

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

## Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council  
Behavioral Health Board  
Commission on Aging  
County Board of Supervisors  
Health Commission  
SLO Supportive Housing Consortium  
Martin L. Meltz, PhD

## Elected Officials

CA Assemblyman Katcho Achadjian, 35<sup>th</sup> District  
CA Senator Bill Monning, 17<sup>th</sup> District

## Non-Profit Agencies

211 Hotline  
AIDS Support Network  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Community Action Partnership of SLO (CAPSLO)  
Community Health Centers (CHC)  
Dignity Health-French Hospital Medical Center  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
LTC Ombudsman Services of SLO County  
North County Connection  
Peoples' Self Help Housing  
Senior Volunteer Services (RSVP/CCCV/PLS)  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
SLO Hep C Project  
Transitions-Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of SLO County  
Wilshire Community Services

## Private Organizations

Amdal In-Home Care  
Bates Care Management  
Bella Vista Transitional Care  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Maxim Healthcare Services  
Ridership Development Consultants  
Senior Living Consultants

## Public Agencies

San Luis Costal Adult School

## San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services  
District Attorney / Victim Witness Assistance  
Public Health  
Probation Department  
Sheriff Department  
SLO Regional Rideshare  
Social Services/Adult Services

**Chair:** Barry Johnson (805) 540-6540 [bjohnson@t-mha.org](mailto:bjohnson@t-mha.org)  
**Immediate Past Chair:** Laura DeLoye (805) 225-6101 [mariposamusicttherapy@gmail.com](mailto:mariposamusicttherapy@gmail.com)  
**First Vice Chair:** Vacant  
**Second Vice Chair:** Andrew Jackson (805) 464-0108 [ajackson@amdalinhome.com](mailto:ajackson@amdalinhome.com)

## AGENDA

08/05/2016

9:00 a.m. - 11:00 a.m.

**INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)**  
(New developments for the population, agency or program changes that affect other agencies or programs)

**PUBLIC COMMENT: (5 Minutes or less)**

**GUEST SPEAKER: (30 Minutes each)**

- Kathleen Karle, Dept of Public Health
- Pete Rodgers, San Luis Obispo Council of Governments (SLOCOG)

**MEMBER COMMENT: (5 Minutes)**

**CORRECTIONS / ADDITIONS TO THE SYNOPSIS:**

**ACTION ITEMS: (5 Mins)**

**COMMITTEE UPDATES AS NEEDED: (10 minutes or less)**

- IHSS
- POLST
- Transportation

## MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

**NEXT MEETING:**

09/02/2016

## Adult Services Policy Council

08/05/2016

9:00 AM-11:00 AM

### ATTENDEES:

Andrew Jackson, Amdal In-Home Care

Sara Bartlett, Central Coast Hospice

Sara Trauger, SLOCOG

Pete Rogers, SLOCOG

Kathleen Bellefontaine, Commission on Aging of SLO Co

Jay Wells, Sherriff's Department

Marie Brinkmeyer, RSVP-Senior Volunteer Services

Sean Martin, SLO County Probation Department

Susana Castaneda, SLO Co. Public Health

Gina Perrault, Home Instead Senior Care

Kathleen Karle, Dept of Public Health

Leann Booker, DSS

Martina Tovar, DSS

Roxi Selck, DSS

Jason Portugal, Ride On

Elias Nimeh, Senior Nutrition Program

Jamie Dietze, Wilshire Community

Paul Smith, Aging Life Care

Father Dollinger, St. Stephens

Angela Viles, Victim Witness

Mara Whitten, CAPSLO/Adult Center

Shelly Jackson, Senior Solution

### INTRODUCTIONS AND ANNOUNCEMENTS:

Second Vice Chair, Andrew Jackson opened up the meeting at 9:00AM.

Gina Perrault- Getting a team together for Alzheimer's Walk

Sara Bartlett- Announced upcoming Parkinson's Program

Marie Brinkmeyer- Announced they have a raffle going on, tickets are \$5 for 1 or \$20 for 5. Prizes are, 1<sup>st</sup> place a one-week trip to Tahoe, 2<sup>nd</sup> prize is \$500 in groceries, 3<sup>rd</sup> prize is \$300 in gasoline, 4<sup>th</sup> prize is a cruise for two and 5<sup>th</sup> prize is a \$100 Visa gift card. To purchase tickets contact Marie at (805) 544-8740.

Kathleen Bellefontaine-There is a meeting, August 19<sup>th</sup> to find solutions for transportation for seniors.

Jamie Dietze- Passed out a flyer labeled "Pizza with a Purpose," in support of Wilshire Community Services Good Neighbor Program. The fundraiser will be held Thursday August 11<sup>th</sup>, 2016 at California Pizza Kitchen located at 876 Marsh Street, San Luis Obispo, CA. This is an all-day event.

Kathleen Karle- Handed out quarterly public health bulletin. Also mentioned if you are interested in being placed on the email distribution list, you may contact Kathleen personally.

Andrew Jackson- Reminded us that Amdal offers transportation services for on call emergency room services. This will alleviate financial burdens of normal ambulance ride costs.

Elias Nimeh- Passed out a brochure showing the Senior Nutrition Program provides free hot noon time meals to any residence 60 years of age or older all over San Luis Obispo county. As of right now there is no wait list for home deliveries.

