

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.
Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Members

Boards, Commissions and Community Groups

Adult Abuse Prevention Council
Commission on Aging
County Board of Supervisors
Drug and Alcohol Advisory Board
Health Commission
Mental Health Advisory Board
SLO Supportive Housing Consortium

Non-Profit Agencies
AIDS Support Network & SLO Hep C Project
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO County
Community Health Centers / Services of the Central Coast
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Transitional Food & Shelter
Transitions/Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of San Luis Obispo County
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling / Good Neighbor

Private Organizations

Bates Care Management
Bella Vista Transitional Care
French Hospital - Dignity West
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Senior Living Consultants
Sierra Vista — Tenet Healthcare

Public Agencies

San Luis Coastal Adult School
San Luis Obispo County
Board of Supervisors
San Luis Obispo County Departments
District Attorney / Victim Witness Assistance
Health Agency: Public Health / Public Guardian / Medical Services / Behavioral Health / Health Promotion
Probation Department
Sheriff
Department of Social Services / Adult Services
Veteran's Services

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Chair: Marie Brinkmeyer (805) 544-8740
Immediate Past Chair: Kathleen Karle (805) 781-4929
First Vice Chair: Tiffany Alcantara (805) 773-3744
Second Vice Chair: Laura DeLoye (805) 225-6101

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AGENDA

05/02/2014

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS:

(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT: (5 minutes or less)

GUEST SPEAKER:

- **Mark Shaffer - UCP & Ride-On**

MEMBER COMMENT:

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS:

- **Older American Month Proclamation / May 6th to BOS**
- **ASPC Annual Report**

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- **IHSS**
- **POLST**
- **Transportation**

MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

NEXT MEETING:

06/06/2014

Adult Services Policy Council 05/02/2014

ATTENDEES:

Mark Shaffer, Ride-On/United Cerebral Palsy
Sonnie Brown, Hospice of SLO County
Meredith Bates, Bates Care Management
Gail Tutino, Community Health Centers
Kat Lauterback, Dept. of Social Services, Adult Svcs
Jerry Mihaic, Independent Living Resource Center
Sonya Laputz, Alzheimer's Association
David Kilburn, AIDS Support Network & SLO Hep C Proj.

Alisa Welsch, Tri-Counties Regional Center
Elizabeth Ruth, Legislative Assistant to Caren Ray
Tiffany Alcantara, Home Instead Senior Care
Martin Meltz, Community Volunteer
Kathleen Bellefontaine, Commission on Aging
Emma Caballero, Dept. of Social Services,
Fred Munroe, Ridership Development
Elias Nimeh, Senior Nutrition Program

INTRODUCTIONS AND ANNOUNCEMENTS:

Tiffany Alcantara, First Vice-Chair - Welcomed ASPC members and guests

Tiffany Alcantara, First Vice-Chair - Announced the upcoming guest speakers through August 2014: **May 2nd** Mark Shaffer (Ride On/United Cerebral Palsy), **June 6th** Caren Ray (BOS), **July 4th** No Meeting due to Holiday, **August 1st** Officer Laura Browning (CHP).

Tiffany Alcantara, First Vice Chair - Announced two ASPC leadership positions will be open for election on June 6, 2014. The 1st Vice Chair and the 2nd Vice Chair positions need to be filled and effective July 1, 2014. She asked if there were any ASPC members interested in these two positions. Kathleen Bellefontaine and Sonnie Brown raised their hands. Tiffany stated a official election will take place at our next ASPC meeting.

Sonnie Brown, Hospice of SLO County - Announced the Hospice of SLO-Volunteer Training Sessions in Templeton will begin in July. She stated it's an amazing training and it's only six weeks. For more information, please contact Hospice of SLO at (805) 544-2266.

Kathleen Bellefontaine, Commission on Aging (COA) - Reported May's COA meeting covered Senior Centers and services seniors need. Baby boomers are becoming seniors and the senior population is growing. She invited ASPC members to a meeting that will address many senior topics and concerns. One topic of concern is "Isolation". The meeting will take place Friday, May 16th, 2014 at the Veterans Hall at 10:00 a.m. They expect five senior center directors to be in attendance.

Mark Shaffer, Ride-On/United Cerebral Palsy – Reminded the members of the Abilities Fair on Friday, May 23rd from 10:00 a.m. – 3:00 p.m. at the San Luis Obispo Vets Hall, 801 Grand Ave, SLO. (Flyers provided).

