

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.

Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Members

Boards, Commissions and Community Groups

Adult Abuse Prevention Council
Commission on Aging
County Board of Supervisors
Drug and Alcohol Advisory Board
Health Commission
Mental Health Advisory Board
SLO Supportive Housing Consortium

Non-Profit Agencies

AIDS Support Network & SLO Hep C Project
Alzheimer's Association
Area Agency on Aging
CenCal Health
Coast Caregiver Resource Center
Community Action Partnership of SLO County
Community Health Centers / Services of the Central Coast
Hospice of San Luis Obispo County
Independent Living Resource Center
Linkages Care Management
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Transitions/Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of San Luis Obispo County
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling

Private Organizations

Bates Care Management
Client Care Consultants
Family Home Care
Morris & Garritano Insurance
Sierra Vista Medical Center
Trio

Public Agencies

San Luis Coastal Adult School
San Luis Obispo County Departments of:
District Attorney / Victim Witness Assistance
Health Agency: Public Health / Public Guardian / Medical Services/ Behavioral Health
Probation Department
Sheriff
Department of Social Services / Adult Services
Veteran's Services

www.slocounty.ca.gov/ASPC

P.O. Box 8119
San Luis Obispo
CA 93403-8119

Immediate Past Chair: Janet Amanzio, jamanzio@co.slo.ca.us, (805) 781-4732
Chair Kathleen Karle, kkarle@co.slo.ca.us, (805) 781-4929
First Vice Chair: Marie Brinkmeyer, (805) 544-8740, rsvpslo@srvolunteer.org
Second Vice Chair: Tiffany Alcantara, (805)773-3744 talcantara@homeinstead.com

AGENDA November 2, 2012 9.00 – 11.00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS

(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT (5 minutes or less)

DISCUSSION / INFORMATION ITEMS:

- Americorps – Tyler Parthemer, Americorps
- Medicare Open Enrollment – Buff Lawson, HICAP

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS:

- None

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- IHSS Update
- Good Neighbor
- POLST Follow up
- Continuum of Care

MEETING LOCATION:

Department of Social Services
2975 McMillan Road, San Luis Obispo
Suite 164 (Big Conference Room)

NEXT MEETING:

12/7/2012

ASPC Meeting November 2, 2012

Chaired by: Kathleen Karle

Attendees:

Nicole Farmer, Alzheimer's Association
joyce ellen lippman, Area Agency on
Aging
Meredith Bates, Bates Care
Management
Janet Amanzio, Behavioral
Health/Mental Health
Krista Vega, CenCal Health
Gail Tutino, Community Health Centers
Sandra Pendell, Department of Social
Services
Cindy Marie Absey, District
Attorney/Victim Witness Assistance
Jean Raymond, French Hospital and
Health Commission
Rich Smucker, Mariposa Music Therapy
Kathleen Karle, Public Health
Tiffany Alcantara, Home Instead Senior
Care
Carol Rose, Home Instead Senior Care
Kelly Hannula, Independent Living
Resource Center
Karen Jones, Long Term Care
Ombudsman

Susan Warren, North County
Connection
Rick Gulino, People's Self Help Housing
Marie Brinkmeyer, RSVP
Mark Shaffer, Ride-On Transportation
and United Cerebral Palsy
Virginia Sawyer, Senior Legal Services
Project
Alisa Welch, Tri-Counties Regional
Center
Rachel Cementina, United Way of San
Luis Obispo
Jessica Devereaux, Wilshire Community
Services
Kevin Drabinski, Assembly Achadjian's
office
Raye Fleming, CAPSLO
Kara Barbien, Hospice SLO
Janice Holmes, Transitions-Mental
Health Association
Carly Fox, Long Term Care
Ombudsman
Pam McConal, Davies & Glen

Introductions and Announcements

Janice Holmes, sitting in for Barry Johnson, reported that Transitions-Mental Health Association were now accepting orders for their annual Holiday Poinsettia and tree sales.

Sandra Pendell, DSS announced that future ASPC meetings would be held at 3653 Empleo Drive, San Luis Obispo. The effective date is still to be determined, but the change could be as soon as the December 7 meeting. She will send out notice to the e-mail list when the effective date has been determined.

