

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Drug and Alcohol/Health Agency		(2) MEETING DATE June 27, 2006	(3) CONTACT/PHONE Jason Wells (805)788-2060
(4) SUBJECT Request to approve a renewal agreement (Clerk's File) with Life Steps Foundation, Inc. for a Alcohol and Drug-Free Residential Treatment Services and Alcohol and Drug-Free Transitional Living Center.			
(5) SUMMARY OF REQUEST The County will contract with Life Steps Foundation for two distinct residential services, Pasos de Vida and Mill St. Pasos de Vida: The Pasos de Vida facility provides residential substance abuse treatment services for up to 10 women and their children age 12 and under. Pasos de Vida is a licensed and certified residential drug and alcohol treatment facility. Mill Street: This facility provides alcohol and drug-free transitional living center services to up to five pregnant and parenting women and their children birth to age five.			
(6) RECOMMENDED ACTION It is recommended that the Board approve a renewal agreement (Clerk's File) with Life Steps Foundation, Inc. for an Alcohol and Drug-Free Residential Treatment Services and Alcohol and Drug-Free Transitional Living Center.			
(7) FUNDING SOURCE(S) State	(8) CURRENT YEAR COST N/A	(9) ANNUAL COST \$872,574.00	(10) BUDGETED? <input type="checkbox"/> No <input checked="" type="checkbox"/> Yes <input type="checkbox"/> N/A
(11) OTHER AGENCY/ADVISORY GROUP INVOLVEMENT (LIST): The Department of Social Services provides partial funding to DAS for the Mill Street agreement. County Counsel has approved this agreement as to form and legal effect.			
(12) WILL REQUEST REQUIRE ADDITIONAL STAFF? <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes, How Many? _____ <input type="checkbox"/> Permanent _____ <input type="checkbox"/> Limited Term _____ <input type="checkbox"/> Contract _____ <input type="checkbox"/> Temporary Help _____			
(13) SUPERVISOR DISTRICT(S) <input type="checkbox"/> 1st, <input type="checkbox"/> 2nd, <input type="checkbox"/> 3rd, <input type="checkbox"/> 4th, <input type="checkbox"/> 5th, <input checked="" type="checkbox"/> All	(14) LOCATION MAP <input type="checkbox"/> Attached <input checked="" type="checkbox"/> N/A	(15) Maddy Act Appointments Signed-off by Clerk of the Board <input checked="" type="checkbox"/> N/A	
(16) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Presentation <input type="checkbox"/> Board Business (Time Est. _____)	(17) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions (Orig + 4 copies) <input checked="" type="checkbox"/> Contracts (Orig + 4 copies) <input type="checkbox"/> Ordinances (Orig + 4 copies) <input type="checkbox"/> N/A		
(18) NEED EXTRA EXECUTED COPIES? <input type="checkbox"/> Number: _____ <input type="checkbox"/> Attached <input checked="" type="checkbox"/> N/A	(19) BUDGET ADJUSTMENT REQUIRED? <input type="checkbox"/> Submitted <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A		
(20) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) Pasos - 0019000224, Mill Street - 0019000225	(21) W-9 <input type="checkbox"/> No <input checked="" type="checkbox"/> Yes	(22) Agenda Item History <input type="checkbox"/> N/A Date 8/15/2005	
(23) ADMINISTRATIVE OFFICE REVIEW <p align="center"><i>OK Pam Buehler</i></p> <p align="right">B10 6-27-06</p>			



COUNTY OF SAN LUIS OBISPO
Behavioral Health Services
DRUG AND ALCOHOL SERVICES

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To: Board of Supervisors

From: Jeff Hamm, Health Agency Director *J Hamm*

Date: June 27, 2006

Subject: Request to approve a renewal agreement with Life Steps Foundation, Inc. for an Alcohol and Drug-Free Residential Treatment Services and Alcohol and Drug-Free Transitional Living Center.

Recommendation

It is recommended that the Board approve a renewal agreement (Clerk's File) with Life Steps Foundation, Inc. for an Alcohol and Drug-Free Residential Treatment Services and Alcohol and Drug-Free Transitional Living Center.

