

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.

Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Members

Boards, Commissions and Community Groups

Adult Abuse Prevention Council
Commission on Aging
County Board of Supervisors
Drug and Alcohol Advisory Board
Health Commission
Mental Health Advisory Board
SLO Supportive Housing Consortium

Non-Profit Agencies

AIDS Support Network & SLO Hep C Project
Alzheimer's Association
Area Agency on Aging
CenCal Health
Coast Caregiver Resource Center
Community Action Partnership of SLO County
Community Health Centers / Services of the Central Coast
Hospice of San Luis Obispo County
Independent Living Resource Center
Linkages Care Management
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Transitions/Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of San Luis Obispo County
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling

Private Organizations

Bates Care Management
Client Care Consultants
Family Home Care
Morris & Garritano Insurance
Sierra Vista Medical Center
Trio

Public Agencies

San Luis Coastal Adult School
San Luis Obispo County Departments of:
District Attorney / Victim Witness Assistance
Health Agency: Public Health / Public Guardian / Medical Services/ Behavioral Health
Probation Department
Sheriff
Department of Social Services / Adult Services
Veteran's Services

www.slocounty.ca.gov/ASPC

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Immediate Past Chair: Janet Amanzio, jamanzio@co.slo.ca.us, (805) 781-4732
Chair Kathleen Karle, kkarle@co.slo.ca.us, (805) 781-4929
First Vice Chair: Marie Brinkmeyer, (805) 544-8740, rsvpslo@svolunteer.org
Second Vice Chair: Tiffany Alcantara, (805)773-3744 talcantara@homeinstead.com

AGENDA

September 7, 2012

9.00 – 11.00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS

(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT (5 minutes or less)

DISCUSSION / INFORMATION ITEMS:

- ASPC Annual Report

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS:

- Discussion and vote on endorsing of SLO County Food System Coalition

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- IHSS Update
- Good Neighbor
- POLST Follow up
- Continuum of Care

MEETING LOCATION:

Department of Social Services
2975 McMillan Road, San Luis Obispo
Suite 164 (Big Conference Room)

NEXT MEETING:

10/5/2012

ASPC Meeting September 7, 2012
Chaired by Kathleen Karle

Attendees:

joyce ellen lippman, AAA	Mark Shaffer,
Kathleen Bellefontaine,	Ride-On Transportation/UCP
Commission on Aging	Virginia Sawyer,
Kena Burke, Community Health Centers	Senior Legal Services Project
Kat Lauterback, Social Services	Barry Johnson,
Sandra Pendell, Social Services	Transitions-Mental Health Association
Jean Raymond,	Pam Crabaugh,
French Hospital/Health Commission	Tri-Counties Regional Center
Laura deLoye, Mariposa Music Therapy	Rachel Clementina, United Way
Kathleen Karle, Public Health	Jessica Devereaux,
Tiffany Alcantara,	Wilshire Community Services
Home Instead Senior Care	Hans Poschman,
Carol Rose,	Field Rep for Sen. Blakeslee
Home Instead Senior care	Kevin Drabinski,
Kelly Hannula,	Field Rep for Assembly Achadjian
Independent Living Resource Center	Martin Meltz
Michelle Mason, LifeSteps Foundation	Mercedes Parker, LifeSteps Foundation
Susan Warren,	Nicole Pearson, LifeSteps Foundation
North County Connection	June Wilmer, North County Connections
Rick Gulino, People's Self Help Housing	Laurel Weir,
	Homeless Services Coordinator DSS
	Nancy Sutton, Alzheimer's Association

Introductions and Announcements

Kathleen Karle announced that a Healthy Communities forum entitled "Building Healthy Communities: 2012 HEAL-SLO Summit" would be held on October 19, 2012 with various speakers. Flyers had previously been sent out electronically and were passed out at the meeting. Two hundred people have already registered for the forum. Additional information can be found here: <http://www.healslo.com/2012/08/14/building-healthy-communities-2012-heal-slo-summit/> Ms. Karle also reported that a grant from the Office of Traffic Safety had been received and includes provisions for senior pedestrian safety. She noted that SLO County has a higher than average number of senior pedestrian deaths and accidents. Information will be presented at senior centers and to law enforcement agencies.

Marie Brinkmeyer, RSVP, reported a fundraiser will be held on 9/12 and 9/26 in conjunction with California Pizza Kitchen.

Carol Rose, Home Instead Senior Care, reports a fundraiser movie night will be held on 9/12/12 in Paso Robles for Alzheimer's Association. Tickets can be purchased by calling Home Instead Senior Care at 866.772-3601.

Tiffany Alcantara provided information about Home Instead Senior Home Care Foundation (HISC). Grants of up to \$25K are available.

Barry Johnson reported that Transitions-Mental Health Association's annual suicide prevention forums will be held on October 4 and October 10. Information will be e-mailed to the membership.

Joyce Ellen Lippman reported that a Candidate Forum for Congressional District 24 would be held on 9/14/12 in Santa Maria with a focus on senior issues. She also noted the Elder Abuse Prevention Council will be holding a forum on hoarding on 10/12/12 in Santa Maria.

