

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium
Martin L. Meltz, PhD

Elected Officials

CA Assemblyman Katcho Achadjian, 35th District
CA Senator Bill Monning, 17th District

Non-Profit Agencies

211 Hotline
AIDS Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program (RSVP)
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
SLO Hep C Project
SLO Regional Rideshare
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Bates Care Management
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
Social Services/Adult Services

Chair: Laura DeLoye (805) 225-6101 mariposamusictherapy@gmail.com
Immediate Past Chair: Marie Brinkmeyer (805) 544-8740 rsvpslo@srvolunteer.org
First Vice Chair: Kathleen Bellefontaine (805) 235-5779 kbellefont@charter.net
Second Vice Chair: Vacant

AGENDA

11/07/2014

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS:

(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT: (5 minutes or less)

GUEST SPEAKER:

- **Jeff Brubaker - Transportation Planner, San Luis Obispo Council of Governments**
- **Gari Cave - Senior Assembly Member, California Senior Legislature**

MEMBER COMMENT:

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS:

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- **IHSS**
- **POLST**
- **Transportation**

MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

NEXT MEETING:

12/05/2014

Adult Services Policy Council

11/07/14

9:00 a.m. – 11:00 a.m.

ATTENDEES:

Sonya Laputz, Alzheimer's Association

joyce ellen lippman, Area Agency on Aging

Kathleen Bellefontaine, Commission on Aging

Gail Tutino, CHC

Kat Lauterback, DSS

Jean Raymond, French Hospital / Health Commission

Debra Valley, District Attorney/Victim Witness Assistance

Mark Shaffer, United Cerebral Palsy/Ride-On
Transportation

Laura DeLoye, Mariposa Music Therapy/Arts for Living

Dee Rittenhouse, Tri-Counties Regional Center

Rachel Cementina, United Way of SLO County

Marie Brinkmeyer, RSVP-Senior Volunteer Services

Jerry Mihaic, Independent Living Resource Center

Krista Vega, CenCal Health

Fred Munroe of SLO Transit

INTRODUCTIONS AND ANNOUNCEMENTS:

Chairwoman Laura DeLoye welcomed the group

Marie Brinkmeyer, RSVP - Annual Rummage Sale Super Duper Holiday Boutique 11/8/2014

Fred Munroe of SLO Transit - There are a significant number of people who do not know that they can get on the buses with walkers and other assistive devices. Please help spread the word. Wheel Chair users know that the buses are able to accommodate wheel chair users, but people who use walkers tend to be new using assistive devices.

Fred Munroe of SLO Transit - There is an App for SLO Transit for any smart phone. The app is easy to use and all buses on app. Reminders can be set in the app to remind users of bus arrivals. The App is free. Go to the App Store and search for "SLO Transit". It's available for any smart phone.

Jerry Mihaic, Independent Living Resource Center – They are working with 5 cities homeless collation in order to help seniors to access housing. There are several personnel changes. For right now the Benefits Person is located in Santa Barbara. A new person for the AT program will be starting hopefully soon to assist with walkers and other assistive equipment. ILRC's new Executive Director started in October. Jerry announced that he will be leaving ILRC to work for a for profit organization in the area. He's been with ILRC 5 years.

joyce ellen lippman, Area Agency on Aging – They will be starting to work on the new edition of the senior guide. Please contact joyce ellen to her know if you are interested in working on it.

Kat Lauterback, DSS - Asked for a volunteer to take notes for 12/05/14 Meeting. joyce ellen will take notes if DSS staff is not able to be there.

Laura DeLoye, Mariposa Music Therapy/Arts for Living - Shared that the December is a special meeting where attendees share which Organizations they want to recognize by giving donations.

PUBLIC COMMENT:

Marie Brinkmeyer - Kathleen Karle is in Sacramento getting award. She was chosen to be the 2014 Guardian of Health statewide award from the California Center for Public Health Advocacy (CCPHA).

Laura DeLoye – Marie Brinkmeyer spoke at the BOS about the ASPC report to the BOS. Supervisor Karen Ray responded felt that ASPC was were effective. There were no questions about the report on Tuesday.

