

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Health Agency- Behavioral Health/Mental Health	(2) MEETING DATE August 15, 2006	(3) CONTACT/PHONE Karen Baylor, MFT, Ph.D., Behavioral Health Services Administrator (805) 781-4734	
(4) SUBJECT Request to approve a FY 2006-07 renewal contract (Clerk's File) with San Luis Obispo Child Development Center, Inc. to provide mental health services to Medi-Cal eligible children in the amount of \$45,000.			
(5) SUMMARY OF REQUEST San Luis Obispo Child Development Center, Inc. is a child abuse intervention program for children and their families. It is dedicated to breaking the cycle of child abuse by providing a network of prevention, intervention, and treatment services to protect children and heal, strengthen, and support families. The mental health component includes a wide array of services to emotionally disturbed children between three and ten years of age who experience developmental delays and behavioral problems. Behavioral Health, acting as the County's Mental Health Plan, is able to contract with this organizational provider to provide mental health services to Medi-Cal eligible children that are reimbursable through State and Federal revenues.			
(6) RECOMMENDED ACTION It is recommended that the Board approve a FY 2006-07 renewal contract (Clerk's File) in the amount of \$45,000 with San Luis Obispo Child Development Center, Inc. to provide mental health services to Medi-/Cal eligible children.			
(7) FUNDING SOURCE(S) Federal Medi-Cal 50% EPSDT 41% State Realignment 9%	(8) CURRENT YEAR COST \$45,000	(9) ANNUAL COST \$45,000	(10) BUDGETED? <input type="checkbox"/> No <input checked="" type="checkbox"/> Yes <input type="checkbox"/> N/A
(11) OTHER AGENCY/ADVISORY GROUP INVOLVEMENT (LIST): County Counsel has reviewed the contract as to form and legal effect.			
(12) WILL REQUEST REQUIRE ADDITIONAL STAFF? <input checked="" type="checkbox"/> No <input type="checkbox"/> Yes, How Many? _____ <input type="checkbox"/> Permanent _____ <input type="checkbox"/> Limited Term _____ <input type="checkbox"/> Contract _____ <input type="checkbox"/> Temporary Help _____			
(13) SUPERVISOR DISTRICT(S) <input type="checkbox"/> 1st, <input type="checkbox"/> 2nd, <input type="checkbox"/> 3rd, <input type="checkbox"/> 4th, <input type="checkbox"/> 5th, <input checked="" type="checkbox"/> All	(14) LOCATION MAP <input type="checkbox"/> Attached <input checked="" type="checkbox"/> N/A	(15) Maddy Act Appointments Signed-off by Clerk of the Board <input checked="" type="checkbox"/> N/A	
(16) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Hearing (Time Est. _____) <input type="checkbox"/> Presentation <input type="checkbox"/> Board Business (Time Est. _____)	(17) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions (Orig + 4 copies) <input checked="" type="checkbox"/> Contracts (Orig + 4 copies) <input type="checkbox"/> Ordinances (Orig + 4 copies) <input type="checkbox"/> N/A		
(18) NEED EXTRA EXECUTED COPIES? <input type="checkbox"/> Number: _____ <input type="checkbox"/> Attached <input checked="" type="checkbox"/> N/A	(19) BUDGET ADJUSTMENT REQUIRED? <input type="checkbox"/> Submitted <input type="checkbox"/> 4/5th's Vote Required <input checked="" type="checkbox"/> N/A		
(20) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19000261	(21) W-9 <input type="checkbox"/> No <input checked="" type="checkbox"/> Yes	(22) Agenda Item History <input type="checkbox"/> N/A Date 08-02-05	
(23) ADMINISTRATIVE OFFICE REVIEW <i>OK [Signature]</i> 8-15-06 B-15			

BEHAVIORAL HEALTH SERVICES

COUNTY OF SAN LUIS OBISPO



Reply to:

MENTAL HEALTH SERVICES
2178 JOHNSON AVENUE
SAN LUIS OBISPO, CALIFORNIA 93401-4535
(805) 781-4700
(805) 781-1273 FAX

To: Board of Supervisors

From: Karen Baylor, Ph.D., MFT, Behavioral Health Services Administrator

A handwritten signature in black ink that reads "Karen Baylor" with a stylized flourish at the end.

Jeff Hamm, Health Agency Director

Date: August 15, 2006

Subject: Request to approve a FY 2006-07 renewal contract (Clerk's File) with San Luis Obispo Child Development Center, Inc. to provide mental health services to Medi-Cal eligible children in the amount of \$45,000.