Mark Shaffer reports that UPC and Ride-On will be having an open house on 11/15 at Ride-On office.

Gail Tutino, CHC, reports that the Atascadero clinic and Station Way in Arroyo Grande are both being remodeled. A new clinic will be opening in Nipomo in February 2013.

Sue Warren, North County Connections, passed out information regarding SAMSHA, substance abuse recovery and systems of care elements.

Rachel Cementina reported that the United Way will host a special screening of the history making musical film, "A Matter of Trust: Billy Joel in the USSR" on Wednesday, November 14.

Krista Vega reported that CenCal Health will have an opening on their Board of Directors after the first of the year.

Marie Brinkmeyer reported that RSVP has fundraiser coming up at Winchester Mystery house in San Jose.

Nicole Farmer, Alzheimer's Association, reports that the Savvy caregiver program is will be offered soon as will their Hope for the Holiday's workshop.

joyce ellen lippman reported that the Area Agency on Aging had awarded CAPSLO a new grant of \$25K for a healthy eating program. The program includes a six week class in nutrition education and will be held at different locations throughout the county. Call Raye Fleming at CAPSLO for more info.

Kara Barbien announced that the annual Light up a Life event will again be held to benefit Hospice SLO.

Carly Fox announced that the Long Term Care Ombudsman's office will be holding volunteer orientations in December and January. The orientation is two hours long; additional information about the orientations will be e-mailed to the group.

Cindy Marie Absey reported that Victim/Witness Assistance remains vigilant about crime victims' rights in regards to potential early release of prisoners due to AB109. She also noted that 13th year of funding being applied for and presentations are being made to various groups.

Public Comment:

None.

Discussion/Information Items

Americorps – Tyler Parthemer, Coordinator

Tyler Parthemer provided information about Americorps' Volunteer Infrastructure program VIP. She described the program as a domestic Peace Corps getting things done for America. There are currently 140 members throughout the state. Cal Poly is the program's local organizer. There are currently 24 fulltime members serving the region between Paso Robles and Santa Maria. There are 17 community host agencies involved in the program and 5 groups housed within Cal Poly.

Americorps member Kara Barbien introduced herself. She is serving with Hospice of San Luis Obispo. She is working with their Pet Peace of Mind program which takes care of the pets of hospice patients. She also helps with general in-home services provided to hospice patients by coordinating with volunteers and patients. She is involved in special event coordination as well.

Carly Fox reported that she is an Americorps member working in the Long Term Care Ombudsman's office. She assists with recruiting and training volunteers, and public awareness. She also partners with GALA on cultural competency training for LTC and residential facilities.

Ms. Parthemer noted that recruitment for new agency host sites would begin again in March 2013. Interested agencies will need to complete a 3-4 page application which should demonstrate their need and the ability of the agency to supervise. The positions are partially funded by a federal grant. The host agency must be able to contribute a cash match. The cash match amount for 2012 was \$11,000. A complete description of the position is required. Applicants will be matched with the appropriate host agencies. A MOU is signed outlining the expectations of the agency and volunteer. Interested agencies can e-mail vipamericorps@gmail.com for more information. There were more Americorps applicants than agencies this year; in previous years there were more agencies than applicants.

Medicare Open Enrollment – Buff Lawson, Health Insurance Counseling and Advocacy Program (HICAP)

Buff Lawson, HICAP, gave a presentation which included an overview of HICAP services, the choices to be made during the open enrollment period, prescription drug plans that will be available in 2013 and Medicare Advantage Plans in San Luis Obispo County.

HICAP provides education, advocacy and assistance with Medicare, supplemental health insurance and Medicare Advantage plans. They also provide counseling and information on long term care options. The local office is under the Area Agency on Aging in Santa Maria and serves San Luis Obispo and Santa Barbara Counties. It is part of a national network and referrals to other states can be made if needed. All services are free and provided by volunteers, who are registered with the California Dept of Aging, via group and individual counseling appointments throughout the counties.

The current open enrollment ends on December 7, 2012. Medicare beneficiaries can join, change or drop their Part D prescription plan or Medicare Advantage plan during open enrollment. Enrolling in new plan automatically disenrolls person from prior coverage effective in January 2013.