Mark Shaffer, Ride-On/United Cerebral Palsy – Announced the Good Neighbor program is in need of volunteers. To sign up for training or for more information, please contact (805) 547-7025 ext 26. The program is growing and has funding through June 2016. Good solid funding. (Flyers provided).

Martin Meltz, Community Volunteer - Announced the Benefits Arch "Community Service Card" has been translated and a Spanish version is available.

Jerry Mihaic, Independent Living Resource Center - Announced their Assistive Technology (AT) advocate is out on medical leave for a few months and he will be covering in his absence. This is in addition to his regular responsibilities.

Elias Nimeh, Senior Nutrition Program - Announced the Night of a Million Meals dinner Saturday, May 31st 5:30 pm to 9:30 pm. It's a well represented event benefiting the Senior Nutrition Program of San Luis Obispo County. This program provides meals for seniors throughout the county.

Kat Lauterback, Dept. of Social Services, Adult Services – Stated Department of Social Services is feeling the impact of the Affordable Care Act (ACA). The department currently has 11,000 applications obtained during the Covered California open enrollment period needing to be processed.

David Kilburn, AIDS Support Network & SLO Hep C Proj - Stated although the Covered California Open Enrollment period is done our work is not. He stated Department of Social Services has been very helpful in getting applicants with emergencies enrolled immediately.

Meredith Bates, Bates Care Management - Announced the Elder Abuse Prevention Seminar, Friday, May 9, 2014 at the Paso Robles Culinary Institute. Registration deadline is May 1, 2014. This seminar costs is \$35.00 and participants will learn how Addiction and Mental Illness contribute to Elder Abuse. This is an opportunity to learn and collaborate.

PUBLIC COMMENT:

Jerry Mihaic, Independent Living Resource Center - Announced that in order to comply with ADA laws, all our ASPC members need to keep in mind accessibility at any public function and should have the following wording on any written communication that goes out to the public to ensure inclusiveness:

"This event is wheelchair accessible. If you require other accommodations, please contact (name at telephone/email) by (date)"

The "by" date should be at least a week before the date of the event so that there is enough time to schedule an ASL interpreter or plan for any other reasonable accommodation.

The contact can be a person at the organization putting on the event. If they need help please have them contact me.

Tiffany Alcantara, First Vice Chair - Requested Jerry Mihaic to email ADA information to Emma Caballero so it could be shared with ASPC members.

DISCUSSION/GUEST SPEAKER:

Guest Speaker, Mark Shaffer, United Cerebral Palsy/ Ride-On Transportation:

Mark Shaffer presented information on **United Cerebral Palsy (UCP) of San Luis Obispo**. It's a non-profit organization that supports children and adults with disabilities in SLO County. It was established in 1987 and has been supporting children and adults with disabilities for twenty-seven years. Their services provide social and recreational programs, individual and family support, youth and adult services, transportation, employment assistance, and advocacy for people with Cerebral Palsy and other developmental disabilities. A video was presented describing the following programs they provide: Community Interaction Program (CIP) Tours are supervised vacations for adults with disabilities. Each tour price includes transportation, lodging, meals, support staff, and all activities. CIP Transportation is a low-cost, door-to door transportation services to people with disabilities. Rides are available for \$3.00 one-way or \$6.00 round-trip. Leisure Clubs are supervised excursions and activities in the local community once a month on Saturdays for adults with developmental disabilities. Camp Kelley Creek is a week long summer camp for adults with developmental disabilities. The program is designed to provide a fun outdoor experience and positive environment for each camper. It takes place at Camp Arroyo Grande. Kids/Teen Club are Social and recreational events that are held in the community for children, teens, and young adults with disabilities. They are generally Saturday once a month, from 1-4pm. Teen Camp is a two-week long day camp for teens and young adults with disabilities, held from Mon-Thurs(9:00 am-2:45 pm) in SLO County. Parents Helping Parents (PHP) is a family resource center committed to supporting families of children with special needs and children who are risk for developmental delays. Sports without Limits is a program that provides individual and team sports to children and adults with developmental disabilities. This program offers the opportunity for well being and friendship through participation in sports, while building and embracing community. The Ranch is an agricultural based outdoor workplace for people with disabilities. Arts for Living brings music and the arts to people with disabilities and promotes inclusion for everybody. Central Coast Assistive Technology Center (CCATC) presents a wealth of information regarding assistive technology and the opportunity to demo various A.T. devices. People First of San Luis Obispo is a self-advocacy group directed by its members, people with developmental disabilities. Respite Care is a break for parents, caregivers, and family members. A temporary care is provided for children

and young adults with disabilities. An information flyer was handed out with all Services available for Adult, Kids, and teens. If you would like additional information, please visit their website ucp-slo.org.