Laura DeLoye reports that Mariposa Music Therapy continues to offer music therapy to seniors and developmentally disabled adults. Mariposa Music Therapy has become an affiliate of UCP SLO. An Arts for Living program will be offered in near future. Musical and art outings will be available in the future as well. Costs are yet to be determined and there will be scholarship possibilities.

Sue Warren, North County Connection, reported that on October 17 at 7.00 a presentation on addiction would be held in Atascadero preparation for the integration of behavioral health into primary care. Flyers will be e-mailed to membership.

Rick Gulino, People's Self Help Housing, reported that rental applications for Pismo Creek Bungalows are being accepted. Info is available at PSHH website or in the PSHH office. There are 14 units for low income people and families. Priority will be given to people who currently live/rent in Pismo Beach.

Nancy Sutton introduced herself as the new director of the Alzheimer's Association office in San Luis Obispo.

Mark Shaffer reported that an additional day of service had been added to the Senior Shuttle in Los Osos. He reminded the group that the Veterans Express is available to transport veterans to medical appointments. He also noted that another nonprofit group is forming to serve veterans and is seeking drivers.

Kena Burke, Community Health Centers, reported that forum will be held on Insured the Uninsured Project. Information will be e-mailed to the membership.

Public Comment:

Martin Meltz presented a wallet-sized informational brochure that has been developed by Benefits-ARCH. It will be distributed to homeless, law enforcement, and any agency that comes in contact with homeless people. Burdine Printing has the brochures available for sale; anyone can go in and buy as many as needed. Burdine Printing should be called at 805 489 4910 to place an order. The brochure will be updated every 6 months. Contact Martin Meltz at martinmeltz@sbcglobal.net if changes to the form are needed.

Discussion/Information Items

LifeSteps Foundation. Michelle Mason introduced herself, Nicole Pearson and Mercedes Parker of the LifeSteps Foundation. Ms. Mason provided information about the Senior Homemaker Program which serves low income people who are not eligible for free Medi-Cal or IHSS, but cannot afford in-home care. People with a high Share of Cost Medi-Cal can be considered. Domestic services are provided as well as personal

care. The program is free of charge and is funded by the Area Agency on Aging. LifeSteps employ their own staff who provide services. Transportation is not an available service, nor is shopping or errands. They refer clients to other agencies who may be able to fill that need, e.g., Good Neighbor. The services provided vary depending on the person's needs. Ms. Parker completes assessments, including nutritional risk, in the client's home. Services are task-based; LifeSteps does not provide case management, but do have regular follow-up. Referrals are received from home health agencies, hospitals, and private home care agencies. They have a referral form that they will fax or e-mail to interested parties. They have bilingual staff and brochures. They serve all of SLO County including rural areas, and the Santa Maria Valley area. Outreach services to the Spanish speaking population are being planned, especially in the Santa Maria Valley. Personal attendants must have a background check. Gaps of employment and reasons for leaving previous positions are carefully considered and discussed during interviews. Personal attendants are paid \$9.50 per hour. There is an orientation session for new employees and ongoing training with presentations from other agencies, for example Adult Protective Services, Long Term Care Ombudsman, etc. LifeSteps cannot duplicate services that are available to the person through another agency. They currently serve 102 clients and employ 8 personal attendants. Services are provided during normal business hours in most cases. In order to be eligible for the Homemaker Program, the client must be at least 60 years of age or older, and there are no exceptions to the age criteria for this program. However, for the Respite Program, clients can be eligible for services if they have early onset dementia or a neurological disorder. Interested parties can call 762-4471 for more information.

Annual Report. Kathleen Karle provided historical information about ASPC's Annual Report process and last year's presentation to the San Luis Obispo County Board of Supervisors. A draft Annual Report was reviewed in detail with members providing input. Revisions will be made as suggested by the membership and a final report will be brought to the October meeting. Arrangements will be made to present the Annual Report to the Board of Supervisors in October 2012.

Corrections/Additions to the Synopsis

The August 3 meeting synopsis was reviewed. Marie Brinkmeyer moved that the synopsis be accepted as written; Mark Shaffer seconded the motion. The motion was passed unanimously.

Action Items:

At the August 3 meeting Joel Diringer had asked that ASPC submit a Declaration of Support for the Paradox of Plenty Hunger Plan. It was moved by Joyce Ellen Lippman that ASPC submit the Declaration of Support; Kathleen Bellefontaine seconded the motion. The motion passed by unanimous vote.

Committee Updates:

IHSS Update – Sandra Pendell reported no changes in IHSS since last month's meeting.

Good Neighbors – There is an ongoing need for volunteer drivers in the North County. In addition, Good Neighbors is focusing on finding more volunteers to provide in-home assistance in South County.

POLST Update – The Central Coast Coalition for Compassionate Care (CCCCC) continues to plan future POLST programs in the community. The last state coalition conference call took place 8/14/12 – there are plans for an updated POLST form in April of next year. An Advance Directive and POLST presentation will be given at the Colony Park Community Center in Atascadero as part of a free Senior Informational Seminar Sept. 18 – Call Susie Blackwell at Amdal In Home Care for more information. There was a reminder that the latest POLST educational materials and state program dates can be accessed at www.caPOLST.org.

Continuum of Care – No report this month.

**The next meeting is October 5, 2012
9:00-11:00 a.m.
Department of Social Services
2975 McMillan Rd
San Luis Obispo**