

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.
Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Members

Boards, Commissions and Community Groups

Adult Abuse Prevention Council
Commission on Aging
County Board of Supervisors
Drug and Alcohol Advisory Board
Health Commission
Mental Health Advisory Board
SLO Supportive Housing Consortium

Non-Profit Agencies

AIDS Support Network & SLO Hep C Project
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO County
Community Health Centers / Services of the Central Coast
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Transitional Food & Shelter
Transitions/Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of San Luis Obispo County
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling / Good Neighbor

Private Organizations

Bates Care Management
Bella Vista Transitional Care
French Hospital - Dignity West
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Senior Living Consultants
Sierra Vista — Tenet Healthcare

Public Agencies

San Luis Coastal Adult School
San Luis Obispo County
Board of Supervisors
San Luis Obispo County Departments
District Attorney / Victim Witness Assistance
Health Agency: Public Health / Public Guardian / Medical Services / Behavioral Health / Health Promotion
Probation Department
Sheriff
Department of Social Services / Adult Services
Veteran's Services

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Chair: Kathleen Karle, kkarle@co.slo.ca.us, (805) 781-4929
Immediate Past Chair: Janet Amanzio, jamanzio@co.slo.ca.us, (805) 781-4732
First Vice Chair: Marie Brinkmeyer, (805) 544-8740, rsvpslo@srvolunteer.org
Second Vice Chair: Tiffany Alcantara, (805)773-3744 talcantara@homeinstead.com

AGENDA

11/01/2013

9.00 – 11.00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS

(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT (5 minutes or less)

DISCUSSION / INFORMATION ITEMS:

- Scott Smith, Executive Director of the Housing Authority of SLO

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS:

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COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- IHSS Update
- Good Neighbor
- POLST Follow up

MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

NEXT MEETING:

12/06/2013

Adult Service Policy Council

11/1/2013

9:00-11:00am

Chaired: Marie Brinkmeyer

Introductions & Announcements:

Marie Brinkmeyer - Welcome;

Transitions: Holiday Poinsettias deadline to order, **Tue. Nov. 22**, pickup Dec 4-6. Christmas trees, deadline **Wednesday Nov 20**. Pickup Dates: Nov. 30 & Dec. 1 (Sat & Sun). Phone: 805-540-6556 or www.t-mha.org to order online.

Ride-On Fall Open House – Nov 14 Thursday 4 – 7pm, 3620 Sacramento Drive Suite 201, San Luis Obispo.

Arts For Living – Smores Rhythm & Song – Sunday Nov 17 2-4pm 875 Laureate Lane, San Luis Obispo. 805-225-6101.

Adult Day Center in Paso – Veterans free, in Paso Robles: 805-239-5679.

Gifts for homebound or underserved seniors – tickets to SLO Opera.

Fred Munroe – listen to the Voices Program from Oct 31, 2013 with Senator Bill Monning and Assemblyman Katcho Achadjian Find the link at kcbx.org under “Archives > Central Coast Voices > Oct. 31, 2013” <http://kcbx.org/mp3archive/ccv131031.mp3>

Joyce – HICAP is very busy: If people are confused, send them over. Through December we'll be doing Part D drug searches. Medicare Website. This year is the best experience we've ever had with the medicare.gov website. (Joyce is January's guest speaker)

Public Comment:

Martin Meltz – SNAP program being cancelled. One senior loses \$11/mo, family loses more. The House voted to cut back 40 billion and it will hit the Food Bank. Please be aware of it.

Discussion/Information Items:

Guest Speaker - Scott Smith, Housing Authority of SLO (Sandy Murray):

Housing Authority, formed 1968, public agency, assisting approximately 3,000 households/month Housing for extremely low income, homeless to moderate income. Involved in a current project that works with low to moderate income citizens in San Luis Obispo.

How do we get clients into housing? The short answer: Everything is now closed with a 3-year wait. One big program that serves about 2,000 per month is Section 8 Housing – renamed “the housing choice voucher program”. It's a tenant based program, with a voucher that a person can use when they find a rental unit that meets criteria – the person rents the unit and the housing authority program shares in the rental of that unit. The tenant pays what they can afford (30% of their income) and the housing authority pays the rest. [If income is \$900/mo and rent is \$900/mo, the tenant pays \$300 and H.A. pays \$600.]

Homeless Veterans program: we're working with the VA on that, collaboration where they meet the veteran's eligibility **and** our criteria. They have to be eligible for VA health benefits, requiring an honorable discharge. We are taking referrals for the Veterans Program, ultimately we do refer them back to the VA.

We also offer physical housing in the communities – apartments in San Luis Obispo, Atascadero, Paso Robles and Los Osos. Waiting Lists: generally open, all you do is call us or have your client call us. [Housing for Sec. 8 is closed because the list is so long – then it will re-open and will be advertised when it opens.]