Tools are available to select the appropriate prescription drug plan. There is a prescription drug plan finder tool at www.Medicare.gov. The beneficiary can fill in their prescription info and the tool searches all 32 plans and lists appropriate plans from least expensive to most on annual basis. The tool can sort by other areas if desired.

Ms. Lawson noted that mail order options may be less expensive than traditional pharmacies. HICAP will help beneficiaries with using the Plan Finder and discussing plan options. Upon request, paper questionnaires are mailed out to Medicare beneficiaries who provide information about their prescription, then return it to HICAP who will use the plan finder to help the beneficiary choose the most appropriate plan.

Extra copies of the questionnaires were made available at the meeting and will be accepted by HICAP through 11/26/12. Individuals can also call Medicare for assistance in using plan finder.

A Low Income Subsidy (LIS) may also be available to low income individuals for help with Part D premiums, deductibles and co-pays. Information about the LIS was provided at the meeting. LIS beneficiaries may be able to switch plans if they ended up in incorrect plan.

Medicare Advantage plans are alternatives to fee-for-services delivery of Medicare Part A & B benefits, however only two renewing Medicare advantage plans are available in SLO County, and they are only available south of the Cuesta Grade. The premium for one of the Medicare Advantage plans is actually reducing for 2013. There is a Medicare Advantage disenrollment period from 1/1/13 to 2/14/13 for people who were unintentionally enrolled in a Advantage plan.

Ms. Lawson provided information about changes that would occur under the Affordable Care Act which will protect and improve guaranteed Medicare benefits. For Medicare Advantage plans, profit and administrative costs cannot exceed 15% by 2014; 85% will be required to pay for direct to client services.

More information can be obtained by calling HICAP at 1.800.434.0222, calling the Social Security Administration office at 1.800.772.1213 or by visiting the SSA website at www.ssa.gov.

Corrections/Additions to the Synopsis

Corrections that had been e-mailed to Sandra Pendell prior to the meeting were reviewed. Joyce Ellen Lippman moved that the synopsis be approved as corrected; Tiffany Alcantara seconded the motion. The motion passed unanimously.

Action Items:

There were no action items. Ms. Karle reminded the group that the presentation of the Annual Report to the San Luis Obispo County Board of Supervisors had been moved to 11/13. Marie Brinkmeyer will be making the presentation and all are encouraged to attend.

Committee Updates:

IHSS Update

Sandra Pendell gave an update on the status of the CMIPS II project.

Good Neighbors

Jessica Devereaux reported that the American Legion in north San Luis Obispo county wants to help veterans and their families. A couple of local churches also have expressed interest in providing volunteers. There was a new volunteer training in November; there will be no training in December due to the holidays.

POLST Update

POLST Update – The California Coalition for Compassionate Care (CCCC) has scheduled a Webinar Series – Advanced Topics in Palliative Care.

Session 1 – Nov. 1, 2012 (12 – 1 PM) Dementia: Are We Prepared for the Future?

Session 2 – Nov. 15, 2012 (12-1 PM) Integrating Cultural & Spiritual Values in Medical Decision-Making

Session 3- Nov 29, 2012 (12-1 PM) POLST: The Beginning of the Palliative Care Consultation

Jean Raymond stated that anyone could contact her for the link to participate in the Webinar Series. There was a reminder that the latest POLST educational materials and state program dates can be accessed at www.caPOLST.org.

Continuum of Care

Project has been completed as per the request of the Board of Supervisors. The final version of the Continuum of care will be disseminated to membership, posted on website and presented to the Board of Supervisors.

A roundtable discussion was held regarding future presentations. Cindy Marie Absey suggested a presentation on what happens when an offender with mental health issues commits violent crime. Virginia Sawyer mentioned that she has been seeing an increase in violence between intimate partners due to dementia.

Marie Brinkmeyer suggested that the December meeting include gathering gifts for Transitional Food & Shelter as was done last year. Recommended gifts would include canned goods, household goods, food cards, etc. Marie Brinkmeyer will coordinate delivery of the gifts.

A suggestion was made to invite Dan Buckshii, new Chief Administrative Officer for the County of San Luis Obispo, to come to discuss the impact of elections on the county government.

**The next meeting is December 7, 2012
9:00-11:00 a.m.
Location: TBD**