

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

## Members

### Boards, Commissions and Community Groups

Adult Abuse Prevention Council  
Commission on Aging  
County Board of Supervisors  
Drug and Alcohol Advisory Board  
Health Commission  
Mental Health Advisory Board  
SLO Supportive Housing Consortium  
**Non-Profit Agencies**  
AIDS Support Network & SLO Hep C Project  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Coast Caregiver Resource Center  
Community Action Partnership of SLO County  
Community Health Centers / Services of the Central Coast  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
LTC Ombudsman Services of SLO County  
North County Connection  
Peoples' Self Help Housing  
Retired Senior Volunteer Program  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
Transitional Food & Shelter  
Transitions/Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of San Luis Obispo County  
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling / Good Neighbor

### Private Organizations

Bates Care Management  
Bella Vista Transitional Care  
French Hospital - Dignity West  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Senior Living Consultants  
Sierra Vista — Tenet Healthcare

### Public Agencies

San Luis Coastal Adult School  
San Luis Obispo County  
Board of Supervisors  
San Luis Obispo County Departments  
District Attorney / Victim Witness Assistance  
Health Agency: Public Health / Public Guardian / Medical Services / Behavioral Health / Health Promotion  
Probation Department  
Sheriff  
Department of Social Services / Adult Services  
Veteran's Services

www.slocounty.ca.gov/ASPC P.O.  
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Chair: Marie Brinkmeyer (805) 544-8740  
Immediate Past Chair: Kathleen Karle (805) 781-4929  
First Vice Chair: Tiffany Alcantara (805) 773-3744  
Second Vice Chair: Laura DeLoye (805) 225-6101

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## AGENDA

09/06/2013

9:00 a.m. – 11:00 a.m.

### INTRODUCTIONS and ANNOUNCEMENTS

(New developments for the population, agency or program changes that affect other agencies or programs)

### PUBLIC COMMENT (5 minutes or less)

### DISCUSSION / INFORMATION ITEMS:

- Melanie & Patrice - Partners In Equestrian Therapy (PET)

### CORRECTIONS / ADDITIONS TO THE MINUTES

### ACTION ITEMS:

- Members to vote on letter of support for SB391 (3 Options)
  - Support as is
  - Believe it should be modified
  - Not to support

### COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- IHSS Update
- Good Neighbor
- POLST Follow up

### MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

### NEXT MEETING:

10/04/2013

**ASPC Meeting September 6, 2013**  
**Chaired by Marie Brinkmeyer**

**Introductions / Announcements**

Marie Brinkmeyer - Welcome

Martin Meltz - SB 391 is very significant across California

Laura DeLoye - Music therapy to engage people with developmental disabilities is beneficial

Cindy Marie Absey - Handed out a flyer on Disability & Abuse Project. If interested in serving on the Oct 11th panel in Los Angeles, please contact her.

Charmaine Peterson - Announced the Alzheimer's walk September 21<sup>st</sup>

Rachel Cementina – Handed out Coast to Coast cards

Rick Gulino – Construction in AG has begun – Tax credit project – Rent in May of 2014 – To inform ASPC when applications are being accepted.

Empty Bowls Community Luncheon Fundraiser Sept 25, 2013 - Tickets are \$25

Fred Munroe – VIP passes available for seniors or disabled individuals over the age 80. If interested, contact him.

Fred Munroe – Sept 12<sup>th</sup> on KCBX “Central Coast Voices”, they will be discussing the ACA. It's a call-in show so it will be good to hear the public needs. Any questions you would like to submit send via email - [Voiceskcbx.org](mailto:Voiceskcbx.org)

Mark Shaffer – Ride-On provides affordable transportation. A senior shuttle and Veterans shuttle is available. Veterans shuttle is \$3.00 each way.

joyce ellen lippman, - High number of calls regarding the ACA and people on Medicare. They should have NO impact. If on Medicare their Medicare is not being affected.

Jerry Mihaic - Open House Sept 19<sup>th</sup> – Plenty of parking and wheel chair accessible.

Kat Lauterback - IHSS will be implementing a new statewide computer system, Case Management Information and Payrolling System (CMIPS II).

Kat Lauterback - New Provider timesheets will take effect Nov 2013. Timesheet training sessions Oct 8, 10, and 15<sup>th</sup> throughout the SLO County. Flyers handed out.

