

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS  
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health Services		(2) MEETING DATE January 10, 2005		(3) CONTACT/PHONE Brian Davison, AS Manager (805) 788-2135	
(4) SUBJECT Request to approve an Amendment to the State Department of Mental Health (DMH) FY 2005-06 Managed Care/Mental Health Plan Contract designating County Behavioral Health Services as the provider of Medi-Cal Services; and, a FY 2005-06 budget increase to Fund Center 161, Health Agency–Mental Health, in the amount of \$30,549 to be funded by an increase in State revenues allocated for Mental Health Managed Care.					
(5) SUMMARY OF REQUEST The State DMH Managed Care/Mental Health Plan contract, originally approved by the Board on October 4, 2005, allocated \$719,135 in funding to the County to manage State and Medi-Cal funded psychiatric services. The State DMH is now amending that contract to reflect final budget appropriations amounts set in the California State Budget for FY2005-06. The amendment increases the appropriation amount to \$749,684. The additional unbudgeted \$30,549 will be used to partially fund unanticipated labor cost increases resulting from therapist salary inequity adjustments.					
(6) RECOMMENDED ACTION It is recommended the Board approve and instruct the chairperson to sign:  <ol style="list-style-type: none"> <li>1. An Amendment to the FY 2005-06 Managed Care/Mental Health Plan Contract (Clerk's File), with the State Department of Mental Health (DMH).</li> <li>2. A FY 2005-06 budget increase to Fund Center 161, Health Agency – Mental Health, in the amount of \$30,549 to partially fund already negotiated labor cost increases. Funds available are previously unbudgeted State revenues for Mental Health Managed Care with no additional County General Fund support required, 4/5ths vote of approval required.</li> </ol>					
(7) FUNDING SOURCE(S) State Revenue 100%		(8) CURRENT YEAR COST \$30,549		(9) ANNUAL COST \$30,549	
(10) BUDGETED? <input type="checkbox"/> YES <input type="checkbox"/> N/A <input checked="" type="checkbox"/> NO					
(11) OTHER AGENCY/ADVISORY GROUP INVOLVEMENT (LIST): County Counsel has reviewed the contracts as to form and legal effect.					
(12) WILL REQUEST REQUIRE ADDITIONAL STAFF? <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes, How Many? _____ <input type="checkbox"/> Permanent _____ <input type="checkbox"/> Limited Term _____ <input type="checkbox"/> Contract _____ <input type="checkbox"/> Temporary Help _____					
(13) SUPERVISOR DISTRICT(S) 1st, 2nd, 3rd, 4 <sup>th</sup> , 5th, All			(14) LOCATION MAP <input type="checkbox"/> Attached <input checked="" type="checkbox"/> N/A		
(15) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Presentation <input type="checkbox"/> Board Business (Time Est. _____)			(16) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions (Orig + 4 copies) <input checked="" type="checkbox"/> Contracts (Orig + 4 copies) <input type="checkbox"/> Ordinances (Orig + 4 copies)   N/A		
(17) NEED EXTRA EXECUTED COPIES? <input type="checkbox"/> Number: _____ <input type="checkbox"/> Attached <input checked="" type="checkbox"/> N/A			(18) APPROPRIATION TRANSFER REQUIRED? <input type="checkbox"/> Submitted <input checked="" type="checkbox"/> 4/5th's Vote Required <input type="checkbox"/> N/A		

(19) Administrative Office Review

*The department is receiving \$30,549 of additional revenue from the State for its managed care program. This additional revenue will be used to offset current expenses. The results section at the end of this document are for the entire managed care program (not for the \$30,549 increment).*

*Dan Buckshi*

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4/10/05*

# BEHAVIORAL HEALTH SERVICES

COUNTY OF SAN LUIS OBISPO



Reply to:

**MENTAL HEALTH SERVICES**  
2178 JOHNSON AVENUE  
SAN LUIS OBISPO, CALIFORNIA 93401-4535  
(805) 781-4700  
(805) 781-1273 FAX

To: Board of Supervisors

From: Karen Baylor, Ph.D., Administrator, Behavioral Health Services

A handwritten signature in black ink that reads "Karen Baylor".

Date: January 10, 2006

Subject: Request to approve an Amendment to the State Department of Mental Health FY 2005-06 Managed Care/Mental Health Plan Contract designating County Behavioral Health Services as the provider of Medi-Cal Services; and, a FY 2005-06 budget increase to Fund Center 161, Health Agency–Mental Health, in the amount of \$30,549 to be funded by an increase in State General Fund Allocation for Mental Health Managed Care.

RECOMMENDATION:

It is recommended the Board approve:

1. An Amendment to the FY 2005-06 Managed Care/Mental Health Plan Contract (Clerk's File), with the State Department of Mental Health (DMH).
2. A FY 2005-06 budget increase to Fund Center 161, Health Agency – Mental Health, in the amount of \$30,549 to be funded by an increase in State General Fund Allocation for Mental Health Managed Care with no additional General Fund support required.

