

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.

Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Members

Boards, Commissions and Community Groups

Adult Abuse Prevention Council
Commission on Aging
County Board of Supervisors
Drug and Alcohol Advisory Board
Health Commission
Mental Health Advisory Board
SLO Supportive Housing Consortium

Non-Profit Agencies

211 SLO Hotline
AIDS Support Network & SLO Hep C Project
Alzheimer's Association
Area Agency on Aging
CenCal Health
Coast Caregiver Resource Center
Community Action Partnership of SLO County
Community Health Centers / Services of the Central Coast
Hospice of San Luis Obispo County
Independent Living Resource Center
Linkages Care Management
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Transitions/Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of San Luis Obispo County
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling

Private Organizations

Bates Care Management
Client Care Consultants
Family Home Care
Morris & Garritano Insurance
Sierra Vista Medical Center
Trio

Public Agencies

San Luis Costal Adult School
San Luis Obispo County Departments of:
District Attorney / Victim Witness Assistance
Health Agency: Public Health / Public Guardian / Medical Services/ Behavioral Health
Probation Department
Sheriff
Department of Social Services / Adult Services
Veteran's Services

www.slocounty.ca.gov/ASPC

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Co-Chair: Janet Amanzio, jamanzio@co.slo.ca.us, (805) 781-4732
Co-Chair Kathleen Karle, kkarle@co.slo.ca.us, (805) 781-4929
Vice Chair: Marie Brinkmeyer, (805) 544-8740, rsvpslo@srvolunteer.org

AGENDA

2/3/2012

9.00 – 11.00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS

(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT (5 minutes or less)

DISCUSSION / INFORMATION ITEMS:

- Assemblyman Katcho Achadjian
- ASN/SLO Hep C – Edie Kahn
- Our Personal Journeys Mental Health Awareness on Campus
Transitions Mental Health – Shannon McQuat

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS: None.

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- Continuum of Care
- IHSS Update
- Good Neighbor
- POLST Follow up

MEETING LOCATION:

Department of Social Services
2975 McMillan Road, San Luis Obispo
Suite 164 (Big Conference Room)

NEXT MEETING:

3/2/2012

ASPC Meeting February 3, 2011
Chaired by Kathleen Karle

Attendees:

Edie Kahn,
AIDS Support Network/SLO Hep C
Sara Bartlett, Alzheimer's Association
joyce ellen lippman, Area Agency on
Aging
Janet Amanzio,
Behavioral Health/Mental Health
Krista Vega, CenCal Health
Kathleen Bellefontaine,
Commission on Aging
Kat Lauterback,
Department of Social Services
Jean Raymond,
French Hospital/Health Commission
Kathleen Karle, Public Health
Jerry Mihaic,
Independent Living Resource Center
Kelly Hannula,
Independent Living Resource Center
Karen Jones,
Long Term Care Ombudsman Svcs
Rick Gulino, Peoples Self Help Housing
Marie Brinkmeyer, RSVP
Greg Halfman,
San Luis Coastal Adult School

Elias Nimeh, Senior Nutrition Program
Barry Johnson,
Transitions-Mental Health Assn
Shannon McOuat,
Transitions-Mental Health Assn
Pam Crabaugh,
Tri-Counties Regional Center
Kara Edwall, United Way
Jessica Devereaux,
Wilshire Community Services
Assemblyman Katcho Achadjian
Kevin Drabinski,
Field Rep for Assemblyman Achadjian
Susan Devine,
Aide to Supervisor Adam Hill
Cherie Aispuro,
Aide to Supervisor Bruce Gibson
Rich Smucker, Mariposa Music Therapy
Laura DeLoye, Mariposa Music Therapy
Kathryn Aceto, Lifesteps Foundation
Donna Beal, Alzheimer's Association
Stephan Ponce, Mental Health Board
Sally Ames, San Luis Coastal
Chris Lopez, Alzheimer's Association

Introductions and Announcements

Sara Bartlett of the Alzheimer's Association reported that a news letter would be mailed the next week. Their "Savvy Caregiver" training would begin on February 15 in Arroyo Grande. Ms. Bartlett also provided registration forms for an educational conference entitled "Dementia: Current Trends & Future Directions" that will be held on April 28, 2012 in Santa Barbara. She also reported that a professional caregivers support group had been established and that the "Alzheimer's Café" offering socialization for people dealing with dementia would be held at Sydney Creek on February 9. Contact can be made with the Alzheimer's Association office for more information.

Barry Johnson, Transitions Mental Health Association, reported that the Journey of Hope forum was well received and a success. The annual Bowl-a-thon, a fundraiser for the SLO Hotline and Growing Grounds, will be held throughout the month of March at various locations. Anyone interested in getting a team together to participate in the Bowl-a-Thon should contact Lesta Travis 805/540-6527 or events@t-mha.org.

joyce ellen lippman, Area Agency on Aging, report that the 5th Annual Active Aging Training Workshop would be held on February 25 in San Luis Obispo.

Kathryn Aceto, Lifesteps Foundation, reported that a 3-year grant had been received to identify and fill in gaps in service. She noted that the final year of the grant would be dedicated to data collection.

