

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors.

Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

## Members

### **Boards, Commissions and Community Groups**

Adult Abuse Prevention Council  
Commission on Aging  
County Board of Supervisors  
Drug and Alcohol Advisory Board  
Health Commission  
Mental Health Advisory Board  
SLO Supportive Housing Consortium

### **Non-Profit Agencies**

AIDS Support Network & SLO Hep C Project  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Coast Caregiver Resource Center  
Community Action Partnership of SLO County  
Community Health Centers / Services of the Central Coast  
Hospice of San Luis Obispo County  
Independent Living Resource Center  
Linkages Care Management  
LTC Ombudsman Services of SLO County  
North County Connection  
Peoples' Self Help Housing  
Retired Senior Volunteer Program  
Ride-On Transportation  
Senior Legal Services Project  
Senior Nutrition Program  
Transitions/Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of San Luis Obispo County  
Wilshire Community Services / Caring Callers / Creative Mediation / Senior Peer Counseling

### **Private Organizations**

Bates Care Management  
Client Care Consultants  
Family Home Care  
Morris & Garritano Insurance  
Sierra Vista Medical Center  
Trio

### **Public Agencies**

San Luis Coastal Adult School  
San Luis Obispo County Departments of:  
District Attorney / Victim Witness Assistance  
Health Agency: Public Health / Public Guardian / Medical Services/ Behavioral Health  
Probation Department  
Sheriff  
Department of Social Services / Adult Services  
Veteran's Services

[www.slocounty.ca.gov/ASPC](http://www.slocounty.ca.gov/ASPC)

P.O. Box 8119  
San Luis Obispo  
CA 93403-8119

Immediate Past Chair: Janet Amanzio, [jamanzio@co.slo.ca.us](mailto:jamanzio@co.slo.ca.us), (805) 781-4732  
Chair Kathleen Karle, [kkarle@co.slo.ca.us](mailto:kkarle@co.slo.ca.us), (805) 781-4929  
First Vice Chair: Marie Brinkmeyer, (805) 544-8740, [rvpslo@svolunteer.org](mailto:rvpslo@svolunteer.org)  
Second Vice Chair: Tiffany Alcantara, (805)773-3744 [talcantara@homeinstead.com](mailto:talcantara@homeinstead.com)

## **AGENDA**

**10/5/2012**

**9.00 – 11.00 a.m.**

### **INTRODUCTIONS and ANNOUNCEMENTS**

(New developments for the population, agency or program changes that affect other agencies or programs)

### **PUBLIC COMMENT (5 minutes or less)**

### **DISCUSSION / INFORMATION ITEMS:**

- Mental Health First Aid – Jessica Arnott, Transitions – Mental Health Association
- Impacts of AB 109 – Robert Reyes, Probation; Lt. Michelle Cole, Sheriff's Office

### **CORRECTIONS / ADDITIONS TO THE SYNOPSIS**

### **ACTION ITEMS:**

Review and approval of 2011-2012 Annual Report

### **COMMITTEE UPDATES AS NEEDED: (10 minutes or less)**

- IHSS Update
- Good Neighbor
- POLST Follow up
- Continuum of Care

### **MEETING LOCATION:**

Department of Social Services  
2975 McMillan Road, San Luis Obispo  
Suite 164 (Big Conference Room)

### **NEXT MEETING:**

**11/2/2012**

**ASPC Meeting October 5, 2012**  
**Chaired by Kathleen Karle**

**Attendees:**

Edie Kahn,  
AIDS Support Network/SLO Hep C  
Project  
Meredith Bates,  
Bates Care Management  
Krista Vega, CenCal Health  
Kathleen Bellefontaine,  
Commission on Aging  
Grace McIntosh, CAPSLO  
Kena Burke, CHC  
Diane Jay, CMSP  
Jason Reed,  
Drug & Alcohol/Women's Shelter  
Rich Smucker, Mariposa Music Therapy  
Laura DeLoye, Mariposa Music Therapy  
Kathleen Karle, Public Health  
Tiffany Alcantara,  
Home Instead Senior Care  
Carol Rose, Home Instead Senior Care  
Jerry Mihaic, ILRC  
Kelly Hannula, ILRC

Karen Jones, Longterm Care  
Ombudsman  
Susan Warren, North County  
Connection  
Rick Gulino, PSSH  
Sally Ames, San Luis Coastal Adult  
School  
Virginia Sawyer, Senior Legal Services  
Elias Nimeh, Senior Nutrition Program  
Michelle Cole, Sheriff's Department  
Rod Youngquist, Sierra Vista Medical  
Mike Bossenberry, T-MHA  
Alisa Welsch, TCRC  
Jessica Devereaux, Wilshire Community  
Services  
Kevin Drabinski, Assembly Achadjian's  
office  
Adam Hill, Board of Supervisors  
Nancy Sutton, Alzheimer's Association  
Angela Viles, District Attorney/Victim  
Witness

**Introductions and Announcements**

Carol Rose, Home Instead Senior Care, shared information on the Be a Santa to a Senior program provided a handout of the program description as well as a senior referral form for emotionally or financially needy seniors.

Barry Johnson, Transitions Mental Health reported that the Suicide prevention forum had about 80 attendees. The new format includes artistic elements. The next forum will be held in the Atascadero Junior High Gym on 10/10/12 from 6pm to 9pm. There will be a regional meeting on 10/15/12 at Transitions Mental Health Association from 10:30am to 3:30pm.

Nancy Sutton, Alzheimer's Association shared that they are still actively recruiting team members and team captains as they are a little behind this year due to recent staff changes.

Sally Ames, Coastal Adult School/Senior Fitness program, Sierra Vista, provided the Fall Schedule spanning from 09/10/12 through 12/20/12.

