

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.  
Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

## Members

### Boards, Commissions and Community Groups

Adult Abuse Prevention Council  
Commission on Aging  
County Board of Supervisors  
Drug and Alcohol Advisory Board  
Health Commission  
Mental Health Advisory Board  
SLO Supportive Housing Consortium

### Non-Profit Agencies

AIDS Support Network & SLO Hep C Project  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Coast Caregiver Resource Center  
Community Action Partnership of SLO County  
Community Health Centers / Services of the Central Coast  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
LTC Ombudsman Services of SLO County  
North County Connection  
Peoples' Self Help Housing  
Retired Senior Volunteer Program  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
Transitional Food & Shelter  
Transitions/Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of San Luis Obispo County  
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling / Good Neighbor

### Private Organizations

Bates Care Management  
Bella Vista Transitional Care  
French Hospital - Dignity West  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Senior Living Consultants  
Sierra Vista — Tenet Healthcare

### Public Agencies

San Luis Coastal Adult School  
San Luis Obispo County  
Board of Supervisors  
San Luis Obispo County Departments  
District Attorney / Victim Witness Assistance  
Health Agency: Public Health / Public Guardian / Medical Services / Behavioral Health / Health Promotion  
Probation Department  
Sheriff  
Department of Social Services / Adult Services  
Veteran's Services

[www.slocounty.ca.gov/ASPC](http://www.slocounty.ca.gov/ASPC) P.O.  
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Chair: Kathleen Karle, [kkarle@co.slo.ca.us](mailto:kkarle@co.slo.ca.us), (805) 781-4929  
Immediate Past Chair: Janet Amanzio, [jamanzio@co.slo.ca.us](mailto:jamanzio@co.slo.ca.us), (805) 781-4732  
First Vice Chair: Marie Brinkmeyer, (805) 544-8740, [rsvpslo@svolunteer.org](mailto:rsvpslo@svolunteer.org)  
Second Vice Chair: Tiffany Alcantara, (805)773-3744 [talcantara@homeinstead.com](mailto:talcantara@homeinstead.com)

## AGENDA

10/04/2013

9.00 – 11.00 a.m.

### INTRODUCTIONS and ANNOUNCEMENTS

(New developments for the population, agency or program changes that affect other agencies or programs)

### PUBLIC COMMENT (5 minutes or less)

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### DISCUSSION / INFORMATION ITEMS:

- Drivers failing to stop for pedestrians

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS

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### ACTION ITEMS:

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### COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- IHSS Update
- Good Neighbor
- POLST Follow up
- Continuum of Care

### MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

### NEXT MEETING:

11/01/2013

## Adult Service Policy Council

10/4/2013

9:00-11:00am

Chaired: Kathleen Karle

### I. Introductions & Announcements

Kathleen Karle - Welcome; Today we have a lite agenda with several people responding they will not be here;

Handouts:

- "New IHSS Provider Time Sheet"

- Free Community event sponsored in part by County Health Dept: "Community Design: What Does Health Have To Do With It?" Oct. 18, 8:30am-12:30pm at the Vets Hall, SLO (will send to Emma to distribute to entire group)

Laura DeLoye - new fall quarter sessions for Arts for Living; UCP of SLO annual fundraiser: Walk & Roll, Saturday, October 5, 9:00am-12:30pm at Meadow Park in SLO.

Kathleen Bellefontaine - as part of 211 answering calls from elderly people in California Valley who are living in trailers, with not particularly good services; have been told there is a 5 year waiting list for Housing Authority (confirmed).

What can be done and what do we tell them about no solutions/options at this time? Response:

- Unfortunately, there are no options at this time, several people have had to move; if an honorably discharged veteran they can get housing voucher (27 left in the SLO county) opening the door to the Housing Authority;

- If not chronically homeless, will become more difficult to receive services after the beginning of the year because of new accountability coming in through federal government funding system;

- Recommend residents regularly speak during community comment section at Supervisor's meetings to bring pressure and awareness for more creative solutions;

- Trailer living is definition of homeless as the home is on wheels.

Kris Gottlieb - (AIDS Support Network) Annual Walk for Life - Nov. 2, 9:00am, Santa Rosa Park, SLO (Handout); Woods Humane Society will be at the walk and you can rent-a-dog for the walk!

Karla Esquirel (Transitions Mental Health): newly hired for bilingual outreach and hotline help; passed out new cards for SLO Hotline

Martin Meltz - founding director of "NewUSA Issues Forum" allowing citizens an online forum to ask questions and propose solutions for community issues. Finding solutions to problems, connecting solutions to problems. More info to come in the upcoming months. Plan to officially be online in February, 2014. Will be filing as a 501(c)4 - not charitable.

Grace McIntosh (Community Action Partnership) - if residents in California Valley need help in keeping homes safe, weatherizations, new water heaters - at no cost, Community Action Partnership can help.

Angela Nelson (SLO Regional Rideshare) much follow up from summit in July; meeting and connecting Hearst Cancer Center & Wilshire Good Neighbor program to work together to train people who are willing to drive. Similar connections with the Drug and Alcohol program to help provide services to their program.

Alisa Welsch (TriCounties) - development for capacity for group homes for adults

### II. Public Comment:

- Martin Meltz - encouraged committee members and other citizens to look up online (wikipedia) Hester Rule and Discharge Petition in the laws of congress; encourage citizens to get involved in

asking Congressional members to sign a discharge petition allowing American people to help control what is happening in congress, not just via a political party.

### **III. Discussion/Information Items**

#### **A. Drivers failing to stop for pedestrians:**

-A concern was raised by a committee member as to how to better address this.

-Kathleen Karle & SLO County Health Agency recently had survey in various cities in county (Grover Beach, Pismo Beach & Arroyo Grande). In 187 attempts of undercover police officer walking across the street in a crosswalk, on average 50% of drivers stopped for people in crosswalks. Police did write tickets or warnings for those who did not stop.

-Angela: "Start Walking" program across country is gaining momentum and will continue to do so both with biking and walking.

-SLO County is 4th in state for pedestrians injured in walkways/roads

Health department has done trainings across the county about safe walking practices (at senior programs, Self-Help Housing, Transitions Mental Health, service organizations, etc.). They have also presented their study data to city councils (Grover Beach, Pismo Beach, Arroyo Grande). Will return to Grover Beach at their request and interest and will have media article written for the newspaper at that time. Have not been successful in other media attempts.

Martin - offered to write an article for the Pismo Beach Chamber Council;

also suggested presenting at a monthly SLO Chamber of Commerce breakfast meeting

-In order to make change it will be important to gain media attention to help bring about awareness;

### **IV. Corrections/ Additions to the Synopsis**

-Kathleen Bellefontaine - moved to approve synopsis from 9/6/2013 meeting

Elias Nimeh- seconded

All approved synopsis of minutes.

### **V. Action items**

None

### **VI. Committee Updates as Needed:**

A. **IHSS Update** - see handout for "New IHSS Provider Time Sheets" Training

B. **Good Neighbor** - none

C. **POLST Follow up** - none

D. **Continuum of Care** - none

**Next meeting November 1, 2013  
9:00-11:00am  
CAPSLO  
1030 Southwood Drive, San Luis Obispo**