Kara Edwall, United Way, reported that information and application forms for Community Impact Fund Grants are available on the United Way's website: <http://www.unitedwayslo.org/>. There is also a need for volunteer grant readers.

Karen Jones, Long Term Care Ombudsman's office, reported that SB 345 has been revamped to create more accountability and that AB 40 would change mandated reporting for abuse.

Public Comment:

None.

Discussion/Information Items

Assemblyman Katcho Achadjian, discussed current budgetary talks in Sacramento. These are tough financial times. Governor Brown came to Republican Caucus to talk about working together. Katcho stated we don't need regulations where they don't make sense. He wants to hear more from small businesses. Governor Brown is making effort to work together with the legislature. Katcho talked about cuts to CalWORKs and IHSS and gave examples how this hurts the local economy. He shared that there are many commissions. Commissioner salaries and the amount of work/time spent vary widely. Katcho says that they are looking to consolidate commissions where possible. Ideas are needed on how the state can save money. He asked the membership to offer solutions and give examples.

Edie Kahn, AIDS Support Network (ASN), made a presentation on ASN's history and services. The AIDS Support Network (ASN) was established (as the AIDS Patient Support Group) in 1984 as a community response to a grave need in SLO County. The group was 100% volunteer driven and centered on a buddy system for people living with HIV and AIDS. In 1986, the group was granted non-profit status and in 1988, the name was officially changed to the San Luis Obispo County AIDS Support Network. Funding began to trickle down from the federal level, allowing ASN to hire its first staff. With funds coming from the State Office of AIDS (for supportive services and housing) as well as FEMA (food and utilities) and the County (also housing support), ASN was able to broaden its services. A community oversight committee was formed that still exists to this day: the HIV Prevention, Advocacy and Care Consortium. In the mid 1990's there was a dramatic shift in the treatment of HIV / AIDS with new medications that prolonged the lives of clients. With the advent of the AIDS Drug Assistance Program, a federal program run through each state, clients' medication costs are minimal. At that time, the face of AIDS was also changing nation-wide, with more women and people of color affected. The late 1990's brought different challenges with the emergence of hepatitis C and its impact on many community agencies. ASN responded by creating the SLO Hep C Project. Both programs stress four components for clients: Connection to Healthcare; Access to Income and Insurance; Stabilization of

Housing; Supportive Services (i.e., food pantries, volunteer corps, support groups, etc.). ASN owns 13 units of housing for clients - 9 are Section 8 in partnership with the Housing Authority and 4 are for clients who don't fit the parameters of Section 8. Unfortunately, almost all prevention dollars were stripped from SLO County and shifted to large metropolitan areas. ASN still maintains a couple of programs: "Fusion," for young gay men and the "My Face, My Voice" program which sends client speakers out to schools, service groups, etc. to talk about their experience with HIV/AIDS. ASN has also received a grant to test high risk individuals, since much of the testing funding for the county evaporated as well. In order to provide maximum services for all clients, ASN has strong ties with community partners that are able to assist clients with needs that ASN is unable to address. ASN, at present, has 185 active clients, with a growing number of women and monolingual Spanish speakers. The age range is shifting upwards, with the majority of clients being between 35 and 65. The SLO Hep C Project has 290 active clients. Most of the clients for both programs are low to very low income and many present with more than one issue; some are dually diagnosed with HIV or hepatitis C, while many have mental health issues or drug and alcohol issues. Clients can access the programs fairly easily. They need to be a resident of the County, show proof of diagnosis and go through a simple intake process.

Shannon McQuat, Transitions-Mental Health, "Our Personal Journeys Mental Health Awareness on Campus." A 20 minute documentary, created by the Cal Poly University Week of Welcome (WOW) Awareness Committee in collaboration with Transitions-Mental Health Association, was viewed. The video discussed topics such as stress, depression and suicide. Groups wishing to view the documentary can go to <http://studentlife.calpoly.edu/orientation/multimedia.asp> or contact can be made with Shannon McQuat at 805/540.6510 for more information.

Corrections/Additions to the Synopsis

A typographical error was noted in the January 2012 synopsis. Marie Brinkmeyer made a motion to accept the synopsis as corrected; joyce ellen lippmann seconded the motion. The motion was unanimously approved.

Action Items:

None

Committee Updates:

IHSS Update – Kat Lauterback, Department Social Services, reported that the State would appeal the court's injunction of the 20% trigger cut.

Good Neighbors Jessica Devereaux reported that 7 new volunteers had been trained in January 2012. An additional volunteer training is scheduled for early March. A total of 27 trained volunteers are involved while approximately 170 people needing assistance have enrolled in the program.

POLST Update – Karen Jones reported that Jean Raymond had provided a POLST educational program for the Skilled Nursing Facility Association on 2/1/12. There was discussion about matching POLST orders and health care directives.

Continuum of Care – Janet Amanzio reminded that group that steps were being taken to update the 2008 ASPC Continuum of Care grid. She asked that the group review the document and identify any needed changes, additions or corrections.

**The next meeting is March 3, 2012
9:00-11:00 a.m.
Department of Social Services
2975 McMillan Rd
San Luis Obispo**