

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.  
Our vision is safe and supported adults & seniors with access to a full continuum of  
resources & independence wherever they reside.

## Members

### Boards, Commissions and Community Groups

Adult Abuse Prevention Council  
Commission on Aging  
County Board of Supervisors  
Drug and Alcohol Advisory Board  
Health Commission  
Mental Health Advisory Board  
SLO Supportive Housing Consortium

### Non-Profit Agencies

AIDS Support Network & SLO Hep C Project  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Coast Caregiver Resource Center  
Community Action Partnership of SLO County  
Community Health Centers / Services of the  
Central Coast  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
LTC Ombudsman Services of SLO County  
North County Connection  
Peoples' Self Help Housing  
Retired Senior Volunteer Program  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
Transitional Food & Shelter  
Transitions/Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of San Luis Obispo County  
Wilshire Community Services / Caring Callers /  
Creative Mediation / Senior  
Peer Counseling / Good Neighbor

### Private Organizations

Bates Care Management  
Bella Vista Transitional Care  
French Hospital - Dignity West  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Senior Living Consultants  
Sierra Vista — Tenet Healthcare

### Public Agencies

San Luis Coastal Adult School  
San Luis Obispo County  
Board of Supervisors  
San Luis Obispo County Departments  
District Attorney / Victim Witness Assistance  
Health Agency: Public Health / Public  
Guardian / Medical Services / Behavioral  
Health / Health Promotion  
Probation Department  
Sheriff  
Department of Social Services / Adult Services  
Veteran's Services

[www.slocounty.ca.gov/ASPC](http://www.slocounty.ca.gov/ASPC) P.O.  
Box 8119, San Luis Obispo  
CA 93403-8119

Chair: Kathleen Karle, [kkarle@co.slo.ca.us](mailto:kkarle@co.slo.ca.us), (805) 781-4929  
Immediate Past Chair: Janet Amanzio, [jamanzio@co.slo.ca.us](mailto:jamanzio@co.slo.ca.us), (805) 781-4732  
First Vice Chair: Marie Brinkmeyer, (805) 544-8740, [rsvpslo@srvolunteer.org](mailto:rsvpslo@srvolunteer.org)  
Second Vice Chair: Tiffany Alcantara, (805) 773-3744 [talcantara@homeinstead.com](mailto:talcantara@homeinstead.com)

## AGENDA

06/07/2013

9.00 – 11.00 a.m.

### INTRODUCTIONS and ANNOUNCEMENTS

(New developments for the population, agency or program changes  
that affect other agencies or programs)

### PUBLIC COMMENT (5 minutes or less)

### DISCUSSION / INFORMATION ITEMS:

- Jeff Hamm: Health Agency Activities, Co Budget, Affordable Care Act
- Angela Nelson, SLO Regional RideShare

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS

### ACTION ITEMS:

- Elect Second Vice Chair
- To discuss if we skip July 5, 2013 meeting, or not?

### COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- IHSS Update
- Good Neighbor
- POLST Follow up

### MEETING LOCATION:

CAPSLO  
1030 Southwood Drive  
San Luis Obispo

### NEXT MEETING:

TBD

## **Adult Services Policy Council (ASPC) Meeting**

**June 6, 2013**

**Chaired by Kathleen Karle**

### **Attendees:**

Edie Kahn, AIDS Support Network/SLO Hep C Project  
joyce ellen lippman, Area Agency on Aging  
Taylor Rockwood, Bella Vista  
Krista Vega, CenCal Health  
Kathleen Bellefontaine, Commission on Aging  
Grace McIntosh, CAPSLO  
Gail Tutino, Community Health Centers  
Diane Jay, County Medical Services Program  
Kat Lauterback, Department of Social Services  
Emma Caballero, Department of Social Services  
Kelley Sexton, District Attorney/Victim Witness Assistance  
Jason Reed, Drug and Alcohol Advisory Board  
Laura DeLoye, Mariposa Music Therapy  
Kathleen Karle, Public Health  
Tiffany Alcantara, Home Instead Senior Care  
Carol Rose, Home Instead Senior Care  
Jerry Mihaic, Independent Living Resource Center  
Kelly Hannula, Independent Living Resource Center  
Michelle Mason, Lifesteps Foundation  
Susan Warren, North County Connection  
Marie Brinkmeyer, RSVP Senior Volunteer Services  
Mark Shaffer, Ride-On Transportation, United Cerebral Palsy  
Stephanie Barclay, Senior Legal Services Project  
Elias Nimeh, Senior Nutrition Project  
Barry Johnson, Transitions – Mental Health Association  
Mark Shaffer, Ride-On Transportation, United Cerebral Palsy  
Rachel Cementina, United Way of San Luis Obispo  
Kimberly Hudson, Wilshire Community Services  
Hannah Miller, Legislative Assistant to Supervisor Adam Hill  
Kevin Drabinski, Field Representative for Assemblyman Katcho Achadjian  
Martin Meltz  
Angela Nelson, SLO Regional Rideshare  
Fred Munroe, Ridership Development  
Corey Barthe, Maxim Healthcare Services  
Mark Teague, Maxim Healthcare Services  
Patrice Wichmann, Partners in Equestrian Therapy  
Melanie Maham, Partners in Equestrian Therapy

### **INTRODUCTIONS and ANNOUNCEMENTS**

**Kathleen Karle, Executive Committee Chair – Welcome**

**Carol Rose**, Home Instead Senior Care - Announced the Grand Opening of their Grover Beach facility in June. They moved from Pismo Beach to Grover Beach

**Mark Shaffer**, Ride-On Transportation – Thanked the members for attending the Abilities Fair

**Mark Shaffer**, Ride-On Transportation - Announced the Veterans Shuttle – The shuttle offers transportation for veteran's in San Luis Obispo County from their homes to local veteran's clinics. This service provides veterans with disabilities, or veterans who have no means of transportation, door-to-door service to the San Luis Obispo or Santa Maria veteran's clinics. The cost, \$3.00 each way, and is subsidized by contributions from the community and Ride-On. Rides are limited to once a month due to current funding levels

**Mark Shaffer**, Ride-On Transportation - Announced the 3<sup>rd</sup> Annual Veterans Benefit Concert & BBQ, Sunday, June 23, 1pm-4pm – Benefitting the Veterans Shuttle - Music by Rio Salinas with Louie Ortega. (Flyers handed out)

**Melanie Maham**, Partners in Equestrian Therapy (PET) – Announced a riding program for children and adults with special needs. The P.E.T. program provides the student with the opportunity to increase physical skills, confidence and self esteem through equestrian therapy (therapeutic horseback riding).

**Gail Tutino**, Community Health Centers - Announced six more people to assist in planning a fundraiser @ the Rancho del Rio - Horseback riding

**joyce ellen lippman**, Area Agency on Aging - Thanked the members for submitting their elder needs assessment surveys. The surveys were distributed to individuals and agencies throughout Santa Barbara and San Luis Obispo Counties. They had a fabulous response. She handed out the report from the Central Coast Commission for Senior Citizens Area Agency on Aging dated April 2013.

**joyce ellen lippman**, Area Agency on Aging - Announced the California Senior legislature (CSL) is currently recruiting candidates for Election to the California Senior Legislature. If you are interested in the Senior Assembly delegate position for San Luis Obispo County, please let her know. They are looking for candidates to be advocates for all senior needs. (Flyers handed out)

**joyce ellen lippman**, Area Agency on Aging – “Fall Prevention” - Reported out of 3900 trauma visits, 2100 are due to falls. Half of the EMT calls are due to falls. Most of these falls have severe consequences. They are developing a program and will have more information in the near future.

**Kat Lauterback**, Department of Social Services - Reported the 8% reduction to IHSS recipients will take effect 7/01/2013

**Marie Brinkmeyer**, RSVP Senior Volunteer Services – Announced the kick off of their 5<sup>th</sup> annual raffle

**Meredith Bates**, Bates Care Management - Announced Cuesta pool will be closed for repairs and is scheduled to reopen 6/22/2013.