Mark Shaffer presented information on **Ride-On Transportation:**

A video was presented describing who they are and the following services/transportation they provide:

Ride-On Transportation is a non-profit organization dedicated to improving transportation services in San Luis Obispo County. It started in 1993; Ride-On is comprised of the Consolidated Transportation Service Agency (CTSA) and the Transportation Management Association (TMA) for our county.

Ride-On CTSA provides door-to-door shuttle services for seniors, veterans, people with disabilities and social service agencies. Ride-On also provides support services for social service agencies that provide their own transportation services with vehicle maintenance, driver training, emergency response plans, and other services.

Ride-On TMA provides transportation services for the general public with vanpools, airport/Amtrak shuttles, Emergency Ride Home, Lunchtime Express, Visitor Shuttles, Special Event Transportation, and Medical Transport.

San Luis Obispo County – Community Services

Senior Shuttle is dedicated to providing affordable transportation services for seniors 65 years and over. Ride-On has a fleet of more than 90+ vans, buses, and wheelchair lift-equipped vehicles to solve anyone's transportation needs. Due to limited funding, the Senior Shuttle serves different parts of San Luis Obispo County on specific days of the week. All Senior Shuttles are door-to-door rides. Advance reservations are recommended. You should call at least 3-4 days in advance to make your reservation. Please call (805) 541-8747; they will help you set up your Senior Shuttle ride.

Veterans Shuttle offers transportation for veterans in San Luis Obispo County from their homes to local veteran's clinics. This service provides veterans with disabilities, or veterans who have no means of transportation, door-to-door service to the San Luis Obispo or Santa Maria veterans' clinics. The cost, \$3.00 each way, is subsidized by contributions from the community and Ride-On. Call (805) 541-8747 to make reservations for rides, 2 to 3 days before your appointment.

Medi-Cal/CenCal Health Ride-On is approved by the State of California to provide Medi-Cal and CenCal transportation for individuals who cannot use public transportation to get to their medical appointments. For approved Medi-Cal riders, we provide transportation to medical appointments at no cost. Ride-On bills the State of California for the cost of this service. Medi-Cal and CenCal participants can contact Ride-On's Medi-Cal Secretary at (805) 541-8747 to determine their eligibility for this transportation service.

Community Interaction Program (CIP) United Cerebral Palsy (UCP) of San Luis Obispo County has teamed up with Ride-On to provide a door-to-door transportation service for riders with developmental disabilities. This special service is available after 5 pm on Monday through Friday and throughout the weekends. The Community Interaction Program (CIP) driver will even support the rider in the community upon request. The CIP Service provides rides throughout San Luis Obispo County for \$3 each way. For more information or to set up a ride, call the UCP Coordinator at (805) 543-2039.

Hospital Transfers/Medical Shuttle With our wheelchair accessible vehicles, we can handle your special needs and medical shuttle transportation in SLO County. Our experienced and reliable drivers are trained to transport people with special transportation needs. To book a ride, call Ride-On at (805) 541-8747.

Social Service Transportation Assists social service agencies find transportation for their clients. A Mobility Coordinator is dedicated to meeting the transportation challenges for seniors, people with disabilities, children, and other people served by social service agencies. The Mobility Coordinator works with all the transportation providers in San Luis Obispo County to find ways for people who don't have access to their own transportation, or who are unable to use public transportation, get around their community. If you are having problems finding transportation, please call the Mobility Coordinator at (805) 541-8747.

Agricultural Workers Vanpool The program was developed to benefit the farmworker communities across San Luis Obispo County by providing safe, reliable, and affordable transportation to their worksites. The daily fare for this alternative method of transportation is as low as \$3.00 per day and varies based on the amount of miles traveled to each worksite. For more information, call (805) 541-8747.