Diane Jay, County Medical Services Program noted that they are holding off on activities until after the election.

Kena Burke, Community Health Centers of the Central Coast, shared "Sugar Shocker" awareness handouts.

Sue Warren, North County Connection, announced that a presentation will be made on 10/17/12 at 7pm at Atascadero Lake Pavilion. The guest speaker will be Mario San Bartolome, MD, who will discuss addiction issues, how addiction was addressed in the past, and what the future of treatment may be.

Jason Reed, Drug and Alcohol Advisory Board, announced that the Board has a new Chair, Mr. Wyrick, and a new Co-Chair, Dr. Linda Connelly. Mr. Reed will continue to be involved with the ASPC

Jason Reed also reported that October is domestic violence awareness month. An event called Ask/Listen/Act will be held at the SLO Vet's Hall on the morning of 10/11/12. The cost is \$15.00 at the SLO Vets Hall. Interested people can register at [www.womensshelterslo.org](http://www.womensshelterslo.org). In addition, a Shamrocks and Kilts event will be held on 10/20/12 from 6pm to 10pm. The event is a benefit for the Women's Shelter Program's South County services. Tickets are \$90 and include wine tasting, dinner, dessert, and entertainment.

Jerry Mihaic, Independent Living Resource Center, reminded the group that the Veterans Stand Down outreach and advocacy program would be held on 10/13/12 in Santa Maria.

Edie Kahn, Aids Support Network reported that they are busy with end of year activities. On Saturday, 11/03/12, a 10k fundraising walk will be held. Participation is encouraged even if the participant cannot raise funds.

Karen Jones, Long Term Care Ombudsman's office, announced that a volunteer training will be held in February. An additional volunteer training could be held before the holidays if there is enough interest. Ms. Jones announced the passing of SB345 and AB40. She noted that State of California Ombudsman has the strongest laws in the nation. She reported that currently 25% of seniors in facilities are on behavior modification drugs that possibly could be addressed in other ways. The goal is to see a reduction from 25% to 15% in the next year.

Laura DeLoye reported that Mariposa Music Therapy continues to offer music therapy sessions to both individuals and groups of older adults and adults with developmental disabilities. Laura and co-director, Rich Smucker, have developed a new program "Arts for Living" as an affiliate of UCP-SLO (see handout). "Arts for Living" is a program engaging adults with developmental disabilities in community development through inclusion in arts, including music, visual arts, dance, theater, storytelling and poetry with goals of developing skills for the expansion of personal expression, socialization and strengthening community connections. Phase One of this first year will focus on interactive

music groups in both SLO and North County (Music Club-SLO and Music Club-Atascadero), as well as offering outings to experience music and art in our community (CPArts - Community Performing Arts). There will be some scholarship possibilities as some beginning grant funding was secured through SCDD. For schedules, fees and additional information contact Laura at: [Ldeloye@ucp-slo.org](mailto:Ldeloye@ucp-slo.org) or 805-225-6101.

**Public Comment:**

None

**Discussion/Information Items**

**Mental Health First Aid – Jessica Arnott, Transitions – Mental Health Association**

An educational presentation was shown. They are showing amazing prevention results with Mental Health and Suicide. The next Mental Health 1st Aid class is 12/01/12 and 12/02/12 and goes over what to do until professional treatment occurs, both in a crisis and non crisis situation. Opportunity to learn about mood/anxiety/psychosis/ substance use/eating disorders. Potential audiences include hospital employees, faith communities, school administrators, law enforcement personnel, nursing home staff, etc. Efforts are being made with Cal Poly regarding train the trainer sessions in California. The goal is to have the Mental Health First Aid as popular as CPR/ traditional First Aid. Currently there is no fee. Call [202-684-7457](tel:202-684-7457) for more information or visit [mentalhealthfirstaid.org](http://mentalhealthfirstaid.org)

**Impacts of AB 109 – Robert Reyes, Probation; Lt. Michelle Cole, Sheriff's Office**

An update on public safety alignment was provided. Discussion was held regarding what public safety realignment involves. The department is tasked with establishing post release community supervision. There have been changes with the state parole revocation process. The first year budget was \$2,355,653; Supervision: \$389,159 Treatment: \$447,853, incarceration and housing \$1,498,641. Currently, 91% of the budget has been expended.

The jail used to house 543 inmates, but can now house approximately 700. There are approximately 34 inmates who must sleep on the floor. This creates supervision challenges and the longer terms of incarceration have created unanticipated medical care costs. There is also more gang activity and violence as a result of the longer terms, creating an overall more challenging inmate population. There is an anticipation of higher instances of prison system gangs at the county level along with an increase in violence between inmates and between inmates and officers. The department is continuing to identify gaps in services and is expanding treatment services, with additional locations in Atascadero and Arroyo Grande for a more regional day reporting.

**Corrections/Additions to the Synopsis**

No corrections or additions were identified. Kevin Drabinski moved that the synopsis be approved as written; Kathleen Bellefontaine seconded the motion. The motion passed unanimously.

**Action Items:**

**Review of the 2011-12 Annual Report.**

Following discussion, a motion to approve with changes was made by Elias Nimeh and seconded by Edie Kahn. The motion passed unanimously. The annual will be presented to the SLO County Board of Supervisors on 10/30/12, all members are encouraged to attend.

**Committee Updates:**

**IHSS Update** –None.

**Good Neighbors** – None

**POLST Update** – None

**Continuum of Care** – None

**The next meeting is November 2, 2012**

**9:00-11:00 a.m.**

**Department of Social Services**

**2975 McMillan Rd**

**San Luis Obispo**