**Barry Johnson**, Transitions - Mental Health Association - Announced they have a new phone number that will provide greater access to folks in need of mental health support and suicide intervention in SLO Co. The new number, 783-0607, can be dialed as an 805 number or as a toll-free 800 number. The previous number, 1-800-549-4499, will continue to connect folks directly to SLO Hotline as they get the word out about their new number.

**Kathleen Bellefontaine**, Commission on Aging - Reported the SLO Commission on Aging concerns that there will be no more funding for Redevelopment beginning January 2014. County planning for affordable housing projects for seniors, disabled veterans, and workers in SLO County will come to a HALT. A letter of advocacy for SB 391 has been sent to the California Senate Governance & Financing Committee by the Commission and she hopes that ASPC will be open to sending a letter too. The bill passed the Senate very quickly and is heading for the Assembly. If ASPC members are interested, she recommended contacting Mr. Achadjian directly. Kathleen B. offered to send a copy of the Commission's letter for members to use if they wish to send letters independently. Members mentioned that a letter from ASPC regarding SB 391 would need to be postponed until August since we will not be meeting in July. If the bill is still in the political process, it will be added as an Action item in August for members to vote whether or not to send a letter of support for SB 391.

**Kathleen Karle, Executive Committee Chair** - Announced that Kathleen Bellefontaine's topic regarding SB 391 will be added as an Action item in August.

### **PUBLIC COMMENT**

None

### **DISCUSSION / INFORMATION ITEMS:**

Jeff Hamm - **SLO County Budget** – The first hearing regarding the 2013-2014 budget is scheduled Monday, June 10, 2013. The Board of Supervisors' (BOS) hearings are available online. In the past, the Counties have had to cut back; fiscal year 2008-2009 was the hardest year. This year, departments are encouraging county employees to take Voluntary Time off (VTO). The consensus between departments is employees' morale is good, but could be better. County employees' net pay is down. The county's fiscal health has improved over the past few years. Among them: vacant positions going unfilled; revamped pension plans for new employees that reduce retirement benefits and stipulate that employees hired after Jan. 1, 2013, will pay more of their share for benefits; and the county's improving economy. San Luis Obispo County departments that deal with parks, foster care and roads will see cuts in their budgets if the Board of Supervisors approves a proposed \$494.8 million budget for the coming fiscal year. However, the departments dealing with the courts, Veterans Services and the county library system will see a boost to theirs. In order to balance its budget, the county is using \$4.3 million in unrestricted reserves and benefiting from an increase in property tax income from a rebounding local economy and housing market. \$4 million increase over this year's budget was due in large part to the

state's Public Safety Realignment, a program where oversight of some prisoners and parolees was transferred from the state prison system to become the county's responsibility. Although the county has fewer employees, the Community is in need of more services. It's especially needed for people who are Homeless and/or have Mental Health challenges. Our community is concerned of inadequate sober living. People are tired of the lack of services because there is no money. Mr. Hamm shared receiving a letter from city council concerned of services to homeless. We have pressure to increase services, so it's very challenging.

**Meredith** - Any other ways to reduce labor costs?

**Mr. Hamm** - Instead of adding more employees, having more agreements with CAPSLO and others. The public expect for us to get the most of what we have.

**Mark Shaffer** - How about the real estate property taxes?

**Mr. Hamm** - They are counting on property taxes already. Hotel taxes are relatively small, but it is something.

**Mark Shaffer** - How about building fees? Would that be additional?

**Mr. Hamm** - When building permits are up, the need of employees go up too. Issues of water availability take away from the General fund. It does have a County wide effect, but small.

Jeff Hamm - **Affordable Care Act** – It's to take effect January 1, 2014.