Shelly Jackson-Announced Bates Care Services closed as of July 15, 20146. After serving San Luis Obispo for more than 10 years, Meredith Bates has retired. Shelly, formerly Bates Care manager, has joined Astrid Meffert, owner of Sweet Home California, to create Senior Solutions Case Management.

(9:04 am - 9:16 am)

**Public Comment:** None

## **Guest Speakers:**

Peter Rogers, SLOCOG- Measure "J"

- New transportation investments are needed throughout San Luis Obispo county
- 12-member board
- Consists of a staff of 20
- Funding is deteriorating
- Revenue lost due to increased fuel efficiency (electric cars)
- Funding is deteriorating
- Sacramento has further cut funding despite lobbying efforts by cities/counties throughout state
- In November 2016 voters will be asked to approve a ½ cent sales tax to address these needs
- The proposal is a 9 year proposed investments of \$225 million dollars
- 1% Administrative Expense Cap
- It will be a ½ percent tax increase for transportation which will generate 25 million dollars per year
- Over 50% of the money will be paid by non-residents
- Investment Plan
  - 55% of the money will have local control
  - 25% of the money will be for Regional Projects
  - 10% of the money will be for Bike and Pedestrian Safety and Connectivity
  - 10% of the money will be for Public Transportation
- Plan for Local Control
  - Arroyo Grande (\$8.5 million)-street maintenance and repair; congestion relief and operational improvements: E. Branch/E. Grand area, Halcyon Corridor improvements; Operational and bike/pedestrian safety improvements at E. Branch/Crown Hill
  - Atascadero (\$13.4 million)-Street maintenance, repair and rehabilitation; Congestion management at key intersections; Bike/Pedestrian safety improvements and connectivity
  - Grover Beach (\$6.8 million)-Repair and maintenance of local major streets; Grand Avenue Enhancements; Sidewalk infill and accessibility improvements; Gateway and Wayfinding Signs; Grover Beach bike paths per Bike Master Plan
  - Morro Bay (\$5.6 million)-Local street reconstruction, rehabilitation and repair
  - Paso Robles (\$13.9 million)-High-priority street repair, maintenance and reconstruction; Union Road and Golden Hill intersection improvements; other high-priority traffic and intersection improvements; congestion management
  - Pismo Beach (\$4.5 million)-Street maintenance and repair, Local interchange/intersections improvements; Boardwalk extension; Downtown, Shell Beach, and other streetscape and pedestrian improvements
  - San Luis Obispo (\$20.2 million)-Roadway Repair & Maintenance: Madonna Foothill, Los Osos Valley Road, Grand Ave; Broad Street Corridor Improvements; Bike and Pedestrian Improvements; Safe Routes to School projects
- Plan for Regional Projects (\$56.2 million)
  - Shell Beach/ Pismo Beach congestion relief on US 101 South
    - This project could be under construction in 3 years if measure is passed
  - Safety and congestion relief in south SLO city area (Prado & Hwy227)
  - North County 101 and 46E congestion relief
  - North Coast Highway 1 improvements
- Plan for Bicycle and Pedestrian Projects (22.5 million)
  - Regional connectors including: City-to-the-Sea/Bob Jones; Atascadero/Templeton Connector; Morro Bay/Cayucos Connector; Plus, local bike/ped improvement program
- Plan for Public Transportation Projects (\$22.5 million)
  - Transit (6%); Improved mobility for Senior, Veterans, Persons w/disabilities (3%); Transportation demand management (1%)
- Real cost to local taxpayer
  - \$44 a year
  - \$3.66 a month

- \$.84 a week
- \$.12 a day
- For more information, you may visit [selfhelpslo.org](http://selfhelpslo.org) or call (805)781-4219

(9:18 am - 9:52 am)

**2<sup>nd</sup> Guest Speaker:**

Kathleen Karle, Department of Public Health

- Granted a fall prevention program
- There are 4,000 trauma calls every year
- Falls are the biggest percentage of trauma calls over the age of 60
- 5 calls per day, every day in our county are EMS providers responding to these calls
- Sierra Vista and SLO Sports Therapy are just two of the organizations who want to be involved
- Program will include:
  - Primary prevention such as offers classes to educate them before they fall or get severely injured
  - Secondary prevention, which will work with our resources in the community and hospitals to get them what they need, also do in-home assessments
- Do need to find resources to get funds in order to be able to buy things for homes such as grab bars etc.
- Have placed a person to head up the program and run it, she is going through background right now but as soon as she is done would like to bring her in the meet everyone
- Possibly organize a committee to help get things going

(9:54 am -10:14 am)

**Corrections/Additions to the Synopsis:**

- “Andre” to “Andrew”
- Spelling error on “Announcements”
- Elias Nimeh made a motion to approve the minutes with corrections
  - Kathleen Karle seconded the motion
  - All in favor

(10:15 am -10:18 am)

**Action Items:** None

**Committee Updates as Needed:**

IHSS Roxi Selck,

- IHSS violations for providers effective 07/01, have started and are being processed
- There were 8 violations in the month of July
- Violation Consequences:
  - 1<sup>st</sup> violation is a warning
  - 2<sup>nd</sup> violation they are required to do training
  - 3<sup>rd</sup> violation is a suspension for 90 days
  - 4<sup>th</sup> violation is a suspension for 365 days
- Reaching out to providers to make them aware and understand the new rules and regulations for hours
- New rules and regulations are very confusing and complex

**POLST-** No updates

**Transportation –** No updates

(10:20 am -10:29 am)

**Meeting Adjourned by Andrew Jackson at 10:31am**