Rent for these apartments vary. Due to how they were built, with what sort of financing. Some are percentages like Sec 8, others have flat rent. The rent is below market, but flat. You would just call the general phone number for these apartments.

We have special collaborations: Single family homes and apt complexes that we own in neighborhoods where we have special MOUs with agencies like the T-HMA housing (reserved for T-HMA clients) Transitions provide intensive supervision for those. Another where CAP SLO places clients. County Drug and Alcohol clients that have stepped down through their system. AIDS Support Network – they own the house, we provide subsidies to help keep it operating. We're doing a lot, serving a broad range of populations.

We're working with People's Self Help Housing in Arroyo Grande, will be available Sept. 2014. That's something new in the pipeline.

The SLO PD has two police officers assigned to assisting the homeless population. We have had success in housing members of some of the most difficult populations.

Discussion regarding the question concerning the county's ability to fund properties for low-income housing.

75% of our Sec 8 clients are lowest of low income. Policies must change for the better in 2014 or else we'll have to evict 120 people out of Sec. 8, because there is no money.

Sec 8 housing is tied to both units and dollars - Primarily to dollars. If rents go up it means our dollars don't stretch as far. Rents have gone up recently and we have not raised our payment standard. We're negotiating with landlords.

Another new program: We're working with the housing providers and service providers in "Homeless Service Oversight Counsel" for a new program: **"100,000 Homes Campaign"** which is a 'blitz' to house the most vulnerable persons. So we quickly try to house those at greatest risk living on the street. We've pledged 50 housing vouchers [which we really don't have] Those 50 homeless persons would need intense case management. There's an item going before the BOS Tuesday Nov 5, to address how the county can provide 5 additional case managers, in order to make sure they're successful in the housing effort. You'll likely hear more about this. Hand Outs: Q&A,

When Sec 8 list opens it will be advertised – the agencies serving the population will be contacted. Website (Housing Authority of the City of San Luis Obispo)

Martin Meltz – this is a very important offer to assist the homeless of SLO County that can also bring together many other service agencies. Thank you.

Scott Smith: There are so many regulations that it works against you. We're finding our way through it all.

Jean Redmond: I'm a health commissioner – would you like to give a presentation in a televised venue.

Scott Smith: You can follow-up with emails and phone calls.

October's Meeting, reviewed: Martin Meltz offered to write an article for the Pismo Beach Chamber Council – this will be done for a future issue.

Corrections/ Additions to the Synopsis:

Accepted as presented

Action items:

Marie Brinkmeyer - Next month (December) We can bring a donation for various agencies. Each of us bring something, an assignment, **3 sentences** to share with the group of why you brought that donation for that agency. Canned goods, gift cards, (grocery stores), little MC and VISA cards that can be used anywhere. In years past I've delivered some of the donations. Motion to bring donations as

Angela Nelson – Made a motion we accept the Action Item

Tiffany Alcantara – Seconded the motion

Committee Updates as Needed:

- **IHSS Update** - see handout for "New IHSS Provider Time Sheets" Training
- **Good Neighbor** - Jessica – As of July 1 Wilshire re-branded. Good Neighbors is "Wilshire Good Neighbors". We trained Cal Poly students at WOW week (25+ attended). We don't employ drivers aged 21 and under, but they can do yard work and house work. Another training this Saturday at the office. We have a provider offering trainings in Paso Robles too. What about Creative Mediation name? Jessica – not sure. Names changed, programs remained the same.
- **POLST Follow up** - Jean shared that Kris Kington-Barker from Hospice SLO completed "Train the Trainer". In 2014 we'll have a slightly revised POLST Form. The next meeting for POLST is Dec. 11, 2013 3:30pm at LongTerm Ombudsman office on S. Higuera. Modifications to the POLST – it is revised to be more goal-oriented. Sierra Vista held training about 100 attended. Jean shared, she has received requests from the doctors more often, notably a cardiologist. Seeing steps in the right direction. Tina Macavoy at Dignity Home Health has requested forms.

Martin: Do the LongTerm Care groups have these forms?

Is there an Information Sheet?

Couldn't the PTs take along this information?

Jean: we are seeing more and more of these in their hands. This is a DOCTOR's Order. The nurse does the assessment and speaks with the client. Maybe we can stress that more.

joyce: In order for an Advanced Health Care Directive to be completed for someone in a facility, they have to have a doctor's signature.

joyce's info sheet is now being used by the state. Each person receives a "packet" with it included.

Jean - I can check with the agencies. And the web address is helpful.

Marie – Martin, can you include this on the information sheet you have?

Fred Munroe: For next month – Can we send out a "Plan" for next month's donation idea to our entire distribution list, talking about our plan.

Adjourned: 10:05 a.m.

**Next meeting December 6, 2013
9:00-11:00am
CAPSLO
1030 Southwood Drive, San Luis Obispo**