The federal Affordable Care Act called for the establishment of a marketplace. Eligible individuals, families and small businesses can go to the marketplace to shop for their health insurance needs. The Marketplace is now available. Most of the CHC patients have a Medi-Cal. The CMSP program will be reduced 80% and will be enrolled in Medi-Cal. The county cost will decrease. The fiscal impact of the implementation of the Affordable Care Act (ACA) on counties will vary county-by-county. It seems to be a challenge in Sacramento. The Governor wants to expand the Medi-Cal program, yet the legislature does not.

**Marty** – Any advocates in the legislator?

**Jeff** – Monte-Chair to Public Health –

**Marybeth** – Do they work with the counties?

**Jeff** – Yes. I belong to specific organizations - CSAC, twelve counties working together.

**Kevin** – At every level, establishing a relationship is important, so when an issue arises there is a connection

**Jeff** – It needs to pass in legislature first

**Marty** – Role and importance of MH – Any way to stimulate that?

**Jeff** – No longer have someone in that capacity – Dr Bornstein is good and General education is good.

**Marty** – Public health are long term issues – just like developing relationships

**Kathleen** – Tribune is an option

**Jeff** – We have a lab, field nursing, etc - Meeting with Kacho and Kevin this afternoon.

Angela - **SLO Regional Rideshare** - They can help you find an alternative to driving. Commute by bike, carpool, vanpool, bus. The 07 mobility grant, primary focus is, essentially you're not losing your freedom when you lose your keys. It's difficult when your keys are taken away by the DMV or one of your kids. Having a vehicle shows stability in a person's mind. Getting on a bus is difficult for a senior. They have a senior program called "Lets Go" fun clubs where they teach show how to use the bus. They coordinate field trips. Their staff takes a group and teaches them how to transfer buses. Vast majority of seniors say "Thank you very much, we're fine". They work hand-in-hand with seniors throughout the county, providing tools and education on how to use public transportation and community transportation services. Through their Senior Transportation Choices Program, they provide transportation information, Transit Field Trips and personalized trip planning.

The mobility management money is not just for senior training. The low income population is huge too. They are training, and getting services to them and somehow bridge the gap. Training CAPSLO and ALPHA, when they have a client that needs to get from home to DSS- What do you do? They have a manual that shows them what to do. Unmet need transportation, rideshare, we are using our grant. They are hosting a Mobility Management Summit, July 11, 2013 and it will be yearly. This conversation is extremely important to help our seniors, non English speakers.

**Grace** – Manual available now?

**Angela** – Available now and you can print off website - Lots of Mobility info

**Marty** – SLO Co having a public discussion regarding hwy 101- Easy to use map

**Angela** – Council of government – Getting people to where they want to go – amazing things, buses more streamline, planning, commercial, residential the council keeps this moving. Help people understand. HWY 101 discussion, - (Information is to be sent out to ASPC members)

**Mark Shaffer** – There is freedom with the bus or Dial ride – When you get to the point of not keeping track of time.

**Angela** -Who wants to lose their independence? How difficult is it to ask for help over and over. Let me give you a tool for you to have someone chauffeur you around.

## **CORRECTIONS / ADDITIONS TO THE MINUTES**

None

### **ACTION ITEMS**

**Elect Second Vice Chair** - The motion was made to nominate Laura DeLoye as second vice Chair. Mark Shaffer moved that Laura DeLoye be nominated and seconded by Tiffany Alcantara

**ASPC members to vote on meeting July 5th, or not** -Kathleen K. asked ASPC members if they wanted to meet July 5, 2013, or not. She stated, as July 4<sup>th</sup> is a holiday many people are taking time off. The motion was made to cancel the July 5, 2013 meeting. Kat Lauterback moved that it be cancelled and seconded by joyce ellen lippman. Our next ASPC meeting will be Friday, August 2, 2013.

### **COMMITTEE UPDATES AS NEEDED:**

#### **IHSS Update**

8% reduction to IHSS recipients will take effect 7/01/2013

#### **Good Neighbor**

No summer plans? Volunteer a few hours a week for the elderly & disabled

#### **POLST –**

None

**The next meeting is August 2, 2013  
9:00-11:00 a.m.**

**CAPSLO  
1030 Southwood Drive,  
San Luis Obispo**