniors and the disabled; it will be a busy legislative year.

Jessica Deveraux, Wilshire Community Services – stated Good Neighbor training is scheduled for March 8, 2014 in SLO. Also, Senior Peer training will be held April 1, 2014 in North County. The trainings are Tuesday/Thursday from 1 pm to 4 pm for six weeks.

Mark Shaffer, Ride-On – reminder of the event scheduled for March 22, 2014; tickets are \$40. On May 23, 2014, a trade show for disabled veterans will be held at the SLO Vets Hall. It will feature a health and wellness component.

Kathleen Karle, SLO Public Health – stated the CBOPHD Committee has been busy reading applications grants; fifty four applications have been received.

Fred Munroe, Ridership Development – stated SLO Transit will be conducting workshops at all HASLO-owned facilities; these workshops will be held in their respective community room and the public is welcome. As a reminder, he stated No Coats and Ties will hold a free dress rehearsal at one o'clock at

the PAC at CalPoly this Saturday. This is a free event and allows all an opportunity to listen and enjoy classical music.

Rick Gulino, People's Self-Help Housing – announced the ongoing recruitment of a Master's prepared Social Worker.

Jerry Mihaic, Independent Living Program – announced this year the Sustain Program has four students in fields such as sociology and business and are working on different projects. He mentioned the SLO International Film Festival is underway.

Kelly Hannula, Independent Living Program – stated AFA nominations are due March 31, 2014.

PUBLIC COMMENT:

None

MEMBER COMMENTS:

Elias Nimeh, Senior Nutrition Program – reminder that May 31, 2014, is the Night of One Million Meals. The event will be held at the Cliffs Resort. Tickets are \$95.

Mark Shaffer stated funds are being raised to address unmet transportation needs; questioned the need to have a committee for transportation issues added to the standing agenda.

Fred Munroe commented that transportation continues to be a persistent issue for the disabled and of the need to help the underserved in public transit.

Marie Brinkmeyer reminded the group that ideas are needed for future guest speakers. Topic suggestions included seniors and driving and how the County budget affects services available to seniors.

joyce ellen lippmann will work on the draft resolution proclaiming May 2014 as Older Americans Month and will send draft to Emma Caballero.

DISCUSSION/GUEST SPEAKER:

Sonnie Brown gave a presentation introducing services available at Hospice of SLO. Since 1977 Hospice of SLO has been providing counseling and other services free of charge. The primary focus at Hospice of SLO is: Quality of life at the end of life. Unlike a medically licensed hospice facility, services provided by Hospice of SLO are not directed by a physician; recipients do not have to be home or bed-bound and do not have to be nearing the end stage of a disease. Hospice of SLO is made up of many volunteers who must complete six, four-hour training sessions. Volunteers help with many aspects of care including house cleaning, running errands, reading to clients, and sometimes just providing companionship. Grief counseling, individual care (including respite care for caregivers), and community education programs are also available. Counseling is available to anyone who wants it free of charge and groups are open to the public.

Ms. Brown provided the following Hospice of SLO-Volunteer Training Sessions:

Cambria- Tues: (Mar 25, Apr 1, 8, 5, 22, 29) at the Vets Hall in Cambria from 12:30-4:30

Templeton-Tues: (Jul 22, 28, Aug 4, 11, 18, 25) at the Twin Cities Founder's Pavillion from 12:30-4:30

San Luis Obispo - Fall training "To Be Announced"

Training sessions are free to attend; the only cost is the Training Manual, \$30.00. For more information, please contact Hospice of SLO at 544-2266.

Ms. Brown also briefly spoke of Go Wish Cards. These cards have a short statement of things people often cite as being important to them in the last weeks or months of life. These statements are for the purpose of starting meaningful conversations between caregivers and those with a terminal illness. For more information, please visit www.codaalliance.org. Members expressed their appreciation to Ms. Brown for her presentation.

CORRECTIONS/ADDITIONS TO THE SYNOPSIS:

Corrections to the February 7, 2014, synopsis included: correction to read that new SLO Transit schedules are available on buses; the correction of Laura DeLoye's name (from Florence to Laura), the addition of the last name Rioux to the public comment made by Martin Meltz, and added Rachel Cementina as an attendee

Marie Brinkmeyer made a motion to approve the synopsis with corrections. The motion was seconded by Kathleen Karle and passed unanimously.

ACTION ITEMS:

Kathleen Bellefontaine made a motion to add a Transportation Committee to the agenda; motion was seconded by Marie Brinkmeyer and passed unanimously.

Marie Brinkmeyer stated that the last report to the Board of Supervisors should be sent just to the Executive Committee then to members with a deadline date.

COMMITTEE UPDATES:

IHSS Update - Kat Lauterback reported that the governor has proposed having providers work only 40 hours to avoid overtime pay; this has become a huge issue and there is opposition to his proposal.

POLST Follow-up - Karen Jones stated a meeting wasn't held and therefore didn't offer comments.

Transportation - Mark Shaffer stated that transportation is available to take veterans to VA facilities in Los Angeles. The Veterans Express comes from Santa Maria to the SLO Vets Hall and makes its way to Santa Barbara, Ventura, then Los Angeles. The cost is \$6 roundtrip. The group discussed the many difficulties seniors and disabled individuals face due to fixed routes, lack of public transportation in rural areas, and the high cost of fares.

Meeting adjourned at 10:37 am.