Discussion

In the treatment and care of women with severe alcohol and drug addictions, Drug and Alcohol Services (DAS) has a need to place some women and their children in State licensed and certified residential programs. In San Luis Obispo County, Life Steps, Inc. is the sole provider of licensed residential alcohol and drug-free treatment and alcohol and drug-free transitional living for women with addictions and their children. DAS has utilized Life Steps residential services since 1991. The County will contract with Life Steps for two distinct residential services, Pasos de Vida and Mill St.

Pasos de Vida: The Pasos de Vida facility provides residential substance abuse treatment services for up to 10 women and their children age 12 and under. Pasos de Vida is a licensed and certified residential drug and alcohol treatment facility. DAS assesses woman for addiction severity and refers eligible clients to Pasos de Vida for interviews and placement in the program. The total capacity of the facility shall not exceed 30 individuals. Paso de Vida has been in existence since 1995.

Mill Street: Since 1991 (exception FY 04-05) DAS has contracted with Life Steps Foundation, Inc. to provide alcohol and drug-free transitional living center services to up to five pregnant and parenting women and their children birth to age five. Women are able to keep their young children with them while they receive intensive treatment services at Drug and Alcohol Services facilities in San Luis Obispo. The children are cared for in a structured program held on site at DAS. DAS provides the initial

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assessment and referral which leads to the interview and placement in the Mill Street house.

Other Agency Involvement/Impact

The Department of Social Services provides partial funding to DAS for the Mill Street agreement. County Counsel has approved this agreement as to form and legal effect.

Financial Considerations

Total funding for this contract is \$872,574. The funding for the Pasos de Vida agreement is \$736,574, which is allocated from the State General Fund for fiscal year 2006-2007. Prior year funding for this contract was for \$736,574. Funding for this program is a State mandated, pass-through allocation to the provider. The nine California counties that receive these pass-through allocations cannot charge administrative or overhead fees. Funding for Life Steps' Pasos de Vida program was included in the FY 2006-07 approved County Budget.

The Mill Street funding is for \$136,000. \$94,000 of the funding is provided through the Department of Social Services Calworks program. Drug and Alcohol Services provides the remaining \$42,000. The prior year contract was for \$139,000. This item will have no general fund impact.

Results

Pasos de Vida:

Goal: Provide women and their children ages 0 to 12 with the knowledge, skills and access to health care and support services to support long-term recovery, and to establish a healthy environment for themselves and their children.

Proposed Outcome Measures for FY 05-06: 95% of those who successfully complete the residential treatment program will demonstrate an increase in community functioning as determined by a lowered overall Addiction Severity Index (ASI) score. The ASI measures 7 core areas of community functioning. Changes over time demonstrate an impact of treatment and its subsequent impact of behavior.

Actual Results for FY 05-06: 100% (12) of clients who successfully completed the residential treatment program demonstrated an increase in community functioning as determined by a lowered overall Addiction Severity Index (ASI) score.

Proposed Outcome Measures for FY 06-07: 98% of those who successfully complete the residential treatment program will demonstrate an increase in community functioning as determined by a lowered overall Addiction Severity Index (ASI) score. The ASI measures 7 core areas of community functioning. Changes over time demonstrate an impact of treatment and its subsequent impact of behavior.

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Mill Street:

Goal: Provide women and their children ages 0 to 6 with the knowledge, skills, and access to health care and support services to support long-term recovery, and to establish a healthy environment for themselves and their children.

Proposed Outcome Measure for FY 05-06: Life Steps will retain for 12 months and graduate 5 clients who will demonstrate proficiency in life skills improvement as determined through completion of the 7 Life Steps skill development program: Finance Skills, Twelve Step Study, Legal Issues, Health Issues, Independent Living Skills, Parenting Skills, and Therapeutic Treatment. Compared to clients who drop out of the program early, clients who remain engaged in treatment and complete life skills training have more positive recovery outcomes as measured through the ASI and have greater family stabilization as determined by discharge and post-completion follow-up interviews.

Actual results for FY 05-06: 5 program participants graduated the Mill St. program. 100% of these clients demonstrated improved ASI scores, life skills improvement, and tested negative for alcohol and drugs at program completion.

Proposed Outcome Measure for FY 05-06: Life Steps will retain for 12 months and graduate 5 clients who will demonstrate proficiency in life skills improvement as determined through improved ASI scores and completion of the 7 Life Steps skill development program: Finance Skills, Twelve Step Study, Legal Issues, Health Issues, Independent Living Skills, Parenting Skills, and Therapeutic Treatment.

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