

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Health Agency Behavioral Health Services		(2) MEETING DATE February 28, 2006		(3) CONTACT/PHONE Karen Baylor, Ph.D., Administrator (805) 781-4734	
(4) SUBJECT Request to approve a FY 2005-06 contract with Intermountain Children's Home and Services, Inc. to provide mental health services to youth. (Clerk's File)					
(5) SUMMARY OF REQUEST Mental Health annually contracts with Level Fourteen group homes for mental health services for approximately twelve youth who are severely emotionally disordered and need long-term care. Mental health services provided by the group home include day treatment, case management, medication support, and crisis intervention services. Intermountain Children's Home and Services, Inc. is one of ten group homes expected to provide services to youth during FY 2005-06. Six of the ten group homes were approved by the Board in December and three remain in negotiations. The FY 2005-06 budget includes \$401,868 for all group home services, and includes services provided by Intermountain Children's Home and Services, Inc.					
(6) RECOMMENDED ACTION It is recommended that the Board approve the 2005-06 contract with Intermountain Children's Home and Services, Inc. to provide mental health services to youth.					
(7) FUNDING SOURCE(S) State/Federal Billings 74% Discretionary Realignment and General Fund 26%		(8) CURRENT YEAR COST \$401,868		(9) ANNUAL COST \$401,868	
(10) BUDGETED? <input checked="" type="checkbox"/> YES <input type="checkbox"/> N/A <input type="checkbox"/> NO					
(11) OTHER AGENCY/ADVISORY GROUP INVOLVEMENT (LIST): County Counsel has reviewed and approved the contracts as to form and legal effect.					
(12) WILL REQUEST REQUIRE ADDITIONAL STAFF? <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes, How Many? _____ <input type="checkbox"/> Permanent _____ <input type="checkbox"/> Limited Term _____ <input type="checkbox"/> Contract _____ <input type="checkbox"/> Temporary Help _____					
(13) SUPERVISOR DISTRICT(S) 1st, 2nd, 3rd, 4th, 5th, <u>All</u>			(14) LOCATION MAP <input type="checkbox"/> Attached <input checked="" type="checkbox"/> N/A		
(15) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Presentation <input type="checkbox"/> Board Business (Time Est. _____)			(16) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions (Orig + 4 copies) <input checked="" type="checkbox"/> Contracts (Orig + 4 copies) <input type="checkbox"/> Ordinances (Orig + 4 copies) <input type="checkbox"/> N/A		
(17) NEED EXTRA EXECUTED COPIES? <input type="checkbox"/> Number: _____ <input type="checkbox"/> Attached <input checked="" type="checkbox"/> N/A			(18) APPROPRIATION TRANSFER REQUIRED? <input type="checkbox"/> Submitted <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A		

(19) ADMINISTRATIVE OFFICE REVIEW	<i>BK Dan Buckshi</i>	<i>B-110 (2-28-06)</i>
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BEHAVIORAL HEALTH SERVICES

COUNTY OF SAN LUIS OBISPO



Reply to:

MENTAL HEALTH SERVICES

2178 JOHNSON AVENUE
SAN LUIS OBISPO, CALIFORNIA 93401-4535
(805) 781-4700
(805) 781-1273 FAX

To: Board of Supervisors

From: Karen Baylor, Ph.D., Behavioral Health Administrator

A handwritten signature in cursive script that reads "Karen Baylor".

Date: February 28, 2006

Subject: Request to approve a FY 2005-06 contract with Intermountain Children's Home and Services, Inc. (Clerk's File) to provide mental health services to youth.

RECOMMENDATION:

It is recommended that the Board approve the FY 2005-06 contract with Intermountain Children's Home and Services, Inc. (Clerk's File) to provide mental health services to youth.

DISCUSSION:

Intermountain Children's Home and Services, Inc. is one of a number of group homes and residential treatment facilities providing services to youth for Mental Health. Contracts with six such facilities were approved by the Board in December, at which time this contract was still in negotiation. Intermountain Children's Home and Services, Inc. is a Level Fourteen group home located in Helena Montana that offers specialty programs not available in California. A contract was initiated with this group home in response to the special needs of a youth who had exhausted numerous California placements and experienced multiple failures in those settings. This youth has been placed through the school district's Individual Education Plan (IEP) process. The Department of Social Services assumes the cost of the residential portion of the placement. Mental Health is responsible for a "patch" of \$56.00 per day to cover the cost of day treatment and other mental health services provided to this youth. Mental Health's portion of this placement cost is \$10,333 for the first half of FY 2005-06. It is anticipated that the annual cost for this service will be approximately \$21,000 assuming the youth remains in the facility and no others are referred to the program. The cost for these services will be paid from the \$401,868 budgeted amount for all group home services for FY 2005-06.