Agency Support Ride-On CTSA is dedicated to helping social service agencies provide safe and cost effective transportation for the people they serve. Call our Director, Mark Shaffer, at **(805) 541-8751** for more information

San Luis Obispo County – General Transportation

Airport/Amtrak provides door to door shuttle service 24 hours a day, seven days a week (please call at least 3-4 business days in advance). Call (805) 541-8747 to set up your ride.

Visitor Transportation Visitor groups can contact Ride-On to set up a shuttle for weddings, visiting points of interest, community events, or taking a group out to dinner. Ride-On buses accommodate 10-26 riders. Rates vary depending on the pick-up and drop off times and locations. For more information, call **(805) 541-8747**

Wedding Transportation Ride-On will transport for any wedding event: Wedding/Reception Transportation, Bachelor/Bachelorette Parties, Girls/Guys Night Out, Wine Tours, Visiting any points of interest in SLO County. For more information, call (805) 543-7862

Special Events/Group Transportation Ride-On will transport for any special event: Weddings, Wine tours, Night on the town, Holiday event, visiting any point of interest in our county, Special group functions. For more information, call (805) 543-7862

Kids Shuttles & Field Trips Transports group of kids to group events: Birthday Party, Summer Camp, Child Care Facility, Recreational Programs. For more information, call Ride-On TMA at (805) 543-7862

University Shuttles Services are available for Cal Poly's transportation needs. The airport shuttles provide safe and reliable airport transportation at reasonable prices. For more information, call (805) 543-7862

San Luis Obispo County – Commuter Service

Vanpool To start or join a vanpool - The average cost per rider ranges from \$75.00 to \$120.00/month. To get started visit www.rideshare.org and register under TRIPLINK. If you have questions about vanpools, call the TMA office at (805) 543-7862.

Emergency Ride Home If you vanpool, carpool, or ride the bus and you get sick at work and need to go home, you have commuter insurance with the Emergency Ride Home. Ride-On will pick you up at work within 45 minutes and take you home for just \$5. Some employers will pay the \$5 fare for their employees (SLO County, Cal Poly, and City of SLO).

Transportation Management Association (TMA) The Ride-On TMA is a community-based organization which helps businesses and organizations meet the transportation needs of their employees and customers while easing congestion, preventing air pollution, and improving the transportation network within our county.

Transportation Choices Program (TCP) Is a free program offered to businesses and organizations throughout San Luis Obispo County that choose to encourage employees to use alternative transportation.

Lunchtime Express will get your group to a sponsoring restaurant in the City of San Luis Obispo for free. Any party of two or more may reserve a Ride-On bus for a free round trip ride Monday through Friday from 11 am until 2 pm. sponsoring restaurants. For more information, call (805) 541-8747

Rideshare Provides transportation choices to employers and employees to reduce single occupancy vehicle commuting, traffic congestion, parking demands, air pollution, and dependence on foreign oil. For more Information, **Call (805) 781-4462 or visit www.rideshare.org**

Mark Shaffer shared information regarding a **Voter with Disabilities Survey**:

This study was performed by Maslansky and Partners and was funded by the United Cerebral Palsy's National Organization in May-June of 2013. The US Census estimates there are 56.7 million Americans with disabilities. The survey captured 1,008 members of the disability community with 663 participants with a disability and 345 family members. 69% of the sample were registered to vote, compared to 72% for the overall population. 72% of the sample report that they vote in each election, compared to 57.5% of the overall voter turnout. 84% of the sample reported that the candidates record on supporting disability community as important. 87% reported they would not vote for a candidate who favored cuts in services for people with disabilities. The economy and healthcare were the two most important issues for the sample, which is also true for the overall voter group. The political affiliation is diverse and tracks closely with the general population. Younger voters (18-30) with disabilities place a higher emphasis on the candidate's record on disabilities issues.

Mark Shaffer provided Informational hand outs regarding United Cerebral Palsy, Ride-On Transportation, and the Voter with Disabilities Survey.

MEMBER COMMENTS:

Alisa Welsch, TCRC - Stated the importance of educating people how to register to vote.

Elizabeth Ruth, Legislative Assistant to Caren Ray - Stated how important it is not only to register, but to actually vote. She stated the June 3rd Primary Election is fast approaching.

