

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources and independence wherever they reside.

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium
Martin L. Meltz, PhD

Elected Officials

CA Assemblyman Katcho Achadjian, 35th District
CA Senator Bill Monning, 17th District

Non-Profit Agencies

211 Hotline
AIDS Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
LTC Ombudsman Services of SLO County
North County Connection
Peoples' Self Help Housing
Retired Senior Volunteer Program (RSVP)
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
SLO Hep C Project
SLO Regional Rideshare
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Bates Care Management
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Costal Adult School

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
Social Services/Adult Services

Chair:	Laura DeLoye	(805) 225-6101	mariposamusictherapy@gmail.com
Immediate Past Chair:	Marie Brinkmeyer	(805) 544-8740	rsvpslo@srvolunteer.org
First Vice Chair:	Sara Sanders	(805) 781-1385	ssanders@rideshare.org
Second Vice Chair:	Barry Johnson	(805) 540-6540	bjohnson@t-mha.org

AGENDA

09/04/2015

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS:

(New developments for the population, agency or program changes that affect other agencies or programs)

PUBLIC COMMENT: (5 minutes or less)

GUEST SPEAKER:

- **James Statler, Community Counseling Center**

MEMBER COMMENT:

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS:

- **ASPC Meeting Location**

COMMITTEE UPDATES AS NEEDED: (10 minutes or less)

- **IHSS**
- **POLST**
- **Transportation**

MEETING LOCATION:

CAPSLO

1030 Southwood Drive, San Luis Obispo

NEXT MEETING:

10/02/2015

Adult Services Policy Council

09/04/2015

9:00 a.m.-11:00 a.m.

ATTENDEES:

Adam Morgan, SLO YMCA
Barry Johnson, Transitions-Mental Health Association
Brittany Carraway, People's Self-Help Housing
Dee Rittenhouse, Tri-Counties Regional Center
James Statler, Community Counseling Center
Jason Portugal, Ride-On Transportation/United Cerebral Palsy
Jean Raymond, French Hospital/Health Commission
Jessica Devereaux, Wilshire Community Services
joice ellen lippman, Central Coast Commission for Senior Citizens
Kathleen Bellefontaine, Commission on Aging of SLO County
Laura DeLoye, Mariposa Music Therapy
Marie Brinkmeyer, RSVP-Senior Volunteer Services

ATTENDEES:

Marietta Szydlauski, TCRC
Martin L. Meltz, Community Representative
Meghan Boaz Alvarez, TMHA
Michelle Shoresman, SLO County Health Agency
Rosana Ortiz, SLO County Probation Department
Sara Bartlett, Central Home Health & Hospice
Sara Sanders, SLO Regional Rideshare
Sonya Laputz, Alzheimer's Association
Stephanie Garza, Wilshire HCS
Theresa Scott, CenCal Health
Tina McEvoy, Dignity Health

INTRODUCTIONS AND ANNOUNCEMENTS:

Chairwoman Laura DeLoye welcomed group - Arts of Living is having a rhythm circle at the Templeton Park, Saturday September 26th 10:30-11:00 - See Flyer, also on Sunday September 20, 2015 3:00-4:30pm. An afternoon of musical meditation will be in Morro Bay at St Timothy's Catholic Church - See flyer.

Marie Brinkmeyer – Senior Volunteer Services- Thank you for helping with the 7th annual RAFFLE, almost 10k raised.

Sonya Laputz – announced the 2015 Walk to End Alzheimer's October 24th at Laguna Lake Park in San Luis Obispo.

Jason Portugal - see flyer for vendor fair, united Cerebral Palsy featuring vendor booths featuring local organizations, food booths, live performances, games and family fun Saturday October 10, 2015 10am-2pm.

Barry Johnson – Transitions - see flyer - Suicide prevention forum: Stories of hope and survival event on October 8th, 2015. Two programs to choose from: 11 am- 1 pm and 6 pm- 8 pm at LDS Church Building 651 E Foothill Blvd. in San Luis Obispo. No fee, no reservations necessary, free CEU's available, resource tables and networking.

James Statler – LYCEUM - see flyer - 3rd annual fundraiser October 9th, National Mental health day. Awards Luncheon at Ventana Grill 12:00-1:15pm cost: \$50.00

Martin L. Meltz - Community Representative - Paso Cares trial run in November to transport homeless. Any suggestions greatly appreciated any churches willing to house homeless.

Kathleen Bellefontaine -SLO County Commission on Aging, announced that the Presentation at the Sept 18th COA meeting will be about Mental Health Services for Older Adults in our County with speakers from Wilshire Community Services, County Mental Health and Transitions-Mental Health Association.

PUBLIC COMMENT:

None

Guest Speakers:

James Statler- Community Counseling Center (CCC)

See brochure with locations and hours. Non-profit community based organization provides premium, short-term, mental health and information to SLO county residents. CCC has been Providing Affordable and professional mental health counseling for San Luis Obispo County residents since 1968. CCC has served 40k clients. They have over 35 therapists; qualified, insured, state licensed professionals. They include clinical social workers, marriage and family therapists, psychologists and graduate level, supervised interns and trainees who volunteer their time and services. All inquiries call (805) 543-7969. Offers up to ten sessions of counseling to children, adolescents and adults of all ages at a sliding fee scale for issues including: Anxiety, Depression, Anger, PTSD, eating disorders, LGBTQ, life transitions, Family/parenting and relationship issues. CCC has been partnering with high schools to raise awareness. 1407 clients served in last fiscal year.

Member Comment:

Sara Sanders - Survey Monkey Email - reminder to turn in survey for ASPC goals due by September 15th.

Kathleen Bellefontaine presented a complaint from a Medi-Cal recipient trying to get affordable transportation to medical services outside of the County. In trying to seek help from Ride On she was told that since her Physician was not a Medi-Cal Doctor she would have to go through CenCal for approval to get a ride. In trying to transact this with 3 agencies (her medical group, CenCal, and Ride On) she was unable to get ride approval in time for her appt for surgery and new appt is now 2 months away.

CHC - spoke about the reason for the having to register with CenCal

Jason from ride-on transportation suggested seniors can apply online for Medi-Cal to cover the expenses.

Corrections / Additions to the Synopsis:

Corrections to the draft synopsis are presented. The synopsis was approved as a group.

Action Items:

ASPC location - parking is an issue, please try to park on street or carpool.

Committee Updates as needed:

IHSS - Kat Lauterback provided hand out

POLST - report from Jean- see hand out

Transportation - October 6th event coming up at SLO Veterans hall, expect an invite from Sara Sanders. October 7th - International walk to school day - be careful on the road.