The Behavioral Health-Mental Health Department is responsible for providing mental health services to youth who have been placed in sub-acute residential treatment facilities and group homes. These youth have been placed by:

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- 1) Department of Social Services
- 2) Probation
- 3) School Districts, as part of an Individual Education Plan (IEP).

The aforementioned youth typically have severe emotional problems that may result in behavioral disorders. Many of these youth have been unsuccessful with services provided at a lower level of care. All group home facilities and residential treatment facilities are licensed and monitored by the State and have been classified at a Level Fourteen. Rate Classification Level (RCL) Fourteen is the highest level classified by the State for residential treatment facilities and group homes. The residential treatment facilities and group homes provide specialized services in a safe and secure setting for youth with the goal of discharging them to a lower level of care. Residential treatment facilities and group homes generally serve youth who need longer-term care than is available in an acute hospital setting, yet less care than the more extensive and expensive placement in a State hospital.

Day Treatment is the mental health component in these facilities. Day Treatment is a five-day or more per week program with services occurring continuously for three hours or more per day. Typical mental health services provided as part of "Day Treatment" include:

- Group interactions providing support, feedback, and guidance to help the youth build skills in problem solving and problem identification, which will lead to integration back into the community.
- Adjunctive Therapies where clients utilize other forms of expressions to enhance self-esteem such as art therapy.
- Behavioral management system that utilized points and levels to evaluate progress and provides immediate feedback to the youth in order to meet treatment goals.
- Psychotherapy, if program is of the "Intensive" type.

In addition to Day Treatment services, residential treatment facilities and group homes provide case management, medication support, and crisis intervention. Each facility is only reimbursed for actual services provided. Since there are no Level Fourteen facilities in this county, Behavioral Health-Mental Health staff, in collaboration with Probation, the Department of Social Services, and local school districts, make every attempt to place youth in out-of-county facilities as close to San Luis Obispo County as possible. Most of the placements are dependent on bed availability.

OTHER AGENCY INVOLVEMENT/IMPACT:

County Counsel has reviewed and approved the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS:

The budgeted amount for anticipated group home and residential treatment expenditures for FY 2005-06 is \$401,868. The contract amount for each provider is set at the entire budgeted amount for all Behavioral Health- Mental Health residential and group home services. Setting the contract for each provider at the maximum spending amount allows Mental Health the flexibility to utilize

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one particular provider for all services, or a mixture of providers during the year, based on best fit for the youth. The County will reimburse each contract provider only for actual services rendered.

Fifty-seven percent of the costs of these services are reimbursed through Medi-Cal EPSDT and local realignment match. The County Office of Education is responsible for net un-reimbursed costs for IEP related services from Individuals with Disabilities Education Act (IDEA) federal funds. For FY 2005-06, IDEA funding is estimated at \$70,000 or 17% of the total service costs. The remaining 26% is paid from discretionary realignment and the General Fund. The budgeted and actual funding sources for these services for the last two fiscal years and the current fiscal year budget are presented below.

Description	FY 03-04 Budget	FY 03-04 Actual	FY 04-05 Budget	FY 04-05 Actual	FY 05-06 Budget
Medi-Cal	111,807	95,910	123,697	86,933	114,198
EPSDT	100,123	72,234	105,129	74,949	84,507
Realignment Match	17,684	23,676	18,568	11,984	29,692
IDEA Funds		23,000	70,000	68,500	70,000
SB-90 Mandated Claim	67,000				
Discretionary Realignment General Fund	139,254	180,509	124,474	60,893	103,471
Total Funding	\$ 441,868	\$ 395,329	\$ 441,868	\$ 303,259	\$ 401,868

RESULTS:

The goal of these services is to return these youth to less restrictive residential facilities or homes in San Luis Obispo County. Youth returned to homes in San Luis Obispo County continue to receive outpatient treatment services from County Mental Health. The outcomes for FY2003-04 showed that four youth moved to a lower level of placement, while eight remained at a Level 14 group home. In FY 2004-05, six youth moved to lower level placement, while six remained at a Level 14 group home. Mental Health projects similar results for FY 2005-06, with five out of twelve youth moving to lower level of placement.

Clients	FY 2003-04	FY 2004-05	FY 2005-06 Budget
Placed in State Hospital	0	0	0
Maintained in Placement	8	6	7
Moved to Lower Level Placement	4	6	5
Total Placements	12	12	12
Client Days per Year	2,089	1,494	1,885

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