Marie Brinkmeyer - Annual rummage sale – Oct 5<sup>th</sup>

## **Public Comment**

None

## **Discussion/Information Items**

Partners in Equestrian Therapy (PET)

Guests: Melanie / Patrice

Showed a video -

A therapy horse is a very special animal. They are helpful to children with autism or children who are in a wheel chair. PET teaches the basic riding skills. A horse is a mirror for what you're feeling, and it's easy to talk them. They are not judgmental. If you would like to ride, a doctor's clearance is needed. They have volunteers who are lead walkers. A lesson involves doing a pattern around the arena. They interviewed a father, who shared how well his son responded to this program. His son has autism and his posture and speech has improved greatly. His son now gives commands to the horse. Some volunteers have much experience, others have little experienced. Cal Poly and 4H are currently volunteering. Cuesta will be helping soon too. Cal Poly Psychology is interning. Patrice shared how the therapeutic horses help with anxiety. She stated, any anxious feeling will diminish. Instructors are certified by PATH and are required to go through an intensive training. PET is a nonprofit run by a board. They have seven board members. Meetings are once a month. People on the board are from different walks of life. The facility has 21 barn stalls. Inside the barn they have 12x12 stalls. Rancho Del Rio – Horses mirror what you're feeling. Horses are so positive.

Melanie - Partners in Equestrian Therapy is a therapeutic riding facility for individuals with special needs. We run on Tuesday afternoons and Saturday mornings. Lessons are \$25 for a half hour, \$50 for an hour, and have group and private lessons. We are a member of PATH (Professional Association of Therapeutic Horsemanship). PATH certifies our instructors and provides safety standards for therapeutic riding. We also have a new program for veterans and their families. Our lessons to vet families are provided free of charge thanks to a donation from the Roy and Ida Eagle Foundation.

ASPC members asked the following questions:

How many children are you serving?

6 children / 4 Adults

How often do clients ride?

Twice a week – Melanie stated horses can only work 5 hrs a day

## **Corrections / Additions To The Minutes**

The following correction (Pg 3) was identified by Kathleen Bellefontaine: "Kathleen Bellefontaine will provide updated content from COA support letter, if needed."

The following addition was shared by Sonnie Brown: Sonnie is unable to help with the ASPC synopsis on 10/2013. However, she will help with 11/2013 and 12/2013

joyce ellen made a motion to approve the synopsis as corrected; Kathleen Bellefontaine seconded the motion. The motion was passed unanimously.

## **Action Items**

Members to vote on letter of support for SB391 (3 Options)

- Support as is
- Believe it should be modified
- Not to support

Martin Meltz, Community Volunteer - Discussed the current status of SB 391, the California Homes and Jobs Act of 2013. The bill is now a two-year bill, and will continue to be considered in the next session of the Legislature. The Board of Supervisors of SLO County voted to oppose the legislation. Since that time, additional amendments were made to the Senate Legislation by the State Assembly (on August 8, 2013). He pointed out that the bill is very important, as it will potentially provide a funding stream to at least partially replace Redevelopment Funds that were taken back from the Counties by the State. The funds were said to be needed to support affordable housing projects in our State, including housing for the homeless. The earlier legislation included reimbursement of "actual and necessary administrative costs by the county recorder in carrying out this section," so the county would not lose money on collecting the funds. SEC. 4. of the legislation adds language relative to Section 50470 of the Health and Safety Code to read, in (a)(1) "emergency shelters and rapid rehousing services; accessibility modifications; and efforts to acquire and rehabilitate foreclosed, vacant or blighted homes." The request was for the ASPC members, in light of this and other new information, to request that the Board of Supervisors reconsider its vote on SB 391.

Kathleen Bellefontaine – Informed the group of the 8/8/2013 SB 391 amendments. Julie's argument regarding fees, hopes it can be changed. This is about real estate and should be about real estate transactions. I support we make a letter

Fred Munroe – Letter can be sent to the BOS to reconsider

joyce ellen lippman – Stated this bill will evolve – we should take a vote if we support

joyce ellen lippman moved to support SB 391 bill; the motion was seconded by Kathleen Bellefontaine. The motion was passed unanimously.

Fred Munroe – Asked how about ASPC members vote to support the intent of bill?

Marie asked the members if they agree to support the intent. A vote was taken, and it was unanimous. 0 Against, 3 Abstained.

joyce ellen lippman moved to support the intent of SB 391 the bill; the motion was seconded by Kathleen Bellefontaine. The motion was passed unanimously.

Kevin Drabinski – SB 391 is now a two-year bill, so the window of time has expanded.

Marie Brinkmeyer asked the ASPC members if they agree to send a letter to the BOS to reconsider based on new information. A vote was taken, and it was Unanimous. 0 Against, 2 Abstained.

### **Committee Updates As Needed**

#### **IHSS**

Kat – CMIPS II great impact – IP Timesheet trainings available to the community

#### **GOOD NEIGHBOR**

Maria -Attracting a few more volunteers from N. County – If you know someone, please refer to Good Neighbor

#### **POLST FOLLOW UP**

None

**The next meeting is October 4, 2013**

**9:00-11:00 a.m.**

**CAPSLO**

**1030 Southwood Drive, San Luis Obispo**