Marty Meltz, Workforce Housing Committee asked if after the new year begins if ASPC would look into a housing committee for seniors looking at housing issues. Not focused on supportive services. Look at ideas to include home sharing, "tiny homes", assisted living facilities and independent living and high density housing. SLO Supportive Housing coalition. Document listed priorities. Add to agenda. SR Housing. Fred Munroe proposed creating a matrix of what is being done now. **Housing discussion will be added to the January 9, 2015 ASPC meeting.**

Kathleen Bellefontaine is happy to bring up Marty's housing suggestion at COA. COA already has the issue of housing as a top priority. They are looking into home share and the village concept. Looking into an update about how far we have or haven't gone. COA is a great forum to advertise issues and projects because the public is coming to the COA. The housing committee could become a joint effort between the COA and ASPC.

Jerry Mihaic brought up learning what Peoples Self Help Housing is doing and what is already happening.

CenCal Health will be the guest speaker for December 5, 2014.

GUEST SPEAKERS:

Jeff Brubaker - Transportation Planner, San Luis Obispo Council of Governments - Presented.

Jeff Brubaker gave a presentation on SLOCOG's application for a grant from Caltrans to fund a Regional Plan for Age-Friendly Communities. The plan will include recommendations to improve the safety, convenience, and multimodal options for senior travel in San Luis Obispo County. Recommendations will span all modes and focus on infrastructure, policies, and programs. Caltrans is expected to announce awardees in the spring of 2015, and the grant start date would be July 1, 2015. SLOCOG will keep all stakeholder agencies informed of the selection results and invite them to be a part of the planning process if the grant is received.

Gari Cave – Senior Assembly Member, California Senior Legislature - Presented.

The senior legislature represents citizens who are 60 years of age or older. The Area Agency on Aging helped to create the senior legislature. The senior legislature helps to develop legislative priorities on issues that impact seniors. Every October, 130 senior legislature members go to Sacramento. Senior legislature members read all proposals. This year they read 120 proposals before going to Sacramento. Members write proposals then send to Sacramento where attorneys put into the proposals into legal language. Gari's proposal is one of the top 10 for this next year. Members are elected volunteers who are elected through AAA. The elections are held online. Gari is asking service organizations and seniors to find out what is needed. The members collectively read and vote each year in October. This year they selected 10 CA priorities legislation and 4 federal priorities. Next step the senior legislature will try to find elected officials to support the proposed legislation. There are 192 new laws in place that were created through the senior legislation process. See Gari's handouts and get list of the proposals from her.

Discussion about ASPC Membership reviewing and then each member choosing the top 5 proposals that have the most impact on seniors in SLO County. ASPC will tally membership choices. Once the results have been recorded, members can take results back to the agencies that they represent and send.

Respond back with the highest 5 state priorities and highest federal if they impact on SLO County. ID top 5 to figure out between now and Dec. www.CSL.org to read full proposals. Get AA help - create a spreadsheet. If you come up with ideas for next year send to Gari Cave garicave@gmail.com

MEMBER COMMENT:

Fred Munroe - Housing for seniors are best built near public transportation look at accessibility for senior and public transportation.

Marty Meltz - Look to see and learn which organizations have intergenerational activities - survey

Bring your favorite beverage or treat and the charity that you have chosen to volunteer for at the 12/05/14 ASPC meeting.

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

Kathleen moved it was approved.

ACTION ITEMS :

None listed but following up on 2nd vice chair vacancy it is not going to be filled. The position is not in the bylaws. (NOTE Take off the letterhead)

COMMITTEE UPDATES AS NEEDED:

IHSS – Kat Lauterback,

Provider trainings will be held the first week of December 2014. Dec 1st Atascadero / Dec 2nd Arroyo Grande / Dec 3rd San Luis Obispo. The upcoming changes to the program will take effect January 1, 2015. The changes will affect providers, recipients and families.

POLST French hospital - Jean Raymond,

Reported that Kris Kington-Barker and she attended the California POLST education Program refresher course in Larkspur September 25, 2014. There was a local planning meeting held at Sierra Vista Oct. 10, 2014. Both Jean and Kris will give a presentation at the Health Commission meeting on Advance Health Care Directives and POLST - November 17, 2014. The program is normally recorded and will be available to view through the Health Commission web site.

Transportation – Mark Shaffer

Ride on is in the process of writing a grant to fund the senior volunteer program.

Kathleen Bellefontaine suggested - Working senior drivers could use compensation to drive vans?
Fill in drivers temps Mark to talk with Wilshire about it. Fred brings up insurance issues.