RECOMMENDATION

It is recommended that the Board approve a FY 2006-07 renewal contract (Clerk's File) in the amount of \$45,000 with San Luis Obispo Child Development Center, Inc. to provide mental health services to Medi-Cal eligible children.

DISCUSSION

The San Luis Obispo Child Development Center (CDC) is a child abuse intervention program for children and their families. It is dedicated to breaking the cycle of child abuse by providing a network of prevention, intervention, and treatment services to protect children and to heal, strengthen, and support families. The mental health services component includes assessments, plan development, individual and group therapy, individual rehabilitation, collateral to significant support persons, and case management. CDC provides services to emotionally disturbed children between the ages of three and ten years who are experiencing developmental delays and behavioral problems. The program offers therapeutic and behavioral intervention and feedback to improve the child's functioning in a variety of settings, including pre-school, school, family, and other social settings.

Although CDC has provided services to children for over ten years, Behavioral Health's initial contract with the CDC began only in September of 2005, after a review of the program identified that billable mental health services were being provided to approximately 65 children at the facility. The Health Agency's Behavioral Health/Mental Health, acting as the Mental Health Plan for the County, is able to contract

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with this entity as an organizational provider to provide mental health services to Medi-Cal eligible children who meet medical necessity criteria. The County can then bill these services under the Medi-Cal program to recover Federal and State revenues equal to the cost of the services provided.

State level changes in the established program admission requirements have resulted in a reduction in the number of children expected to participate in the mental health services component of CDC's program during FY 2006-07. Admission criteria listed for the program now include: (1) family is a public assistance recipient, (2) family is income eligible, (3) family is homeless when services are funded with State funds, (4) family has a child at risk of abuse neglect or exploitation, or is receiving child protective services through the county welfare department. The addition of the first three categories has shifted the enrollment population and led to a lower percentage of children in the program who meet medical necessity requirements for receiving mental health services.

During the first year, the overall number of children in the program meeting medical necessity criteria was considerably lower than the number used as a basis for FY 2005-06 contract projections. As is often the case in new program start-up, adjustments to original projections are needed when actual service levels become apparent. Criteria for admission shifted during the year from a focus on children meeting medical necessity to admissions based on family income level. Thus, program results indicate fewer children receiving Medi-Cal billable mental health services than initially projected. Staffing issues also contributed to a decrease in units of service provided. CDC has addressed staffing shortages and has hired a therapist to provide the mental health services component of its program. In addition, the Executive Director has completed his internship as a Marriage, Family, Therapist (MFT) and is now licensed to provide therapy. The additional allocation of staff time should allow CDC to fulfill its contract obligations.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

The total maximum amount payable under this contract is \$45,000. The contractor will only bill the County for medically necessary mental health services provided to Medi-Cal eligible children. The direct service costs are reimbursed from Federal Medi-Cal (50% or \$22,500), State Early and Periodic Screening, Diagnosis and Testing (EPSDT) funds (41% or \$18,450), with the remaining local match portion funded from State realignment dollars (9% or \$4,050).

RESULTS

The grid below describes the projected and actual service levels and outcomes for the first year of the program. The number of services provided and unique clients served was

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far lower than originally estimated, due to staffing shortages and other program start-up difficulties. The proportion of individuals served per unit dollar cost should increase significantly as staff is now familiar with County and State documentation requirements. The estimated unique individuals to be served during this fiscal year, the minutes of service to be provided, and the program outcomes expected are provided as follows:

Mental Health Services to Children at CDC

Description	FY 2005-06 Budgeted	FY 2005-06 Actual	FY 2006-07 Budgeted
Unique individuals served	65	13	35
Minutes of service	100,000	20,699	25,714
Percentage of individuals served successfully achieving desired developmental goals	80%	85.6%	80%
TOTALS	\$117,453	\$41,271.53	\$45,000

Developmental goals are established by the California Department of Education. The program is designed to improve a child's functioning and prepare him/her for success in a public school setting. Broad categories include developing personal and social competence, developing physical and motor competence, and assisting children in becoming effective learners and in leading safe, healthy lives. These broader goals are divided into multiple measurement categories and individualized to meet each child's needs.

CDC's child abuse prevention and intervention programs provide a much-needed service to children and families in the community. These mental health services are part of a larger continuum of care to improve the quality of life of those served, and thus contribute to department and County goals to provide a healthy, safe environment for residents in our community.

KB:JH:bp

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