DISCUSSION:

The State DMH Managed Care/Mental Health Plan Contract, originally approved by the Board on October 4, 2005, allocated \$719,135 in funding to the County to manage State and Medi-Cal funded psychiatric services. The State DMH is now amending that contract to reflect final budget appropriations amounts set in the California State Budget for FY2005-06. The amendment increases the appropriation amount to \$749,684. The Managed Care/Mental Health Plan Contract designates County Behavioral Health as the County's Medi-Cal services provider. San Luis Obispo County, through the Behavioral Health Department, serves as manager of all Medi-Cal psychiatric services, both inpatient and outpatient, provided to County residents. If the County declined to manage and control this program, the State would find an alternative manager for these services and all other County Behavioral Health services currently receiving State "realignment" funding. The State

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provides funds to the County in exchange for the County's commitment to continue serving as manager of State and Medi-Cal funded psychiatric services. The services performed under the contract include most of the services performed by County Mental Health.

OTHER AGENCY INVOLVEMENT/IMPACT:

County Counsel has reviewed and approved the contract amendment with regard to form and legal effect.

FINANCIAL CONSIDERATIONS:

By meeting the performance and legal requirements established in the contract, San Obispo County is eligible to receive State and Federal monies associated with the programs referenced in the contract and included in the FY 2005-06 County Mental Health Budget.

This additional funding will be used to partially offset the \$170,000 of inequity wage adjustments provided to Mental Health Therapists. The amount of the Managed Care allocation is set by State formulary. The formulary was established in 1998 as the State moved to establish one Managed Care Mental Health Plan in each county. The amount allocated was based upon the matching dollars required for psychiatric services to Medi-Cal clients previously provided and billed by private hospitals, psychiatrists, psychologists, marriage and family therapists and licensed clinical social workers. These providers were known as "fee for service" providers. With the establishment of the Managed Care Health Plan these "fee for service" providers were no longer allowed to provide Medi-Cal services without authorization from the County Mental Health Plan. As a result of this Managed Care consolidation, the cost and billing for these authorized services became the responsibility of the County. In addition, County staff began to provide many of the services previously provided by the "fee for service" providers. The County currently utilizes 40 to 50 of these previous "fee for service" private providers to deliver service under contract as "County network providers". The fiscal year 2005-06 budget includes \$392,700 for "County network provider" and out-of-County private hospital services. More than 50% of this budgeted cost is offset by Medi-Cal and State EPSDT reimbursements. This Amendment to the Managed Care/Mental Health Plan Contract for FY 2005-06 increases the original allocation (\$719,135) by \$30,549.

RESULTS:

The Managed Care/Mental Health Plan Contract commits the County to various program performance and legal requirements that allow the County to obtain State and Federal funding to operate as the provider of Community Mental Health Services in this County.

The State has the following service reporting requirements: 1) Demographic data for each client receiving mental health services is input by County medical records staff into Mental Health's billing system (Insyst). This information is uploaded to the State's Client and Service Information System (CSI); 2) Client Surveys are collected, scanned and transmitted to the State during two separate two week periods each fiscal year; and 3) Children's System of Care – Interagency Enrollee Based program (CSOC-IEBP) results are due to the State by December 31 for the prior fiscal year.

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Client Survey responses for November 2004 is the most recent data reported back to the County by the State. Two hundred and twenty three responses were from adults and older adults, 77 from families and 56 from youth. An extract of two key service indicators, Access to Service and Outcomes of Service are presented below:

Access to Service

Response Type	Adults and Older Adults Surveyed	%	Families Surveyed	%	Youths Surveyed	%
No response	5	2.2%	3	3.9%	6	10.7%
Dissatisfied	4	1.8%	9	11.7%	6	10.7%
Neutral	36	16.1%	15	19.5%	8	14.3%
Satisfied	91	40.8%	27	35.1%	25	44.6%
Very Satisfied	87	39.0%	23	29.9%	11	19.6%
Totals	223	100.0%	77	100.0%	56	100.0%

Outcomes of Service

Response Type	Adults and Older Adults Surveyed	%	Families Surveyed	%	Youths Surveyed	%
No response	17	7.6%	5	6.5%	3	5.4%
Dissatisfied	10	4.5%	8	10.4%	10	17.9%
Neutral	52	23.3%	21	27.3%	17	30.4%
Satisfied	86	38.6%	30	39.0%	17	30.4%
Very Satisfied	58	26.0%	13	16.9%	9	16.1%
Totals	223	100.0%	77	100.0%	56	100.0%

Fifty-five children were enrolled in the Children's System of Care-Interagency Enrollee-Based Plan (CSOC-IEBP) during FY 2003-04. FY 2003-04 was the first year CSOC-IEBP results were reported to the State. An extract of the CSOC-IEBP results are presented below:

CSOC-IEBP Results

Fiscal Year 2003-04

Total Number Enrolled = 55

	Avoided Hospitalization	School Attendance Improved	Avoided Detention for Criminal Activity	Avoided Placement At Higher Level
Number Considered at risk	40	46	34	45
Number Obtaining Positive Outcome	31	44	26	35
Percent Obtaining Positive Outcome	78%	96%	76%	78%

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