Fred Munroe, Ridership Development - Stated just a side note on Ride-On. Has anyone driven by the Paso Robles Wal-Mart on any evening? He stated there must be forty plus Ride-On Carpool vans parked in the Wal-Mart parking lot. These vans are going all over the county. This is a small snapshot of just how many private cars are off the road.

Mark Shaffer, Ride-On - Shared SLO Transit buses will only be 0.25¢ each way 5/05/14 through 05/11/14 (Monday – Friday). This was the bus fare in 1974.

Fred Munroe, Ridership Development – Does this include the “Double Decker”?

Mark Shaffer, Ride-On – Stated, “Yes”

Meredith Bates, Bates Care Management - Shared an extreme self-neglect situation, wife age 62, resides with husband age 80, in a single story 3 bedroom, 2 bath home. The furniture, carpet and floors are contaminated with human & cat waste. The refrigerator and kitchen are overflowing with rotten food. 7 cats were recently removed by Animal Control. Husband tested positive for C-Diff, has active diarrhea and refuses to wear depends or use the toilet. Protective clothing (mask, gloves, footgear) are needed to enter the home. The odors in the home are toxic. 9-1-1 is called 2-3 times per week and husband is transported to the emergency room and released. Bio-hazard cleanup was done on March 2014 and recidivism has begun again. Wife drinks heavily and says “I need to drink”. Couple lives in squalor, spoiled food, urine and feces in the house. Public health hazard - husband goes to public places (like court) wearing feces covered clothing. Multiple agencies have been involved (APS, Public Health, Fire, Emergency Medical Services, private Care Management). Stated this was not an isolated situation and asked ASPC members for help in finding solutions. “There is certainly a gap in services to obtain help for residents in hoarding type situations”.

Kat Lauterback, Dept. of Social Services, Adult Services - Stated hoarding is a growing problem and DSS receives similar calls and emails regarding this issue. This is a topic that could be included in the Gaps Workgroup, which she is interested in serving in. “We need to get this workgroup started”

Fred Munroe, Ridership Development – Stated several people fall into this type of syndrome. The public needs to know who to contact.

Martin Meltz, Community Volunteer – Stated Adult Services committee is going to the Behavioral Health Board in a month or two and can have the “Hoarding” topic placed on the Agenda.

Kat Lauterback, Dept. of Social Services, Adult Services – Stated APS services are voluntary. An elderly person has the individual right to refuse services. Shared San Francisco has a Task Force on Compulsive Hoarding and is one of the better ones in the country.

Sonnie Brown, Hospice of SLO County – Stated she would be willing to gather all the Gaps topics from the ASPC members and bring them to the June 6, 2014 meeting.

Sonnie Brown, Hospice of SLO – On 05/13/2014 emailed the following to ASPC members: We are gathering information on what you see in working with the community as areas or "gaps" when their needs are not being met. Please hit "reply" with your bullet list or brief explanation of gaps in service you have experienced or become concerned about.

NOTE: I will gather and collate your responses for our meeting June 6th. Please respond by May 30th.

CORRECTIONS/ADDTIONS TO THE SYNOPSIS:

Added Sonya Laputz as an attendee at April's meeting. Fred Munroe made a motion to approve the synopsis with the addition. The motion was seconded by Kathleen Bellefontaine. The motion was passed unanimously.

ACTION ITEMS:

Older American Month Proclamation / May 6th to BOS

Tiffany Alcantara, First Vice-Chair stated the resolution proclaiming May 2014 as Older Americans Month in San Luis Obispo County would be going to the BOS Tuesday, May 6, 2014. A copy of the resolution was provided to the ASPC members.

ASPC Annual Report

Tiffany Alcantara, First Vice-Chair stated the Executive Committee will be preparing the ASPC Annual Report and asked the members if they had any issues they would like to have included in the review and/or recommendations.

COMMITTEE UPDATES:

IHSS Update - Kat Lauterback mentioned needed resources for IHSS Clients, such as High rising toilet adaptors, bedside commodes, shower benches, wheelchairs, walkers, canes, and slide boards.

Jerry Mihaic, Independent Living Resource Center – Recommended they be referred to the Independent Living Resource Center

POLST - None

Transportation - Fred Munroe asked the ASPC members to encourage the community to ride the SLO Transit buses May 5 – May 11th and take advantage of the 0.25¢ fare (each way). The 0.25¢ bus fare is the cheapest since 1974.